

## Nga Marama o te Ao - Te Reo Pākehā

### **Whiro**

The beginning. At the start of most things, it is difficult. Like a seed spouting. Take great care so it grows. It is a long night to catch eel. Look to the stars above. Consider the days to come.

### **Tirea**

The effects of Whiro are still felt. The tides are high. It is still worth fishing for eels. It is a good time to work at home. People do not really get you at this time of Tirea.

### **Ohoata**

Work to plant seeds. Not just in the garden. Find projects you would like to work.

### **Oūenuku**

It is good to work the industriousness of Rongo (Rongomatane) in the morning. The fish are shaking and people are also shaking.

### **Okoro**

Leave the children to play! Strengthen the body to exhaustion today, so you do not get annoyed!

### **Tamatea**

It is still good to fish including eeling. The wind blows strong from the west. Be cleansed by the winds of Tāwhirimātea! The rain is good for the seeds. Wash in the rain so your worries slip away.

### **Tamatea-a-ngana**

The eels are feeding tonight. The mist is on land and spray at sea. Be careful travelling the road! Perhaps its best to stay close to home, to complete work at home, and to stay close as family.

### **Tamatea a āio**

All food is thin. It is good to stay peaceful today. Do not challenge others, be at peace within!

### **Tamatea kai ariki**

Weed! A good time to improve your home, fix your bits and pieces. Discard what annoys you. Fix your computer so it is not affected by viruses. Complete work in the morning so you are slightly free in the afternoon.

### **Tamatea whakapau**

The lazy moon.

### **Huna**

Everything is hiding. Go slow today. Do not rush. You may lose your keys, your phone! Stay aware, really look after yourself. A good day to read books, listen to waiata Māori that is good for your spirit and mind!

### **Ari**

The eels are wild. People are also wild! Think well of others. The attributes of Huna may still be felt. The moon is growing, do not forget you have much to do in the time ahead. It is still good to go carefully.

### **Maure**

According to the grandparents, this moon is good to catch crayfish, crayfish supplies are depleted these days friends. Work hard to look after our environment! It is a good time to exchange conversation.

### **Māwharu**

Hit the weeds! The kumara are big but may rot, take care! Guard all the good work you have done, so it is not wasted.

### **Ōhua**

What a great moon! You will reap the rewards if you have worked at your projects. Congratulations!

### **Atua mate o Hotu**

Do not waste this good time to work. You are on top!

### **Ōturu**

The biggest moon of the world. Sleep is short. This is the time to really meet your needs. Complete your long essay at University. Complete learning ancient songs. Complete your karakia. Accomplish climbing your mountain. Chase what is close, closer to achieve.

### **Rākaunui**

Another full moon! Rākaunui is shining. What you planted has come to fruition, even beyond the gardens. A good time of victory! But do not just compete. Godly power, Human power, Land power, that is, independent Maori power!

### **Rākau Mātahi**

It is good diving at sea. Food is growing strongly on land. Its amazing to know, because of hard work, rewards are great!

### **Takirau**

The moon is descending. Wait for the moons of Tangaroa coming, to plant food. Energy may be exhausted because of the short sleep during the nights passed, and your great work! Congratulations, congrats.

### **Oike**

A time for hitting the weeds. Therefore, another time to look after your gears. The digging stick, the root thumper of the past, the phone and the car of today. Take care! So that poverty is not felt, laziness is bad and so is uselessness!

### **Korekore hahani**

No real productivity. The waves are large at sea, the winds of Tāwhirimātea are strong even though the body is weak, working with your hands is good. Weaving clothing is chiefly work! Focused art, focused health.

### **Korekore whakatehe**

Do not be burdened by your mere thoughts. Go outside of the home, walk the face of the land, be heartened by the healing of the great forest of Tāne! Eat tasty Maori food. You have potential, a descended from Rangiātea!

### **Korekore i piri ki a Tangaroa**

Get up! A morning for fishing. The moons of Tangaroa are good. It is right to fish, the body is energised, eat well, pursue health for you!

### **Tangaroa a mua**

A present person, an alive person, a distracted person, an unwell person. Also good to plant seeds, do not waste time!

### **Tangaroa a roto**

A good time. The food of chiefs is discussion. Communicate with others to cohesively understand the agenda.

### **Tangaroa a kiokio**

Tangaroa is always good! To catch fish, Maori food, healthy for us all! Salt water is another wellness for cleansing! Be brave at holding our independence over our lands, our homes, and all our precious possessions!

### **Tangaroa whakapau**

Good fishing. A time to set the eel weir, to hit the weeds. Do not waste time. Lots of productivity!

### **Ōtāne**

An excellent moon. A good time for relations of Tānemāhuta. Escape to the natural world, walk the breadth of the land!

### **Ōrongonui**

Catching feelings today. The good and the bad. Be heartened for Rongomātāne. A peaceful day. Don't be angry with others! A good time to sing and dance!

### **Mauri**

Energy present! Life energy! The tuna is wild in the swamps. Be right in your presence and your dialogue. Drink pure water to taste the sweetness of natural water, life giving for us all!

### **Mutuwhenua**

The moon has finished descending. A full night, a long night. Due to your hard work on the moons passed, it is good to relax! Congratulations! Warm your body with warm water of the log fire. Massage scented oils, (put hinu next to kakara) meditative music is good and go sleep! Another day tomorrow!