Pure Children's Essentials

Clinical Vitamin and Mineral Formula

Here at Bio Concepts, we became determined to set a new standard for multivitamin and mineral formulations offered to children in Australia. We wanted to develop a children's formula using the best quality ingredients, with the highest bioavailability, using very low excipients and establishing doses specifically designed for each age group.

We saw an opportunity to develop a formulation that we would be confident giving to our own children, one that provides us as parents with the peace of mind that our children are obtaining their foundational nutrients in a low allergen, unflavoured powder, sweetened only with the natural amino acid Glycine.

- ✓ Contains bioavailable citrate forms of macro minerals not available in tablets
- ✓ Contains Choline and Iodine for brain development
- ✓ No natural or artificial flavours
- ✓ Sweetened by the amino acid Glycine
- ✓ Contains activated B vitamins
- ✓ Complete 8 isomer forms of Tocotrienols and Tocopherol
- Multi-mineral citrate blend for better absorption, alkalinity and energy production
- ✓ Includes Vitamin K2 in addition to Vitamin K1

Indications

- · Contains Choline which plays a role in cognition, memory and intellect.
- Contains ingredients that support the development and maintenance of strong healthy bones and teeth.
- · Contains ingredients that support normal/healthy immune function.

Contraindications

Chloramphenicol, Cephalexin, Retinoids

See Bioconcepts website for Pure Children's Essentials for all Drug Interactions Information taken from Natural Medicines Database and accurate as of September 2019



- ✓ Gluten Free
- Dairy Free
- Egg Free
- ✓ Soy Protein Free
- √ Vegan
- ✓ Vegetarian

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Pack Size: 225g oral powder

Children's Dose: Mix the following recommended quantities (1 scoop is approximately 9.0g) into water or fruit juice, or as

recommended by your healthcare practitioner.

Children 1-3 years: 1/3 scoop; Children 4-8 years: 1/2 scoop;

Children 9-13 years: 1 scoop

Storage: Store below 25°C in a cool, dry place.



Full disclosure of excipients in every formulation

Warnings

Vitamin and mineral supplements should not replace a balanced diet. This product contains Selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of Selenium from dietary supplements should not be exceeded.

Excipients

EVNolMax, Vitamin A Palmitate, Vitashine Vitamin D3, Dry Vitamin K1, maltodextrin, silicon dioxide, glycine, colloidal anhydrous silica.



⁺EVNolMax[™] is a trademark of ExcelVite Inc and protected by US Patent

Each 4.5g dose (approx. ½ included scoop) contains: Calcium (as Calcium citrate) 250mg Retinol palmitate (Vit A 1332 IU) 400mcg RE Mecobalamin 7.5mcg (co-methylcobalamin) Magnesium (as Magnesium citrate) 130mg Zinc (as Zinc citrate dihydrate) 6mg Biotin 25mcg Colecalciferol (Vitamin D 400 IU) 10mcg Selenium (as Selenomethionine) 30mca Calcium folinate 216mcg Menaquinone 7 (Vitamin K2) Palm tocotrienols complex 5mcg 2.5mg Chromium (as Cr. nicotinate) (EVNolMax[™])+ 120.7mcg Phytomenadione (Vitamin K1) 30mcg Thiamine hydrochloride 5mg Manganese (as Mn. A.A. chelate) 250mcg Choline bitartrate 150mg Riboflavin sodium phosphate 5mg Molybdenum (as Mo. trioxide) 22.5mcg Iodine (as Potassium iodide) 90mcq Nicotinamide Potassium (as Potassium citrate) 15mg 10mg Iron (as Iron (II) glycinate) 4mg Calcium (as Calcium hydrogen Calcium pantothenate 16.4mg 12.7mg Ascorbic acid (as Calcium 50mg phosphate dihydrate) ascorbate dihydrate) Pyridoxine hydrochloride 4.5mg Lysine hydrochloride 15mg Ascorbic acid (as Magnesium Pyridoxal 5-phosphate hydrate 1.58mg 50mg ascorbate monohydrate) Glycine 2g Hydroxocobalamin 7.5mcg





Additional Information

ALLERGY AWARE

- Tested for allergens
- Low excipient
- No artifical flavours/sweeteners
- Soy free Vitamin E

Peace of Mind

MACRO NUTRIENTS

- Calcium and Magnesium essential for growth and development
- Not usually available with micro nutrients in one formula

GLYCINE

- Amino acid sweetener
- Aids sleep and mood
- Alkalising

CITRATE FORMS

- Highly bioavailable
- Involved in the Krebs cycle
- Alkalising



