

FB LIVE: 10.31.18 SuperDuo Bangle



*Project by Helena Tang-Lim
With Kate Richbourg and Emily Miller on FB Live
Special Guest Appearance from Ed the Spidermailman
Episode Notes by Drea Carbone
Photography by Baranduin Briggs and Karen Marshall*

Kate and Emily tackle a new project today, a fun woven bangle bracelet made with SuperDuos designed by Helena Tang-Lim and presented to us by The Beadsmith Inspiration Squad. With updates from our own Dynamic Duo, including (what else?) Little Shadows, these bracelets are adaptable to multiple colorways and styles.

You do you!

This special Halloween episode is FULL of laughs and craziness!

Let's bead! If you'd like to bypass the chitchat...

Skip to **Minute Marker 11:00** to learn about the project and materials, and fast forward to **Minute Marker 40:00** to get right to the instruction.

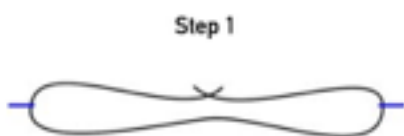
Minute Marker 16:00

This project comes with a great handout, which can be found in full at the end of these Notes. Kate and Emily go over this handout as well as give some tips and tricks on the materials and tools used, as well...for example, Emily reminds us to check our SuperDuo holes to ensure there are two clean holes in the beads, and Kate shows that the 8/0s used in this project can be replaced with (what else??) Little Shadows.

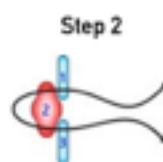


Minute Marker 40:00

The ladies both agreed: this handout wants you to use a lot of FireLine to start: 6.5 yards...but don't be scared! Even Kate and Emily had found it unwieldy at first, but they managed it just fine. The handout calls for enough thread to start so that you don't need to add thread later...be sure to wax the FireLine to help keep it from tangling and to keep it manageable. Kate and Emily tried this the way it was written, with 6.5 yards of thread, but both switched to shorter amounts and decided to add thread later. If you don't mind adding thread, start with about half this length.



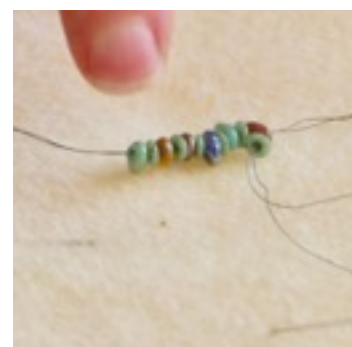
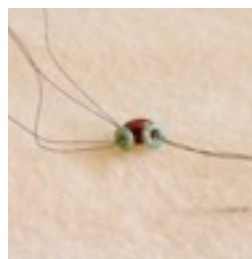
On a 6 m (6.5 yards) length of Fireline, place 2 needles. Tie the 2 ends together to form a loop leaving a 15 cm (6") tail at each end. Place a needle at each end of the loop.



Using one needle, string 1B, 1C and move them to the middle of the doubled thread. You will only be passing through one of the holes of the C. Pick up the second needle and pass through the second hole of the C. String 1B.

Minute Marker 50:30

Kate is starting her first row (Step 2 in the handout), before picking up her Step 3 beads, an alternating stack of five SuperDuos and five O beads. Kate mentions that she added more than a stack of five each, but Emily thought 5 was a manageable number. You do you, of course!





Minute Marker 57:00

Now, you'll bring your second needle through the second holes of the SuperDuos already strung, adding an O Bead in between each. Keep your tension loose, Kate and Emily mention this several times. Resist the temptation to tighten your beads up from the get-go!

In the handout, they recommend adding the SuperDuos and O Beads in this manner, repeating until you have a long enough length to slip over your wrist when in a closed circle.



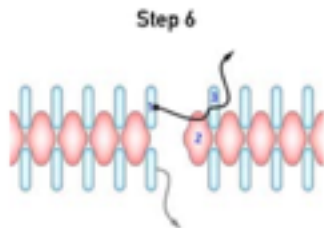
Kate and Emily each found new methods that worked for them to accomplish this. Kate ended up holding her two needles side-by-side and feeding her SuperDuos followed by her O Beads right onto the needles, alternating as she went.

Emily followed the instructed process, but thought of it in the same manner as peyote stitch, where you pick up a bead and go through the next bead.

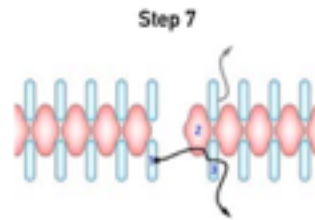


Minute Marker 1:01:00

Once you have a long enough length that would encircle your wrist (and fit over your hand) *and* that doesn't have too-tight tension, you're at Steps 6 and 7, joining the two ends together. Kate notes that she strings through more than just two beads here.



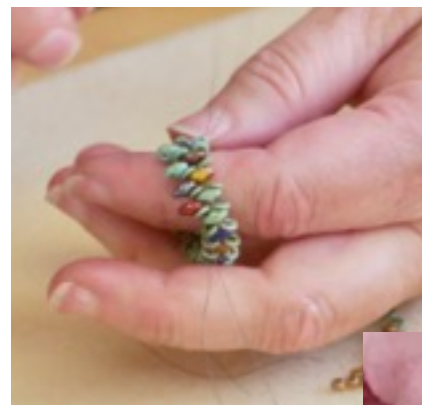
Join the two ends. Using one of the needles, weave through bead #2 then #3. Firmly draw the two ends together.



Using the second needle, repeat Step 6 drawing the two ends together. Weave in and secure both the tails that were left earlier.

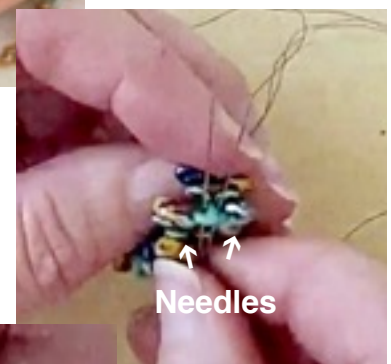
Minute Marker 1:06:00

Now we're at Steps 8-10, where we'll add a SuperDuo between the established O Beads, much like in peyote stitch. Add your SuperDuos all the way around one side, and then repeat on the other side.



Minute Marker 1:14:00

Emily explains how to add a thread. This is not covered in the handout, so be sure to watch this part of the video to see how the ladies do it! Kate shows, using white thread to help illustrate. She strings a new thread in the same way as the handout states in Step 1, and brings her new needles through the two holes of one of her center SuperDuos, through the corresponding O Beads, and then picks up a new SuperDuo so she can continue adding SuperDuos around the length of the bangle.





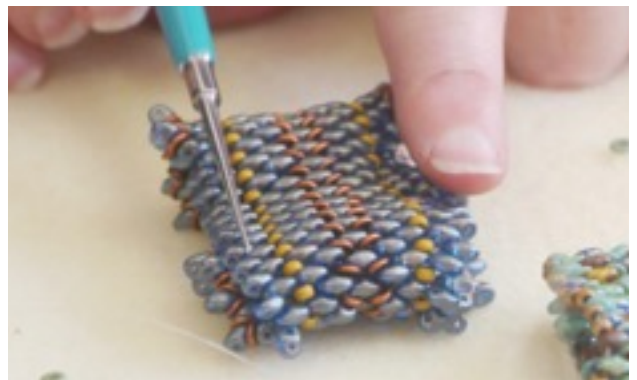
Minute Marker 1:20:00

We are about to start Steps 11 and 12, where we will add 8/0 seed beads between each SuperDuo, again repeating this along both edges around the length of the bangle.

Once this is complete, it's time to curl this flat bracelet in on itself and bead SuperDuos between the edges of 8/0s...see below!

Minute Marker 1:28:00

Kate mentioned that she'd like this as a flat bracelet, and shows a piece she was working on in the Apollo colorway. She just kept beading out more and more, building it out more and more...because, why not? It was fun and a new design to explore.



Minute Marker 1:30:30

Let's close this up and make the bangle 3D! This entire time we have been working on a flat bracelet, but it's time to curl it upon itself and "zip" it closed. Kate is working on Steps 13 and 14 now, together. In the handout, Step 13 has us adding a SuperDuo row along one edge of the bracelet and then joining that row to the row of 8/0s on the other side, however Kate uses both threads and basically adds SuperDuos between the 8/0s on both sides all at once.

With your thread coming out of an 8/0, pick up a SuperDuo and then go through the next 8/0. Repeat with your second needle and thread on the second hole of the SuperDuo. Lather, rinse, repeat!



Between the video and the handout (again, at the end of these Notes!) we think you'll have a lot of fun creating these bangles. We created a few colorways, but use our recipe and check out your endless options!

Happy Halloween and Happy beading!

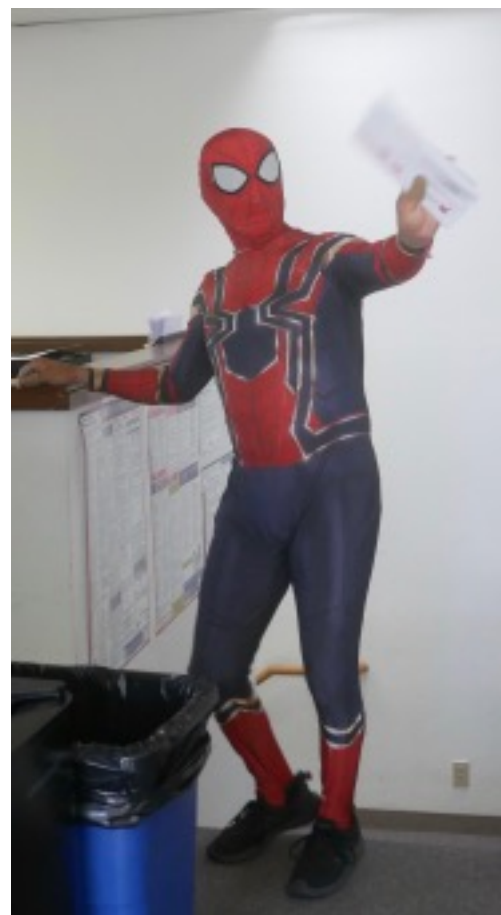
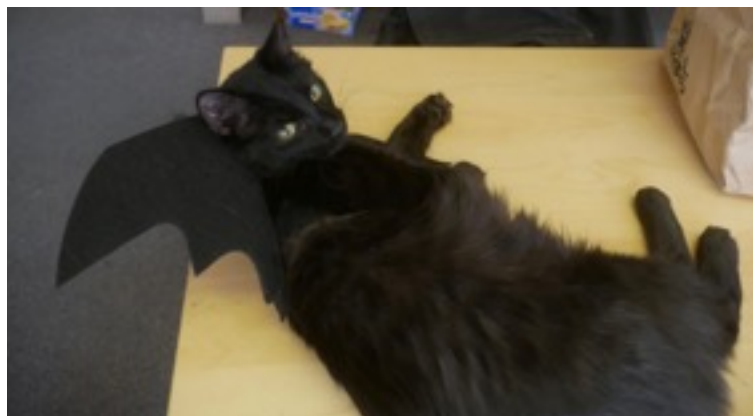


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Links to This Week's Ingredients...

[SuperDuo Bangle](#) and [Recipe](#)

Woodland

- 1 Spool [Fireline- 4lb Smoke](#)
- 1 Tube [Opaque Green Dark Brown Purple SuperDuos](#)
- 1 Tube [8-4481 Duracoat Opaque Eucalyptus 8/0s](#)
- 1 Tube [Jet Bronze O Beads](#)



Desert Dawn

- 1 Spool [Fireline- 4lb Smoke](#)
- 1 Tube [Halo Persian Pink SuperDuos](#)
- 1 Strand [Tribal Heishi- Antique Brass](#)
- 1 Strand [Little Shadows- Antique Brass](#)



Raku

- 1 Spool [Fireline- 4lb Smoke](#)
- 1 Tube [Raku Mix SuperDuos](#)
- 1 Tube [8-4517 Picasso Brown Tan Matte 8/0s](#)
- 1 Tube [Jade Picasso O Beads](#)



Apollo

- 1 Spool [Fireline- 4lb Smoke](#)
- 1 Tube [Halo Celestial Blue SuperDuos](#)
- 1 Tube [8-1233 Matte Opaque Mustard 8/0s](#)
- 1 Tube [Copper O Beads](#)



You will also want to have:

[Size 10 Beading Needles](#), [Foam Bead Mats](#), and [Thread Snips](#)

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[Little Shadows](#)

[O Beads](#)

[Tribal Heishi](#)

[Stringing Materials](#)

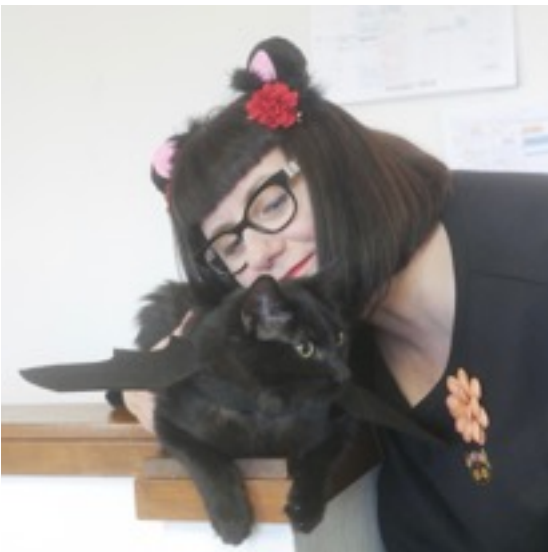
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Superduo Bangles



An Original Manek Lady Design

Helena Tang-Lim
The Manek Lady

Presented By

the BEADSMITH®

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Home of The Manek Lady Et All Things Beaded
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Superduo Bangles

Wear them alone. Wear them stacked. These Superduo bangles using the lovely colour mixes are just the thing to match your mood. Simple weaving makes these bangles really fun and quick to finish.

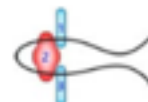
Supplies					
A		12 g Miyuki Size 8 ⁰ Seed Beads	8-9401 Opaque Black	8-94202 Duracoat Galvanized Gold	8-94205 Duracoat Galvanized Zest
B		7 g O Beads™	OB2423980 Jet	OB2423980-98542 Jet California Gold Rush	OB2470120-26441 Rosaline Amber
C		24 to 28 g Superduos	DU05MIX156 Silver and Gold	DU05MIX153 Vintage Copper	DU05MIX119 Formal Affair
6lb Test Fireline is recommended Size 12 beading needles					
Other Supplies Needed			Legend		
Sharp scissors Thread conditioner such as beeswax, synthetic wax, Thread Heaven Your favourite beading surface Light and magnification if desired			<ul style="list-style-type: none"> • Thread starting point → Thread exit point & direction of thread path 1 2 3 Bead numbers #1, #2, etc do not relate to numbers in the step prior unless otherwise indicated. 		

Step 1



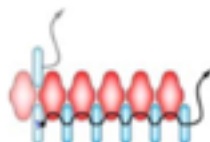
On a 6 m (6.5 yards) length of Fireline, place 2 needles. Tie the 2 ends together to form a loop leaving a 15 cm (6") tail at each end. Place a needle at each end of the loop.

Step 2



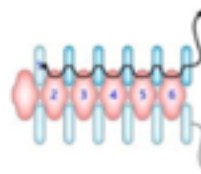
Using one needle, string 1B, 1C and move them to the middle of the doubled thread. You will only be passing through one of the holes of the C. Pick up the second needle and pass through the second hole of the C. String 1B.

Step 3



String 1C, 1B five times using only one of the needles.

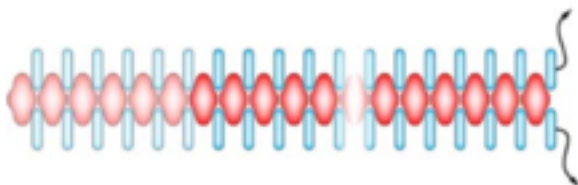
Step 4



Using the second needle, pass the thread through the second hole of bead #2. String 1B. Repeat this for all the newly added C from Step 3.

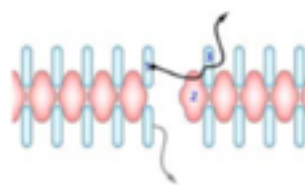


Step 5



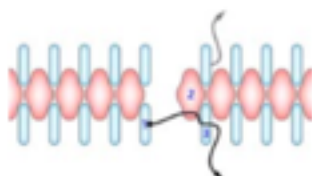
Repeat Steps 3 and 4 placing five sets of B and C at a time until the strip is long enough when joined to go over the widest part of your hand. This will be between 60 to 80 C beads long. Always work in lengths of five sets alternating between the two needles. This will ensure that your weaving is balanced between the two sides. Important : Keep your tension relatively loose.

Step 6



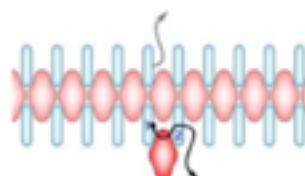
Join the two ends. Using one of the needles, weave through bead #2 then #3. Firmly draw the two ends together.

Step 7



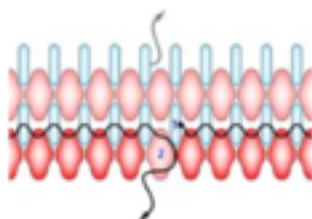
Using the second needle, repeat Step 6 drawing the two ends together. Weave in and secure both the tails that were left earlier.

Step 8



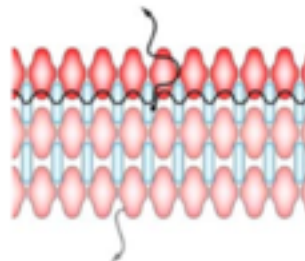
String 1C and pass through bead #2.

Step 9



Repeat Step 8 for all the spaces between the B beads. When done, pass the through the second hole of the C bead placed in Step 8.

Step 10

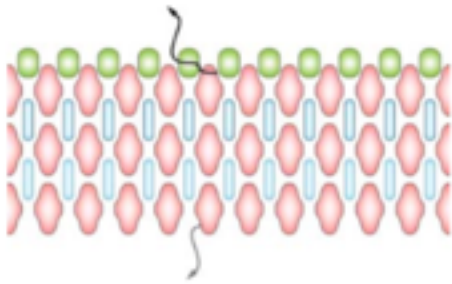


Repeat Steps 8 and 9 for the opposite edge of the weaving. Always alternate between the two sides of your weaving to keep it balanced.



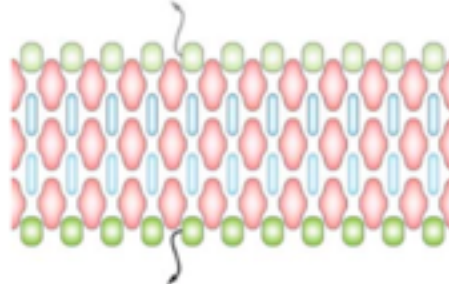


Step 11



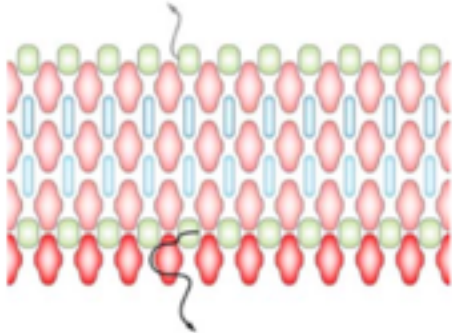
Place 1A in each of the spaces between the C beads.

Step 12



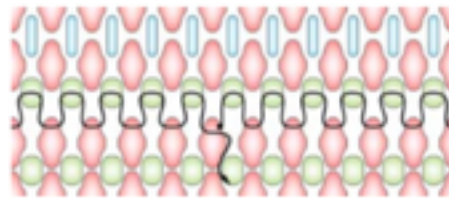
Working on the opposite edge, place 1A in each of the spaces between the C beads.

Step 13



Place 1C in each of the spaces between the A beads. When done, weave through the second hole of the first C placed.

Step 14



Roll the edges outwards so that they meet. Using the longer of the two threads, weave to and fro between the A and C beads from each edge drawing the edges close. Be careful, keep your tension loose or the beads will crack. Secure and trim all the working threads when done.

Congratulations!
The Superduo Bangle is now complete.
Enjoy!

