



**SKIIN**  
by MyantHealth

# Stay Well. Stay Connected.

**Skiin™** allows you to share your vital health information, including ECG, symptoms, and other biometric data with your circle of care - friends, family, and your health care team.

「 Revolutionize your healthcare journey and proactively manage your health. 」

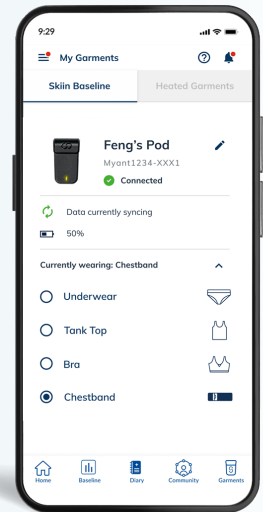
# WHAT IS SKIIN



Skiin allows you to share your vital health information, including ECG, symptoms, and other biometric data with your circle of care from the comfort of your own home.

## What is Skiin?

The Skiin line of products is an ecosystem of connected devices, including Skiin Smart Textile Garments, the Skiin Pod (electronic battery unit), and the Skiin Connected Life App. Together, they form a new type of remote patient monitoring that allows you to receive timely, quality remote care.



## Why should I use Skiin™?

If you've experienced a cardiac event, are anxious about your cardiac health, are on a waitlist to see a cardiologist, or want greater insight into your health and wellbeing, Skiin is right for you. By wearing Skiin and logging your symptoms in the Skiin App, your cardiologist and/or wellness team can monitor your resting heart rate, ECG, and more.

## How does the Skiin Connected Clothing System work?

Each Skiin Garment has sensors knitted into the fabric that read your heart activity and other biomarkers, such as breathing rate and body temperature. The garment captures this information and sends it to the Pod, which shares it with the Skiin Connected Life App on your mobile device and the Myant Health Clinical Portal (used by your health care team). While wearing your Skiin Garment you can use the app to view your health data in real time and review historical trends.



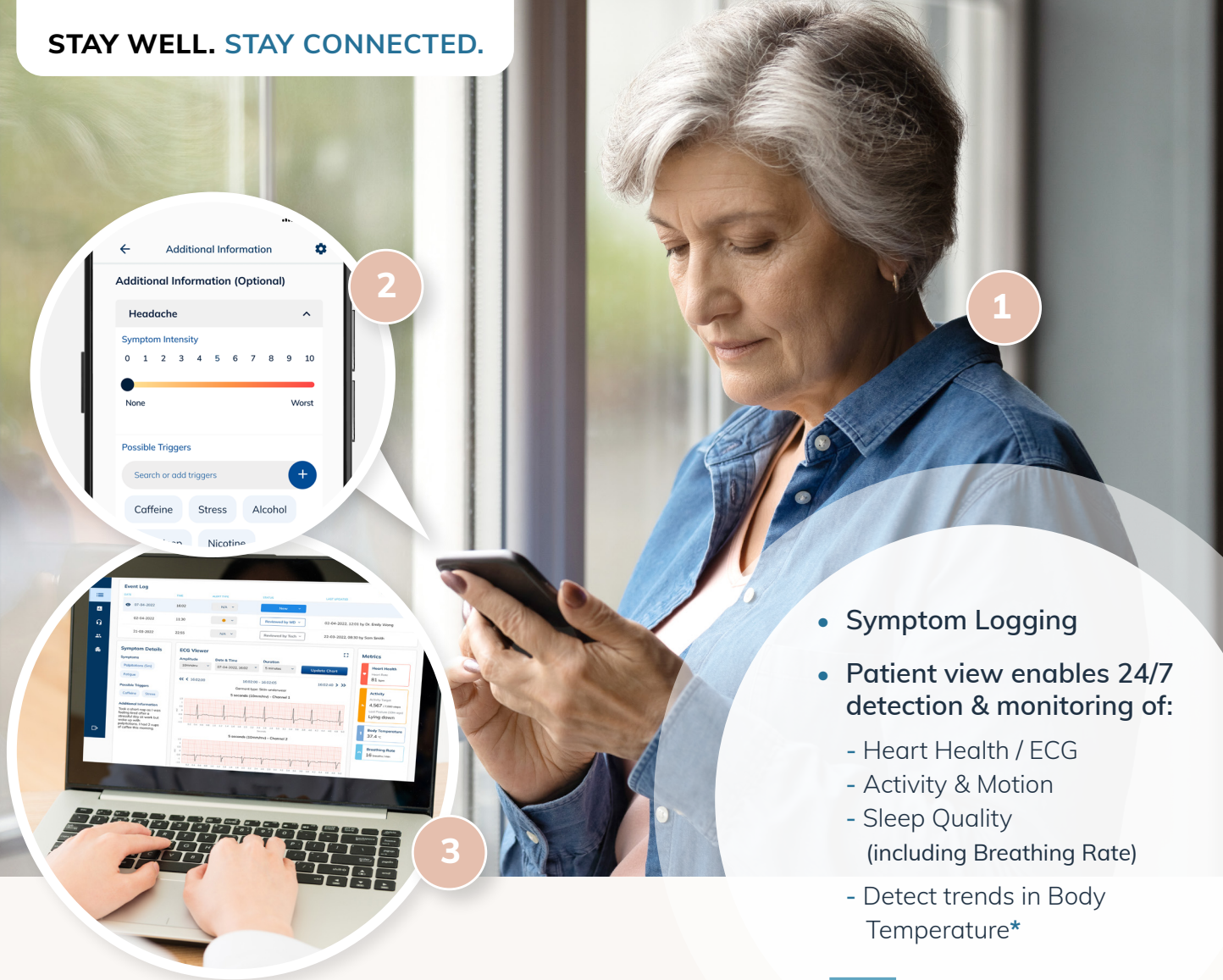
# WHY SKIIN™?



## The Advantages of Textile Wearable Technology

- Skiin is a medical device licensed by Health Canada.
- SMART textile technology - Skiin uses embedded textile electrodes to provide 3 channels of ECG waveforms comparable to other commercially available ambulatory ECG recorders. Each garment is embedded with special conductive yarn that continuously transmits biometric data. This includes your ECG. No wires. No adhesives.
- Comfortable premium textile material that can be worn all day and night - just like your typical garments.
- Machine washable - a Skiin garment bag is included in your kit. No mess. No fuss.





- Symptom Logging
- Patient view enables 24/7 detection & monitoring of:
  - Heart Health / ECG
  - Activity & Motion
  - Sleep Quality (including Breathing Rate)
  - Detect trends in Body Temperature\*

\* Clinical testing is still ongoing.

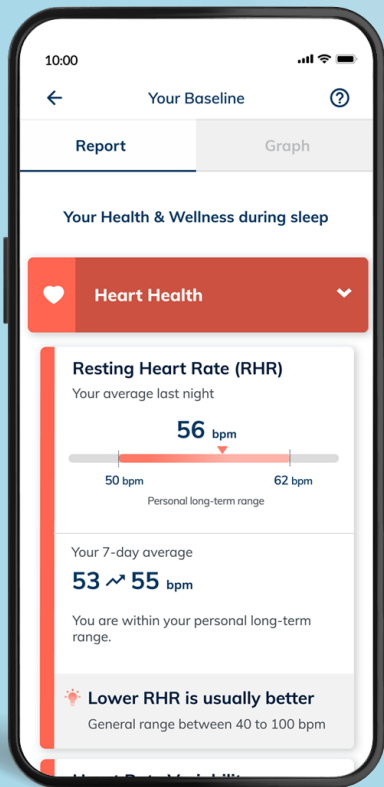
## Always Connected = Peace of Mind

By wearing your Skiin garment it begins working for you all day, every day.

- 1 Patient logging symptoms on the Skiin Life Connected App
- 2 Complete data capture before, during and after an event
- 3 Continuously stream information (e.g., 3-Lead ECG) to a partnering cardiologist\*

The **Skiin Connected Life App** makes staying connected convenient.

\* Skiin empowers patients to better understand their heart health and overall wellness with a focus on symptom logging and daily ECGs which can be shared with a partnering cardiologist for more robust and personalized care. However, data collected in the Skiin device is not for urgent cardiac care. Transmitted information may not be monitored 24/7. Ask your care team about how they manage incoming transmissions.



## Continuous Streaming

The **Skiin Connected Life App** allows you to view your historical health data to gain a deeper insight into your overall health and wellness. It also lets you share this data with your loved ones so that they can support and encourage you on your journey.



Skiin™ automatically captures and continuously streams your vital health information:



Multi-lead ECG, Heart Rate



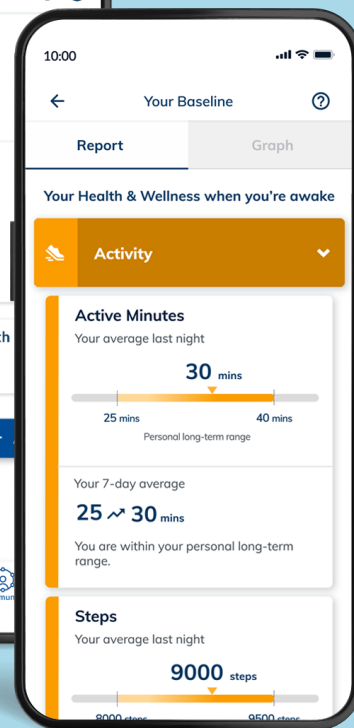
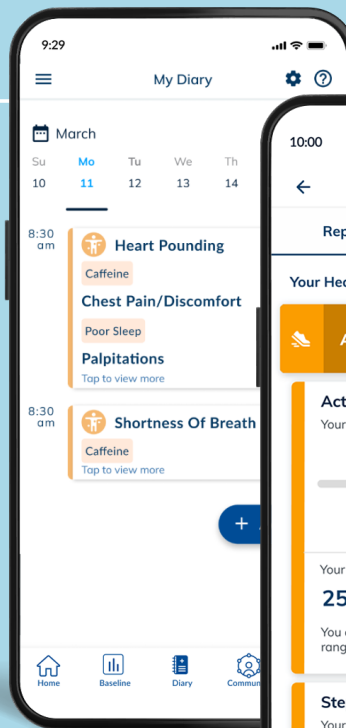
Steps, Posture, Activity & Location



Body Temperature



Logged Symptoms

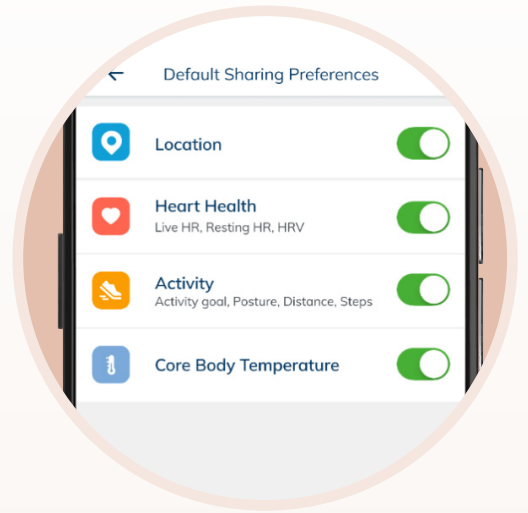


Never miss a beat. You never have to reach for a separate device to record your biometric data.

## Holistic Health

Not just Heart Rate. Skiin detects multiple metrics creating your own personal baseline to better inform you on your heart health journey.

This information can be used as a holistic approach to support your heart health journey during your scheduled in-person or virtual appointment with your medical doctor.



### Multi-lead ECG, Heart Rate, HRV, RHR

Manage your heart health and continuous ECG for screening & diagnosis with your cardiologist.



### Steps, Posture, Activity

Track steps, posture, and activity while walking, running, and sleeping, and set daily reminders to help you reach your activity goals.

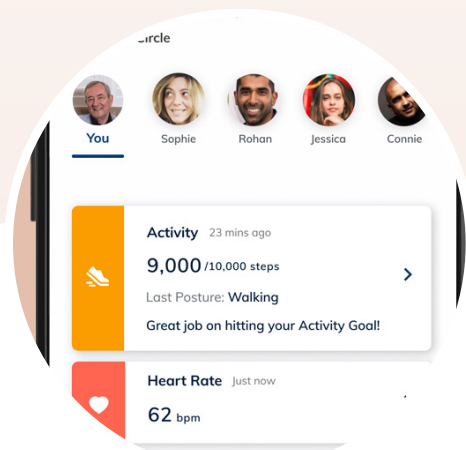


### Body Temperature



### Location

GPS sensors allow you to track your location and share it with your loved ones to know you are safe and support you to reach your health goals.



We are committed to continuously enhancing **Skiin** to further improve your health and well-being

## COMING SOON

Features include, but are not limited to:



Sleep Tracking



Blood Pressure



O2 Saturation



Slip and Fall Detection



## Skiin Everyday

This is how I use Skiin everyday to monitor my health and connect to my family & care team:

- 1- I wear the Skiin Chest Band (or Bra) throughout the day and while sleeping
- 2- Go about my day!



I charge my Skiin Pod (electronic battery unit) while I get ready for the day



I go about my normal routines whether at work or play



When I feel a symptom, I log it



Throughout the day I review my biometric data and activity goals



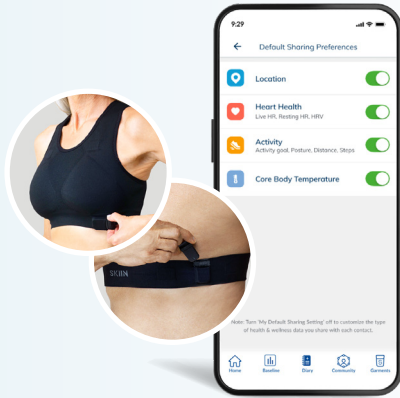
When I sleep, I wear my Skiin Chest Band (or Bra) to ensure resting biometric information is captured



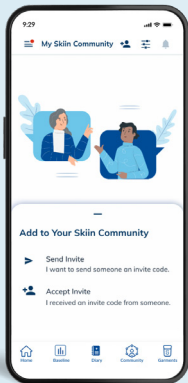
By wearing Skiin and logging your symptoms in the Skiin App, your cardiologist and/or wellness team can monitor your resting heart rate, ECG, and more, even when you are away on vacation!

## How to Stay Healthy Using Skiin

**Better Care. More Connection.**  
**Actionable Insights.**

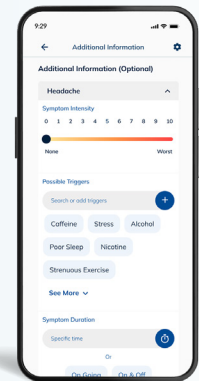


**1 Build Awareness.** Overtime Skiin builds your personalized biometric baselines. Visualize your 30-day trend using the Skiin Connected Life App to learn critical insights about your current health, and how it changes over time.



**2 Stay Connected.** Using the Skiin Connected Life App on your phone you have the ability to share your health data with your circle of care - friends, family, and your health care team.

**3 Understand your Unique Health Patterns.** You know your own body best. You have the ability to review your unique biometric data and 30-day trends. This information is saved in an easy to view format for sharing with a health care provider.



**4 Change for the Better.** If you're connected to a health practitioner with a Myant Health membership service, you can receive a program designed for your needs based on your data and receive expert guidance throughout your health journey.



## This is how I use Skiin to Build Healthy Lifestyle Habits for the Long Term

- 1 Build my baseline (wearing Skiin throughout the day and even during sleep)
- 2 See changes in my biometrics based on my personal habits
- 3 Share my health data with my circle of care using the Skiin Connected Life App
- 4 Improve my lifestyle & habits with insights from Skiin & my connected family & clinicians



**I ALWAYS wear Skiin**  
(except in the shower)



**I am more aware of my 'normal' biometrics**

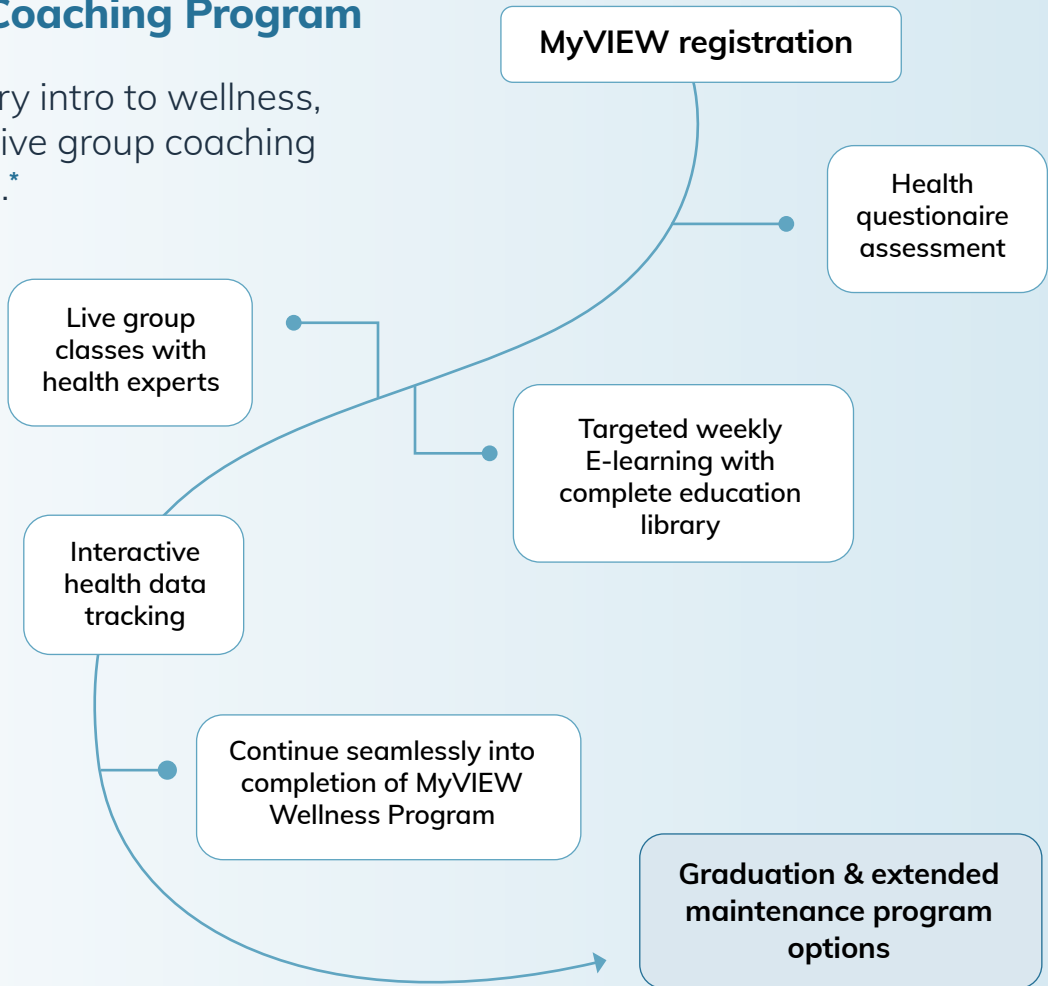


**I stick to my new regimen to improve my health**



## Wellness Coaching Program

Complementary intro to wellness, one month of live group coaching and education.\*



\* When connected with a participating clinic.

## How to Get Started

### Using the Skiin Garments with the Skiin Connected Life App

- 1



Purchase a Skiin Starter Kit
- 2



Download the Skiin Connected Life App from the Apple App Store or Google Play Store
- 3



**Wear Skiin & Build your Baseline**

- Wear your Skiin Pod & Chest Band and log any symptoms & events
- 4



**Connect**

- Add Family, Caregivers & Clinicians to your Circle of Care
- 5



**Coaching & Care**

- Collaborate with clinicians on your healthcare plan



## Customer Support

Contact us via:

- Email: [support@skiin.com](mailto:support@skiin.com)
- Telephone: **1-844-501-0252**

**We would be happy to assist you with:**

- Ordering Skiin
- Setting up your account & getting started
- Product and App support

We are committed to **supporting your health journey**



**SKIIN**  
by MyantHealth

# GET STARTED WITH SKIIN™



A Starter Kit includes:

- 1- Two Chest Bands (or one Bra),
- 2- One set of electronics,
- 3- Full instruction kit\*,
- 4- And a special wash bag.

Also included is full customer service support to help get started quickly

\* The Operations and Safety Manual can be downloaded via a QR code on the labeling of the kit.



Learn more by visiting  
[myanthealth.com](https://myanthealth.com)

Speak to one of our friendly team members  
by calling **1-844-501-0252**

ASK ABOUT OUR 100% CUSTOMER  
SATISFACTION GUARANTEE

Skiin™ is proudly made in Canada

