

STRONGER®

YBell® Usage, Storage and Cleaning Guidelines

Thank you for selecting YBells as part of your fitness program and we are excited to welcome you to the YBell Fitness family. The following Usage, Storage and Cleaning guidelines are meant to help you ensure the longevity of your YBells®.

Usage:

YBell Arc Series and YBell Neo Series products are manufactured with a neoprene coating to provide a more comfortable and secure grip and feel around your body. As neoprene covered products are different than nonneoprene covered cast iron weights or rubber coated products, extra care needs to be taken when using and caring for your YBells.

YBell Pro Series products are manufactured with a powder coating and are designed for more commercial oriented or rugged environments.

For all YBell products:

- Use on exercise mats and softer surfaces when possible.
- Do not hit YBells together or against any hard surface.
- Never bang, drop, throw, or drag YBells on the ground or against any hard or abrasive surface.

Storage:

Proper storage is a key to extending the life of your YBells. We recommend storage options specifically designed for YBells, such as the YBell Vertical Rack. When not available, we advise the following:

- Make sure the storage solution has rubber, plastic, or similar soft surfaces or mats to reduce friction between YBells, other equipment, and the storage rack. o Metal-on-metal storage without softer surfaces may scratch or damage your equipment. o Neoprene on metal or powder coated surfaces without softer surfaces can damage the neoprene products.
- Ensure there are no sharp or unprotected edges which may cut or scratch the YBells or other equipment. o Do not allow YBells to be pulled or dragged across unprotected edges of surfaces.
- For safety purposes, do not store any heavy weight on higher shelves of storage racks where users may be placed in an unsafe position when trying to access the equipment.
- Store products indoors or in a covered area when not in use avoiding wet or damp areas.
- When stored on the floor, never stack higher than two YBells of the same size.

Cleaning: YBells allow for quick and easy cleaning.

- Clean daily after each use.
- Use warm water with soap or basic alcohol hand wipes for wipe down.
- Do not use any non-alcohol-based cleaning chemicals on the neoprene coating.