

SPA PACKAGES

THE ROYAL COUPLE 4 HOURS

- A Glass of Bubbly & A Slice of Cake on Arrival
- Full Body Swedish Massage
- Vhi Brightening Facial with Steam & Extraction
- Skin Polishing Apricot Cream Back Scrub
- Romantic Candle Lit Bath with Rose Petals
- 30mins Foot Massage
- Choice of a Manicure or Pedicure with a Callus Treatment
- A Hydrating Paraffin Dip Treatment for Hands or Feet
- Tea Coffee & Finger Snacks

R1590 Per Couple

DREAMY BLISSFUL PACKAGE 3 HOUR

- Full Body Swedish Massage
- Indian Head, Neck & Shoulder Massage 15mins
- & Choose 4 treatments from the list:
 - Vhi Hydrating Spa Facial
 - Vhi Brightening Facial
 - Vhi Under-Eye Lightening Treatment
 - Pressure Point Foot Massage 30mins
 - Extend Your Full Body Massage by 15mins
 - Full Body Dry Body Brushing
 - Apricot Cream Back Scrub & Mask
 - Express Manicure
 - Pamper Foot Treatment- Nail File, Cuticle Work, Massage & Paint
 - Invigorating Hand Treatment- Sugar & Lavender Hand Scrub, Soak & Massage
 - Invigorating Foot Treatment- Sugar & Lavender Foot Scrub, Soak & Massage

R890 Per Person

R1490 Per Couple

Add a 3rd person for R390

COUPLES TREAT 2H 30MINS

- Full Body Swedish Massage
- Pampering Lavender & Sugar Foot Scrub with Callus Treatment
- Pressure Point Foot Massage
- Indian Head, Neck & Shoulder Massage - 15mins
- Refreshing Apricot Back Scrub with A Steam
- Relaxing Candlelight Spa Bath & Wine

R1390 Per Couple

PURE RELAXATION 2 HOURS

The Perfect Sunday Treat

- Full Body Massage with Hot Stones on the Back
- Pressure Point Foot Massage
- Indian Head, Neck & Shoulder Massage
- Vhi derma deep facial with steam & extraction

R690 Per Person R1050 Per Couple



SPA PACKAGES

SPA DEAL **2 HOURS**

* Book 1
Get 1 Free

MUMMY TO BE **1H 30MINS**

- Full body pregnancy massage
- Foot smoothie : - Lavender Foot Soak,
- Sugar Foot scrub,
- Foot file
- Relaxing Foot Massage

R550 Per Person



- Full Body Swedish or Deep Tissue Massage 1hour
- Vhi Derma Deep Facial with Steam & Extraction
- Vhi Lip & Eye Treatment Mask
- Be Pampered with a Head Massage while the Facial Mask Sets
- Pressure Point Foot Massage
- Sugar & Lavender Foot Scrub
- Relaxing Foot Soak
- Nail File & Paint on Feet

R799 Per Person

**Make it Extra Special!
Add on 2 additional
People for only R690**

COCOON PACKAGE **1H 15MINS**

- Full Body Massage with
- Hot Stone On The Back
- Indian Head, Neck &
Shoulder Massage 15mins

**R450 Per Person
R790 Per Couple**



SPA MIDWEEK PACKAGES

SPA SERENITY **2 HOURS**

**MONDAY &
TUESDAY
ONLY**

- Full Body Swedish Massage
- Brightening Facial
- Under- Eye Treatment
- Head Massage while the Mask Sets
- Foot Massage
- Foot Scrub and Soak
- Callus Peel and Foot File
- Paraffin Dip on Feet

**R590 Per Person
R790 Per Couple
Pay Only R1390 for 4 people**

SPA MIX N MATCH **2 HOUR**

**MONDAY &
TUESDAY
ONLY**

- Full Body Swedish Massage OR
- 1 Hour Back Neck & Shoulder Massage
& 2 Spa Treatments From the List:
 - Vhi derma deep facial with steam & extraction
 - Manicure
 - Pedicure with callus treatment
 - Indian Head, Neck & Shoulder Massage-30mins
 - Pressure Point Foot Massage- 30mins
 - Apricot Back Scrub , Steam & Chocolate Back Mask

R590 Per Person



SPA MIDWEEK PACKAGES

CONTINUED

ROYAL PAMPER 2 HOURS

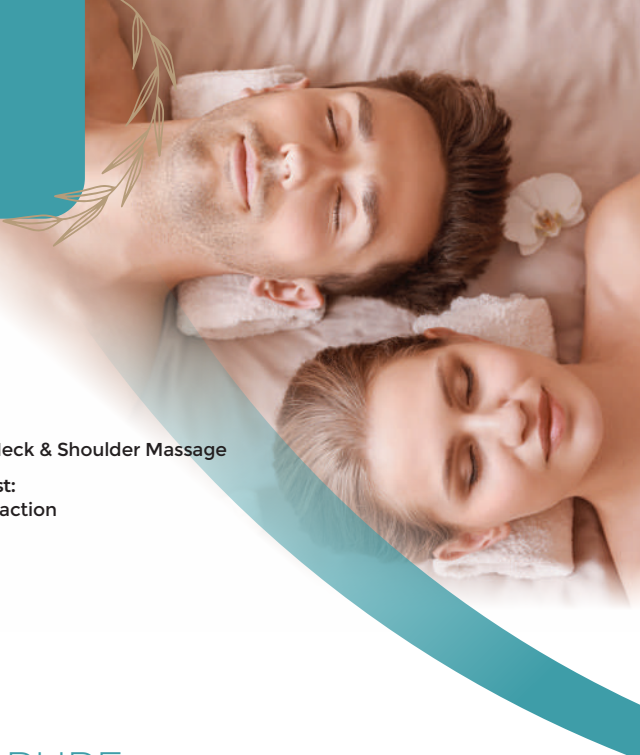
Choose your Massage:

- Full Body Swedish massage
- 1 hour Back and Neck Massage
- 30mins Foot Massage & 30mins Head Neck & Shoulder Massage

& Choose 2 Treatments each from the List:

- Vhi derma deep facial with steam & extraction
- Pedicure with Callus Treatment
- Manicure
- Vhi Brightening Facial
- Apricot Back Scrub & Mud Back Mask

R890 Per Couple



PURE BLISS 3 HOURS

- Delicious tea & muffins served on arrival
- Full Body Massage with Hot Stones On The Back
- Vhi derma deep facial With steam & extraction
- Pressure Point Foot Massage
- Blissful Manicure
- Pampering Pedicure with a callus treatment

R1190 Per Couple

KIDDIES SPA

TOTS & TEENS HIGH TEA 1H 30MINS

- Mini High Tea
- Express Back Massage
- Mini Facial with cucumber slice on the eyes
- Painting for Hands and feet
- Foot Scrub, Soak & Light Massage
- Hand Scrub, Soak & Light Massage

R295 Per Person - Up to 16 years

MUMMY & ME 2 HOURS

- Swedish Back & Neck Massage
- Relaxing Foot Massage

For Mum -

Vhi Hydration Booster Facial

For the little one -

Express Facial

For Mum -

a choice of a Pedicure or Manicure

For the little one -

Foot & Hand Scrub, Soak, Light Massage & Nail Painting

R790 for 2 - Up to age 12

R890 for 2 - Up to age 16

ADD LITTLE ONES (UP TO AGE 16)

R250 PER ADDITIONAL CHILD (MAX 6)

GROUP PACKAGES

Unwind & spend time with family,

FRIENDS OR WORK COLLEAGUES

WITH OUR CUSTOMIZED GROUP PACKAGES

SPA PAMPER BREAK **3 PPL**

Choose 3 Treatments Each from the List Below:

- Full Body Aromatherapy Massage
- 30mins Extended Full Body Massage or a Target Area
- Vhi Brightening Facial with Steam
- Vhi Hydration Booster Facial with Steam & Extraction
- Pedicure with callus treatment
- Manicure
- Indian Head & Neck Massage-30mins
- Pressure Point Foot Massage-30mins
- Vhi Lightening Hand or Foot Treatment with Paint-30mins
- Apricot and Geranium Back Scrub, Steam, Extraction & Mask-30mins

R495 Per Person - Minimum 3ppl

OH SO PAMPERED

Choose your Massage....

- Full Body Swedish Massage
- 1 Hour Back Massage

& 3 Spa treats from the list below:

- Vhi Brightening Facial
- Vhi Hydration Booster Facial with Steam
- Pampering Pedicure with callus treatment
- Blissful Manicure
- Indian Head Neck & Shoulder Massage- 30mins
- Pressure Point Foot Massage-30mins
- Back Treatment- Apricot & Geranium Back Scrub,
- Steam, Extraction + Mask - 30mins

R790 Per Person

R1290 Per Couple

Add a 3rd person for R350

REJUVENATE ME **3 PPL**

- Tea & coffee on arrival
- Pastries will be served
- Pressure Point Foot Massage -30mins
- Indian Head Neck &
- Shoulder Massage -15mins

R250 Per Person - Minimum 3ppl



Create Memories at Spa Durban

We host bridal & baby showers, team building and we tailor make packages for your budget contact us on sales@spadurban.co.za for a quote...

MASSAGE THERAPY

Swedish	60 mins R400	90 mins R520
Aromatherapy	60 mins R420	90 mins R540
Deep Tissue	60 mins R450	90 mins R550
Hot Stone	60 mins R450	90 mins R550
Back Neck	30 mins R250	60 mins R350
Foot	30 mins R200	
Indian Head	30 mins R250	
Pregnancy Massage	60 mins R450	



Add Ons

ROMANTIC & RELAXING SPA BATH

With Candles, Rose Petals & 2 Glasses of Bubbly

R250 Per Couple

Choose any 1 add on from the list:

- Hot Stone on the Back
- 15min Extension to Back or Full Body Massage
- Steam & Extraction to any Facial
- Refreshing Back Scrub
- Specialized Muscle Ease Massage Oil

R50 each

BODY SPA THERAPY

BODY EXFOLIATION & MOISTURIZING 30MINS

This is a prep treatment to rid the body of dry, dead skin cells, leaving your skin soft, smooth and renewed.

R250 Per Person



BODY WRAP TREATMENTS 30 TO 45MINS R450 each

Includes Dry Body Brushing

Vhi Skin Tightening Body Wrap

The perfect treatment for aging skin, post pregnancy & post weight loss. Rich in Papaya Enzymes, Hyaluronic Acid, Vitamins E plus our unique Tightening and Firming Complex

Chocolate Body Wrap

This anti-oxidant rich wrap, deeply moisturises skin & the relaxing aroma of coco gently relaxes your senses

Vhi Skin Brightening Body Wrap

This wrap has a combination of Fruit Extracts, Vitamins & Shea Butter. Brightens Skin & Improves Skin Texture

Detox Clay Wrap

Rich in natural minerals to gently detox & refresh, tired skin & muscles

Vhi Hydrating Body Wrap

Rich with Argan Oil from Morocco, Vitamins and Botanical Extracts. this Wrap leaves skin deeply moisturized, radiant & healthier skin

WAXING & THREADING

Lip, Chin, Brow	R40 each
Tinting Brow or Lash	R40 each
Full Face	R200
Underarm	R100
Bikini Line	R120
Brazilian	R200
Hollywood	R250

Half Arm	R100
Full Arm	R120
Half Leg	R150
Full Leg	R180
Shoulder & Upper Arm	R150
Chest	R180
Back	R200

HAND & FOOT TREATMENTS

Express Manicure Or Pedicure	R220	30 mins
Spa Manicure or Spa Pedicure	R290	60 mins
Hand Or Foot Treatment	R180	30 mins
Lightening Foot/Hand Treatment	R180	30 mins
Re-Varnish & File	R80	15 mins
French Paint	R80	15 mins
Soak Off	R50	15 mins
Gel Paint with Cuticle Work	R180	
Gel Paint	R100	



BEAUTY THERAPY



Expert, results-driven skin treatments with high dosages of active ingredients, targeted to treat specific skin concerns and disorders.



vhi SKIN & Spa

HYDRATION BOOSTER FACIAL WITH A WARM PARAFFIN TREATMENT

Nourish your skin from within with warm goodness. This facial is rich in argan, jojoba and olive oils, as well as vitamins to hydrate and deeply treat your skin. Added mandarin, orange and lemon extracts work as anti-oxidants within the skin, giving you a radiant glow.

R295 - 30mins

**R350 - 45mins
(with steam & extraction)**

VITAMIN BOOST FACIAL WITH STEAM

Get a well-rested glow with a Vitamin Boost Facial, packed with vitamins E, C and B to help uplift and revitalize tired and dehydrated skin.

R390 - 45mins

DERMA DETOX FACIAL WITH STEAM & EXTRACTION

A deep-cleansing treatment using active detoxifying charcoal, clays and botanical extracts, which reduce the appearance of breakouts, black and whiteheads, leaving your skin feeling clean, fresh and clear of impurities.

R390 Per Steam - 45mins

AGE-LIFT FACIAL WITH STEAM

Reveal a youthful glow with an anti-age treatment like no other! This facial treatment contains a unique Swiss active that visibly reduces wrinkles and fine lines. Rich in hyaluronic acid, Age-Lift increases hydration and soothes the skin.

R450 Per Treatment - 45mins

PIGMENT CLEAR FACIAL WITH STEAM

Brighten up dull skin with this Expert Facial Treatment, rich in rice, papaya and pineapple enzymes which exfoliate and remove dead skin cells. Added vitamin C, glutathione and kojic acid brightens and evens out your skin tone.

R390 - 45mins

UNDER-EYE REVITALIZING TREATMENT

A hydrating and revitalizing eye treatment that alleviates the appearance of puffiness, dark circles and signs of fatigue.

R200 - 30mins

R150 added on to any facial

Made in South Africa "Vhi is skincare at its finest." All our products are Cruelty free and contain: No Parabens No Sulphates No Hydroquinone No Mercury, Steroids or other harsh bleaching substances No artificial fragrances or colours

AESTHETIC TREATMENTS - FACE

VHI PRO-EPI PEEL

A milder peel packed with vitamins, minerals & texturizing actives to treat several skin concerns including pigmentation whilst adding an instant glow and tightening the skin. Known as a lunch peel with no down time. This peel is perfect as a starting peel or as a monthly maintenance peel to keep your skin looking radiant an even.

30 – 45MINS

Treats:

- Hyper-pigmentation
- Texturises and refines the skin
- Dark patches and spots on face
- Anti-age treatment (wrinkles & fine lines)
- Facial skin tightening
- Post-acne treatment for superficial scars
- Uneven skin tone, adds a glow

**R390 Per Session
Course of 6 R1950**

VHI 3D PEEL

See and feel a difference in your skin with Vhi's 3D Peel. Give your skin an instant boost with this power-packed treatment! Loaded with natural Vitamin C, B3 & E, White Mulberry, BearBerry & Liquorice. Vhi's 3D Peel will tighten and brighten your skin from the word 'glow'! The specialized Anti-Pigment actives in this peel works on the stratum corneum (dead skin layer), epidermis and dermis to improve the overall colour, texture and tone of your skin.

30 – 45MINS

Treats:

- Active acne, including hormonal breakouts
- Whiteheads and blackheads
- Texturises and refines the skin
- Superficial scars
- Improves the appearance of post-acne marks

**R450 Per Session
Course of 6 R2220**

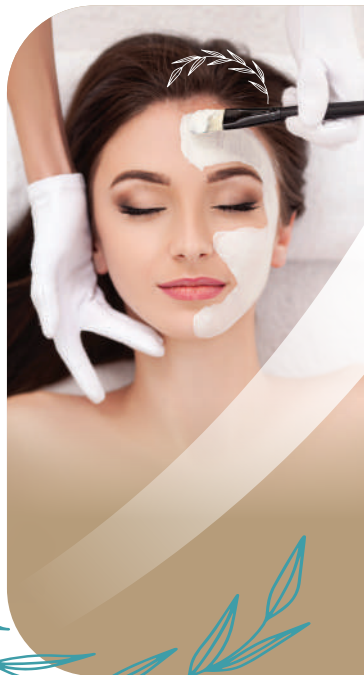
AESTHETIC PROFESSIONAL PEEL 30 – 45MINS

Advanced, balanced & safe chemical peel which stimulates cell renewal resulting in fresher, tighter & smoother skin. Safe for all Skin Types.

Treats:

- Pigmentation
- Superficial Scarring
- Acne
- Uneven Skin Tone
- Wrinkles
- Ageing dull tired skin

**R450 Per Session
Course of 6 R2220**



AESTHETIC TREATMENTS - BODY



VHI CALLUS TREATMENT 60 MINS

Remove Callus & hard skin from under feet. Includes a Full Pedicure with Painting

Treats:
• Callus
• Hard Dry Skin on the feet

R290 Per Treatment

VHI BODY PEEL 45 TO 60 MINS

Instantly reveal smoother, softer & brighter skin on your body. This professional treatment contains a Multi-Acid Complex, Enzymes & Botanicals Complex to give skin a new healthy glow in just one use.

Treats:
• Pigmentation
• Sun damage
• Scars
• Stretch marks
• Uneven skin tone
• Pimple

R495 Per Treatment Course of 4 R1790

SWISS SLIMMING BODY WRAP 30 - 45MINS

This Amazing Wraps Works by Reducing centimetres & contouring the Hips, Butt, Thighs, Arms, Love-handles, Bra Area & Back.

Treats: Fatty Deposits, Flabby Tummy, Cellulite, Water Retention, Aids in Centimetre Loss Improves Tightness & Firmness of the Skin, Improves the Appearance of Stretch Marks

Add on any of these Spa Treatments while you wait @ R100 each:
Full spa facial with steam & extraction & Head Massage-1hour
Full spa Manicure or Pedicure-1hour
30mins Head & Neck Massage

R450 Per Area Course of 6 R2390

SLIMMING CHILI AND GINGER WRAP 45 TO 60 MINS

Give your body a boost with this detoxifying wrap!

Ginger root and chili extracts, together with a blend of 9 essential oils have a warm and nourishing effect on the skin, all while detoxifying, stimulating lymph drainage and, as an added bonus, helps with body contouring and slimming. This wrap is paired with dry body brushing to enhance the detoxing effects

R450 Per Target Area Course of 6 R2390

LOYALTY BENEFITS



Receive More
at Spa Durban.

We appreciate you. Our award winning loyalty rewards benefits are custom designed to give you more.



Benefit 1: Spa Discounts

- Receive 5% Off our Spa Treatment

Benefit 2: Spa Backs Menu

- Cash Back Coupons, SpaBacks Can Be Used to Discount any Treatment or Product, Any Day of the Week
- Earn SpaBacks with Every Treatment/Product & Earn Extra when you Visit The Royal Hotel.
- Earn Double Spa Backs Every Monday & on Double SpaBacks Days
- Your SpaBacks Balance is Displayed on your Purchase Receipt & SpaBacks Do Not Expire.

Benefit 3: Spa Points

- Points Give You Complimentary Spa Treatments(Rewards)
- Earn Points with Every Treatment/Product/Voucher-R1=1 Point
- Points Continue to Grow until You're Ready to Claim a Reward. Even if You Redeem SpaBacks, Your Points Continue to Grow
- You Will Receive Email of Points Earned and Treatments (Rewards) unlocked
- Earn Extra Points By Referring Family & Friends

Benefit 4: Spa Love Coupons

Just because we love & appreciate you

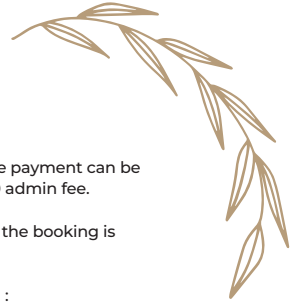
- Receive a special treat from us on your birthday - Add your birthday to your profile on Facebook or on the Check Rewards Tab on our website
- Receive Monthly "Add-on" Complimentary Treatments

For any questions, comments or to join our rewards programme enquire in spa or contact us on sales@spadurban.co.za

Loyalty Terms and Conditions

- Kindly note that all benefits are valid only after your first visit.
- Benefits are only awarded to profiles with valid email addresses.
- Each coupon is on valid according to its specified terms.
- Benefits are subject to change without prior notice from the spa.
- Only one loyalty benefit to be redeemed per visit.

SPA POLICY



Spa Policy/Booking Terms

- Please be advised that appointments are subject to availability.
- If you have made a deposit, partial or full payment and the booking is cancelled – the payment can be taken as a gift voucher if the correct cancellation terms are met. Refunds have a R50 admin fee. (Gift Vouchers are valid for 3 years)
- You may cancel your booking by giving us written notice via email. In the event that the booking is cancelled, a reasonable cancellation charge will be levied as following:
 - 2 Days Prior to the date of the booking : 50% cancellation fee.
 - 1 Day Prior to the date of the booking or on the day cancellation (no shows included) : 100% cancellation Fee.
- Please note that the Hotel is a separate entity. You will be subject to the Hotels Terms & Conditions for all Reservations booked by Fleur De Lis Spa on your behalf.
- Any meals ordered, which is not part of your treatment, must be settled directly with the hotel.
- Kindly note that bookings on weekends, public holidays or peak seasons will require a deposit.
- All bookings which are longer than 2 hours, or booking for 3 or more people, will require a deposit.
- Please note that late arrivals will be billed in full whilst reduced treatment time will apply.
- Specials can change without prior notice

Spa Etiquette

- Please be punctual for your appointment and arrive early.
- Please feel free to give your therapist feedback. Let her know if you have any special needs or disabilities so that your visit is comfortable.
- Please keep in mind that you are in a professional spa environment and will receive the treatment/ spa service you booked for.
- You may communicate your preferences during treatments so that adjustments can be made.
- Please be considerate and ensure that your cell phone is not on so that you, and the other clients, can enjoy the peaceful experience.
- Please do not leave children unattended for safety reasons.
- Tips are optional.
- Please do not bring food/ refreshments into the treatment area.



Relaxation Awaits...

Musgrave

031 826 8228

info@spadurban.co.za

whatsapp: 064 655 7989

Umhlanga

031 514 6582 / 031 826 6582

info2@spadurban.co.za

whatsapp: 071 403 7153

Skye Hotel

031 944 2829

info3@spadurban.co.za

whatsapp: 063 532 5431

Royal Hotel

031 829 9171

info4@spadurban.co.za

whatsapp: 082 448 0141

Vhi Skin & Spa

031 825 6300

info5@spadurban.co.za

whatsapp: 066 249 1437