

Believe Diapers

Birth bag checklist

- | | |
|--|---|
| <input type="checkbox"/> Change of loose clothes | <input type="checkbox"/> Bluetooth speaker |
| <input type="checkbox"/> Birth clothes | <input type="checkbox"/> Food and drinks |
| <input type="checkbox"/> Sweater or sweatshirt | <input type="checkbox"/> Water bottle with straw |
| <input type="checkbox"/> Socks (2 pairs) | <input type="checkbox"/> Lip balm |
| <input type="checkbox"/> Flip flops | <input type="checkbox"/> Copies of all documents |
| <input type="checkbox"/> Personal care items | <input type="checkbox"/> Earplugs and eye mask |
| <input type="checkbox"/> Contacts, solution, glasses | <input type="checkbox"/> Wash cloth or hand towel |
| <input type="checkbox"/> Hairbands or headband | <input type="checkbox"/> Birth ball/pump |
| <input type="checkbox"/> Unscented lotion | <input type="checkbox"/> Pillow and blanket |
| <input type="checkbox"/> Essential Oils | |
| <input type="checkbox"/> Phone charger | |
| <input type="checkbox"/> Any necessary notes | |

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at 40% OFF with code:

BIRTBAG40

The only bamboo made, chemical-free diaper with a 1 for 1 diaper donation program!

www.BelieveDiapers.com

Believe Diapers

Postpartum bag checklist

- | | |
|---|--|
| <input type="checkbox"/> Soft, dark underwear | <input type="checkbox"/> Button-down shirt for partner |
| <input type="checkbox"/> Nursing bras & pads | <input type="checkbox"/> Partner's toiletries |
| <input type="checkbox"/> Loose-fitting clothes/ PJs | <input type="checkbox"/> Nonperishable snacks |
| <input type="checkbox"/> Flip flops for shower | <input type="checkbox"/> Baby's going home outfit |
| <input type="checkbox"/> Personal care items | <input type="checkbox"/> Mom's going home outfit |
| <input type="checkbox"/> Sanitary pads | <input type="checkbox"/> Pretty swaddle for photos |

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