

**MULTISPECIES PROBIOTIC
FORMULA FOR THE CHANGING
NEEDS OF SENIORS**



Ther-Biotic® Senior Formula

Multispecies probiotic support for individuals 60+ years of age

Ther-Biotic® Senior Formula is a high-CFU, hypoallergenic probiotic supplement formulated for the changing needs of men and women over the age of 60 years. Age is associated with changes in the composition and diversity of the gastrointestinal microbiota as well as alterations in gut microbial activities. Ther-Biotic® Senior Formula helps maintain a healthy, balanced, and diverse gastrointestinal microbiota by providing substantial amounts of *Bifidobacterium* species, known to decline with age, along with several *Lactobacillus* species that support healthy GI and immune function.†

Supports healthy gut microbiota balance as needs shift with age

In adults, the core gastrointestinal microbiota remains remarkably stable unless disrupted by stress, excessive alcohol intake, exposure to toxins, or use of antibiotics or certain medications. However, age is associated with changes in the composition and diversity of the microbiota including a gradual loss of essential, beneficial bacteria. This shift in the microbiota affects normal healthy gastrointestinal and immune function. Ther-Biotic® Senior Formula provides a potent combination of 10 probiotic species to help older individuals maintain a balanced core gut microbiota.†

Provides high amounts of bifidobacteria key for normal bowel function

With advancing age, there are changes in numbers and diversity of *Bifidobacterium* species. These species are important for colonic health and function, as they promote production of short-chain fatty acids that

provide critical nourishment for the colon. Short-chain fatty acids also enhance the absorption of essential minerals such as calcium and magnesium in the colon, assist intestinal reabsorption of water to ease bowel movements, and enhance intestinal barrier function. Ther-Biotic® Senior Formula supplies high amounts of 5 *Bifidobacterium* species.

Promotes healthy GI function†

The 10 probiotic species in Ther-Biotic® Senior Formula work together to help aid proper digestion, promote bowel regularity, support immune function in the gut, and facilitate the elimination of by-products from the intestinal tract. Probiotic species in this formula are also antagonistic to numerous microbes in the

intestines often responsible for occasional loose stools and other intestinal disturbances.

Enhances immune function†

A decline in healthy immune function often seen in the elderly has been linked to alterations in the gut microbiota. Probiotics have been found to help support immune function by enhancing innate and acquired immunity and modulating immune tolerance.† Ther-Biotic® Senior Formula supplies several *Lactobacillus* species with documented supportive benefits on immune function.



- Formulated for men and women over the age of 60
- High CFU, 25 billion per vegetarian capsule
- 5 *Bifidobacterium* and 5 *Lactobacillus* species
- InTactic® technology protects probiotic viability

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Indications

Ther-Biotic® Senior Formula can be used to support gastrointestinal and immune health, and help maintain a normally balanced, healthful intestinal microbiota in older individuals. Ther-Biotic® Senior Formula is specially formulated for people over the age of 60 to support healthy GI microbiota as we age.

Formula

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Capsule	
Probiotic Blend (25 billion CFU) in a base of inulin (derived from chicory root)	300 mg*
Bifidobacterium species	18 billion CFU*
<i>Bifidobacterium infantis</i>	
<i>Bifidobacterium longum</i>	
<i>Bifidobacterium breve</i>	
<i>Bifidobacterium bifidum</i>	
<i>Bifidobacterium lactis</i>	
Lactobacillus species	7 billion CFU*
<i>Lactobacillus acidophilus</i>	
<i>Lactobacillus rhamnosus</i>	
<i>Lactobacillus gasseri</i>	
<i>Lactobacillus casei</i>	
<i>Lactobacillus plantarum</i>	

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), InTactic® proprietary polysaccharide complex, and L-leucine.

K-TSR 60 vegetarian capsules

Suggested use

Adults: 1 capsule daily with food or as directed by a healthcare professional.

Children: As directed by a healthcare professional. **Caution:** If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

Product supply

60 vegetarian capsules per bottle.

About InTactic® acid-stable technology

Ther-Biotic® Senior Formula contains InTactic®, a highly purified vegetarian polysaccharide material of marine plant origin which forms a gel-like matrix that surrounds and protects probiotic bacteria from destruction by gastric acid. This allows the friendly probiotic bacteria to survive the stomach acid and be delivered alive into the small intestines where they are released intact to exert their health-promoting function. As a result, high functional potencies of live friendly bacteria are delivered where they are needed.

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