



HEARTLAND AESTHETICA
CURATED BEAUTY

10111 E. 21st St. Suite 305
Wichita, KS 67206
316-777-6393

Sculptra Post-Treatment:

- Do not lay down or exercise for 6 hours post treatment- this can cause the product to be displaced.
- **DO** massage the treated areas 5 times a day for about 5 minutes for 5 days after a few days after treatment, you will look as you did before treatment. This is normal, over time, Sculptra will replace lost collagen.
- Avoid extensive heat and sun for 48-72 hours
- Avoid large amounts of alcohol and salt to decrease swelling
- Avoid vaccines, dental procedures and other invasive procedures for two weeks following treatment.
- After your treatment, you should expect swelling and redness. You may also experience bruising, pain, numbness, and induration. This will normally last less than 5 days, and for some patients may last up to 14 days
- You may elect to ice the area post treatment but must do so very carefully. Use an ice pack with the fabric side against the skin or wrap a soft plastic ice pack in a wet thin towel. Apply the ice pack approximately 15 seconds on, and 15 seconds off. You may apply a cold compress to the area for 20 minutes per hour, and you may do this hourly for up to 3 days
- You may apply your normal skin care regimen and sunscreen after 24 hours
- You may use Tylenol for discomfort
- Try sleeping face up and slightly elevated if you experience swelling
- Drink plenty of water.

Results can last more than two years.



When to call the office

- Please contact the office immediately at 316-777-6393 if you have red, warm, painful areas at injection site, or skin rash with itching.