



HEARTLAND AESTHETICA  
CURATED BEAUTY

10111 E. 21<sup>st</sup> St. Suite 305  
Wichita, KS 67206  
316-777-6393

**Pre-Halo**

- **AVOID sun exposure for 4 weeks before and 2 weeks after treatment.**
- **AVOID dermal Fillers and Botox 2 weeks before and 2 weeks after treatment**
- Stop all skin resurfacing products 3 days before treatment unless otherwise instructed by your provider (Retin-A, retinol, differin, tazorac, glycolic acid, harsh scrubs or exfoliating products, bleaching products)
- Inform provider if have a history of cold sores, we can prescribe an anti-viral prior to treatment
- Inform provider if you have an auto-immune disease, connective tissue disease, history of PIH (Post-inflammatory Hyperpigmentation) or if you have any metal plates, rods, or screws near the areas to be treated
- You are **NOT** a candidate if you are pregnant, breastfeeding, or have active acne, rash, or infection within areas to be treated
- You are **NOT** a candidate if you have been on Accutane in the past year
- Discuss **“planned”** downtime with your provider
- Your provider may want to pre-treat your skin

**Day of Treatment:**

***Arrive with a clean face, please do not wear make-up, lotion or SPF***  
***Wear comfortable clothes for body treatments***