



MAMMOTH RACK

Installation Manual

MAMMOTH RACK

Disclaimer

This equipment must be used with care by capable and competent individuals under supervision, if necessary. The use of any fitness equipment, including this one, involves the potential risk of injury. You accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur, and you fully and forever release and discharge BURLI, LLC, its insurers, employees, officers, directors, associates, and agents from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of the use of said equipment.

BURLI, LLC MAKES NO WARRANTY WHATSOEVER WITH RESPECT TO THE EQUIPMENT, INCLUDING ANY WARRANTY OF MERCHANTABILITY OR WARRANTY OF FITNESS FOR A PARTICULAR PURPOSE, WHETHER EXPRESS OR IMPLIED BY LAW, COURSE OF DEALING, COURSE OF PERFORMANCE, USAGE OF TRADE OR OTHERWISE. BUYER ASSUMES ALL LIABILITY IN USE OF THE EQUIPMENT.

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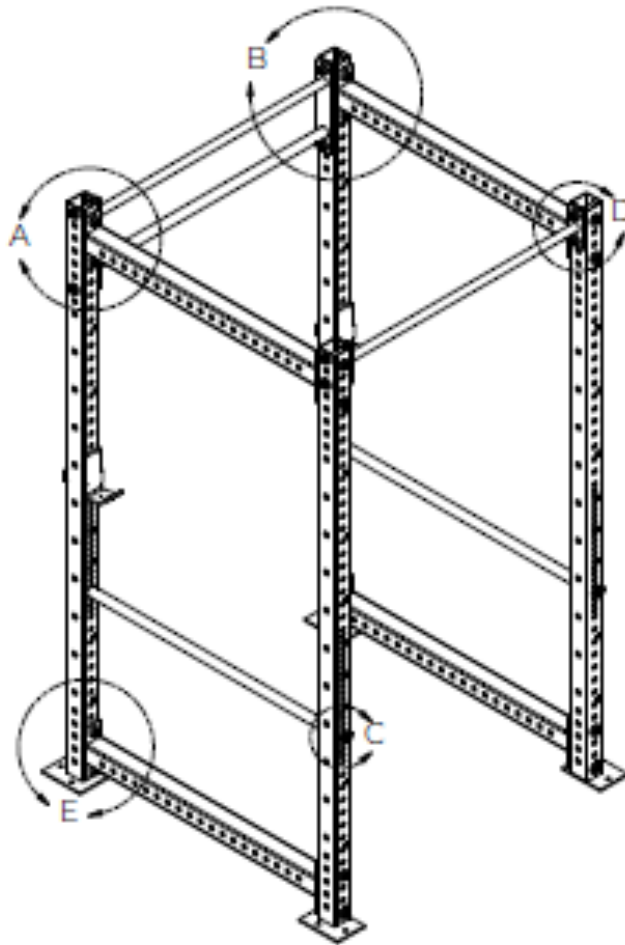
Important Safety Notes

There is a risk assumed by individuals who use this type of equipment. Before beginning this or any other exercise program consult your physician. This is especially important for individuals over the age of 35 or persons with pre-existing health problems. BURLI, LLC assumes no responsibility for personal injury or property damage sustained by or through use of this product.

1. This product must be assembled on a flat, level surface to assure its proper function.
2. Inspect and tighten all parts before every use. Replace any worn parts immediately. Failure to do so may result in serious injury.
3. Keep children away from the Mammoth Squat Stand at all times.
4. Keep your hands and fingers away from moving or hinging parts.
5. Exercise with care to avoid injury.
6. If unsure about the proper use of the Mammoth Squat Stand contact BURLI, LLC at 503-406-8882.

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Parts Included



Description	Quantity
Upright Post	x 4
Crossmembers	x 4
Fat/Skinny Combo Pull-up Bar	x 1
Single 1.25" Pull-up Bar	x 1
Pin/Pipe Safeties	x 2
Mammoth J-Cups	x 2
Hex Bolts (5/8" x 4.5")	x 24
Nyloc Nuts (5/8")	x 24
Washers (5/8")	x 48

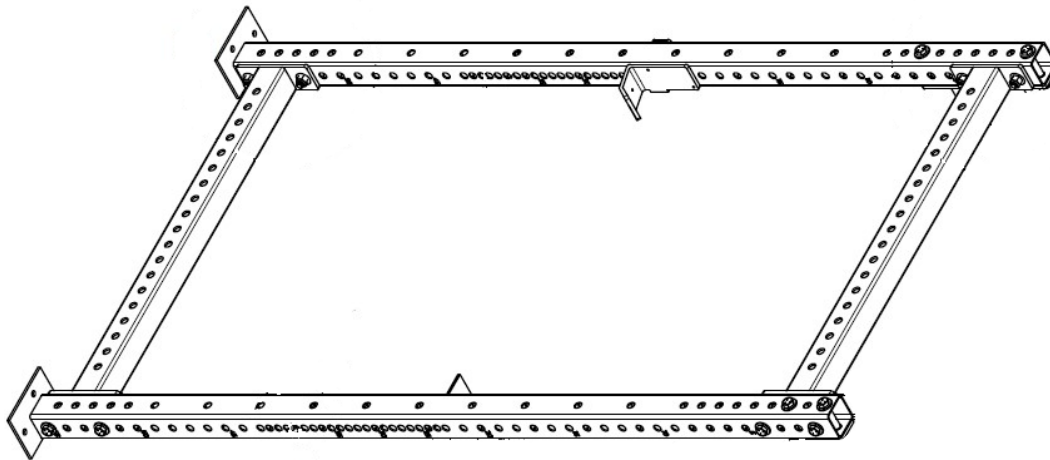
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Step 1 – Assemble Sides

Tools Required: Adjustable Wrench, 15/16th Socket Wrench

Materials Included: Upright Posts (4), Crossmembers (4), Hex Bolt (16), Nyloc Nut (16), Washer (32)

Materials Needed: None



1. Lay Upright Posts parallel to the floor surface
 - 1.1. **Note:** Place Upright Posts so holes in the foot pad of the Upright Post face out from the side of the Upright Post that has numbers.
2. Place Crossmembers (2) between the Upright Posts as shown above.
 - 2.1. **Note:** Align the bottom Crossmember in the 1st and 4th holes from the bottom of the Upright Posts and align the top Crossmember in the 1st and 4th holes from the top of the Upright posts
3. Insert Hex Bolt (8) with Washer (8) through Upright Post and Crossmember with the threaded end of the Hex Bolt facing inward.
4. Fasten Washer (8) and Nyloc Nut (8) to threaded end of each Hex Bolt using 15/16" Socket Wrench and Adjustable Wrench.
5. Repeat Step 1 – Step 4 for the second set of Upright Posts and Crossmembers

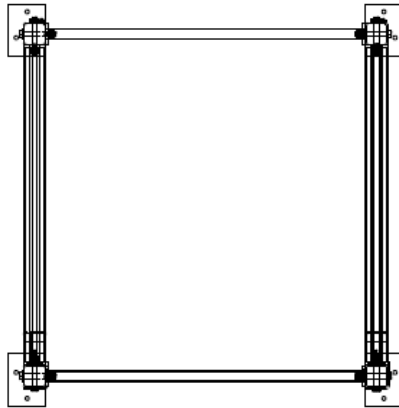
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Step 2 – Attach Pull-up Bars

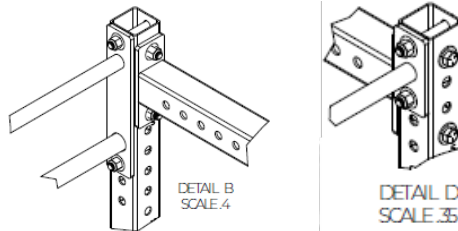
Tools Required: Stepladder, Adjustable Wrench, 15/16th Socket Wrench

Materials Included: Fat/Skinny Combo Pull-up Bar (1), Single 1.25" Pull-up Bar (1), Hex Bolt (8), Nyloc Nut (8), Washer (16)

Materials Needed: None



1. Stand both sides upright spaced approximately 4' apart using the help of a second person.
 - 1.1. **Note:** Confirm the hole pattern on the foot pads of the Upright Posts match the diagram above.
2. Place the Fat/Skinny Pull-up Bar between both sides
3. Insert Hex Bolt (4) with Washer (4) through Upright Post and Fat/Skinny Pull-up Bar with the threaded end of the Hex Bolt facing inward as shown in the diagram below.
4. Fasten Washer (4) and Nyloc Nut (4) to threaded end of Hex Bolt using 15/16" Socket Wrench and Adjustable Wrench.



5. Repeat Step 2 – Step 3 with Single 1.25" Pull-up Bar

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Step 3 – Mount to Floor

Optional

1. If desired, you can mount the Mammoth Rack to your floor using ½" x 3" floor anchors