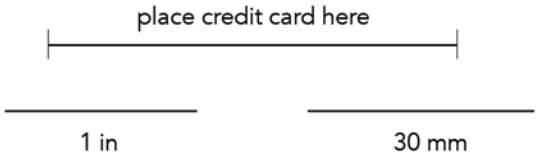
EMILIE SHAPIRO
JEWELRY

How to determine your ring size

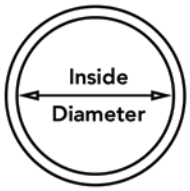
The most accurate way to find your ring size is go to a local jewelry store. If you are unable to visit a store, use this guide to determine your ring size. Alternatively, you can order a plastic ring sizer to use at home *here*. If you need any help using this guide, please reach out to the studio by emailing info@emilieshapiro.com or by calling 718-440-8640.

Before you begin - please confirm paper size



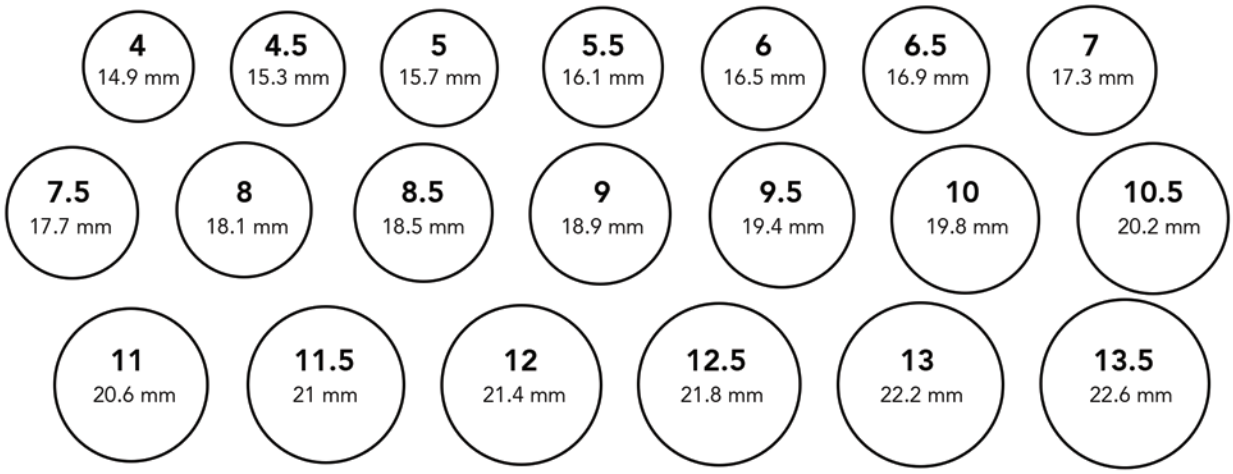
To use this guide correctly, be sure to print this out at the correct scale. Set scale to "NONE" or 100% when printing. Once the line on the left measures 1 inch, 30mm, or the height of a credit card, this is printed correctly and is ready to use.

Method 1: Using an existing ring



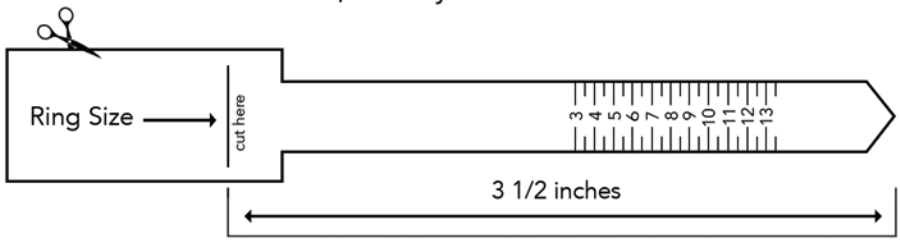
1. Pick a ring that fits the correct finger well.
2. Place the ring over the circles below and match the *inside edge* of the ring to the circle closest in size.
3. If the ring is between two sizes, order the larger size.

US and Canadian Ring Sizes



Method 2: Using paper wrap

Cut out the ring sizer and cut a slit on the vertical line. Wrap the ruler around the base of the intended finger. Pull the pointed end through the slit until the paper fits comfortably around your finger. Read the number that lines up next to the slit, this is your size.



Alternatively, you can wrap a piece of string (or a strip of paper) around your finger and mark where the two pieces of string meet. Measure the length between the two marks in mm, this is the inside circumference. Match this number to the nearest circumference on the chart (see pg 2) to estimate your ring size. (If between sizes, pick the larger one).

We cannot guarantee that ring sizing via paper will be accurate. The most accurate way to find your ring size is by using a plastic or metal ring sizer.

International Ring Size Chart

Inside Circumference (mm)	Inside Diameter (mm)	UK, Europe & Australia	United States & Canada	China, Japan & South America	India	Italy, Spain & Switzerland
39.1	12.45	B	1	1		
39.7	12.65	B 1/2				
40.4	12.85	C	1 1/2			0.5
41.0	13.06	C 1/2			1	1
41.7	13.26	D	2	2	2	1.75
42.3	13.46	D 1/2				2.25
42.9	13.67	E	2 1/2	3	3	3
43.6	13.87	E 1/2			4	3.5
44.2	14.07	F	3	4		4.25
44.8	14.27	F 1/2		5	5	4.75
45.5	14.48	G	3 1/2			5.5
46.1	14.68	G 1/2		6	6	6
46.8	14.88	H	4	7		6.75
47.4	15.09	H 1/2			7	7.5
48.0	15.29	I	4 1/2	8	8	8
48.7	15.49	J			9	8.75
49.3	15.70	J 1/2	5	9		9.25
50.0	15.90	K			10	10
50.6	16.10	K 1/2	5 1/2	10		10.5
51.2	16.31	L			11	11.25
51.9	16.51	L 1/2	6	11	12	11.75
52.5	16.71	M		12		12.5
53.1	16.92	M 1/2	6 1/2	13	13	13.25
53.8	17.12	N				13.75
54.4	17.32	N 1/2	7	14	14	14.5
55.1	17.53	O			15	15
55.7	17.73	O 1/2	7 1/2	15		15.75
56.3	17.93	P			16	16.25
57.0	18.14	P 1/2	8	16	17	17
57.6	18.34	Q				17.5
58.3	18.54	Q 1/2	8 1/2	17	18	18.25
58.9	18.75	R			19	19
59.5	18.95	R 1/2	9	18		19.5
60.2	19.15	S			20	20.25
60.8	19.35	S 1/2	9 1/2	19	21	20.75
61.4	19.56	T				21.5
62.1	19.76	T 1/2	10	20	22	22
62.7	19.96	U		21	23	22.75
63.4	20.17	U 1/2	10 1/2	22		23.25
64.0	20.37	V			24	24
64.6	20.57	V 1/2	11	23	25	24.75
65.3	20.78	W				25.25
65.9	20.98	W 1/2	11 1/2	24	26	26
66.6	21.18	X				26.5
67.2	21.39	X 1/2	12	25	27	27.25
67.8	21.59	Y			28	27.75
68.5	21.79	Z	12 1/2	26		28.5
69.1	22.00	Z 1/2			29	29
69.7	22.20		13	27	30	29.75
70.4	22.40	Z1				30.5
71.0	22.61		13 1/2		31	31