

unwindstudio

About Unwind Studio

We're Unwind Studio. Home of truly unique, artist-designed needlepoint craft kits that, through the process of mindfully creating them, have the power to bring you back to yourself.

Charles Eames said it best when he said “take your pleasure seriously” because the time we give to taking care of ourselves is the best investment we can make.

Ready? **Let's unwind together.**

Materials you will need

- 1** Zweigart mono, interlock or double threaded **needlepoint canvas**, with a mesh size you prefer. For this design our recommendation is to use interlock or royal canvas, mesh size 13.
- 2** **Artist tape**, to bind the edges of your canvas to avoid fraying and catching on your threads while stitching.
- 3** **Threads of your choice**, but taking in consideration the canvas mesh size selected. Thicker threads should not be used with high mesh canvas sizes.
- 4** **Tapestry needle**, with size according to your canvas mesh size.
- 5** **A pair of scissors**
- 6** Printed out, or digital **counted chart**. If you feel the need to mark your canvas with some guidelines for easier stitching, we recommend you to use a pen with fine tip and waterproof ink.

How to start

The grid of the chart is defined with thicker lines in 10 stitch intervals to help you count.

You can use our alphabet chart in any mesh needlepoint canvas. Just be mindful that depending on the mesh size of your canvas, the end result of your letters and numbers design can turn out smaller or larger! I.e., a word stitched in a 10, 13 or 18 mesh canvas will have different dimensions.

You can start stitching by any corner, or by the top or bottom. Whatever you feel more comfortable!

Depending on your finishing, you might want to center the design in your canvas. If you prefer so, you can guide yourself by the red lines of the counted chart. Also, decide how much background area you want to have (open or stitched).

Scan the QR code below to read our complete blog post on **how to read a needlepoint chart**:



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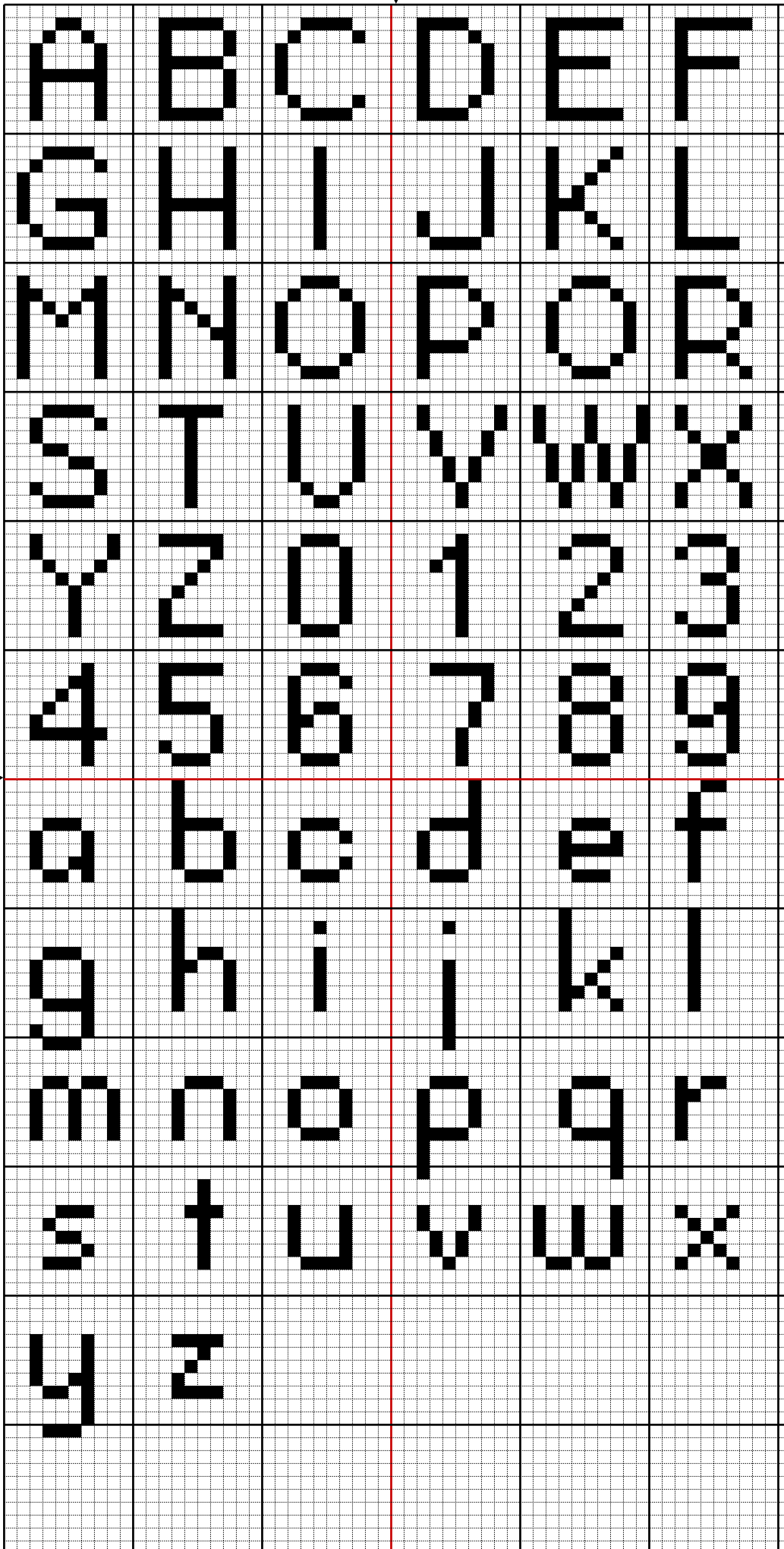
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Finishing

What about the final products you can do with our needlepoint alphabet chart? There are many possibilities for personalizing needlepoint canvases with a fun sentence, signing your name or a special date. Use your imagination and let your creative expression shine!

Scan the QR code below to watch our finishing video tutorials:



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Thank you so much
for stitching with us!

If you want to share this beautiful design with a friend, please encourage them to purchase their own charted graph. When buying from us, you are supporting our small business project as well as our unwind studio artists.

Tag us on Instagram @unwind.studio or share by email to: email hello@unwind.studio.
We'd love to see your creations!