



**Sumbody Acne Scar-Erasing serum, \$29.95; sumbody.com.
Aveda Outer Peace Acne Relief lotion, \$28; aveda.com.**

hot ingredient: tamanu oil

Extracted from nuts native to Southeast Asia, tamanu oil is surfacing in anti-acne skin treatments from Aveda and Sumbody. The companies describe the oil as a potent antioxidant and anti-inflammatory. "It sounds like green tea polyphenols, which have naturally occurring antimicrobial properties," says N.Y.C. dermatologist Grace Pak, M.D. "It may address redness and swelling in skin, but I wouldn't use it all by itself in the hopes of curing acne."