

**ADJUSTABLE HEIGHT**



**Tools needed:** Philips Head Screwdriver

- Place stool on an elevated sturdy surface.
- Locate and remove Philip head screw & washer from chrome cylindrical cap which is located below the seat pan.
- Get a grip on the chrome cylinder cap, using only your thumb and index finger. (Use caution not to pinch fingers between cap and stool frame) While maintaining grip on cap, rotate the swivel stool to desired height.
- Once desired height is attained, insert Phillip head screw & washer back into the cylinder cap and tighten. Use caution not to over tighten the screw.

**BACKREST INSTALLATION**

- Parts:**
- 1 x Mounting plate
  - 4 x Screws for mounting plate
  - 1 x Plastic knob
  - 1 x Backrest Arm
  - 1 x Backrest
  - 1 x Bolt & large & small Washer for backrest

**Tools needed:** Philips Head Screwdriver  
Pliers

- Screw the supplied "knob" into the threaded hole in the center of the "mounting plate".
- Insert the shorter - blank end - of the backrest "arm" into the opening of the "mounting plate" until the "arm" begins passing the "knob" location.
- Tighten the "knob" securely at the desired horizontal location.
- Turn the stool back to its upright position.
- Slide the "backrest" on to the backrest "arm", so that the slot on the "backrest" aligns with the threaded hole in the top edge of the backrest "arm".
- Drive the supplied "bolt & washers" thru the slot of the "backrest" & into the threaded hole on the backrest "arm".
- Tighten securely at the desired height.
- For this unit, the mounting plate and its 4 screws are not needed and should be discarded.

Adjustments can be easily made by loosening the backrest bolt or mounting plate knob then adjusting & tightening the bolt or knob at the new desired position.

**Note:** Some screws & bolts may be slightly difficult to drive initially. In this case some extra force is necessary. Since the screws are self-threading, this will rethread the tubing where necessary.

Dear Customer,  
Thank you for your purchase. Although extreme care goes into manufacturing & packaging of this product, mistakes are possible. If you encounter any missing parts or difficulty in assembly, etc. please call our customer service **TOLL FREE** at **1-800-261-4112** for courteous & immediate resolution to your problem.

**CAUTION!** Double check all screws to be tightened securely before use. Check all screws periodically. Failure to completely tighten the screws may result in tipping & possible injury!

