

# Turnout Gear

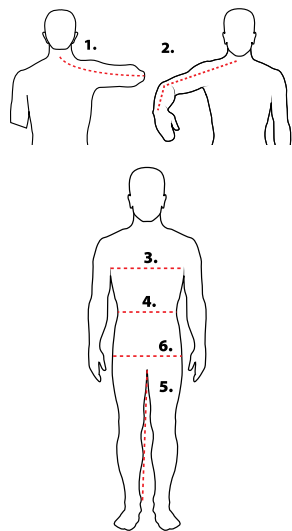
## Sizing Charts

Turnout Coat												
Chest	34	36	38	40	42	44	46	48	50	52	54	56
Sleeve	32.5	33.25	33.75	34.5	35	35.75	36.5	37.25	38	38.75	39.5	40.25

Special sleeve lengths are available in 1" increments.  
Coat chest available in 2" increments.

Turnout Pant												
Waist	30	32	34	36	38	40	42	44	46	48	50	52

Pant waist and inseams available in 2" increments.



### Measuring Instructions

- Sleeve:** Begin tape measure at nape of neck...
- Follow** the outside contour of arm around elbow to 1" past wrist bone or fatty part of palm.
- Chest:** Have Firefighter inhale and hold breath while you measure around the fullest part of the chest, keeping tape under arms and around shoulder blades.
- Waist:** Measure around waist, over shirt and slacks at height you normally wear your slacks. Keep one finger between tape and body.
- Inseam:** Wearing normal station wear, measure from crotch inner seam to ankle bone or desired length.
- Hips (Women only):** Measure around fullest part of hips.

**Note for Sleeve Measurement:** For unusually long or short arms measure sleeve by holding arm out and forward as shown below; however, sleeve lengths are graded to chest size so measuring is usually not necessary.

### Important Instructions for Pant Waist Measurements

#### When using a tape measure

- If Measuring Close to the Body:** Pant waist *should* be measured as close to the body as possible. Lakeland turnout pants are constructed with a 4" built-in easement at waist, so wearing a lighter weight garment, such as shorts, at the time of measurement will determine a more accurate measurement. *Example: If tape measurement close to body is 46", a size 46" waist should be ordered.*
- If Measuring Over Clothing:** Deduct 4" from final measurement. *Example: If tape measurement over clothing is 40", a size 36" waist turnout pant should be ordered.*
- When using sizing samples:** The size of each sizing sample pant is clearly displayed on the outside of the pants. Find a pant that fits and order the size indicated on the pant.

*Call for special/custom sizing*

