WHERE TRUE STRENGTH BEGINS
MISSION

In 2010, Andrew Wang had a vision of manufacturing and selling commercial quality equipment at affordable prices. Marketing his business purely by word of mouth and selling from his home garage, he experienced rapid growth, and was forced to expand – moving to a bigger location and welcoming new team members to help cope with demand. In 2011 RAW Fitness equipment was formed.

The RAW team takes pleasure in seeing you walk away with a smile on your face by providing the highest customer satisfaction through quality service and commercial grade equipment at RAW prices.

Our fans have cried out in dire need of elite functional fitness equipment, so we have hit back with our own R&D team here in Sydney to push boundaries and lead the pack – ensuring all our products are manufactured under strict guidelines to meet Australian standards.

We cater across the board from your average joe garage gym to decking out full scale commercial gyms.

We don’t beat around the bush or lay on sales tactics by slashing prices. We have stripped out all the unnecessary bovine stercus and just let the product speak for itself. You be the judge.

WHERE TRUE STRENGTH BEGINS
TITAN RIGS

Engineered and designed in Australia, RAW’s range of Titan Rigs are our strongest yet coming jam-packed with more attachments and features than ever before. With the ability to customise any aspect you require (i.e. size, colours, setup) our rigs are 100% modular for a truly personal feel.
TITAN PART - ELITE SPOTTING ARM / J HOOKS

Stay safe with RAW's spotting arms / J Hooks. Designed to facilitate a safe lifting environment and come equipped with high-density polyethylene to protect & prolong the life of your barbells.

TITAN PART - CHIN-UP BAR KIDS

Engineered and designed in Australia, RAW's range of Titan Rigs are our strongest yet coming jam-packed with more attachments and features than ever before. With the ability to customise any aspect you require (i.e. size, colours, setup) our rigs are 100% modular for a truly personal feel.

The Kid's Chin-up Bar is designed to start your little ones early and endear them to the benefits of physical conditioning!

TITAN PART - PEG BOARD

Engineered and designed in Australia, RAW's range of Titan Rigs are our strongest yet coming jam-packed with more attachments and features than ever before. With the ability to customise any aspect you require (i.e. size, colours, setup) our rigs are 100% modular for a truly personal feel.

Looking to become a Ninja Warrior or just take your training to the next level? Our Peg Board will challenge you like never before. Make the space your own by bolting it either to a rig or wall.

TITAN PART - SALMON LADDER

Engineered and designed in Australia, RAW's range of Titan Rigs are our strongest yet coming jam-packed with more attachments and features than ever before. With the ability to customise any aspect you require (i.e. size, colours, setup) our rigs are 100% modular for a truly personal feel.

Looking to become a Ninja Warrior or just take your training to the next level? Our Salmon Ladder will challenge you like never before. Make the space your own by bolting it either to a rig or wall.

TITAN PART - IRON BALL

Engineered and designed in Australia, RAW's range of Titan Rigs are our strongest yet coming jam-packed with more attachments and features than ever before. With the ability to customise any aspect you require (i.e. size, colours, setup) our rigs are 100% modular for a truly personal feel. Measuring 75mm x 75mm x 4mm, structural durability is ensured; so much so, we’re proud to offer lifetime warranty.

An attachment to be used in conjunction with the monkey bars – attach these and channel your inner Tarzan!

TITAN PART - IRON BARREL

Engineered and designed in Australia, RAW's range of Titan Rigs are our strongest yet coming jam-packed with more attachments and features than ever before. With the ability to customise any aspect you require (i.e. size, colours, setup) our rigs are 100% modular for a truly personal feel. Measuring 75mm x 75mm x 4mm, structural durability is ensured; so much so, we’re proud to offer lifetime warranty.

An attachment to be used in conjunction with the monkey bars – attach these and channel your inner Tarzan!

TITAN PART - GRENADE GRIP

Engineered and designed in Australia, RAW's range of Titan Rigs are our strongest yet coming jam-packed with more attachments and features than ever before. With the ability to customise any aspect you require (i.e. size, colours, setup) our rigs are 100% modular for a truly personal feel. Measuring 75mm x 75mm x 4mm, structural durability is ensured; so much so, we’re proud to offer lifetime warranty.

This attachment is to be used in conjunction with the Brace Bars – attach these and channel your inner Tarzan!

TITAN PART - INFINITY MONKEY BAR 1570

Engineered and designed in Australia, RAW's range of Titan Rigs are our strongest yet coming jam-packed with more attachments and features than ever before. With the ability to customise any aspect you require (i.e. size, colours, setup) our rigs are 100% modular for a truly personal feel.

Quit monkeying around and test yourself with RAW's exclusive Infinite Monkey Bar Bar attachment.
TITAN POWER RACK LITE — HALF

Meet the Titan Power Racks HD’s Little brother – with a max load capability of 500kg & fully adjustable J Hooks + Spotting Arms, it’s able to handle everything from 1RM’s to Muscle Ups for years and years to come.

100% Modular from base to top, your heart is your command. Dead space? Occupy it with a Dip Bar or Rope Anchor, slap some shelves in the middle, versatility guaranteed – no two designs will ever be the same.

- 120 x 124 x 230cm approx. (not including plate storage)
- Weight: 100kg
- Max load: 500kg+
- Powder coated
- Light commercial grade

TITAN POWER RACK HD — HALF

The natural progression of things is truly marvellous to behold. Striving to further set the benchmark higher, higher still. Ascended to the summit and can’t go further? Build a new one and keep going.

RAW Fitness Equipment brings you our natural progression – The Titan Power Rack HD is built from the benchmark setting Titan Rig concept. Able to handle everything from 1 RM’s to Muscle Ups for years and years to come, thanks to 4mm thick uprights and heavy-duty Steel Components, explicitly reinforced and redesigned from the ground up for this rack.

100% Modular from base to top, your heart is your command. Dead space? Occupy it with a Dip Bar or Rope Anchor, slap some shelves in the middle, versatility guaranteed – no two designs will ever be the same. Progress starts with you, naturally.

- 2 x vertical barbell holders
- 122 x 126 x 230cm – approx. (not including plate storage)
- Weight: 220kg
- Max load: 700kg+
- Powder coated
- Commercial grade
PREMIUM BUMPER PLATES

BLACK PREMIUM BUMPER PLATE

What would a gym be without these? The ultimate piece in any fitness space. RAW Bumper Plates are made with 100% Virgin Rubber and expertly designed stainless steel eyelet that remains forcefully sealed, ensuring it will never come loose. Completed with embossed numbering and logo in Olympic colours, you’ll want to show these off.

10KG 15KG 20KG 25KG

COLOUR PREMIUM BUMPER PLATE

RAW Bumper Plates are made with 100% Virgin Rubber and expertly designed stainless steel eyelet that remains forcefully sealed, ensuring it will never come loose. Completed with embossed numbering and logo in Olympic colours, you’ll want to show these off.

10KG 15KG 20KG 25KG
COMPETITION BUMPER PLATE

SIMPLY THE BEST
Built for precision and highest durability, RAW’s Competition Bumper Plates is the only choice for serious lifters – it’s simply the best! Every plate is precision calibrated and made from 100% natural rubber with a large stainless-steel insert for greater shock distribution and absorption. Thinner than regular, this means more weight can be loaded compared to traditional plates.

BOUNCE
One of the crucial advantages you’ll get from our Competition Bumper Plates – our rubber is harder and offers less bounce. With an average measurement of 95° compared to other rubbers which measure 78°-88°. This means you can spend more time lifting and less chasing weights.

QUALITY
Quality assurance is our number one priority when sourcing rubber; testing rubber density, testing rust resistance with a salt mist at a minimum of 48 hours (24 hours = 5 years of environmental exposure) and thorough manual inspection of every plate before packaging to ensure the highest of quality.

- Plate thickness: 10kg Green – 29mm, 15kg Yellow – 42mm, 20kg Blue – 53mm, 25kg Red – 66mm.
- Sold in pairs - 10kg, 15kg, 20kg, 25kg
- Sold in a set - 140kg
- Material: Natural rubber
- Stainless-steel insert: outer – 450mm, inner – 50.4mm (+/-0.1%)
- Hardness: 95° (+/-3%)
- Shatter time: 70k (tested)
- IWF Standard
- Commercial grade
BARBELLS
- 20KG OXIDE OR BLACK -

- 15KG OXIDE OR BLACK -

- 8KG TRAINING BAR -

The pinnacle, numero uno, single most important piece in any gym, the Olympic Barbell. Manufactured from alloy-composite & finished with an oxide treatment. Equipped with Olympic-standard 50mm rotating sleeves with 10x pro-needle bearings, it will stand with you as you crush even the most brutal of workouts.

EZ CURL BAR

Destroy your arms with our EZ Curl bar. Designed with multiple handle positions; ensuring maximum stimulation of both the biceps and triceps. With solid steel construction with a chrome finish, it’s the perfect piece to help you sculpt that summer body.

HEX TRAP BAR

No matter your goals, whether its athletic development, strength or recovery, RAW’s hex trap bar is the perfect tool. Designed with heavy duty steel and finished in black powder coat and chrome sleeves, it’s a great alternative to a traditional barbell. Time to change up your workout and push harder than ever before.
**DUMBBELLS**

**PU-DUMBBELLS**

Our relentless pursuit of excellence has lead us here – PU Dumbbells. A fully welded handle housed in a 100% Polyurethane outer means they’re strong, durable and ready for punishment. From home workstations, to travelling to PT’s, to large-scale commercial gyms, our dumbbells are designed for all needs.

- Available in: 1 – 10kg (1kg increments) 10 – 60kg (2.5kg increments)
- Sold in pairs
- Straight knurling
- Material: Polyurethane
- Non-toxic
- Odourless
- Commercial grade

**HEX DUMBBELLS**

A standard in both commercial gyms and home setups, RAW Hex Dumbbells have been a long-time favourite amongst fitness enthusiasts everywhere. Built with rubber coated hex heads and hardened chrome handles, they won’t roll away, loosen, or age poorly.

- Sold in pairs
- Available in: 1 – 10kg (1kg increments), 10 – 40kg (2.5kg increments), 40 – 60kg (5kg increments)
- Straight knurling
- Material: Rubber & chrome handle
- Non-toxic
- Zero odor
- Commercial grade
STORAGE

- BARBELL HOLDER - 9 HOLE (7)
- BARBELL HOLDER - 6 HOLE (5)
- POWER BAG RACK 5 TIER (1)
- ROPE STORAGE
- MULTIPURPOSE RACK (2)
- BARBELL HOLDER – WALL RACK 10 TIER (4)
- BARBELL – FIXED RACK 10 TIER
- BUMPER PLATE RACK – TOASTER
- BUMPER PLATE RACK – TOASTER COMPACT (6)
- KETTLEBELL RACK – TWO LAYER
- DUMBBELL RACK – HEX 3 TIER
- PLATE LOADER – STACKER
- PLATE LOADER – WALL MOUNT
- PLATE LOADER – PLATE TREE (3)
CARDBIO EQUIPMENT

AIRMILL - AIRRUNNER CURVED TREADMILL

- Motor-Free Treadmill / Indoor Running Machine
- Steel Frame & Handrails + Corrosion-resistant Hardware
- Weight: 130Kgs
- Built-In Handle and Transport Wheels
- Digital Console with HIIT and Heart Rate Programs
- Uses no Electricity – low carbon footprint
- For All Skill Levels
- Color: Black
- Low Maintenance
- Commercial Durability – Belt lasts for over 240000Kms
- Maintain Correct form while running.

The Airmill Air Bike is a piece of cardio equipment developed for functional training applications. Backed by 20+ years experience in designing, developing, and manufacturing traditional cardio equipment.

The Airmill Air Bike features increased durability by using higher quality parts throughout the frame. The frame weighs more than comparable models which leads to more stability and also uses longer-lasting moving parts. We’ve also included full-contact foot rests and a water bottle holder that bolts onto the frame. Our heavy-duty handlebar and frame construction also produces a more intense workout in shorter periods of time!

Burn calories like crazy by with one of the greatest HIIT workout devices on the planet! A super-tough bike that allows its user to both combine both arms & legs, or use them independently, to achieve your desired workout results. The Air Bike is a favourite of boxes, gym and personal training studios alike – This updated model comes with a commercial warranty and a stronger frame than alternatives.

CONCEPT2 ROWER - MODEL D BLACK PM5

The dependable performance of our Model D Indoor Rower has made it the best selling indoor rower in the world. Recognized by competitive rowers as the standard for indoor training, the Model D delivers an effective cardiovascular workout that will increase your fitness level and tone your physique. At a fraction of the cost of other home fitness equipment or a yearly gym membership, you can have the luxury of working out in your home whenever you choose…and get a great workout to boot.

We value practical design: our Model D is efficiently engineered and will last a lifetime. The Model D you buy is the same machine used by Olympic- and elite-level athletes to train for their sport—it’ll take the abuse of heavy training day after day. If you’re looking for a solid piece of exercise equipment at a great value, the Model D is the perfect choice.

CONCEPT2 SKIERG2PM5

SkiErg2 is the latest product from Concept2 lab that provides great cross training cardio exercise for many different sports and also helps with training for cross country skiing. Now available with double-pulling and single-pulling options of training.

The SkiErg is made for everyone, the weekend athlete who needs to get ready for the snow, anyone looking for a great overall body workout, or the elite skier trying to improve the poling power. You can achieve your goals with the Concept2 SkiErg.

Wall Mounted or Free Standing
Mounting the SkiErg on the wall gives it the smallest footprint. You can also purchase a free standing floor stand which has a non-slip deck and caster wheels so you can easily move the SkiErg around.
WEIGHTLIFTING PLATFORM

Made for Australian lifters – RAW's Weightlifting Platform is the go-to for athletes to perform heavy explosive power exercises. Built with a 5cm thick hardened bamboo insert and acoustic/shock absorbent rubber, it's ideal for any commercial environment where free weight training will take place. Available in three sizes: 3M x 1, 1.5 & 2M wide, find one that suits your space.

- Tested 3m fall
- Trademarked non slip finish
- Material: 50mm Acoustic/shock rubber, hardened bamboo insert & steel frame
- Commercial grade
POWER / MINI BANDS

MINI BANDS
Go further with RAW’s Mini Loop Band Set. Made from layered latex rubber; they are stress tested for over a hundred thousand pulls, twists & stretches. Coming in 4 easily discernible colours ascending in resistance, made for beginners and pro’s alike.

- Sold as a set
- Material: Latex rubber
- Layered construction

<table>
<thead>
<tr>
<th>Size / Colour</th>
<th>Length</th>
<th>Width</th>
<th>Thickness</th>
<th>Capability of resistance</th>
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</thead>
<tbody>
<tr>
<td>XS / Green</td>
<td>600mm</td>
<td>50mm</td>
<td>0.4mm</td>
<td>5 pounds</td>
</tr>
<tr>
<td>S / Blue</td>
<td>600mm</td>
<td>50mm</td>
<td>0.6mm</td>
<td>7 pounds</td>
</tr>
<tr>
<td>M / Yellow</td>
<td>600mm</td>
<td>50mm</td>
<td>0.8mm</td>
<td>10 pounds</td>
</tr>
<tr>
<td>L / Red</td>
<td>600mm</td>
<td>50mm</td>
<td>1.0mm</td>
<td>15 pounds</td>
</tr>
</tbody>
</table>

POWER BANDS
The ultimate accessory to your body weight exercises. Never again will you do you push ups, pull ups or ballistic runs without some resistance. Constructed via multiple layers of rubber, these power bands offer extreme durability. Not only good for your workouts, use them for warming up and active rests.

- Sold individually
- Material: Latex rubber
- Layered construction

<table>
<thead>
<tr>
<th>Size / Colour</th>
<th>Length</th>
<th>Width</th>
<th>Thickness</th>
<th>Capability of resistance</th>
</tr>
</thead>
<tbody>
<tr>
<td>XS / Red</td>
<td>41 inch</td>
<td>13mm</td>
<td>4.5mm</td>
<td>20 – 35 pounds</td>
</tr>
<tr>
<td>S / Black</td>
<td>41 inch</td>
<td>22mm</td>
<td>4.5mm</td>
<td>30 – 50 pounds</td>
</tr>
<tr>
<td>M / Purple</td>
<td>41 inch</td>
<td>32mm</td>
<td>4.5mm</td>
<td>50 – 75 pounds</td>
</tr>
<tr>
<td>L / Green</td>
<td>41 inch</td>
<td>44mm</td>
<td>4.5mm</td>
<td>100 – 120 pounds</td>
</tr>
<tr>
<td>XL / Blue</td>
<td>41 inch</td>
<td>64mm</td>
<td>4.5mm</td>
<td>120 – 175 pounds</td>
</tr>
<tr>
<td>XXL / Orange</td>
<td>41 inch</td>
<td>83mm</td>
<td>4.6mm</td>
<td>175 – 230 pounds</td>
</tr>
</tbody>
</table>
RUBBER TILES – EPDM

Give your gym a superior, premium feel, by decking it out with the EPDM Premium Rubber Tile. Designed for high-level foot traffic, these 15mm / 50mm rubber mats are ideal for everything from home gyms to full commercial spaces.

EASY TO CLEAN
Unlike traditional rubber granule tile these EPDM tiles are non-porous, therefore no dirt, dust or sweat can be trapped. A light mop with have them looking brand new in no time.

ODOURLESS
The Material used in EPDM tiles, is unlike any other gym flooring available. Utilising the best quality (Human Grade) recycled rubber, leaves them odourless.

3 YEARS WARRANTY
These tiles are made to last – Raw is so confident in the quality of these tiles, we are providing a full 3-year warranty.

- Water Proof
- High Density Rubber
- Commercial grade

- Meets Australian building code for indoor use: Fire Resistance -
- Meets Australian building code for indoor use: Slip Resistance -
- Meets Australian building code for indoor use: Non-toxic -
  - All certificates can be reviewed at request -

- Black, Grey and Blue -
SLAM BALLS
Slam Balls... a ball you slam. Simple enough, yet this tyre treded tyrant will amp up any workout. Double thickness inner lining and reinforced casing ensure it will outlast even the most resilient. Available in 5, 7, 10, 12, 15, 20, 25 & 30kg

WALL BALLS
Achieve the level of explosive power you've been striving for with the RAW Wall Ball. A heavy-duty polyurethane outer combined with a rubber and cotton inner ensures it can handle repetitive impact when used against a wall. With easily identifiable colour coding per weight; pick it up and away you go. Available in: 5, 6, 7, 8, 9, 10, 11 & 12kg

BATTLING ROPE 1.5 INCHES
The battle has just begun, and thanks to RAW's Battle ropes, you'll be more than ready. Non-slip grip handles allow a firm grasp for everyone from fitness fanatics to first timers. The nylon cover is perfect for outdoor use, meaning you can take the workout with you.

BATTLING ROPE 2 INCHES
The battle has just begun, and thanks to RAW's Battle ropes, you'll be more than ready. Non-slip grip handles allow a firm grasp for everyone from fitness fanatics to first timers. The nylon cover is perfect for outdoor use, meaning you can take the workout with you.

CLIMBING ROPE—HEMP
Ascend to the heavens with RAW's Climbing Rope. Made from the highest quality Hemp, it will allow you extra grip as you go up and down. Equipped with a large mounting bracket, simply hang it somewhere and away you go.

SLED—PREDATOR 2.0
Combining high performance with functional application, our Predator Sled will destroy even the bravest of souls. Equipped with extra-long weight storage poles and ergonomic grips; When there's a predator around, only the strong will survive.

SLED—PREDATOR X
Combining high performance with functional application, our Predator X will destroy even the bravest of souls. Equipped with toaster style weight storage and ergonomic grips; When there's a Predator around, only the strong will survive.

POWER BAG
Power Up your workouts with RAW's Power Bag. Made with seatbelt stitching on all handles, heavy duty rip-resistant vinyl & a reinforced inner, there's not much these bag can't handle. Complete with individual colour identification; Bag yourself the best piece of functional equipment out there. Available in: 5, 10, 15, 20 & 25kg
TURF
2m x 15m Roll

Ready, Set, Go! Race down the most sophisticated, well-engineered synthetic track available. Afro Turf utilises a unique blend of heavy-duty, high-density fibre that makes the turf non-directional and maintenance free.

- Meets Australian building code for indoor use: Fire Resistance
- Meets Australian building code for indoor use: Slip Resistance
- Meets Australian building code for indoor use: Non-toxic
- All certificates can be reviewed at request-
GRID ROLLER
Roll away your troubles with a RAW Grid Roller. Designed to mimic the soothing touch of a masseuse, the C EVA foam wraps around a tough PVC interior giving incredible deep tissue stimulation. Take it with you anywhere so those aches and pains are a thing of the past!

GRID ROLLER – EXTRA
A more forgiving experience than its bigger brother. The RAW EXGR Grid Roller comes packed with EVA foam which is softer than the EVA spots, allowing relief from tension without the pain.

LACROSSE BALL – SINGLE
When it comes to anything in life, there’s no gain without pain. RAW’s Lacrosse Balls are made from solid rubber to help roll out those hard to reach knots and trigger points, allowing a comprehensive tension release solution in a compact and portable package.

LACROSSE BALL – DOUBLE
When it comes to anything in life, there’s no gain without pain. RAW’s Lacrosse Balls are made from solid rubber to help roll out those hard to reach knots and trigger points, allowing a comprehensive tension release solution in a compact and portable package.

WHERE TRUE STRENGTH BEGINS

PLYO BOX – FOAM 3 IN 1
More stable, more solid with more safety. Jump to new heights with RAW’s 3 in 1 Plyo Box. With 3 sizes 20”, 24” & 30” tall, all experience levels are catered for. Comprised of high density foam finished with a high strength vinyl cover, our plyo boxes remain tough yet forgiving.

PLYO BOX – WOOD 3 IN 1
Jump to new heights with RAW’s 3 in 1 Plyo Box. With 3 sizes 20”, 24” & 30” tall, all experience levels are catered for. These wooden plyo boxes are an old school piece, built with new school durability.

PLYO BOX – FOAM 3 PACK
Stack ’em high with RAW’s 3 Stack Plyo Box. Coming in sizes 12”, 18” & 24” tall, all experience levels are catered for. Comprised of 100% foam finished with a high strength vinyl cover, our plyo boxes remain tough yet forgiving.

INTERVAL TIMER – PRO
Never lose track of time with the Interval Timer Pro. With the ability to count rest periods and count down/count up settings, it also comes with a stopwatch as well as 12/24H clock modes. With a commercial clock such as this, you’ll always find the time.
WEIGHT VEST—BLACK 30KG
The weight is over … your shoulders. Add resistance to those rope climbs and hill sprints in the most comfortable way. Re-engineered from the ground up with the user in mind, modular weights and ergonomic strap placement enable a comfortable session at any pace you require. Take the workout with you and let the scenery change at the top of each hill!

IRON SILVER 6 SHOOTERS
A classic re-crafted, the 6 Shooter Weight Plate brings back everything you love about the 1980s original. True to its old school roots, this icon silhouette remains unchanged and updated with a refreshed outer that’s finished with a grey hammer tone. An old school look with new school durability.
Available in 2.5, 5, 10, 15, 20 & 25kg pairs

BARBELL JACK—DOUBLE
Waste energy setting records and not unloading plates. Our Double Barbell Jack comes equipped with scratch resistant polyethylene hooks to ensure your bar stays as fresh as it was day one. With an embossed RAW Logo atop a sleek black powder finish, you’ll be too busy staring to even attempt a PR.

ROPE ANCHOR
RAW’s Rope Anchor is the perfect anchoring point for a Battle Rope or Resistance Bands. It also comes with dynabolts to ensure it won’t go anywhere in a hurry.

WHERE TRUE STRENGTH BEGINS

TORSONATOR—W/T-BAR
Nothing ignites your core quite like the Torsonator. Designed to build fundamental core strength and eliminate weaknesses through rotational movements. The Torsonator also comes with a T-bar Row attachment, to build yourself a seriously big back whilst you’re at it.

BENCH—FLAT 3.0
The re-engineered 3.0 bench has never been stronger or more stable. Built with a reinforced four-point base and tested to cope with loads up to 700kg, the RAW Bench will handle anything you throw at it. Available in both flat and flat/incline.

BENCH—FLAT / INCLINE 3.0
The re-engineered 3.0 bench has never been stronger or more stable. Built with a reinforced four-point base and tested to cope with loads up to 700kg, the RAW Bench will handle anything you throw at it. Available in both flat and flat/incline.

SLEDGEBUMMER
STOP, HAMMER TIME! Sledge training is a simple and effective way to develop and maintain rotational core strength, cardio vascular endurance, metabolic conditioning and grip strength all at the same time.
Available in 8, 10 & 12kg

GYM RING—WOODEN
A more practical take on a staple piece. RAW Gym Rings come built with Industrial grade buckles which allow for quick adjustments along the extra wide Nylon Strapping. Embossed with white interval markings that make changing heights a breeze, all that’s left to do is perfect your muscle ups.
KETTLEBELLS
Swing into action with RAW's kettlebells. Constructed from steel; Kettlebells are built with perfect balance, a comfortable grip and an indestructible design. There's no better when it comes functional fitness equipment.
Available in: 8, 12, 16, 20, 24, 28, 32 & 36.

INDIAN CLUBBELLS
The only club you'll want to be a part of. The RAW Indian Clubbell is great for building grip and core strength whilst maintaining total body coordination. Time to test your limits.
Available in 2, 4 & 6kg

YOGA MAT – 10MM BLACK
Salute the sun and hold the lotus in comfort with RAW's yoga mat. Designed with NBA memory foam to ensure form and function over their lifetime. Complete with shoulder strap & hanging holes for easy storage, its perfect whether you're in a studio or the park.

FARMERS CARRY
A staple of strongman comps, the farmers' carry is perfect for grip training, whilst enhancing stamina and endurance. RAW's Farmers Carry also comes with some nifty improvements, such as a raise of 10cm off the ground so you can focus on crushing your goals and not your toes.

PARALLELETTE PUSH-UP BAR
Gymnasts have been using Parallelette Bars for years, now the rest of the world is finally catching up to reap their rewards. With a solid steel construction and non-slip rubber feet, they’re perfect for dips, handstands and various other body weight exercises.

BARBELL LOCK COLLAR PRO
The Lock-Jaw Pro Barbell Collar is an ideal choice for all bumper plate workouts. X10 stronger retention force than traditional spring collars. Easy to use permanent snap-latch keeps the collar secure throughout your most brutal workouts. Prefer it in another colour? Also available in blue and red.

SPORT CHALK – BLOCKS
100% Commercial Grade Magnesium Carbonate is all you’re getting! Chalk is used to facilitate exercise such as gymnastics or weight lifting as it enables a good grip with reduced friction. Sick of the mess? Pair it with a RAW Chalk Bowl and marvel at how clean your floor can stay.

AGILITY LADDER – 4.5M
Surpass the competition with the RAW Agility Ladder. Made from 100% recycled materials, the non-slip surface and large white rungs will help you build explosive power and guide you along the path to your best yet.
**SKIPPING ROPE – SPEED**
Less is more with the RAW Speed Rope. Made from commercial grade plastic and sharing the same design features as its bigger brother, the Typhoon, this is the way perfect to jump start your workouts.

**SKIPPING ROPE – TYPHOON**
Skip to your own beat with RAW Typhoon Rope. Made with stainless steel handles and the ability to adjust its length, the Typhoon Rope is ready to help you to the next level.

**SLIDING GLIDING DISCS PAIR**
The ultimate tool for a chiselled midsection. Portable gliding discs are made from 5mm EVA foam that allow a friction-less glide, you’ll to engage your core like never before.

**SUSPENSION TRAINER**
Suspend yourself for a new angle on your workout. RAW’s Suspension Trainer borrows from the greats and makes it its own. Industrial Strength buckles and high resistance grips ensure you can put your trust in this unit. Marvel as you reap the rewards from the simplest of workouts.

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**AEROBIC STEPS – 3 LEVELS**
Step up to a complete body workout with RAW’s Aerobic Steps. Featuring a non-slip platform that can support 110kg and catering to all heights and fitness levels by easily adjusting from steps of 5cm to 15cm. Take the next step in your workout experience.

**GYM BALL – 65CM**
Time to get those core muscles burning and get a great cardio vascular workout whilst you’re at it. The RAW Gym Ball is the ultimate tool to strengthen balance, core stability, and endurance.

**BOSU BALANCE BALL**
Time to get those core muscles burning and get a great cardio vascular workout whilst you’re at it. The RAW Bosu Ball is the ultimate tool to strengthen balance, core stability, and endurance.

**AB MAT**
Need a little extra support? The Ab Mat is designed to strengthen your entire core, with a new and improved ergonomic design to support your back and reduce the risk of injury. The RAW Ab Mat ensures a full range of motion during abdominal isolation exercises, guaranteeing you get the most of out of your work out.
FIT OUT
WHERE TRUE STRENGTH BEGINS

END TO END SERVICE

DISCUSS
Your gym is our business, tell us what your vision is and we will make it a reality. There is no cost and no obligation.

DESIGN
Take advantage of our FREE and user-friendly 3D builder, allowing you to create, customise and visualise your space.

DELIVER
We’ll do the hard work for you. Our experienced fit out team offer both delivery and installation, Australia wide.

FABRICATION AND BRANDING
The finer details are what sets you apart. With the ability to add your branding and colours, RAW can create fully customised equipment which will never fail to impress.
Raw Fitness Equipment has teamed up with zipMoney to give you an easy, interest free payment option. zipMoney is a safe, simple and convenient way to pay for your purchase over time. It provides you with the flexibility to buy today and pay later on a 3 month interest-free payment plan.

How does zipMoney work?

1. Complete your application and get a decision in minutes
2. zipMoney pays RAW Fitness Equipment on your behalf
3. You pay zipMoney over time in easy monthly payments

Flexi works with small, medium and large businesses to provide tailored, tax effective and cash-flow efficient ways to access the latest business technology and equipment.

Whatever your equipment needs, leasing works to your advantage. Acquire business-boosting assets now without draining your cash flow. Leasing frees up lines-of-credit and other sources of funding so you can keep your business ticking along while benefiting from the innovation and efficiency that the leasing of new equipment provides.

- **Fast and Easy**: Fast approvals mean your assets make a difference to your business faster.
- **Conserve Cash Flow**: Benefit from the efficiencies new equipment can provide with low upfront costs.
- **Monthly Payments**: Affordable fixed payment plans tailored to suit your business needs.
- **Tax-time Friendly**: Payments for business equipment may be up to 100% tax deductible.


CONTACT US

10D 1-3 Endeavour Rd, Caringbah NSW 2229
(02) 9531 0069

Monday-Friday: 9am - 5pm
Saturday: 10am - 2pm
Sundays & Public Holidays: Closed