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facebook LIVE: 1.10.18

Heart On My Sleeve



Project by Emily Miller

With Kate Richbourg & Emily Miller on FB Live

Episode Notes by Drea Carbone

Photography by Baranduin Briggs & Grace Noland

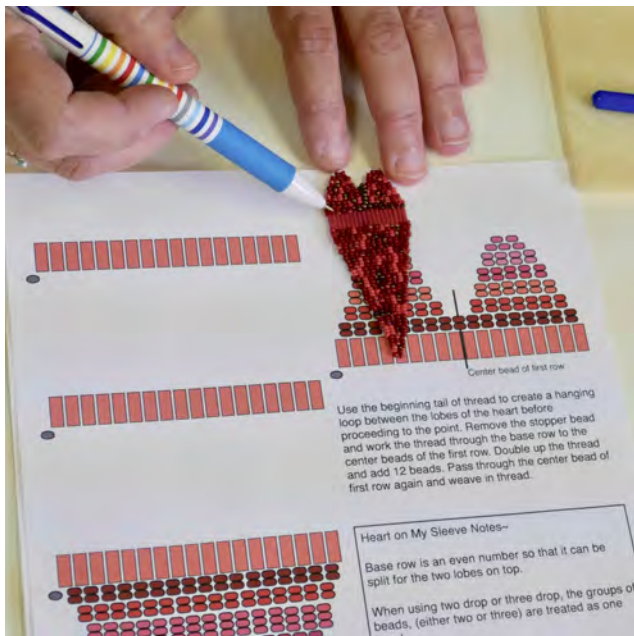
Back in August Emily taught us the Brick Stitch basics and showed us how to use them in a snazzy bracelet. During the broadcast she showed off a few other applications Brick Stitch can be used in, including a really beautiful heart! We got so many requests on how to make that heart that we knew it needed its own lesson.

If you'd like to review the Brick Stitch Bracelet before diving into this project, you can do so here: [FB Live 8.16.17 Brick Stitch](#) and also review its [Episode Notes](#).

If you'd like to skip the chat and get right to the learning...
Start at **Minute Marker 11:45** for discussion about the Project
Start at **Minute Marker 23:00** to begin the lesson.

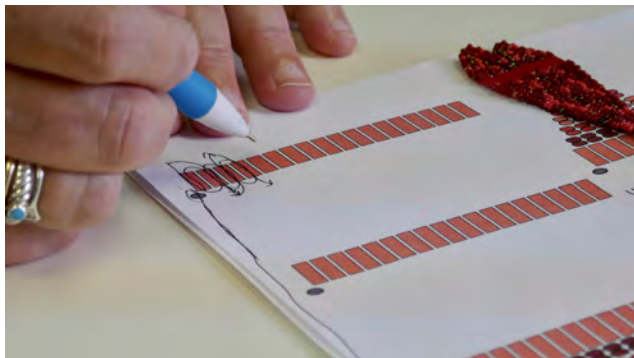
Minute Marker 23:00

As always, Emily is prepared with her charts and graphs! Seed Bead School is in session!



Pointing it out on her chart, Emily mentions how she always keeps her stopper bead on the lower left of her pattern to help her orient herself. She always knows where she is in her pattern thanks to that stopper bead alerting her to the stitch's orientation.

The base row is a row of 18 Bugle Beads. Kate asks a great question: if you're making this smaller or larger, does this base row need to be an even number? Emily thinks it should be even, since we'll be splitting this in half to form a perfect heart. So if you size down or up, keep your base row an even number.



Emily diagrams on her chart to show the path your thread will take. She draws on two bugles to demonstrate bringing your thread through them to almost form a circle with your thread, but the two bugles will nestle side by side. Then, on to the next! You need to loop through your third bead, back through the second, and up and out so you can go down into the fourth.

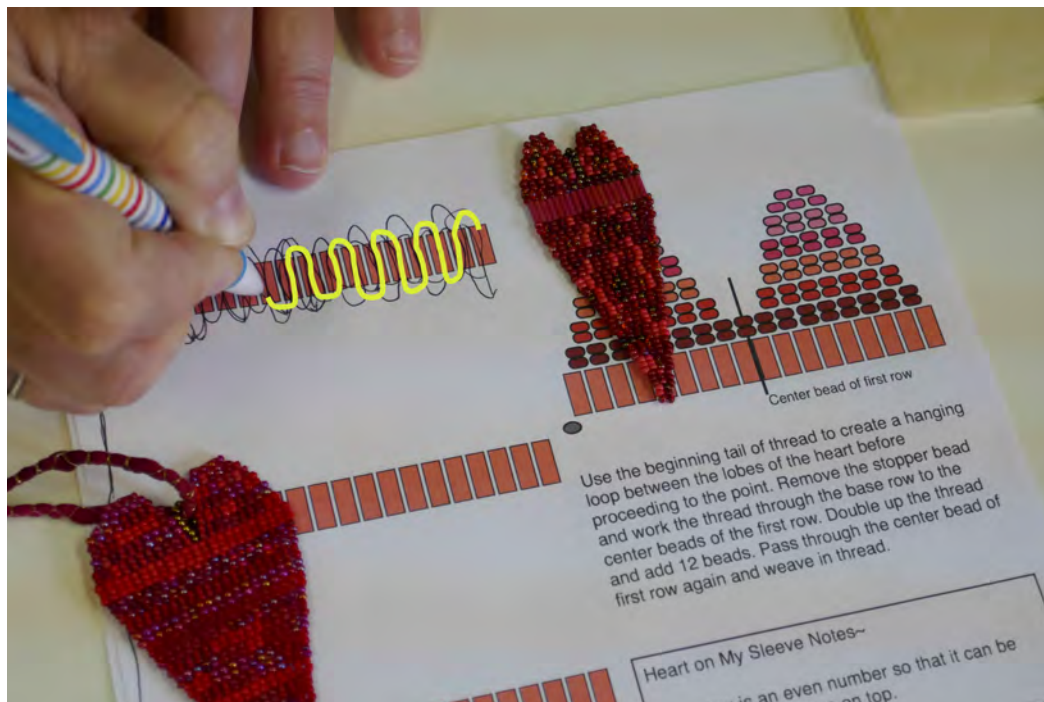


The ladies show that if you don't want to use Bugles, you can start your base row with 11/0s instead. It's not so easy to see a row of single 11/0s, but a stack of two or three would work! See that row of stacks-of-three on Em's original sample?

Minute Marker 30:40

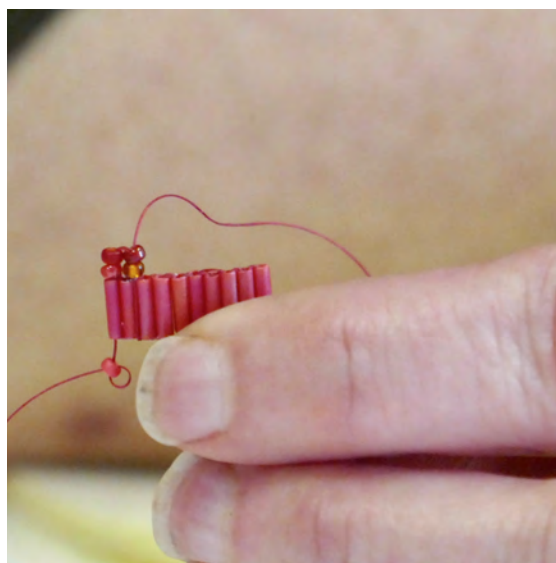
Getting started with the actual beading, Emily tells us she cuts about a yard and a half of thread to start with. Any longer and you may end up with a tangled mess, and any less you'll need to start new threads way too often. Good tip!

Once the base row of bugles is complete, Emily goes back through in a "serpentine" pattern. This up-and-down series is highlighted in yellow below. She goes back through each bugle once returning to the first bugle. This just gives a bit of stability and security to that base row.



Emily shows her completed base row of the Blue Velvet Heart. Kate's just finished her base in the Red Roses colorway. Both of these samples are smaller than our completed versions with 18 bugles, they're about half-size just for the purposes of this broadcast.

Emily reminds us that we are doing a "two drop" pattern to help move the beading along faster. Each row will have two 11/0s stacked atop one another. SO, when you go to add your first beads after completing the base row of bugles, add *four* 11/0s, they will sit two-by-two next to each other.

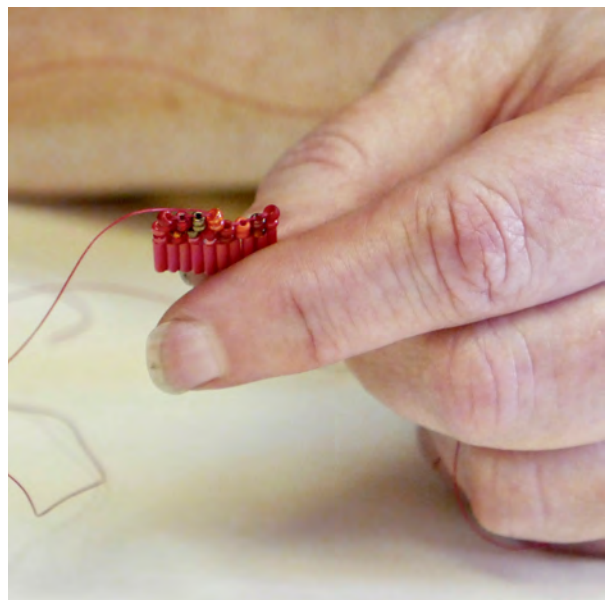
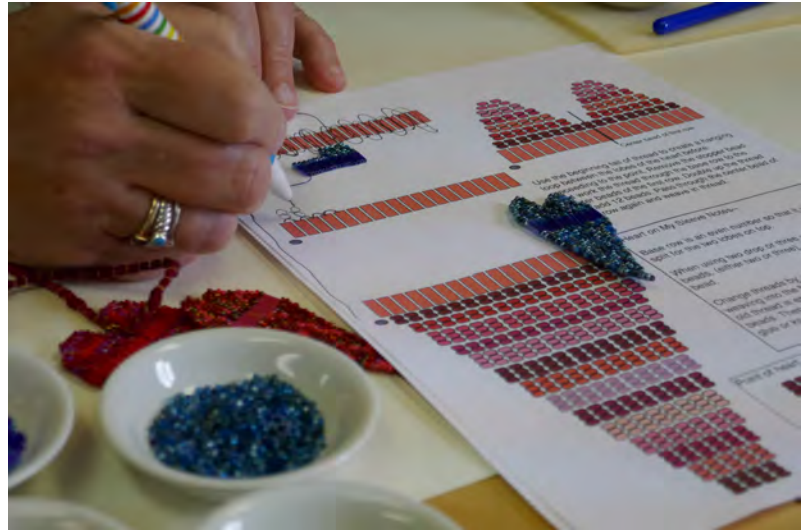


Minute Marker 35:09

Emily demonstrates on her chart how we'll pick up a loop of the thread *between* the bugles, and not go through the bugles themselves. Kate's first four beads are in place...she strings on two more beads, goes under the thread, then back up through the beads. See how she threads her needle going under the thread only? Pretty nifty!

Make your way across the top of your base row, almost all the way to the end. You'll have 17 stacks in this row, one less row than your base row of bugles. Notice how the beads in your base row and the beads in your top row sit offset from each other, like bricks? This staggered positioning lends itself naturally to the triangular shapes we are creating with this heart. Decreasing row by row will create the tapered shape we are after.

Once your top row is complete we'll bead the lobes, or two top humps, of the heart. Create your second row, but this time only go halfway across and stop. Bead a third row on top of this. See how they gradually decrease and the lobe takes shape?



Bead your fourth row, you should have four stacks of two beads here. When finished, start on your fifth row—but use only one bead for this row. This decrease in beads from a stack of two to one will allow for a softer top to the heart rather than coming to a pointed peak. Your three columns of a single bead will be topped by your sixth and final row, and this row is only two columns of one bead. The lobe is done! It's time to go back down to your second row.

Minute Marker 52:40

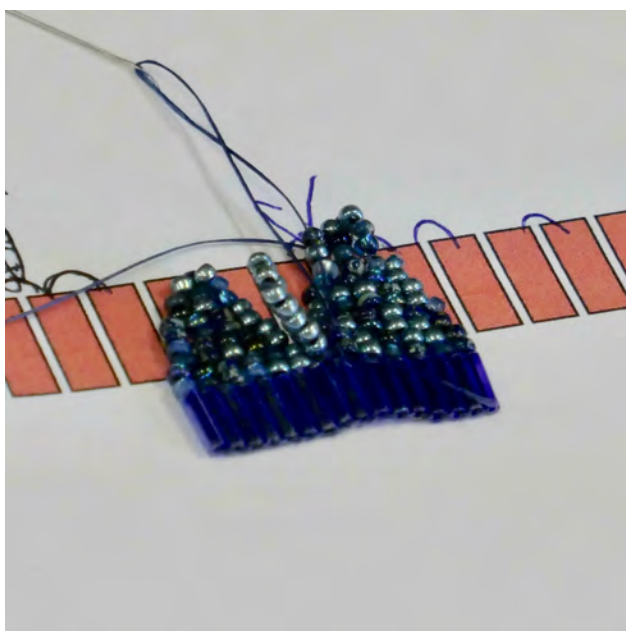
Weave your way back down through your beadwork to your first row. Skipping the middle stack of beads in your first row, start your third row and build your second lobe up, just as you did before. Emily notes that her heart is looking a little bumpy...that's ok! It's the nature of the stitch and it adds to its charm.



Minute Marker 1:01:45

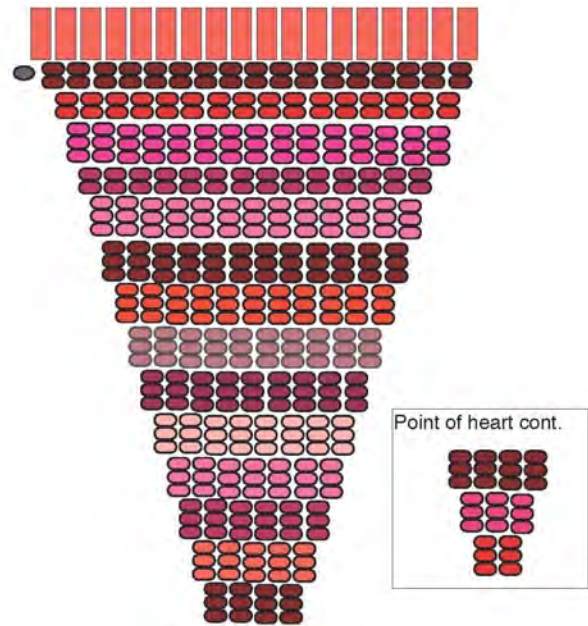
If you'd like to make a beaded loop so this heart can be hung as a pendant or used as an ornament, now is the time to do it. Bring your needle around so that it's coming out the top of the center stack in your first row, directly between your two lobes. String on about 12 beads to make the loop. Make your loop bigger or smaller by adding or decreasing this amount. Emily prefers to pick all the same color of seed beads to create a loop... but you do what you like best!

Once your loop beads are strung, go back down through the bead hole you came out of, then serpentine your way through your base row to one end or the other...now you're ready to bead the point of your heart!



Minute Marker 1:08:10

Just as we use a combination of “drop” numbers in the lobes, two-drop at first and single-drop for the topmost rows, we have a combination in the bottom as well. We start with two-drop for two rows, and then move to three-drop for the third row down. Back to a row of two-drop...then three-drops all the way down to the point. This is going to create the perfect, narrow bottom of our heart. Refer to the chart to the right to see how these rows stack up.



Minute Marker 1:09:20

What happens when you need to add a new thread? Emily shows us with her chart and a doodle. Watch as she draws out her plan. Leave your old thread end hanging, and start with a new length of thread on your needle. Pick a spot in your established beading and weave your way through it, zigging and zagging and changing directions so it's really anchored in there. Weave your way down and come out of the same stack of beads that your old thread is coming out of, and continue beading your rows. Your old thread will be hidden in the same way. Weave it into your beadwork, zig and zag, and anchor it in the existing beadwork so it's not going anywhere. No need to knot or glue, once it's anchored into the beadwork you can snip the tails!

When you've beaded to the final point of your heart, go ahead and weave your thread back up into your beadwork in the same zig-zag manner to end it. And now? You're done! You've got a heart to wear on your sleeve...or, you know, around your neck!

Wow, what a great project this was! Valentine's Day comes around every year, but this is a great piece to make any time...what a wonderful gift to give someone... something you have worked on and put your heart into! We think anyone lucky enough to receive a beaded heart will be very touched. We would! And, of course, don't forget to make one for yourself.

Before you go off to another project, be sure to check out Kate's [Free Tip Friday from 1.12.18](#). Kate takes inspiration from our private [Facebook Community, Around The Bead Table](#), and embellishes this beaded heart with Czech Glass Drops and some of our new buttons...*and* shows other beads you can use in Brick Stitch besides seed beads...very cool! You can view the broadcast and read Kate's companion blog post about it [here](#).

Scroll below the pages of links, and you'll see Emily's chart and project notes, and a peek at the jewelry Kate and Emily wore on-camera today.

That's all for this week! We hope you enjoyed the broadcast and will enjoy making your own beaded hearts. Thank you for tuning in...see you next week!



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Links to Events and More...

[Last Week's Facebook Live Broadcast: The Coco Lariat](#)

[Facebook Live Youtube Playlist & FB Live Archive Page on beadshop.com](#)

[Free Tip Friday YouTube Playlist & FTF Archive Page on beadshop.com](#)

[Bead and Button Show](#)

[Bead & Button 2018 Class Preview with Kate & Janice](#)

[Kate's Classes at Bead and Button](#)

Links to This Project's Ingredients...

[Heart on My Sleeve Project Page](#) and [Recipe](#)

[Red Roses](#) (And Limited-Edition [Red Roses Kit](#))

1 Spool [KO Thread- Rich Red](#)

1 Tube [BGL2-408FR Matte Opaque Red AB Miyuki Bugles](#)

1 Tube [11-4469 Duracoat Opaque Jujube 11/0 Seed Beads](#)

1 Tube [11-407FR Matte Opaque Vermillion AB 11/0 Seed Beads](#)

1 Tube [11-Mix27 Magma 11/0 Seed Bead Mix](#)

[Blue Velvet](#) (and Limited-Edition [Blue Velvet Kit](#))

1 Spool [KO Thread- Denim](#)

1 Tube [BGL2-353 Cobalt Lined Sapphire AB Miyuki Bugles](#)

1 Tube [11-4217 Duracoat Galvanized Seafoam 11/0 Seed Beads](#)

1 Tube [11-4518 Picasso Opaque Cobalt 11/0 Seed Beads](#)

1 Tube [11-Mix29 Deep Sea 11/0 Seed Bead Mix](#)

You will also want to have: 1 Pkg [Size 12 Beading Needles](#), [Beeswax](#), [Foam Bead Mats](#), and [Thread Clippers](#)

Links to Learning, Products, & More...

[Class Handouts and Skill Builders](#)

[Seed Bead School](#)

[Brick Stitch Bracelet Project Page](#)

[Main Project Page](#)

[Marketing Your Jewelry](#)

[Year End Wrap Project Page](#)

[Free Tip Friday: Harvest Time Wrap](#)

[Patterning with Stones Project Page](#)

[Bits N' Pieces Bead Crochet FB Live](#)

[Tubular Bead Crochet](#)

[Kits](#)

[Japanese Seed Beads](#)

[Monthly Seed Bead Mixes](#)

[11/0 Seed Beads](#)

[8/0 Seed Beads](#)

[6/0 Seed Beads](#)

[Bugle Beads](#)

[KO Thread](#)

[EZY Mag Hands-Free Magnifier](#)

[Made with Love Charms](#)

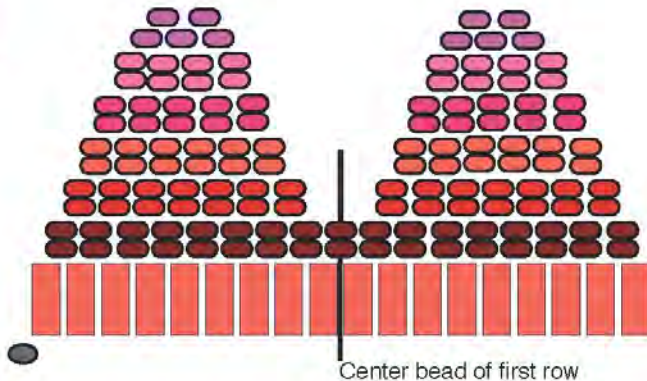
[Jump Rings](#)

[Size 12 Beading Needles](#)

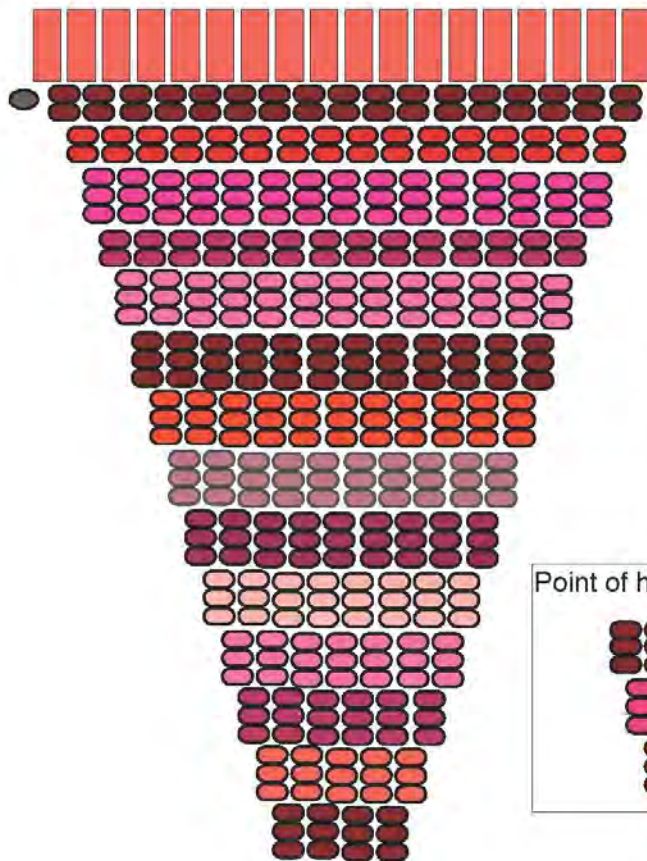
[Beeswax](#)

[Foam Bead Mats](#)

[Thread Clippers](#)



Use the beginning tail of thread to create a hanging loop between the lobes of the heart before proceeding to the point. Remove the stopper bead and work the thread through the base row to the center beads of the first row. Double up the thread and add 12 beads. Pass through the center bead of first row again and weave in thread.

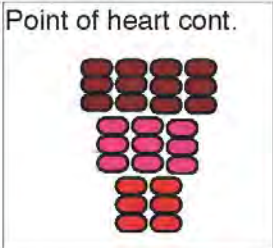


Heart on My Sleeve Notes~

Base row is an even number so that it can be split for the two lobes on top.

When using two drop or three drop, the groups of beads, (either two or three) are treated as one bead.

Change threads by starting a new thread, weaving into the beadwork, and exit where the old thread is emerging from the last added beads. Then weave in the old thread, no need to glue or knot.



The first question asked each week on Facebook Live...

"What are you wearing?"



A sneak peek! This is Emily's wire-wrapped necklace, which will be taught at the 2018 Bead Retreat. Wow! What a stunner!



Kate created these earrings for herself...
And they are amazing.
Frida-influenced copper hearts and flowers embellished with crowned skulls in silver with coral roses and aventurine stones.

START HERE



END HERE

Kate also layered two necklaces...
Year End Wrap in Copper Penny and a FTF Project, Harvest Time Wrap.

