



HEARTLAND AESTHETICA
CURATED BEAUTY

10111 E. 21st St. Suite 305
Wichita, KS 67206
316-777-6393

Pre-BBL (BroadBand Light)

- **AVOID** sun exposure for 4 weeks before and after treatment. Sun exposure may cause certain complications (possibility of blistering, scarring and permanent hyper/hypo-pigmentation).
- Do not use **self-tanners for at least one month prior to treatment**. Your skin needs to be as light as possible prior to treatment.
- **Inform provider if you have any history of COLD SORES**, we can prescribe an anti-viral prior to treatment. Discuss with your provider to get prescription.
- **Discuss anti-inflammatory and blood thinning medications** with your provider. Anti-inflammatory medications include Motrin, Ibuprofen and Aleve. Blood thinning medications prescribed by a physician should **NOT** be stopped unless you discuss with your physician. Over the counter medications include **Aspirin, Fish oil, Ginkgo, St. John's wart, Garlic, Vitamin E and Omega's**
- Discontinue **topical products** such as Retin-A, glycolic acid, alpha hydroxy acid, Renova, or Differin products one week prior to treatment.
- Discontinue **Hydroquinone** one week prior to treatment.
- BBL is **NOT** recommended for patients who are pregnant, have epilepsy, migraines triggered by flashing lights or patients taking photosensitizing medications.
- We avoid areas with tattoos, including permanent make-up, this can discolor them.

Day of Treatment:

- **Arrive with a clean face, please do not wear make-up.**
- **Wear comfortable clothes for body treatments**