

# Toner or Astringent – What’s Best for Your Skin Type?

Are you confused about whether you should use a toner or an astringent? What’s the difference anyway? Allow us to break it down for you and finally put the toner vs astringent confusion to rest!



**Beauty starts from within... the bottle.** Toners and astringents are formulated differently and for that reason, serve different skin types. While both of our Toners and Astringents contain our proprietary Witch Hazel Aloe Vera formula, toners are water-based products, and typically include antioxidants and cell-repairing ingredients. Astringents, on the other hand, are alcohol-based products. Our astringents contain natural alcohol from botanical sources.

**Tone it down.** Thayers toners contain aloe and glycerin, which can draw water into the skin and may help soothe and buffer pH levels. Thayers toners may help hydrate the skin and also remove any excess dirt or grime that wasn’t cleaned off by your facial cleanser.

**All for astringents.** While providing similar benefits as toners, Thayers astringents are designed to aid in the removal of oil from the skin. Most astringents can dry out skin in the process. Thayers astringents, however, include aloe and glycerin, which help prevent loss of moisture. Thayers astringents also remove traces of dirt and grime from your skin.

So, which one is right for you? It all depends on your skin type. Toners cover most skin types and can work for anybody. If you find your skin is of the oilier and acne-prone type, an astringent may provide you further benefit. It’s specially formulated to remove excess oil and work against acne-causing bacteria due to the presence of alcohol.

Whichever one is best for your skin type, remember to follow up with your moisturizing regimen to get that healthy, glowing complexion.

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