

SPA DURBAN

Spa Treatment Menu



Professional, Affordable Spa Treatments
3 Branches, 7 days a week

www.spadurban.co.za

Spa Packages

The Royal Couple - 4 Hours

A Glass of Bubbly & A Slice of Cake on Arrival
Full Body Swedish Massage
Vhi Brightening Facial with Steam & Extraction
Skin Polishing Apricot Cream Back Scrub
Romantic Candle Lit Bath with Rose Petals
30mins Foot Massage
Choice of a Manicure or Pedicure with a Callus Treatment
A Hydrating Paraffin Dip Treatment for Hands or Feet
Tea Coffee & Finger Snacks will be Served During the Pedi or Mani

R1590 Per Couple

Dreamy Blissful Package - 3 Hours

Full Body Swedish Massage
Indian Head, Neck & Shoulder Massage 15mins
and Choose 4 treatments from the list:
Vhi Hydrating Spa Facial
Vhi Brightening Facial
Vhi Under-Eye Lightening Treatment
Pressure Point Foot Massage 30mins
Extend Your Full Body Massage by 15mins
Full Body Dry Body Brushing
Apricot Cream Back Scrub & Mask
Express Manicure
Pamper Foot Treatment- Nail File, Cuticle Work, Massage & Paint
Invigorating Hand Treatment- Sugar & Lavender Hand Scrub, Soak & Massage
Invigorating Foot Treatment- Sugar & Lavender Foot Scrub, Soak & Massage

R890 Per Person

R1490 Per Couple

Add a 3rd person for R390

Couples Treat - 2h30mins

Full Body Swedish Massage
Pampering Lavender & Sugar Foot Scrub + Callus Treatment
Pressure Point Foot Massage
Indian Head, Neck & Shoulder Massage- 15mins
Refreshing Apricot Back Scrub with A Steam
Relaxing Candlelight Spa Bath & Wine

R1390 Per Couple

Pure Relaxation - 2 Hours

The Perfect Sunday Treat

Full Body Massage with Hot Stones on the Back
Pressure Point Foot Massage
Indian Head, Neck & Shoulder Massage
Vhi derma deep facial with steam & extraction

R690 Per Person

R1050 Per Couple



Cocoon Package (Midweek) - 1h15mins

Full Body Massage with Hot Stone On The Back
Indian Head, Neck & Shoulder Massage 15mins

R450 Per Person

R790 Per Couple

Spa Mix n Match - 2 Hours

Monday & Tuesday Only

Full Body Swedish Massage OR
1 Hour Back Neck & Shoulder Massage

& 2 Spa Treatments From the List:

Vhi derma deep facial with steam & extraction
Manicure
Pedicure with callus treatment
Indian Head, Neck & Shoulder Massage-30mins
Pressure Point Foot Massage— 30mins
Apricot Back Scrub , Steam & Chocolate Back Mask

R590 Per Person



Mummy To Be - 1h30mins

Full body pregnancy massage
Foot smoothie- Lavender Foot Soak, Sugar Foot scrub, Foot file
Relaxing Foot Massage

R550 Per Person

Kiddies Spa

Tots and Teens High Tea - 1h30mins

Mini High Tea
Express Back Massage
Mini Facial with cucumber slice on the eyes
Painting for Hands and feet
Foot Scrub, Soak & Light Massage
Hand Scrub, Soak & Light Massage

R295 Per Person - Up to 16 years



Mummy & Me - 2 Hours

Swedish Back & Neck Massage
Relaxing Foot Massage
For Mum -Vhi Hydration Booster Facial with a warm Paraffin Mask
For the little one - Express Facial (No Paraffin Mask)
For Mum - a choice of a Pedicure or Manicure
For the little one- Foot & Hand Scrub, Soak, Light Massage & Nail Painting

R790 for 2 - Up to age 12

R890 for 2 Up to age 16 Add little ones (up to age 16) - R250 Per additional child (Max 6)

Spoil your little princess

We host kiddies spa parties - Contact us for quote on Sales@spadurban.co.za

Royal Branch Specials



Receive the Best Rates at the Royal Hotel Spa

**Book any treatment over R1050 at the Royal Hotel
and receive free uber pick up & drop off up to 10km...**

Royal Pamper - 2 Hours (Royal Hotel Only)

Choose your Massage:

Full Body Swedish massage

1 hour Back and Neck Massage

30mins Foot Massage & 30mins Head Neck & Shoulder Massage

& Choose 2 Treatments each from the List:

Vhi derma deep facial with steam & extraction

Pedicure with Callus Treatment

Manicure

Vhi Brightening Facial

Apricot Back Scrub & Mud Back Mask

R890 Per Couple

Pure Bliss - 3 Hours (Royal Hotel Only)

Delicious tea & muffins served on arrival

Full Body Massage with Hot Stones On The Back

Vhi derma deep facial With steam & extraction

Pressure Point Foot Massage

Blissful Manicure

Pampering Pedicure with a callus treatment

R1190 Per Couple

Spa Deal - 2 Hours ***Buy 1 Get 1 Free** (Royal Hotel Only)

Full Body Swedish or Deep Tissue Massage

Vhi derma deep facial with steam & extraction

Vhi Lip & Eye Treatment Mask

Be Pampered with a Head Massage while the Facial Mask Sets

Sugar & Lavender Foot Scrub

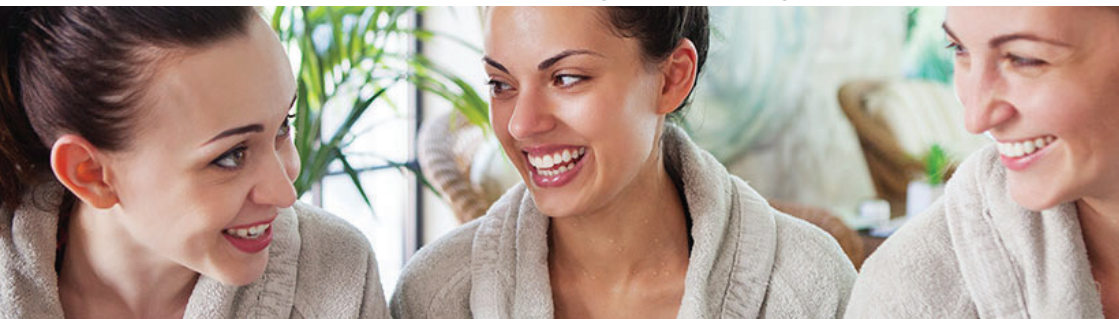
Relaxing Foot Soak

Nail File & Paint

R799 Per Person

Group Spa

Unwind & spend time with family, friends OR work colleagues with our customized group packages



Spa Pamper Break - 3ppl

Choose 3 Treatments Each from the List Below:

- Full Body Aromatherapy Massage
- 30mins Extended Full Body Massage or a Target Area
- Vhi Brightening Facial with Steam
- Vhi Hydration Booster Facial with Steam & Extraction
- Pedicure with callus treatment
- Manicure
- Indian Head & Neck Massage-30mins
- Pressure Point Foot Massage-30mins
- Vhi Lightening Hand or Foot Treatment with Paint-30mins
- Apricot and Geranium Back Scrub, Steam, Extraction & Mask-30mins

Book at the Royal Hotel & Choose 1 Complimentary Add-on Each:

- * Vhi Under-Eye Lightening Treatment
- * Extended Foot or Head Massage 15mins
- * Hot Stones on the Back of your Full Body Massage

R495 Per Person - Minimum 3ppl

*Receive all of the above add on's when booking for 10 or more ppl at any Spa Durban Branch

Oh So Pampered

Choose your Massage....

- Full Body Swedish Massage
- 1 Hour Back Massage

& 3 Spa treats from the list below:

- Vhi Brightening Facial
- Vhi Hydration Booster Facial with Steam
- Pampering Pedicure with callus treatment
- Blissful Manicure
- Indian Head Neck & Shoulder Massage- 30mins
- Pressure Point Foot Massage-30mins
- Back Treatment- Apricot & Geranium Back Scrub, Steam, Extraction + Mask- 30mins

R790 Per Person

R1290 Per Couple

Add a 3rd person for R350



Rejuvenate Me

Tea & coffee on arrival
Pastries will be served
Pressure Point Foot Massage-30mins
Indian Head Neck & Shoulder Massage-15mins

R250 Per Person - Minimum 3 ppl

Create Memories at Spa Durban

We host bridal & baby showers, team building and we tailor make packages for your budget contact us on sales@spadurban.co.za for a quote...

Massage Therapy



| | | |
|-------------------|--------------|--------------|
| Swedish | 60 mins R400 | 90 mins R520 |
| Aromatherapy | 60 mins R420 | 90 mins R540 |
| Deep Tissue | 60 mins R450 | 90 mins R550 |
| Hot Stone | 60 mins R450 | 90 mins R550 |
| Back Neck | 30 mins R250 | 60 mins R350 |
| Foot | 30 mins R200 | |
| Indian Head | 30 mins R250 | |
| Pregnancy Massage | 60mins R450 | |

Add Ons

Romantic & Relaxing Spa Bath

With Candles, Rose Petals & 2 Glasses of Bubbly

R250 Per Couple

Choose any 1 add on from the list:

- Hot Stone on the Back
- 15min Extension to Back or Full Body Massage
- Steam & Extraction to any Facial
- Back Exfoliation

R50 each



Body Spa Therapy

Body Exfoliation and Moisturizing - 30mins

This is a prep treatment to rid the body of dry, dead skin cells, leaving your skin soft, smooth and renewed.

R250 Per Person

Body Wrap Treatments - 30 to 45mins - R450 each

Includes Dry Body Brushing

Vhi Skin Tightening Body Wrap

The perfect treatment for aging skin, post pregnancy & post weight loss. Rich in Papaya Enzymes, Hyaluronic Acid, Vitamins E plus our unique Tightening and Firming Complex

Chocolate Body Wrap

This anti-oxidant rich wrap, deeply moisturises skin & the relaxing aroma of coco gently relaxes your senses

Vhi Skin Brightening Body Wrap

This wrap has a combination of Fruit Extracts, Vitamins & Shea Butter. Brightens skin improves skin texture

Detox Clay Wrap

Rich in natural minerals to gently detox & refresh, tired skin & muscles

Vhi Hydrating Body Wrap

Rich with Argan Oil from Morocco, Vitamins and Botanical Extracts. this Wrap leaves skin deeply moisturized, radiant & healthier

Waxing & Threading

| | | | |
|----------------------|----------|----------------------|------|
| Lip, Chin, Brow | R30 each | Half Arm | R100 |
| Tinting Brow or Lash | R30 each | Full Arm | R120 |
| Full Face | R180 | Half Leg | R120 |
| Underarm | R90 | Full Leg | R180 |
| Bikini Line | R120 | Shoulder & Upper Arm | R150 |
| Brazilian | R200 | Chest | R180 |
| Hollywood | R250 | Back | R200 |

Hand & Foot Treatments



| | | |
|--------------------------------|------|---------|
| Express Manicure Or Pedicure | R220 | 30 mins |
| Spa Manicure or Spa Pedicure | R250 | 60 mins |
| Hand Or Foot Treatment | R180 | 30 mins |
| Lightening Foot/Hand Treatment | R180 | 30 mins |
| Re-Varnish & File | R80 | 15 mins |
| French Paint | R80 | 15 mins |
| Soak Off | R50 | 15 mins |
| Gel Paint with Cuticle Work | R180 | |
| Gel Paint | R100 | |



Pure and Natural Skin and Body Products which Produces Results That Can be Seen and Felt. The Active Ingredients in Vhi Skin Care are Sourced at the Highest Quality and Blended in the Right Dosages and Concentrations which Gives you an Effective Treatment For several Skin Concerns

Hydration Booster Facial with a Warm Paraffin Treatment

Rich in Argan, Olive, Orange peel and Lemon fruit extracts. Gently boosts hydration

R295 - 30mins

R350 - 45mins (with steam & extraction)

Derma Deep Facial with Steam & Extraction

Reduce the appearances of Pores, Acne, Acne Scars, Blackheads and Whiteheads. With detoxifying charcoal & botanical extracts leaving your skin feeling oh so clean

R390 - 45mins

Pigmentclear Facial

Rich in vitamin c, glutathione, kojic acid, & botanical extracts to brighten & even out your skin tone

R350 - 30mins

R390 - 45mins (with steam & extraction)

Instant Lift Facial with Steam & Extraction - 1 Hour

An anti aging treatment like no other. Rich in hyaluronic acid & Retinol to enhance skin tone & firmness

R450 Per Treatment

Under-Eye Revitalizing Treatment

A hydrating and revitalizing eye treatment that alleviates the appearance of puffiness, dark circles and signs of fatigue.

R200 - 30mins

R150 added on to any facial

Made in South Africa "Vhi is skincare at its finest." All our products are Cruelty free and contain: No Parabens No Sulphates No Hydroquinone No Mercury, Steroids or other harsh bleaching substances No artificial fragrances or colours

Aesthetic Treatments

Aesthet Professional Peel - 30 to 45 mins

Advanced, balanced & safe chemical peel which stimulates cell renewal resulting in fresher, tighter & smoother skin. Safe for all Skin Types.

Treats:

Pigmentation
Superficial Scarring
Acne
Uneven Skin Tone
Wrinkles
Ageing dull tired skin

R450 (Standard Price is R950)



VHI Body Peel - 45 to 60 mins

Instantly reveal smoother, softer & brighter skin on your body.

This professional treatment contains a Multi-Acid Complex, Enzymes & Botanicals Complex to give skin a new healthy glow in just one use.

Treats:

Pigmentation
Sun damage
Scars
Stretch marks
Uneven skin tone
Pimples

R495 Per Treatment

Course of 4 R1790

VHI Pro Peel - 60 mins

High Intensity Peel Packed with Vitamins, Minerals & Texturizing Actives to Treat Several Skin Concerns Including Pigmentation Whilst Adding an Instant Glow and Tightening the Skin. Vitamins & Minerals also Nourish and Soften the Skin.

Treats:

Hyper-Pigmentation
Texturizers & Refines the Skin
Dark Patches & Spots on Face
Anti- Age Treatment - Wrinkles and Fine Lines
Facial Skin Tightening
Post Acne Treatment for Superficial Scars
Uneven Skin Tone, Adds a Glow
Mild Acne



R450 Per Treatment

Course of 6 R2200

VHI Callus Treatment - 1 Hour

Remove Callus & hard skin from under feet. Includes a Full Pedicure with Painting

Treats
Callus
Hard
Dry Skin on the feet

R250 Per Treatment



Swiss Slimming Body Wrap - 1 Hour

This Amazing Wraps Works by Reducing centimetres & contouring the Hips, Butt, Thighs, Arms, Love-handles, Bra Area & Back.

Treats:
Fatty Deposits
Flabby Tummy
Cellulite
Water Retention
Aids in Centimetre Loss
Improves Tightness & Firmness of the Skin
Improves the Appearance of Stretch Marks

Add on any of these Spa Treatments while you wait @ R100 each:

Full spa facial with steam & extraction & Head Massage-1hour

Full spa Manicure or Pedicure-1hour

30mins Head & Neck Massage

R450 Per Area

Course of 6 R2390

DermaRolling

This treatment uses a device which has several tiny surgical needles. These needles penetrate the skin stimulating new collagen production, cell renewal & allows products to penetrate better. Dermarolling is extremely effective in treating deep pitted post acne scars & is safe for all Skin Types.

Treats:
Pitted Scars
Wrinkles and Fine Lines
White & Red Stretch Marks
Superficial Scarring
Anti-Age

Price on request from R650



Loyalty Benefits

Receive More at Spa Durban. We appreciate you. Our award winning loyalty rewards benefits are custom designed to give you more.

Benefit 1: Spa Discounts

- Receive 5% Off our Spa Treatment Menu
- Receive 5% Off All Online Vouchers
- Request your unique code by emailing sales@spadurban.co.za



Benefit 2: Spa Backs

- Cash Back Coupons, SpaBacks Can Be Used to Discount any Treatment, Any Day of the Week
- Earn SpaBacks with Every Treatment/Product & Earn Extra when you Visit The Royal Hotel.
- Earn Double Spa Backs Every Monday & on Double SpaBacks Days
- Your SpaBacks Balance is Displayed on your Purchase Receipt & SpaBacks Do Not Expire.

Benefit 3: Spa Points

- Points Give You Complimentary Spa Treatments(Rewards)
- Earn Points with Every Treatment/Product/Voucher-R1=1 Point
- Points Continue to Grow until You're Ready to Claim a Reward. Even if You Redeem SpaBacks, Your Points Continue to Grow
- You Will Receive Email of Points Earned and Treatments (Rewards) unlocked
- Earn Extra Points By Referring Family & Friends

Benefit 4: Spa Love Coupons

Just because we love & appreciate you

- Receive a special treat from us on your birthday - Add your birthday to your profile on Facebook or on the Check Rewards Tab on our website
- Receive Monthly "Add-on" Complimentary Treatments

For any questions, comments or to join our rewards programme enquire in spa or contact us on sales@spadurban.co.za

Loyalty Terms and Conditions

- All benefits only valid after your first visit
- Benefits only awarded to profiles with valid email addresses
- To qualify for Birthday Coupons, you must log onto your profile and fill in your birthday
- Birthday Coupons are only awarded to clients with active Loyalty Profiles
- Each coupon is valid according to its specified terms
- Benefits are subject to change without prior notice

Spa Policy

- * Please arrive 15 minutes before your appointment time.
- * Late arrivals will be billed in full.
- * Deposits are required for all bookings & are non-refundable.
- * When Booking for 3 ppl , All Must Attend on the Same Day & Same Time
- * Standard T'c & C's Apply



Relaxation Awaits...

Musgrave

315 Peter Mokaba Ridge
1st Flr Coastlands Hotel
Tel: 031 826 8228
info1@spadurban.co.za

Umhlanga Rocks

329 Umhlanga Rocks Dr
Gr Flr Coastlands Hotel
Tel: 031 514 6582
031 826 6582
info2@spadurban.co.za

The Royal

267 Anton Lembede St
21st Flr The Royal Hotel
Tel: 031 829 9171
info4@spadurban.co.za

Open 8am to 9pm Monday to Saturday
8am to 7pm Sunday

www.spadurban.co.za

