



HEARTLAND AESTHETICA
CURATED BEAUTY

10111 E. 21st St. Suite 305
Wichita, KS 67206
316-777-6393

Pre-Diva

- Wear comfortable clothing day of treatment
- Tylenol may be used prior to treatment
- **AVOID** Non-steroidal anti-inflammatory drugs (NSAIDs) such as Aleve, Ibuprofen, Motrin one week prior
- If you are having vaginal bleeding within 3 days of your procedure, please notify provider.

Post-Diva

- May have some spotting for 2-3 days. Use a sanitary napkin as needed
- May experience some cramping for 2-3 days after treatment
- Tylenol may be used for discomfort
- Cleanse treated area gently with a mild cleanser, do not scrub area or use a washcloth, discuss cleansers with your provider.
- May have some discharge for 2-3 days after treatment
- **DO NOT** use douches, sprays, powders or creams on treated area
- **AVOID** sexual intercourse for 2-3 days after treatment.