



Visit <https://smartairfilters.com/en/blog/best-diy-coronavirus-homemade-mask-material-covid/> for testing of various materials that work well as a mask insert.

This template is sized for a standard roll of shop or paper towels, which are inexpensive, readily available, and easy to cut out in bulk.

Slip the insert through the mask, ensure it is flattened within the body of the mask, and fold the ends of the insert back into the body.



Easy Masks Insert Template
<https://easymasks.com>