

Tip sheet:

CPAP Supplies & Replacement Parts



Mask Parts Replacement Tips

What to look for:

- You have to tighten the straps often
- The mask has lost its spring
- Your therapy feels less effective than usual
- The cushion is still slippery, even after being cleaned

Mask part replacement tips

These replacement schedule guidelines are based on the current Medicare replacement schedule.

Every 14 days

- Nasal mask cushions
- Nasal pillows mask cushions



Every month

- Full face mask cushions



Every 3 months

- Mask frame systems

Frame systems are near your face and should be replaced regularly to keep therapy effective and hygienic.



Every 6 months

- Mask headgear

Headgear can become stretched out and lose elasticity with regular use, which can lead to over-tightening and discomfort. Bacteria from sweat and moisture can also build up over time.



CPAP machine & accessories replacement tips

These replacement schedule guidelines are based on the current Medicare replacement schedule.

Every 14 days

- Air filters

Filters can wear out with use. Dirt and dust can also build up over time, which can lead to blockages and unsanitary conditions.



Every 3 months

- Air tubing

Tubing can develop small holes or tears over time, which can cause air leaks.



Every 6 months

- Humidifier water tub

Tubs can become discolored, cloudy, pitted, or cracked which can trap bacteria.



Every 5 years

- CPAP, APAP and Bilevel machine

Replacing your machine every 5 years will help ensure you continuously receive your prescribed therapy and can take advantage of new technology, enhanced comfort settings and exclusive therapy tracking apps from each ResMed machine release.



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Need help replacing your CPAP supplies?

Contact one of our Hiro Health Wellness Team Members today and they will walk you through the process of ordering the replacement parts and supplies you need to keep your sleep therapy treatment at top-notch levels.

[Contact Us](#)