

# Sizing

**\*\*\*Please see sizing chart below to measure yourself and choose your sizes. Once you have figured out your sizes please circle which Jacket and Pant Sizes you would like.\*\*\***

**\*\*Measure yourself as shown in the pictures to figure out your Chef Jacket size. Measure all the way around your shoulders and then do the same around your belly button in inches. Take the bigger number between your shoulders and belly button and use that number to determine your size.\*\*\***



## Sizing Chart

### Unisex Jackets

Size	4XS	3XS	2XS	XS	SM	MD	LG	XL	2XL	3XL	4XL	5XL
MEN'S	26	28	30	32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64
LADIES	000	00	0	2	4-6	8-10	12-14	16-18	20-22	28-30	32-34	36-38
SHOULDERS	28	29	30	33	34	35	36	37	40	42	44	46
CHEST	36	38	40	42	44	46	48	50	52	54	56	58
WAIST	37/38	39/40	41/42	43/44	45/46	47/48	49/50	51/52	54	56	58	60
ALL WAY AROUND MEASUREMENTS IN INCHES. Shrinkage: 1-3%												

### Co-ed Cook Pants

Size	4XS	3XS	2XS	XS	SM	MD	LG	XL	2XL	3XL	4XL
Waist	20-22	22-24	24-26	26-28	30-32	34-36	38-40	42-44	46-48	50-52	54-56
Hip					34-36	38-40	42-44	46-48	50-52	54-56	58-60

### **\*\*\* Exchange Policy\*\*\***

**Please contact us if you would like to make an exchange. We will NOT accept anything back that has been worn or used.**