THE 4 P'S OUR FORMULA FOR A HAPPY LIFE

Whether you're planning for happiness or setting a new goal, I have found these four steps to be the formula for success!

URPOSE	
Define your purpose here. WHAT do you want to achieve and WHY?	
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LANNING	
Now develop a plan for how you're going to achieve your goal or live out your purpose. Don't forget to get specific! If you n	eed
nore room to plan, I highly recommend The Happy Planner, of course. 🈉	
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OSITIVITY	
Vrite down some encouraging words, thoughts or quotes that will encourage you on your path.	
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ERSISTENCE	

You can do this! If you fall down, get right back up and keep going.

"You'll find success (and happiness) when you master persistence, not perfection."

-Stephanie Fleming

Plan a happy Life!
PlanAHappyLife.com

