# Saljol Allround Rollator

Bedienungsanleitung | Instruction manual







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# 1. Identification

Manufacturer: Saljol GmbH Product: Allround Rollator

Type: Premium outdoor rollator, allround lightweight rollator

Article name: Allround Rollator

Version: 2022

Manufacturer: Saljol GmbH

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c/o Dennda Orthopädie & Rehatechnik AG

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Formalities of the operating instructions

Version/Revision: 2022.11 Creation date: 22.11.2022

Information is correct at the time of going to press.

We reserve the right to make technical changes. Technical drawings and photos may differ from reality.

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Saljol Allround Rollator AR62, Pearl Grey
Saljol Allround Rollator AR62, Magic Black
Saljol Allround Rollator AR54, Pearl Grey
Saljol Allround Rollator AR54, Magic Black
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# 2. General notes

#### Purpose

The Saljol Allround Rollator was developed for indoor and especially outdoor use. It serves as a mobility aid with four wheels for people with walking difficulties, e.g. for independent standing, walking and sitting.

#### Indication

The Saljol Allround Rollator is designed to cover a wide range of health problems. It has been specially developed for people who need extra stability when walking. The integrated seat net also makes it possible to rest while on the move. Everyday routine tasks without the need for assistance from a third party can be carried out with the Saljol Allround Rollator.

#### Contraindication

The Saljol Allround Rollator is not suitable for people with very weak arm strength, significant cognitive impairment, or very poor balance. The use and application of the Saljol Allround Rollator should be assessed and instructed by a doctor or therapist.

#### Service life

With proper use, regular care and maintenance by a specialist company and compliance with the safety instructions, the expected lifespan of the Aluminium Rollator is up to 7 years.

If the rollator is still in proper condition after 7 years, you can continue to use it.

#### Responsibility

As the manufacturer, we can only consider ourselves responsible for the safety, reliability and usability of the rollator if changes, expansions, repairs and maintenance work are carried out regularly and only by authorized specialists and if the rollator is used properly in compliance with all instructions for use.

#### **Declaration of conformity**



Saljol GmbH, as the manufacturer of the product, declares that the Allround Rollator meets the requirements of regulation 2017/745 of the European Parliament, the Council of the harmonized standard ISO 11199-2: 2005 - Walking aids manipulated by both arms - Requirements and test methods. Seat and handles meets the biological assessment according to ISO 10993-5: 2009-10.

# 3. Notes

## 3.1 Safety instructions

The instruction manual contains safety notes that are marked twice: by a symbol and by a signal word. The symbol informs you about the type of notice. The signal word explains more details, for example the severity of an impending risk.



#### **Caution/Important**

Possibly dangerous situation (minor injuries or material damage), commitment to a particular behaviour or activity for the safe use of the rollator



#### Note

Application tips and useful information

## 3.2 Instructions for the safe use of the product

For safe use of the product, please keep the following in mind:



#### Restrictions on use

- The maximum user weight must not exceed 150 kg.
- The net bag may be loaded with a maximum of 5 kg.
- It is not permitted to move yourself around with your feet (tripping) while being seated on the rollator.
- The rollator is designed for both indoor and outdoor use.
- Never use in the presence of flammable/combustible and burning substances.







#### **Accident prevention**

- Only use the rollator for the defined purpose.
- Only use the rollator if it is in perfect technical condition.
- It is prohibited to make any constructive changes to the rollator, unless you have the written consent of the manufacturer, Saljol.
- While adjusting the rollator, be careful not to pinch your fingers or other body parts on the moving parts.
- Make sure that both parking brakes are activated when you sit down on the rollator.
- All four wheels must be in contact with the ground at all times. Only in this way the rollator is safely balanced which prevents accidents.
- Always be careful when crossing thresholds, railway tracks, gully covers with wide slits and the like. A wheel can get caught or trapped in them, stop abruptly and you might fall.
- Be careful when walking on icy ground and small obstacles such as branches, walk carefully so that you can react quickly.
- Always apply both parking brakes when you stop or park the rollator.



#### Caution

Fingers or other parts of the body of the user and/or a third party could be pinched when folding the rollator or adjusting the handle height. Therefore, be extremely attentive and careful when adjusting the device. Be aware of gaps in the rollator to protect yourself from trapping your fingers and other body parts.

# Scope of delivery and product overview

# 4.1 Scope of delivery

1x Saljol Allround Rollator

1x net bag

1x long Bowden cable for conversion to one-hand simultaneous brake incl. double clip

1x cane holder (mounted)

1x instruction manual

# 4.2 Marking/Label

The product label is on the inside of the left frame part. It contains important information about the product: EAN code, product name, production date, product colour and weight, product dimensions, maximum user weight, maximum payload of the net bag, seat height, manufacturer information of Saljol and the serial number. The label must not be removed.

The following symbols can be found, partly in combination with further information, on the marking of the Allround Rollator and on the packaging to identify important properties.

Order number/item number



Production date



Produkt colour and total weight



Length/width/height of the rollator in cm



Maximum user weight



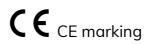
Maximum payload weight of the net bag



Seat height



MD Medical device





Product suitable for indoors and outdoors



Manufacturer of the product



SN Serial number

Aluminium Rollator  $\overline{\mathbb{Z}}$ 2021-01-01 Pearl Grey 6,6 kg 058789 0135 L/W/H 69/61/81-103 150 kg kg 5 kg 1 cm 62 cm  $\mathsf{SALJOL}\,\mathsf{GmbH}$ Frauenstraße 32 82216 Maisach | Germany



# Net bag removable with one hand 4.3 Product overview Bowden cable Seat tube with carrying handle Brown hook for locking in folded state Cane holder for walking stick and crutch Brown release strap for folding the rollator seat net Push handle and armrest made of cork-TPE with red reflector Brake handle with cork grip surface Handlebar for height adjustment of the handles Side reflector Hand screw for locking of the handlebar with red reflector Cross brace with snap-in mechanism Brake – convertible to a one-handed simultaneous brake Large all-terrain front wheels with reflective rims for better visibility Front and rear tabs in the dark to attach the lamp Front fork with reflector Strap with fastening rubberised curb aid hook (e.g. for key ring) with red reflector attached in the net bag

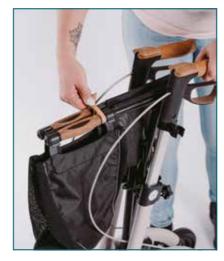
Figure 1: The Saljol Allround Rollator

# 5. Operation

## Inventory

Take the Saljol Allround Rollator out of the box and check if anything is missing. Compare with figure 1 on page 32 and with the scope of delivery, described in 4.1 on page 30. If any part is missing or damaged, contact your dealer or Saljol immediately.

# **5.1** Unfolding the rollator



Open the brown hook to unlock the folding mechanism.



Hold both handles and push or pull them apart in parallel.



Finally, push both seat tubes down with your hands until you hear a "click" sound.



## **Important**

Now test whether you can pull the seat tubes upwards. If this does not work, the rollator is correctly and safely unfolded. If in doubt, compare with figure 1 on page 32. After unfolding the rollator, please make sure that it is securely closed with an audible click of the lock and that the seat is well tensioned. Make sure that both push handles are securely inserted in the frame and firmly fixed with the hand screw.

Always test the secure fit of all accessories BEFORE use. Failure to observe these warnings may result in injury.





## 5.2 Folding the rollator



Pull the brown release strap on the seat upwards with a slight tug to fold the rollator.



Push the rollator together by the handles until both seat tubes are close together.



Secure the folded rollator with the brown hook.

## 5.4 Use of the handbrake



To brake the rollator, simply pull the brake handles upwards towards the push handles. To stand safely in the rollator, keep the brake handles pulled.



To release the brake and continue walking, simply release the brake handles.

# 5.3 Adjusting the correct handle height/support height



Open the hand screws on the handlebars. On the inside of the support bars you will find a height scale that makes it easier to adjust the left and right handlebars to the same height.



You can find the correct grip height by standing in the rollator, letting your arms dangle loosely and bending them slightly. The height of the ball of the thumb now corresponds to the correct height of the push handles.



Tighten both hand screws hand-tight.
Tip: Activate the parking brake so that the rollator does not roll away when you adjust it.

# 5.5 Use of the parking brake



To apply the parking brake, press the brake handles down until you hear a "click" sound.



To release the parking brake, pull the brake handles upwards.

# <u>^</u>

#### **Important**

Adjust both push handles to the same height to achieve a symmetrical posture when walking. Always press the parking brake (see 5.5) when you want to leave the rollator, stop or sit down.

# <u></u> ♠

#### Important

- Use the brakes when you are not moving the rollator.
- Always apply the parking brake when you park the rollator or want to sit down.
- It is recommended to use the brakes on inclined grounds to get a safer feeling and minimize the risk of falling.
- Sit with your back to the shopping bag, not on the bag.
- Sit upright on the seat net while resting your forearms comfortably on the push handles and armrests.





## 5.6 Brake adjustment

If the braking force decreases due to wear of the wheels, the brake must be adjusted. The brake should be adjusted so that both wheels brake evenly. The distance between the brake pad and the wheel surface should be approx. 2-3.5 mm.



Loosen the lock nut with a size 8 open-end spanner and turn it completely upwards. Fix the adjustment screw at the same time.



Adjust the braking force by turning the adjustment screw inwards or outwards. Check the brake function by turning the wheels and operating the brake handles. The wheels should turn freely but stop immediately when braking. It should not be possible to move the wheels when the brake is locked. Tighten the lock nut tightly again.



#### Caution

The brake is correctly adjusted if, when the brake is applied, the rear wheels lock and do not turn when pushed.



#### Info

Here you can find a video explaining the brake adjustment: https://www.youtube.com/watch?v=-k-Ru8oiwFM or scan the QR code.



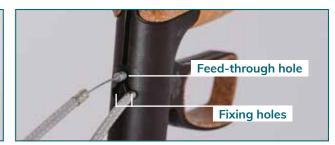
#### 5.7 Conversion to one-hand simultaneous brake

To convert the brake system to a one-hand simultaneous brake yourself, first consider whether you need the left or right hand brake. Then prepare the longer Bowden cable and the double clip included in the delivery. You will need two size 8 open-end spanners, a pair of pliers and a deflection aid, e.g. a nail, for the conversion. For a better understanding of the conversion, we have created a video for you. You can find it at: https://www.youtube.com/watch?v=MGKBGVUJyml or scan the QR code.

Your medical supply store will certainly be happy to help you with the conversion to a one-hand simultaneous brake or you can call our customer service on +49 (0)8141 317740 and we will be happy to advise and help you.

## **Explanation of terms**













#### Disassembly of the standard Bowden cable

The standard Bowden cable must be dismantled on the side on which you do not need the brake lever.



Loosen the lock nut with a size 8 open-end spanner and turn it completely upwards. Fix the adjustment screw at the same time.



Turn the adjustment screw together with the lock nut completely downwards.



Pull the Bowden cable out of the fixing hole (1.) at the handle until a thin wire becomes visible and guide it upwards (2.).



Push the Bowden cable into the hole until the end of the Bowden cable and the Bowden cable nipple stick out at the inside of the handle.



Now you can pull the Bowden cable out of the feed-through hole towards the front.



Push the Bowden cable nipple onto the Bowden cable cover.



Unhook the lower Bowden cable nipple from the retaining sleeve. Pull the spring downwards.



Completely unscrew the adjustment screw including the lock nut (upwards).



Now you can pull the Bowden cable out of the brake pad. The dismantled Bowden cable can now be put aside.

## Fitting the longer Bowden cable



Insert the end with the adjustment screw of the long Bowden cable into the brake block from above. The adjustment screw must be screwed in completely.



Push the spring over the Bowden cable from below. Hook the lower Bowden cable nipple into the retaining sleeve from the tyre side.



Pull the upper Bowden cable nipple until the lower Bowden cable nipple touches the retaining sleeve.



Lay the Bowden cable between the cross struts and the net pocket and lead it to the brake.



Push the upper end of the Bowden cable through the upper feed-through hole.



Fix the upper Bowden cable nipple in the bracket on the brake lever and at the same time pull the Bowden cable cover forwards out of the feed-through hole.



Hang the Bowden cable cover into the free fixing hole.



Fasten the existing and the long Bowden cable together with the supplied double clip.



Unscrew the adjustment screw until the distance between the brake pad and the tyre is approx. 2-3.5 mm.







Screw the lock nut back down. Attention: The brake should that the brake cannot be be set so that the rollator brakes equally on both sides.



Tighten the lock nut with the open-end spanner so adjusted.



Caution: Now carefully check that both brakes brake evenly when the brake lever is operated.

## Removing the brake lever when using the one-hand simultaneous brake



If you have removed the Bowden cable, you can also dismantle the superfluous brake lever. To do this, knock out the pin on the brake lever with a knock-out aid, for example a nail, and pull it out downwards with your hand or pliers. The brake lever is now loose and can be removed. Keep the loose pin along with the brake lever and the Bowden cable in a safe place.

# 5.8 Using the curb aid



The curb aid is located behind the rear wheels. Step on the curb aid with one foot and pull the rollator slightly towards you using the handles. The front wheels are now in the air. This way you overcome thresholds and curbs.

# Maintenance

## 6.1 Cleaning

#### Frame

Cleaning can be done with warm water and a sponge. In case of stubborn soiling, a commercial cleaning agent can be added to the water. Disinfectants can be used without any problems. Plastic parts are best cleaned with a commercially available plastic cleaner. Please follow the instructions for use of the cleaning agent used. To stop squeaking or creaking of the cross struts, simple means such as Teflon spray can be used.



#### **Important**

Never use aggressive cleaning agents such as solvents/abrasives or hard brushes.

#### Wheels

Clean the wheels with warm water and a mild solvent. If necessary, use a plastic brush, never a wire brush. To stop the squeaking or creaking of the wheels, or the front fork, simple means such as Teflon spray can be used.



## **Important**

Never clean the rollator with a high-pressure/steam cleaner!

#### 6.2 Disinfection

The Allround Rollator can be disinfected with standard household disinfectants. The Robert Koch list of approved disinfectants can be found at http://www.rki.de Allow the rollator to air dry and observe the exposure time of the disinfectant you are using.

# 6.3 Inspection

We recommend that the Allround Rollator is inspected by the specialist dealer/Saljol at least once a year, ideally even twice. If faults or defects occur during use, the Allround Rollator must be returned immediately to the specialist dealer/Saljol for repair. Saljol reserves the right to limit the warranty claims if the rollator has not been serviced regularly.





# 7. Transport description

The rollator is easy to fold and thus convenient to store for transport. If it is necessary to transport it, e.g. in the car, please follow the instructions for folding. Make sure to store the rollator in a safe way to secure it against sudden and dangerous movements (e.g. braking when driving a car). The Saljol transport bag as an accessory protects your rollator from external influences and damage during transport.

# 8. Storage and shipping

When not in use, keep the rollator upright, in a dry place, out of reach of children or third parties. If the rollator is to be stored or shipped, it is advisable to keep the original packaging and store it for these purposes so that it is available when needed. Then your rollator is optimally protected against environmental influences during storage or transport.

# 9. Disposal

Dispose materials separately by type in the designated collection systems. Please dispose hazardous waste in the designated collection systems.

# 10. Technical data

Allround Rollator	AR54	AR62
Max. user weight	150 kg	150 kg
Total weight without net bag	6,3 kg	6,4 kg
Net bag	0,2 kg	0,2 kg
Max. net bag load	5 kg	5 kg
Length	69 cm	69 cm
Width (open)	61 cm	61 cm
Width (closed)	21 cm	21 cm
Seat width (between push handles)	46 cm	46 cm
Lowest height (push handles retracted)	76 cm	81 cm
Handle height (adjustable)	76–88 cm	81–103 cm
Seat height	54 cm	62 cm
Brakes	2x handbrake with parking function, convertible to one-hand simultaneous brake	2x handbrake with parking function, convertible to one-hand simultaneous brake
Front wheels (diameter x width)	250 x 32 mm – black, soft polyurethane wheels with stable core	250 x 32 mm – black, soft polyurethane wheels with stable core
Rear wheels (diameter x width)	200 x 32 mm – black, soft polyurethane wheels with stable core	200 x 32 mm – black, soft polyurethane wheels with stable core
Turning radius	118 cm	118 cm
Reflectors	33 pieces	33 pieces





# 11. Warranty and guarantee

## 11.1 Warranty

If the purchased item is defective, the provisions of the statutory liability for defects shall apply.

Insofar as you have purchased the goods from a specialist retailer, please contact your seller immediately; if you have purchased directly from Saljol, please contact Saljol directly, Tel. +49 (0)8141 317740. Visible defects must be reported in writing within ten days of delivery, hidden defects within ten days of their discovery. The abovementioned deadlines are preclusive deadlines. Saljol shall be entitled to decide whether a defect, if any, shall be remedied by rectification or subsequent delivery ("subsequent performance"). In all other respects, the provisions in the General Terms and Conditions of Saljol, available at https://www.saljol.de/en/data-protection/, shall apply.

#### 11.2 Guarantee

In addition to the statutory warranty claims and without limiting them, Saljol gives a guarantee of 2 years from the date of purchase on this product.

You also have the option to extend this guarantee by a further 2 years if you register the rollator online no later than 4 weeks after the date of purchase. You can register at www.saljol.de/en/extended-warranty/

#### Scope of the guarantee

We guarantee that the product will be free from defects in material, workmanship and function within the guarantee period. If a defect occurs during the guarantee period, we will, at our own discretion, either repair the product free of charge or, if necessary, replace it with a new one. Excluded from the guarantee are parts subject to wear and tear such as handles, seat net, brake mechanism incl. grinding brake and tyres. These guarantee conditions only apply to products purchased in Germany, provided they were purchased from Saljol directly or from an authorised specialist dealer. The seller will provide information on the guarantee conditions for products purchased abroad. Guarantee services and replacement deliveries for guarantee reasons do not result in an extension of the guarantee period.

#### **Exclusion of the guarantee**

The right to claim under guarantee expires if the rollator has been improperly maintained or repaired by an untrained person or if the product has been operated with non-original accessories. Incorrect set-up or installation due to non-observance of the operating instructions, use contrary to the intended purpose or improper use or care of the product will result in a loss of guarantee, as will external influences (e.g. transport damage, damage due to impacts and blows, weather influences).

# 12. Note on the obligation to report incidents

Please note that all serious incidents occurring in connection with the product must be reported to the manufacturer and the competent authority. Serious incidents in the sense of the law are all adverse events that have one of the following consequences: Death, life-threatening injury, permanent bodily damage and chronic illness.

#### In the Federal Republic of Germany, please inform:

- your local distributor, Saljol sales partner or Saljol GmbH, Frauenstr. 32, D-82216 Maisach; www.saljol.de
- the Federal Institute for Drugs and Medical Devices (BfArM), Kurt-Georg-Kiesinger-Allee 3, 53175 Bonn; www.bfarm.de

#### In EU Member States, please inform:

- your local distributor, SALJOL sales partner or Saljol GmbH, Frauenstr. 32, D-82216 Maisach; www.saljol.de
- the authority responsible for incidents involving medical devices in your country





# 13. Accessories



#### Back belt

Thanks to the back belt, you can sit comfortably on the rollator and lean against it. It is adjustable and therefore also suitable for tall people. The back belt offers you more comfort when sitting in the rollator. Due to the large recess it does not restrict your view on the road when you walk. A reflective stripe offers more security.



## Transport bag

Protect your rollator from external influences and damage when stowing it away. The padded bag can easily be put over the rollator from behind. Thanks to zips at the height of the rollator handles, you can manoeuvre it safely even when folded.



#### **Designer bag from JOST**

The modern designer bag for your rollator in leopard print or black is stable and water-repellent. It can also be used as a hand or shoulder bag and can be loaded with 5 kg.





#### Real wood tray

Setting the table will be easy as pie. The high-quality wooden tray for the rollator makes it easy to transport things from A to B.



#### Firm seat

The padded seat improves your hold when you sit on the rollator. You sit upright and safely – no matter where.



#### Parasol/umbrella

Going out in rainy weather? With the umbrella on the rollator you stay dry and can push safely with both hands. Used as a parasol, it provides shade. Easy to assemble!



#### LED lamp

With the bright LED lamp on your rollator, you are clearly visible in the dark. Also suitable for illuminating the footwell – so you can see small obstacles.



#### Bell

With the bell on your rollator, you can draw attention to yourself in road traffic. Simply screw it on and ring, just like on a bicycle.



#### Bag

The bag, available completely made of black woven fabric or in a combination of black woven fabric and brown faux leather, can be loaded with 5 kg, can be removed with one hand and has a practical magnetic closure.



## Additional cane holder

The cane holder holds your walking aid firmly to the rollator. It can be attached to the right and left of the frame and the height adjustment of the rollator. One cane holder is already pre-mounted on the Allround Rollator.



#### Note

You can order the accessories in our online shop www.saljol.de around the clock or by telephone via our customer service (Mon.-Fri. 9am-4pm) on the number +49 (0)8141 317740 from home. Available accessories may vary depending on the country.





# 14. Test protocol for reuse

Test protocol for reuse by a qualified specialist.

Question			Yes	No
Does the product ha				
Are there any loose or loosened screws?				
Are both parking brakes working?				
Are the parking brakes easy to activate?				
Is the rollator easy to	o fold/unfold?			
Date	Auditor	Stamp/Signature		

