



HEARTLAND AESTHETICA
CURATED BEAUTY

10111 E. 21st St. Suite 305
Wichita, KS 67206
316-777-6393

Post Procedure Instructions



Incision Care:

- Keep area clean and dry for 24 hours.
- Apply ointment 1-2 times daily for three days. (Polysporin, Bacitracin, Vaseline)
- If you had a lesion removed from your face, sleep with the head of your bed elevated for 2-3 days.
- No tub soaking or swimming while sutures are in place or if you have a wound.
- Avoid exposing scars to the sun for at least 12 months. (Cover when outdoors)
- Always use a sunblock 30 SPF or greater.



What to Expect:

- Some bruising and swelling in the area for 7-10 days
- May have slight bleeding. Apply pressure with gauze to control.
- Sutures will be removed in 5-14 days.



When to Call:

- Increased swelling or bruising that persists for a few days and extends 1-2 inches beyond the incision.
- If you have severe pain not relieved by medication.
- If you have a temperature over 101 degrees.
- If you have drainage or foul odors from incision.

Medical questions: 316-777-6615