







CAT YEARS TO HUMAN YEARS

How Old Is Your Cat?

| LIFE STAGE | CAT AGE | HUMAN EQUIVALENT |
|---|--------------|------------------|
| Kitten birth - 6 months  | 0 - 1 month | 0 - 1 year |
| | 2 - 3 months | 2 - 4 years |
| | 4 months | 6 - 8 years |
| | 6 months | 10 years |
| | | |
| Junior 7 months - 2 years  | 7 months | 12 years |
| | 12 months | 15 years |
| | 18 months | 21 years |
| | 2 years | 24 years |
| | | |
| Prime 3 years - 6 years  | 3 years | 28 years |
| | 4 years | 32 years |
| | 5 years | 36 years |
| | 6 years | 40 years |
| | | |
| Mature 7 years - 10 years  | 7 years | 44 years |
| | 8 years | 48 years |
| | 9 years | 52 years |
| | 10 years | 56 years |
| | | |
| Senior 11 years - 14 years  | 11 years | 60 years |
| | 12 years | 64 years |
| | 13 years | 68 years |
| | 14 years | 72 years |
| | | |
| Geriatric 15 years and over  | 15 years | 76 years |
| | 16 years | 80 years |
| | 17 years | 84 years |
| | 18 years | 88 years |

*Add 4 human years for every subsequent year of your cat's life

