Ecarob KITCHEN

RECIPES FROM OUR KITCHEN

Here are some of our favourite Sweet Treats and Savoury Delight recipes:

A U S T R A L I A

Crazy Carob Mousse

z Avocados 1 Banana 1 teaspoon Vanilla 1sog Carob Powder 80mL Carob Syrup Fresh Berries for topping

Place all ingredients into a food processor, blend until smooth and pipe into glasses. Top with fresh berry fruit. Refrigerate for storage.

Tip: This mousse is gluten free, wheat free, dairy free and suitable for vegans.



For more recipes visit www.thecarobkitchen.com.au