



Place the Joey tag centered under bust & wrap around to back



Cross straps & bring up across shoulders – keep fabric flat



Bring straps over front, tuck underneath front panel & cross over – keep firm!



Wrap around to back again, you can either tie double knot here or at front



Double knot at front (if haven't tied at back) make sure all fabric is firm and not loose



Grabbing the piece of fabric closest to your chest, pull out and place baby's leg through spreading fabric from knee to knee



Repeat same with other side, placing baby's other leg through and spreading fabric across bottom from knee to knee



Pull front panel up, tucking baby's legs through as you pull it up. Make sure to pull up to neck so back and bottom are fully supported



## Benefits of Baby Wearing

### **Sleep**

Close contact and movement will help your newborn to sleep more soundly

### **Calm/Happy**

Babies that are worn by their parents are generally calmer and cry less

### **Fourth Trimester**

Wrap carriers are made to mimic the womb and assist newborns transitioning through the fourth trimester

### **Hands Free**

Enabling you to get things done while still holding your baby

## Baby Wearing Safety

We hope both you & your little one love your Joey Mama baby carrier and enjoy a beautiful baby wearing journey together. Please always make sure to baby wear *correctly* and *safely*. Check your baby's airways are clear, they are seated in a deep squat position, close enough to kiss and a supported back.

Use from 3kg

Please visit our website for full safety + guidelines and for our 'How To' tutorial video.

[www.joeymama.com.au](http://www.joeymama.com.au)