



Karen Montgomery



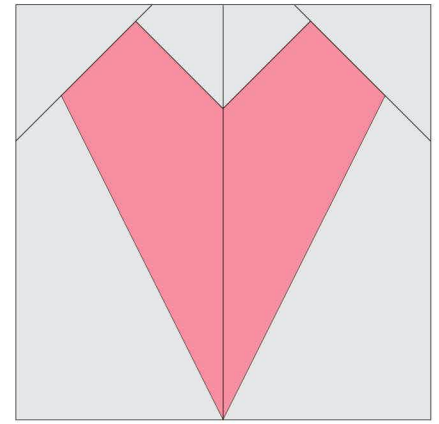
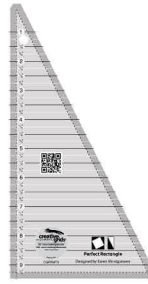
MY VALENTINE BLOCK

8" finished

MATERIALS

Perfect Rectangle Ruler from Creative Grids
CGRTMT3

- 8 ½" by 10" rectangle of heart fabric.
- 8 ½" by 10" rectangle of background fabric.
- 2 squares 3 ½" of background fabric.
- 2 squares 2" of background fabric.

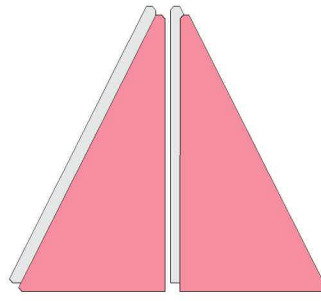
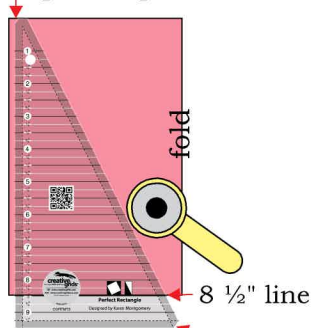


INSTRUCTIONS

1. Fold both of the 8 ½" by 10" fabrics in half to form a rectangle 8 ½" by 5". Use the Perfect Rectangle Ruler to cut one pair of triangles 8 ½" high from each fabric. Clip the tip on the small end of the triangle. Reposition the ruler to align the bottom edge and the angle edge and clip the bottom corner. These small corner clips are designed to help you position the pieces correctly for perfect rectangles. The folded fabric will result in two mirror image pieces as

3. Place the 2" square of background fabric in the corner of the heart fabric as shown below, having the right sides together. Draw a diagonal line in the direction shown. Stitch directly on that line. Trim the excess fabric, leaving a 1/4" seam allowance. Press this seam toward the heart fabric.

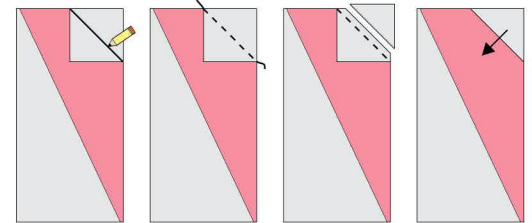
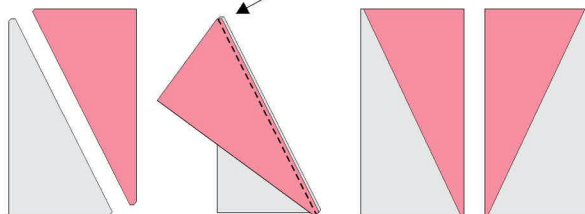
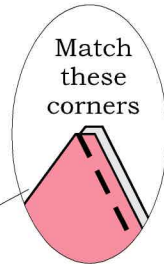
Clip this tip



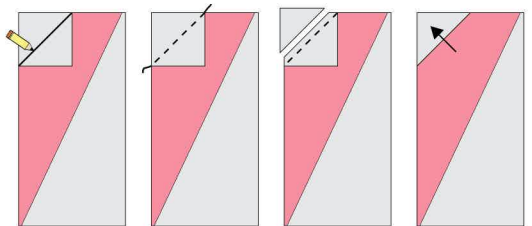
Cut 2 from heart fabric.
Cut 2 from background fabric.

Reposition the ruler and clip this tip too!

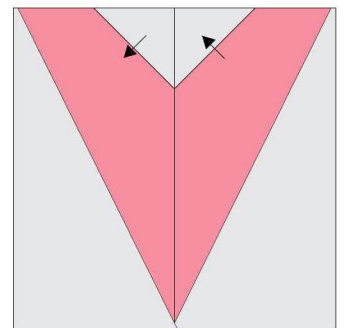
2. Using a 1/4" seam allowance, stitch the triangles together in pairs, matching the clipped corners. Make one right facing and one left facing rectangle as shown below. Press the seams open.



Repeat the process on the second side of the heart, pressing the seam toward the background fabric.

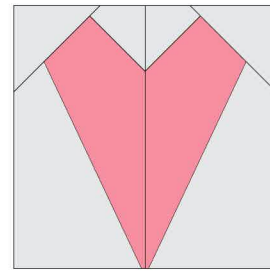
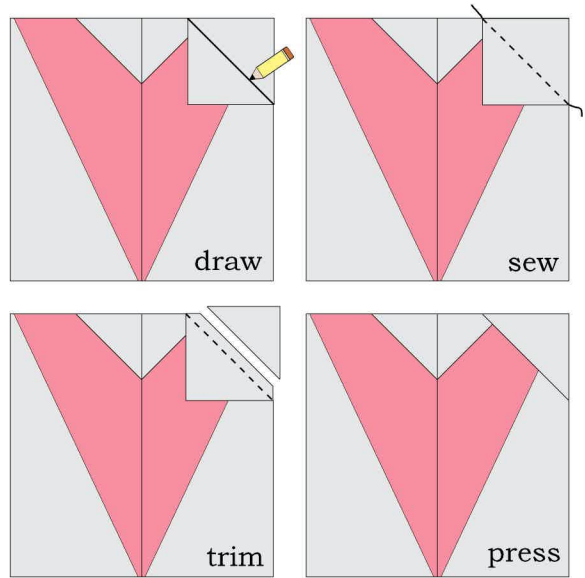


4. Stitch the two halves together, matching the seams.



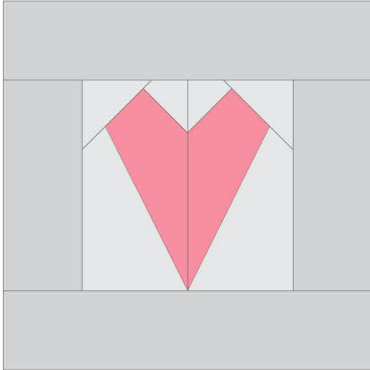
5. Repeat the process to clip the top two corners using the 3 1/2" background squares. Place the squares right sides together with the heart block, having the raw edges even. Draw the diagonal line as shown. Stitch directly on the line. Trim the excess fabric, leaving a 1/4" seam allowance. Press. Your finished block will measure 8 1/2" including seam allowance.

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What Can I Do With An 8" Block?

Add 3 1/2" strips to each side to make a 14" pillow top.



Make 10 blocks and sew them together to make a 16" by 40" table runner.

