



ULTRA PURE® FISH OIL ADVANTAGE

PHARMACEUTICAL GRADE | SUSTAINABLY-SOURCED | 10 OPTIONS

Vital Nutrients offers a line of 10 Ultra Pure® Fish Oil Products, including softgels, liquid and enteric-coated options in a variety of potencies and EPA:DHA ratios. Each option features premium quality fish oil that has been extensively tested to ensure optimum potency and maximum freedom from environmental contaminants. A natural anti-oxidant blend is added to preserve the integrity of the oil through the shelf-life.

Overview

Since western diets are widely deficient in omega-3 fatty acids, Fish Oil supplements are appropriate for a wide range of patients. Fish Oil may be used as a general health supplement, to support healthy inflammatory balance, or to promote a specific biological system such as the cardiovascular, musculoskeletal, or nervous system.*

Fish Oil supplements are not only broadly used, but are also commonly contaminated. Since Vital Nutrients always puts quality first, Ultra Pure® Fish Oil is held to the most rigorous quality standards in the industry. Ultra Pure Fish Oil is pharmaceutical-grade and produced from sustainably-caught anchovies, sardines and mackerel. These fish are refined into oil by a process of triple molecular distillation, which removes impurities without using any chemical solvents. The distillation process occurs at the only NSF GMP certified omega-3 production facility in the world. Every batch of Fish Oil is tested for a full-

panel of contaminants by accredited third-party labs using the lowest detection limits available. Each lot of fish oil is also tested for a full fatty acid profile to ensure proper levels of each fatty acid. Stability testing provides proof that freshness and potency is maintained through the expiration date.



Triglyceride Support

Triglycerides in the blood stream carry fats to cells to use for energy. While everyone has some triglycerides in their blood, high levels of triglycerides are commonly associated with an increased risk of cardiovascular disease.* Omega-3 fatty acids, specifically EPA and DHA, have been shown to support healthy triglyceride levels.*

888.328.9992 | vitalnutrients.net

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Inflammatory Balance

The standard American diet is high in omega-6 fatty acids and low in omega-3 fatty acids. This disproportion can disrupt the metabolism of arachidonic acid, and may lead to imbalanced inflammatory pathways.* Fish oil supplements can help increase levels of omega-3 fatty acids.*

Joint Support

The effects of fish oil on the inflammatory pathways may help maintain joint comfort and movement.* The omega-3 fatty acids found in fish oil may also help maintain healthy cartilage.*

Healthy Weight Management

By supporting normal cortisol levels, fish oil helps maintain healthy metabolic function.* This helps support healthy weight management and promotes the maintenance of lean muscle mass.*

Ultra Pure® Quality

Ultra Pure® is held to quality standards that far exceed established regulations. A total of 287 tests are performed on each batch of fish oil, a full fatty acid profile, heavy metals, PCBs & Dioxins, rancidity markers, histamine and microbiology.

Ultra Pure® Fish Oil Products Exclude

Binders, Gluten (Wheat, Rye, Barley)†, Milk/Dairy (Casein/Whey)†, Soy Protein†, Egg Protein† and Sugar.

† Verified by Independent Testing

References

- 1) Baker, K. R., Matthan, N. R., Lichtenstein, A. H., Niu, J., Guermazi, A., Roemer, F., ... Felson, D. T. (2012). Association of plasma n-6 and n-3 polyunsaturated fatty acids with synovitis in the knee: the MOST study. *Osteoarthritis and cartilage / OARS, Osteoarthritis Research Society*, 20(5), 382–7. doi:10.1016/j.joca.2012.01.021
- 2) Kang, J. X., & Weylandt, K. H. (2008). Modulation of inflammatory cytokines by omega-3 fatty acids. *Sub-cellular biochemistry*, 49, 133–43. doi:10.1007/978-1-4020-8831-5_5
- 3) Noreen, E. E., Sass, M. J., Crowe, M. L., Pabon, V. A., Brandauer, J., & Averill, L. K. (2010). Effects of supplemental fish oil on resting metabolic rate, body composition, and salivary cortisol in healthy adults. *Journal of the International Society of Sports Nutrition*, 7, 31. doi:10.1186/1550-2783-7-31
- 4) Peanpadungrat, P. (2015). Efficacy and Safety of Fish Oil in Treatment of Knee Osteoarthritis. *Journal of the Medical Association of Thailand = Chotmaihet thangphaet*, 98 Suppl 3, S110–4.
- 5) Weintraub, H. S. (2014). Overview of prescription omega-3 fatty acid products for hypertriglyceridemia. *Postgraduate medicine*, 126(7), 7–18. doi:10.3810/pgm.2014.11.2828

ULTRA PURE® FISH OIL	TOTAL OMEGA-3 DOSE	EPA DOSE	DHA DOSE	SOFTGELS OR LIQUID	TRIGLYCERIDE OR ETHYL ESTER	NOTABLE
Ultra Pure® Fish Oil 350	350mg	180mg	120mg	Softgel	Triglyceride	
Ultra Pure® Fish Oil 700	700mg	360mg	240mg	Softgel	Ethyl Ester	
Ultra Pure® Fish Oil 700 Enteric Coated	700mg	360mg	240mg	Softgel	Triglyceride	Enteric coating helps prevent repeating
Ultra Pure® Fish Oil 800	800mg	430mg	290mg	Softgel	Ethyl Ester	
Ultra Pure® Fish Oil 800 Triglyceride	800mg	430mg	290mg	Softgel	Triglyceride	
Ultra Pure® Fish Oil 675 High DHA	675mg	125mg	500mg	Softgel	Ethyl Ester	High DHA Formula
Ultra Pure® Fish Oil 1400	1400mg	740mg	460mg	Liquid	Triglyceride	
Ultra Pure® Fish Oil 2600	2575-3134mg	1843-2002mg	432-682mg	Liquid	Triglyceride	
Ultra Pure® Fish Oil 2600 with CoQ10	2575-3134mg	1843-2002mg	432-682mg	Liquid	Triglyceride	Contains 100mg of CoQ10 per serving
Ultra Pure® Cod Liver Oil 1025	1200mg	320-510mg	460-640mg	Liquid		Contains 1800IU of Vitamin A and 180IU of Vitamin D

To order or for more information, please contact:

Integrated Nutraceuticals Limited
 Website: www.inl.asia | Email: gina@inl.asia
 Tel: +852 2525 2507 | Address: Room 604,
 Seaview Commercial Building, 21-24 Connaught Road
 West, Sheung Wan, Hong Kong.



*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.