

Risk Assessment:

Nearest First Aid: Equipped

Activity: River Trips (Canoe/Kayak)

Nearest Telephone: Equipped

Location:

Emergency Rally Point (If Applicable):

Hazard	To Whom	Preventative Measures	Instructor Notes
Water - Drowning	All	<p>Prior to session, Instructors must ensure that the conditions of the water are safe for use, regarding flow. Correctly fitted Buoyancy Aids will be distributed and fitted by trained staff.</p> <p>Instructors will remain vigilant and ensure that line of sight and communication is sustained throughout the session.</p>	<p>Weather checks to be recorded in the Weather Records folder.</p> <p>Participants must be informed of safety procedures, awareness on the water and what to do in the event of capsizing.</p> <p>Leashes must be attached to paddleboards if wind exceeds 10 knots.</p>
Climate Conditions – Hyper/Hypothermia, exhaustion, dehydration etc.	All	<p>Prior to expeditions, Instructors must check conditions are safe to operate.</p> <p>Participants must be informed of appropriate attire and suggested spares.</p> <p>Emergency Exit points are situated along the expedition with centre staff on call in the event of an emergency evacuation being required.</p> <p>Instructors must remain vigilant and monitor the groups' condition and physical state.</p>	<p>Staff must equip extra clothing and fluids, in the event that someone should capsize to sustain conditions and prevent worsening.</p> <p>Instructors must perform a kit check prior to entering the water to ensure that all parties have adequate equipment for the duration. Participation is prohibited if their clothing is inappropriate and no solution can be sourced.</p> <p>Dry Bags must be equipped to hold dry spare clothing. Fluids must also be equipped to sustain conditions.</p> <p>In tandem canoes, pairing must be made with consideration to size and ability to ensure the group has the faculty to stay together, thereby reducing the risk of exhaustion and other potential ailments.</p>
Vessel – Entrapment, Injury, Paddle,	All	<p>Attire must be functional without any dangling strands.</p> <p>Shoes must be tied.</p> <p>Warning must be verbally given of collisions.</p>	<p>Kit Check Prior to setting up the session to ensure all parts are in order.</p> <p>Attention must be drawn to the participants' control over the vessel and special awareness.</p>
Access and Egress – Injury/Capsizing	Participants	<p>High levels of communication must be maintained during access and egress, and must be carried out one at a time with the aid and assistance of trained individuals. Group</p>	

		control is crucial at this phase of the session.	
Vessels – Faults, loose parts, Equipment Failure etc.	All	All equipment will be checked for appropriate, safe use by trained staff prior to session start. Any faults must be recorded and repaired as soon as possible. Any vessels that are deemed unsafe must be removed from the fleet as soon as the fault is identified until such time as the identified fault has been remedied.	
River Bank/Debris/Natural obstacles	All	Instructors must lead and tail the group. Instructors must be vigilant and instruct where appropriate to prevent collisions with the bank. Any new debris or unexpected features of the river must be evaluated and avoided where possible. Participants must be made aware of their own awareness and impact on the river. Brighton Watersports will access and exit only at pre-decided access and exit points, unless in the event of an emergency, to sustain the river banks and help prevent unnecessary bank erosion.	
Manual Handling	All	Participants must be informed on correct method of handling. Where possible lifting should be carried out by staff. Divide the load, plan the route, and lift with legs, back straight.	

Equipment Requirements:

- First Aid
- PPE
- Radio Comms
- Mobile Phone
- Nourishment; Food, Water
- Spare Parts and Clothes

Emergency Contacts:

- Brighton Watersports: 01273 232160
- Adam Chinery:
- Joseph Williams: 07500 437847

Conducted By: JDW