









# Christmas Catalogue 2022

We are delighted to bring you our 2022 Christmas catalogue. You will see that we have been working with the same suppliers now for a long time, which is a testament to the relationships which we have built with them over the years.

With a lot of talk around supply chains being affected this year, you can rest assure that we will not let you down. We believe now more than ever in the importance of supporting small artisan suppliers.

It has been an unprecedented few months with the rising cost of doing business, and we have worked closely with our suppliers to firstly make sure the high quality you expect from us has been maintained, and also to ensure they have been given a fair price for all their hard work.

You will also see we have managed to maintain a lot of our prices from 2021.

Kind Regards,

#### **Shane and Barry Kerrigan**





"We believe now more than ever in the importance of supporting small artisan suppliers."



# Suppliers

## Free-range Bronze Turkeys

We have been buying our Free-range Bronze Turkeys from the McEvoy family for 15 years, and each year they receive rave reviews from our customers. They are based in Termonfeckin in Co. Louth.

David and his family are hands on every day from when the Turkeys are hatched in June. The turkeys are grown to maturity outside with time to graze and forage on a daily basis. This results in meat that is well marbled and a meat to bone ratio of 60/40 on average. These birds cook more quickly than their white counterparts, so please keep in mind and follow our cooking guidelines.

# Barn Reared And Free range White Turkevs

Supplied to us by the amazing team of Bertram and Celine Salter from Fenagh in Co. Carlow, who also supply us our free-range chickens all year round.

Carlow Farm Foods own and manage the entire supply chain process, from hand rearing & processing to packaging and delivery, which is a very unique proposition in Ireland. The Free-range white Turkeys are slow grown over 6 months and are bursting with flavour and moisture. The process of barn rearing allows us to offer our customers a great tasting turkey while offering exceptional value too.

#### Organic Turkeys

If you're looking for an organic turkey option, we have sourced ours from John Paul Crowe whose farm is in the heart of the Golden Vale in Co. Tipperary.

The turkeys are the Bronze variety, slow grown over 6 months and fed only on organic feed (Certified by The Irish Organic Association).

#### Free-range Hams

This is our second year offering a free-range ham option. We procure pork legs from Thomas Salter who has his farm in Moanmore, Fenagh, Co. Carlow. We then cure these pork legs over a period of seven days for a great tasting low salt free-range ham (Limited availability).

#### Pale Hams

Supplied by Tom Lynch. Ardee, Co. Louth who are the leading pork processing company in Ireland. They are Bord Bia and BRC Food certified.

#### **Smoked Hams**

Our Smoked hams are supplied to us by TJ Crowe from Dundrum, Co.Tipperary. Smoked over natural wood chips for 48 hours and prepared by our Craft Butchers to your specification.

#### Prime Irish Beef

With nearly 50 years experience in the Butchery business, we have built a network of small artisan beef suppliers who share the same ethos as Kerriagns, which is to provide our customers with the best of Irish beef. Suppliers include Joe Hayes, Co. Mayo, James Troy Co. Westmeath, Pat Doyle, Clane, Co. Kildare.

## Prime Irish Lamb

Sourced from Irish Country Meats in Camolin, Co. Wexford who are BRC food certified, a member of Bord Bia, and Origin Green Ireland, our lambs are matured for days before we break them down into the cuts you know and love. So if a leg of lamb or rack of lamb is on your menu over the Christmas period, rest assured you are having some of the best lamb in the country.



# Turkey Tips

## What size do I need?

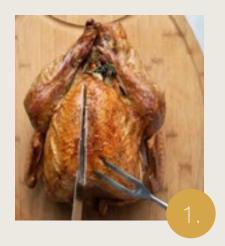
This is the most asked question for Christmas. We have listed our products and the serving size you would need. Serving refers to one meal. For festive period, 25th & 26th double the portion size.

Sample: (6 people for boneless turkey crown for 2 days) 6 x 200g x 2 = min 2.4kg Joint

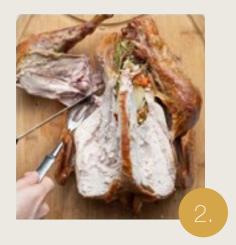
#### \*Per serving

- Boneless Turkey Crown 200g
- Turkey Crown On The Bone 350g
- Whole Turkey 450g
- Whole Goose Feeds 6
- Boneless Ham Fillets 25g
- Whole Ham On The Bone 350g
- Boneless Striploin Of Beef 220g
- Rib Of Beef On The Bone 300g

## How do I carve a Turkey?

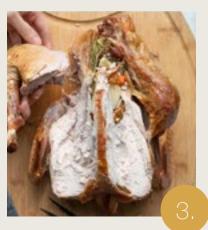


1. Use a sharp knife to cut the skin that attaches the leg to the breast. Slice through the meat, keeping the knife as close to the body as possible, until you reach the joint.



2. Take the leg and pull it gently away from the body. Slice through the joint to the cutting board, to detach the leg from the bird.

Cut between the drumstick and thigh, through the joint, to separate. Place on a board and carve from around the bone.



3. To remove the breast meat, slice vertically between the breastbone and the meat, then around the bottom of each breast.

Put on a cutting board and carve into thin slices.





# Bronze Turkey Collection

Bronze turkeys are grown to maturity outside with time to graze and forage on a daily basis. This results in meat that is well marbled with a fine texture and more deposits of fat under the skin. As fats heat more quickly than protein, the birds cook quicker than their white counterparts, producing a more succulent, tender meat.



#### Free-range Full Bronze Turkeys

Small: Min weight 4.5kg (Feeds 10) €65

Medium: Min weight 6kg (Feeds 14) €79

Large: Min weight 7kg (Feeds 16) €89

**X-Large:** 10kg (Feeds 20) **€99** 

## Boneless Free-range Turkey Options

Breast Only

Min weight 2.3kg (Feeds 10) **€55** 

Half Turkey Breast & Legs

Min weight 3kg (Feeds 14) **€65** 

#### Free-range Bronze Crowns

Small: Min weight 2.8kg (Feeds 6) €60

Medium: Min weight 3.5kg (Feeds 8) €70

Large: Min weight 4.5kg (Feeds 10) €80

**X-Large:** Min weight 4.5kg (Feeds 12) **€90** 

## Organic Bronze Turkeys

(Full Birds Only)

Small €90

Medium €120

**L**arge **€150** 





# White Turkey Collection

Free-range White Turkeys		Free range Boneless Turkey Crowns		
Free-range White (Full Birds)				
Small: Min weight 4.5kg (Feeds 10) €65		100% Breast Meat only €20 per kg		
<b>Medium:</b> Min weight 6kg (Feeds 14) <b>€79</b>		1kg Single Breast Joint serves 4	€20	
Large: Min weight 7kg (Feeds 16)	€89	1.5kg Single Breast Joint serves 6	€30	
Free-range White Crowns (No Legs - Breast and wings on the bone)		2kg Double Breast Joint serves 8	€40	
Small: Min weight 2.8kg (Feeds 6) €60		2.5kg Double Breast Joint serves 10		
<b>Medium:</b> Min weight 3.5kg (Feeds 8)	€70	3kg Double Breast Joint serves 12	€60	
Large: Min weight 4.5kg (Feeds 10) €80		3.5kg Double Breast Joint serves 14	€70	
		4kg Double Breast Joint serves 16	€80	
Barn Reared Turkeys				
Barn Reared White Turkeys (Full Bird	Barn Reared Boneless			
Small: Min weight 4.5kg (Feeds 10) €55		Turkey Crowns		
Medium: Min weight 6kg (Feeds 14)	€65	100% Breast Meat only €15 per kg		
Large: Min weight 7kg (Feeds 16)	€75	1kg Single Breast Joint serves 4	€15	
X-Large: Min weight 11kg (Feeds 24) €110		1.5kg Single Breast Joint serves 6		
Barn Reared White Turkey Crowns (No Legs - Breast and wings)		2kg Double Breast Joint serves 8	€30	
Small: Min weight 2.8kg (Feeds 6)	€50	2.5kg Double Breast Joint serves 10		
Medium: Min weight 3.5kg (Feeds 8)	€60	3kg Double Breast Joint serves 12		
Large: Min weight 4.5kg (Feeds 10) €65  X-Large: Min weight 6.5kg (Feeds 14) €89		3.5kg Double Breast Joint serves 14	€53	
		4kg Double Breast Joint serves 16	€60	

## Free range Geese & Duck

Free-range Goose

Provided by James Reilly, North Co. Dublin. €99

Umami Olive Fed Duck

Sold frozen and exclusive to Kerrigans.

take on a prestige and a level of flavour normally associated with Wagyu. Softer, juicer and delectable fat sets a level that was previously unattainable until the arrival of Umami.



€25

# Hams

The jewel in the crown of any successful Christmas dinner, the traditional ham, is one of the most sought after (and fought over) foods. At Kerrigans, we have many options to help you create a memorable Christmas dinner, including ready to bake hams as well as smoked and free range options.





#### Pale Ham on The Bone

**€5.99** per Kg

## Smoked Ham on The Bone

**€6.99** per Kg

#### Smoked Centre Fillet Of Ham

€45 3.5kg (Serves 18 Portions)

#### Smoked Ham Fillet

Small: €20 1.8kg (Serves 6 Portions)

#### Smoked Ham Fillet

Medium: €25 2.3kg (Serves 8 Portions)

## Smoked Ham Fillet

Large: €30 2.8kg (Serves 10 Portions)

#### Ham Fillet Small

Small: €18 1.8kg (Serves 6 Portions)

#### Ham Fillet Medium

**Medium: €23** 2.3kg (Serves 8 Portions)

#### Ham Fillet Large

Large: €28 2.8kg (Serves 10 Portions)



# We Cook, You Relax

Take the hassle out of Christmas cooking. Avail of our full cooked and half cooked options below.

#### Half Cooked Ham

Slowly steamed cooked ham, served with a honey, mustard and clove glaze. Simply reheat and enjoy!
(Serves 10 Portions) €45

Half Ham & Half Turkey Crown

€80

**∤5** ∀

Whole Ham & Whole Turkey Cooked

€160

#### Whole Cooked Ham

(Serves 20 Portions) €85

## Note:

All cooked orders must be placed before the 15th December 2022.

All non-cooked orders must be placed before 20th December 2022.

Order early to avoid disappointment.

#### Whole Smoked Cooked Ham

(Serves 20 Portions) €89

## Half Cooked Turkey Crown

100% Breast Meat only, fully cooked for your convenience. (Serves 10 Portions) €45

## Whole Cooked Turkey Crown

100% Breast Meat only, fully cooked for your convenience.

(Serves 20 Portions)

€85







# Spiced Beef

Our Spiced Beef recipe is a family treasure, passed down from my father Brendan, and tweaked over time. The flavour includes pimento, clove, cracked black pepper and all spice.

We use the continental cut which is cured in timehonoured fashion in a delicious brine, then dry cured with our mix of spices until the flavour has developed from edge to edge.

Traditionally served cold, sliced thinly as a starter or part of antipasto platter in the evening.

#### Sizes

1kg **€15** 

1.5kg **€22.50** 

2kg **€30** 

3kg **€45** 





# Side Dishes, Stuffing and Condiments

#### Sides

#### €4.50 each or 3 for €12

- 6 Potato Croquettes
- 6 Scoops Mash Potato
- Red Cabbage In Apple (350g)
- Sprouts with Pancetta & Irish Ham Pieces (350g)
- Glazed Carrot & Parsnip Wedges (400g)
- Roast Potatoes In Herb Butter (400g)
- Potato Gratin (500g)
- Steamed Green Cabbage (500g)

# Stuffings

• 1kg Sage & Onion Stuffing €8

• 500g Festive Cranberry, Orange & Thyme Stuffing €5

## Condiments

€5 Turkey Gravy

€3 Goose Fat

€4 Cranberry Sauce

€3 Ham Glaze

Pigs in Blankets (500g) **€6** 







# Christmas Packages

## Festive Pack (will feed 6)

- 2kg Boneless Turkey Crown
- 2.3kg Boneless Ham Fillet
- 12 Breakfast Sausages
- 12 Dry Cured Rashers
- 1 Traditional White Pudding
- 1 Traditional Black Pudding
- 1kg Sage & Onion Stuffing
- Pigs in Blankets (500g)

#### €79

## Celebration Pack (will feed 12)

- 4kg Boneless Turkey Crown
- 3.8kg Boneless Centre Cut Of Ham
- 24 Breakfast Sausages
- 24 Dry Cured Back Rashers
- 2 Traditional White Pudding
- 2 Traditional Black Pudding
- 2kg Sage & Onion Stuffing
- Pigs In Blankets (1kg)





# Planning a New Year's Party?

## We have some great options like:

- Traditional Cocktail Sausages
- Chicken Goujons
- Chicken Sizzlers
- Fillet Of Beef Kebabs
- Prawn Kebabs
- Beef Sliders
- Chicken Wings
- Baby Back Ribs

Discover more at our online shop or in-store.

# New Year Celebration

### Choose From:

- Whole Legs Of Lamb
- Racks Of Lamb
- Prime Rib Of Beef On The Bone
- Boneless Striploin Of Beef
- Whole Fillets Of Beef
- Goose
- Free-range Duck
- Free-range Bronze Turkey
- Free-range White Turkey







"My Spiced Beef recipe has been passed down from my father Brendan. Every butchers recipe is a close kept secret, and each butcher has his or her own little twist on this festive meat. I have adapted the Kerrigan's recipe to suit my style of cooking. I use the eye from the topside and cure the beef for the first three weeks of November, then dry cure for another week, while rolling the beef in fresh spices daily. It is then ready to pack for sale in the shop.

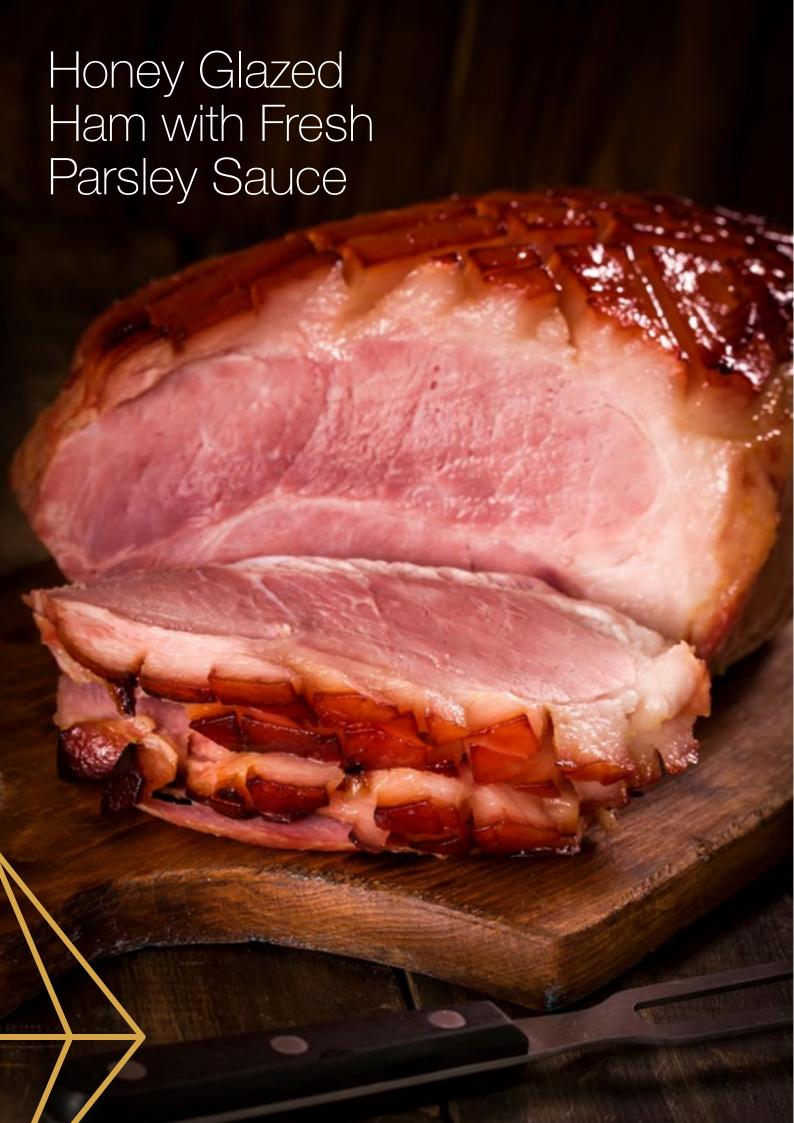
I hope you get to try and enjoy this unique product"

Barry Kerrigan

#### Method

- Place beef in a pot and add cold water to cover.
- Add bay leaves, peppercorns, whole onion, diced carrot, turnip and parsnip.
- Bring to the boil, and allow to simmer gently for approx 35 minutes per lb.
- Add Guinness and continue to simmer for the last 30 minutes of cooking.
- Remove the pot from heat and allow the meat the cool down in the liquid.
- Remove the meat and drain.
- Slice the meat as thinly as possible.
- Equally delicious served hot or cold. Perfect for that St. Stephen's Day sandwich!





#### Ingredients

- 1 x 2.5kg ham (pre boiled)
- 20 cloves
- 30ml treacle
- 30ml golden syrup
- 400ml honey
- 150g butter

#### For the Parsley Sauce:

- 3/4 pint milk
- 25g butter
- 25g flour
- 1 veg stock cube
- 1 bunch flat parsley

#### Method

- Prepare the ham by scoring the surface with a sharp knife. Stud the ham with the cloves spaced apart evenly.
- Line a baking tray with tinfoil to avoid unnecessary mess.
- For the glaze simply mix all the remaining ingredients together and warm up in a small pot.
- Glaze the ham liberally and bake in a pre-heated oven at 165°C for 1 hour 15 minutes, basting every 10 minutes with the remaining warm glaze.
- For the last 5 minutes of baking, turn on the grill & allow the glaze to colour evenly. Remove from the oven, allow to rest for 5 minutes & serve.
- To make the parsley sauce simply heat up the milk in the microwave to just before boiling point.
- In a small saucepan melt the butter, add the flour and allow to cook for 1-2 minutes over a low heat.
- Gradually add the hot milk whisking continuously until it reaches a nice sauce consistency.
- Crumble in the stock cube and season with salt & freshly ground pepper to taste.
- Keep the sauce warm and just before serving add the freshly chopped flat parsley.



# Get Ahead Christmas Gravy

"If you are like me and love a nice gravy with your turkey, this recipe makes the perfect gravy base, which can be made weeks in advance and then frozen. On Christmas Eve, simply defrost overnight, and once you are finished cooking your turkey on the big day, scoop the fat from the cooking juices, pour the remaining juices into this base and heat for an amazing gravy."

Barry Kerrigan



#### Ingredients

- 2 celery sticks, trimmed and roughly chopped
- 2 carrots, roughly sliced
- 2 onions, peeled and quartered
- 2 dry cured smoked streaky rashers
- 16 chicken wings and 4 chicken carcass
- 5 fresh bay leaves
- 5 fresh sage leaves
- 4 sprigs of fresh rosemary
- 2 star anise
- Olive oil
- Sea salt
- Freshly ground black pepper
- 4 tablespoons plain flour

#### Method

- Preheat the oven to 200°C/400°F/gas 6.
- Put the veg, herbs and star anise into a sturdy bottomed roasting tray. Scatter the bacon on top.
- Place the chicken wings onto a board and bash the bones up with the end of a rolling pin; this will release more of their flavour.
- Put them in the pan, drizzle with olive oil, sprinkle over a few pinches of salt and pepper then toss everything together and put the tray in the oven to cook for 1 hour, or until the meat is tender and falling off the bone.
- Take the pan out of the oven, and put it on a hob over a low heat and use a potato masher to really grind and mash everything up.
- Keep mashing, moving and scraping all the goodness from the bottom of the pan as you go.
- Gradually mix in the flour to thicken the mixture.
- The longer you let everything fry, the darker your gravy will be.



- turn the heat up and bring to the boil for 10 minutes, til thickened, then turn down the heat and simmer for about 25 minutes, stirring occasionally.
- When it's reached the consistency you're looking for, check the seasoning, then push it through a sieve into a large bowl.
- Really push and mash everything through so you get as much flavour as possible.
- Discard anything left behind. Once it has cooled down to room temperature put it into containers or freezer bags and pop it in your freezer. You'll finish it off on Christmas Day.





#### Ingredients

- 2 onions, peeled and cut into quarters
- 1 onion diced really finely
- 6 cloves garlic, peeled and chopped finely
- 4 Tsp curry powder
- 2 Tsp turmeric
- 2 Tsp garam masala
- 1 Tsp cinnamon
- 1 Tsp ground coriander
- ½ Tsp salt
- 1 Tsp black pepper
- 1 Tsp chilli powder
- ½ Tsp ground cardamom
- 1/2 Tsp ground cloves
- ½ Tsp cumin
- 3 Tbls extra virgin olive oil
- Tin of chopped tomatoes
- 2 Tbls freshly grated ginger root

#### Extras

- 250ml cream
- 100ml of milk
- Chicken and vegetable stock cubes
- ½ a small red chili minced
- 3 Tbls Runny Honey
- 4 Tbls fruity chutney
- Three carrots sliced
- Red / green / yellow pepper sliced
- One eating apple peeled and sliced finely
- Handful of frozen peas

#### Method

Add the stock cubes to boiling water (1 litre) in a large saucepan. Add chopped carrots and simmer for 10 minutes. Remove carrots and chicken stock from saucepan. In the large saucepan heat 3 tablespoons of olive oil over medium heat.

Add the finely chopped onion and keep stirring for one minute. Add the sliced onions and the three sliced peppers and fry for 5 minutes until soft. Add the garlic. ginger, chilli, all of the spices, and honey and cook for 5 minutes. Add the sliced apple.

Add the chutney and keep stirring for five minutes. Add the tin of chopped tomatoes and simmer for two minutes stirring constantly. Add in the stock gradually and keep stirring.

Turn the heat down to low and simmer 30 minutes. Add the frozen peas and carrots to the pan. Simmer for an additional 15 minutes. Add the milk and cream stirring at regular intervals.

Cook for 5 minutes until simmering. Before you add the turkey pieces you may need to thicken the curry by adding a tablespoon of cornflour mixed with a little water. Add the leftover turkey pieces.







# Our Stores

All cooked orders must be placed before the 15th December 2022. All non-cooked orders must be placed before 20th December 2022. Order early to avoid disappointment. All New Years Eve & New Years Day Orders - 29th December

Date	Malahide	Donaghmede	Baldoyle	Northern Cross	Stepaside
19/12/2022	9am - 7pm	8am - 7pm	8am - 5.30pm	Staffed 9am - 6pm	Staffed 9am - 6pm
20/12/2022	9am - 7pm	8am - 7pm	8am - 5.30pm	Staffed 9am - 6pm	Staffed 9am - 6pm
21/12/2022	8am - 7pm	8am - 8.30pm	8am - 5.30pm	Staffed 9am - 6pm	Staffed 9am - 6pm
22/12/2022	8am - 8pm	8am - 9pm	6am - 6pm	Staffed 9am - 6pm	Staffed 9am - 6pm
23/12/2022	6am - 8pm	6am - 10pm	6am - 6pm	Staffed 9am - 8pm	Staffed 9am - 8pm
24/012/2022	6am - 4pm	6am - 4pm	6am - 2pm	Staffed 7am - 4pm	Staffed 97am - 4pm
25/012/2022	CLOSED	CLOSED	CLOSED	Prepack Only	Prepack Only
26/012/2022	CLOSED	CLOSED	CLOSED	Prepack Only	Prepack Only
27/012/2022	CLOSED	CLOSED	CLOSED	Staffed 9am - 6pm	Staffed 9am - 6pm
28/012/2022	9am - 7pm	9am - 7pm	CLOSED	Staffed 9am - 6pm	Staffed 9am - 6pm
29/012/2022	9am - 7pm	8am - 8.30pm	CLOSED	Staffed 9am - 6pm	Staffed 9am - 6pm
30/012/2022	9am - 7pm	8am - 8.30pm	8am - 8.30pm	Staffed 9am - 6pm	Staffed 9am - 6pm
31/012/2022	9am - 5pm	8am - 5pm	8am - 4pm	Staffed 9am - 5pm	Staffed 9am - 5pm
01/01/2023	CLOSED	CLOSED	CLOSED	Prepack Only	Prepack Only

Order in-store or online at www.kerrigans.ie

