



HEARTLAND AESTHETICA  
CURATED BEAUTY

Consultation Form

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Preferred Language: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Primary Doctor: \_\_\_\_\_ Referring Doctor: \_\_\_\_\_

How did you hear about us? (Circle One) Website Facebook Instagram Patient Referral  
If patient referral, who may we thank for your business? \_\_\_\_\_

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Preferred Pharmacy: \_\_\_\_\_

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Today I am interested in a consultation for the following (Circle all that apply)

Botox/Dysport

Sunspots (BBL)

Fillers

Halo / Profractional

Acne Scarring

Deep Resurfacing

Micro-Needling

Hair Removal

Sclerotherapy (Spider veins)

Vaginal Wellness

Skin Care Products

Other:

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Have you been under the care of a physician or medical professional within the last year? Y/N

If Yes, please explain: \_\_\_\_\_

List all surgeries including cosmetic surgeries: \_\_\_\_\_

Last date of Cosmetic Treatment (MM/YY): \_\_\_\_\_

Do you have a history of cold sores? Y / N If Yes, list medication: \_\_\_\_\_

Have you taken any prescribed blood thinners, ibuprofen, or Aspirin in the last 48 hours? Y / N

If Yes, please list: \_\_\_\_\_

Do you have a history of skin cancer? Y / N If yes, please explain: \_\_\_\_\_

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Do you have any piercings, tattoos, or permanent cosmetics? **Y / N** Location: \_\_\_\_\_

Do you use Retin-A, Renova, Adapalene, Hydroxyl Acid, Differin, Glycolic Acid, AHA, Salicylic Acid, Vitamin A derivative products? **Y / N**

If yes, please list and describe last time used: \_\_\_\_\_

Do you use Acne Medications? **Y / N** If yes please list: \_\_\_\_\_

Have you ever used Accutane? **Y / N** If yes, last used: \_\_\_\_\_

Are you pregnant, or breastfeeding? **Y / N**

Do you form thick scars from cuts, burns or surgical procedures? **Y / N**

Do you have hyperpigmentation (darkening of skin) or hypopigmentation (lightening of skin) or marks after physical trauma? **Y / N**

Do you wear contact lenses? **Y / N**

Are you planning an event or vacation in the next 3-4 months that will expose you to the sun? **Y / N**

Do you have any metal implants (screws, plates) or a pacemaker? **Y / N**

Have you ever experienced claustrophobia? **Y / N**

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Do you wear sunscreen every day? **Y / N** Just during sun exposure? **Y / N**

If Yes, what brand and SPF? \_\_\_\_\_

Do you tan in a tanning salon? **Y / N** If Yes, last date (MM/YY): \_\_\_\_\_

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**Smoking Status (Choose One)**

Never smoker

Current every day smoker

Current social smoker

Cigar smoker

Former smoker (date quit) \_\_\_\_\_

**Alcohol Intake (Choose One)**

Never drinker

Less than 1 drink per day

2-3 drinks per day

3 or more drinks per day

Socially (weekends, events)

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Allergies to medications and skin care products:

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**Past Medical History**

**Circle any of the following medical conditions that you currently have or had have:**

Anxiety	Elevated Blood Pressure	Lymphoma
Arthritis	End Stage Renal Disease	Lung Cancer
Asthma	Epilepsy	Breast Cancer
Atrial Fibrillation	Esophageal Reflux (GERD)	Colon Cancer
Benign Prostatic Hyperplasia (BPH)	Hearing Loss	Prostate Cancer
COPD	HIV/AIDS	Radiation Treatment
Cerebrovascular Accident (CVA)	Hypercholesterolemia	Transplant
Coronary Artery Disease	Hyperthyroidism	Seizures
Depression	Hypothyroidism	Stroke
Diabetes	Hepatitis (type) _____	Other: _____
Disease caused by COVID-19	Leukemia	



### Medications

List all current medications (prescription, OTC medications and supplements) including dose and frequency:

Medication Name	Dose	Frequency

\_\_\_\_\_  
Patient or Patient Representative Signature

\_\_\_\_\_  
Date