

FREEMOTION.

# GENESIS™ TRICEP

MODEL # F603



## CABLE STRENGTH GENESIS™

Smart trainers know that posture is everything. The Genesis Tricep machine guides users towards ideal posture with an upright seat that primes an open chest movement. Easily select the weight and the Freemotion cable delivers smooth, consistent weight that builds secondary and primary tricep muscles. Stand up to hit the tricep from all angles and pull in a core workout to maximize gym time.

# FREEMOTION.



## GENESIS™ TRICEP

### PRODUCT FEATURES

- ① **SWIVEL PULLEYS**  
Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.
- ② **CABLE TRAVEL**  
Generous cable length creates full exercise extension. Two arms: 42 in (106.6 cm).
- ③ **2-POSITION SEAT**  
The Freemotion Tricep is equipped with a dual position, rotating seat and a preacher curl. A supported position is ideal for first-time exercisers; leaning forward or standing will further challenge the body.
- ④ **INDUSTRIAL CONSTRUCTION**  
Built with 11 and 7-gauge steel and electrostatically powder-coated, this machine is built to last.
- ⑤ **NON WEARING COUNTERWEIGHT**  
The Freemotion Tricep has been upgraded to a non-wearing counterweight to dampen paddle movement.
- ⑥ **WEIGHT STACK**  
The protected, enclosed weight stack limits access to moving parts to better prevent accidents or injury.
- ⑦ **KICK PLATES**  
Large, 16-gauge, stainless steel kick plates protect the machine from wear and tear.

### SPECIFICATIONS

Weight Stack	150 lbs (68 kg)
Weight Stack Configuration	5 - 50 X 5 lbs (0 - 22.6 X 2.2 kg) 60 - 150 X 10 lbs (27.2 - 68 X 4.5 kg)
Resistance	1 Arm - 75 lbs (34 kg) 2 Arms - 150 lbs (68 kg)
Cable Travel	2 Arms - 42 in (106.6 cm)
Rubber Feet	Molded floor protectors
Standard Frame Colors	Platinum Sparkle
Optional Frame & Upholstery Colors	On Request
Product (L x W x H)	52 x 36 x 77 in (132 x 91.4 x 195.5 cm)
Shipping Weight	431 lbs (195.4 kg)
Regulatory Approval	EN957, CE

#### WARRANTY | US AND INTERNATIONAL

10-Year Frame | 3-Year Bearings, Guide Rods, Pulleys and Weight Stacks | 1-Year Cable and Labor  
120-Days Upholstery, Handles and Accessories.