

### Recycled Ties Yo-Yo Scarf

Recycle silk blouses, ties, damaged scarves, or even silk fabric scraps to create this easy, yet spectacularly crafted scarf. Stitched all by hand, it's a perfect travel project. Create the petite yo-yos using either a yo-yo maker or included pattern. Stitch yo-yos into rows to create the scarf.

Approximate Finished Size: 3½" x 61"

#### Supplies Needed:

- Assorted soft and silky fabrics

#### Helpful Notions:

- 4" scissors
- Hand sewing needles
- Coordinating 30 wt. cotton thread
- Template plastic
- Erasable fabric marking pen or pencil
- Appliqué pins
- Optional: Thermal Thimbles
- Optional: Ultimate Press Pad
- Optional: Quick Yo-Yo Maker X-Small
- Optional: Hands Free Lighted Magnifier

#### Instructions:

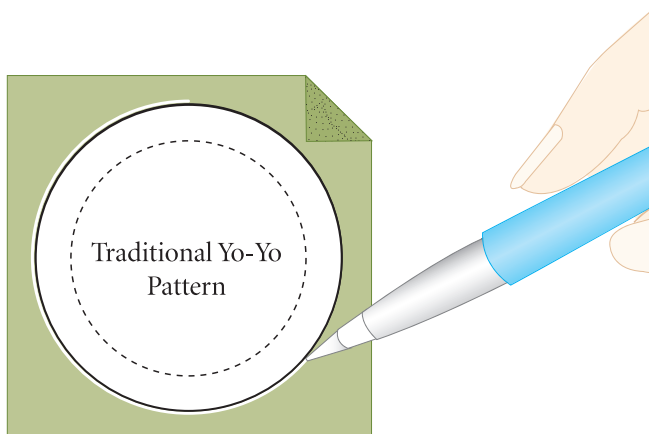
*Note: Read all instructions before beginning project.*

##### 1. Prepare fabrics:

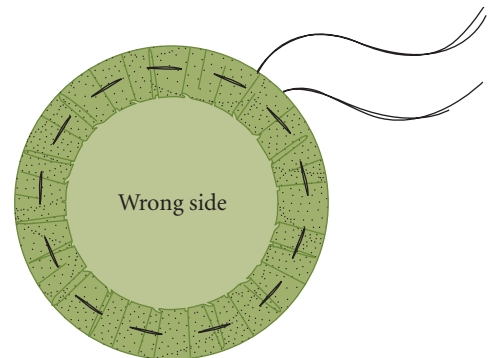
- Collect an assortment of silk blouses, ties, damaged silk scarves, and fabric scraps from you closet, sewing room, or local thrift shop.
- Hand wash items, keeping similar colors together, in cold water, and air dry.

##### 2. Create yo-yos using one of the following options:

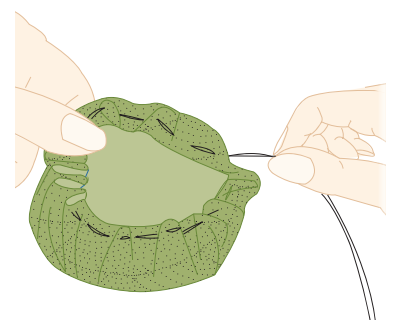
- **Option 1**-Traditional yo-yos:
  - Trace the yo-yo paper pattern on to a piece of template plastic, included on the PDF and cut out.
  - Place pattern on the wrong side of fabric.
  - Trace pattern shape using an erasable fabric marking pen or pencil.



- Cut out fabric circle, following traced line.
- Fold under ¼" along outer edge of fabric circle, to wrong side. With a gathering stitch, stitch around circle edge:
  - \* Thread a hand sewing needle with a doubled length of thread. Knot thread leaving a ½"-1" thread tail beyond knot. This will make it easier to see the starting point when you're completing the yo-yo.
  - \* Sew a gathering (or running) stitch around outer edge of circle.

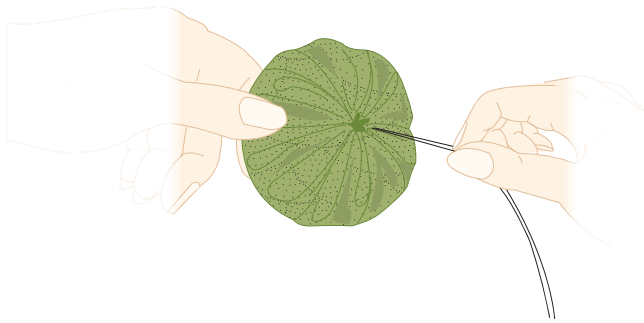


- Create yo-yo:
  - \* Pull thread ends and gather circle into a little puff, with the outer edges gathered together in the middle.



- \* Adjust gathering until yo-yo has a shape you desire. A small hole forms in the middle.

*Note: You might find it helpful using the Hands Free Lighted Magnifier, especially when working with dark colored fabrics. The yo-yos are small; the magnification will help in the stitching and shaping of the yo-yos. Add the Hands Free Lighted Magnifier to your travel tote, to make this an easy on the go project.*



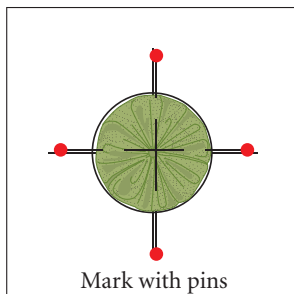
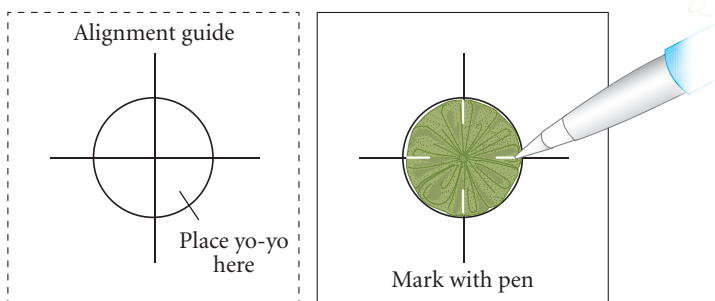
- \* Flatten yo-yo and center hole. Tie threads to keep gathers in place; bury threads in yo-yo, and trim excess thread.

*Note: Using the Ultimate Press Pad and Thermal Thimbles to shape yo-yos. The press pad cushions the yo-yo as well as prevents them from sliding around. The Thermal Thimbles protect your fingers as well as hold a yo-yo in place for pressing.*

- Repeat steps for needed number of yo-yos. For our scarf, we used approximately 350.
- **Option 2-Contemporary yo-yos:**
  - Make yo-yos following manufacturers' directions. To make the yo-yos for our scarf, we used the Clover Quick Yo-Yo Maker, size x-small.

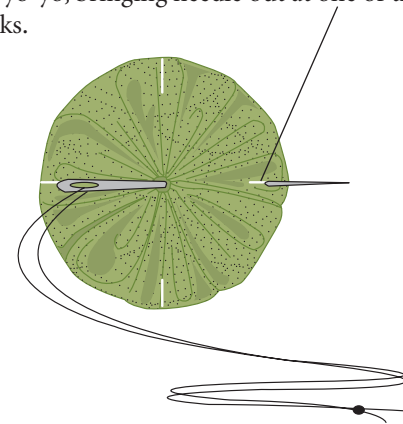
### 3. Layout and assemble scarf:

- Using the alignment guide, included on PDF, mark each yo-yo into quarters:
  - Place a yo-yo on the alignment guide and using either marking pen or pencil or pins, mark the quarter section of each yo-yo.



*Note: Mark fifteen to twenty yo-yos to work with at a time. Select an assortment of colors for boutique styling and visual appeal. It is easier to work with 15-20, instead of 100s.*

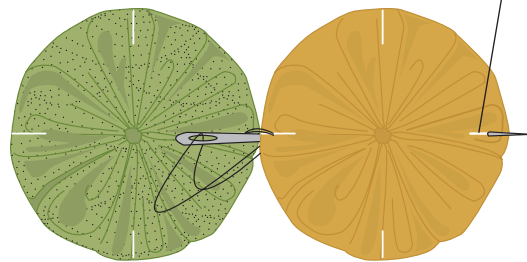
- Create Row 1:
  - Thread needle; knotting thread ends together.
  - Run needle through center hole, burying knot in the first yo-yo, bringing needle out at one of the quarter marks.



- Align needle with a quarter marking on a second yo-yo; connect the two yo-yo edges using two or three whipstitches.

*Note: Make sure to keep the yo-yo flat, edges aligned with each other, and not overlapping.*

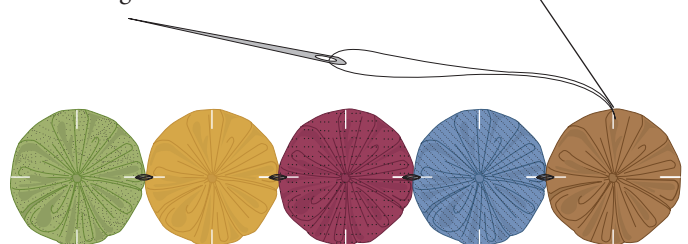
- End the stitching by passing the needle through the second yo-yo to the quarter marking directly opposite of the whip stitched connection.



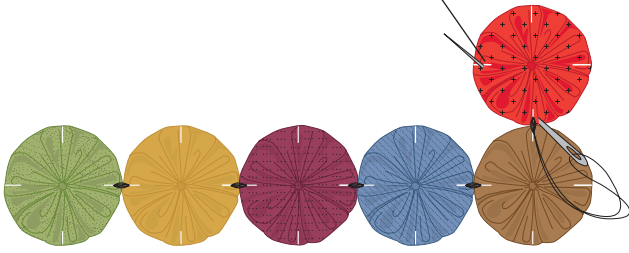
- Repeat steps until five yo-yos are sewn together in a straight, flat row.

*Note: If the thread length is running low, tie a simple knot at the whipstitches and bury the thread in the yo-yo. Trim excess thread close to the yo-yo, allowing at least a 1/4" tail and buried within the yo-yo. Cut a new length of thread, add needle, knot ends together, and bury the new knot and tail in the center hole of the yo-yo and continue adding yo-yos.*

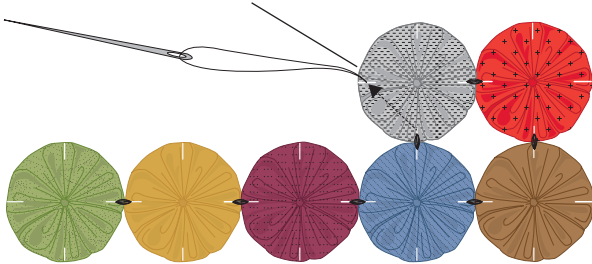
- Create Row 2:
  - Pass the needle through the last yo-yo of Row 1, to a quarter marking adjacent to the connecting stitches to begin Row 2.



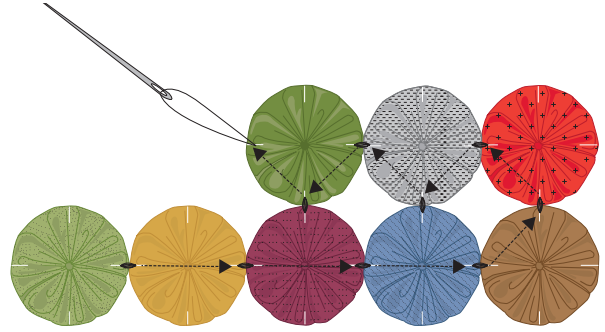
- Align needle with a quarter marking on a yo-yo (becomes first in Row 2) and connect the two yo-yo edges using two or three whipstitches and making sure the yo-yos lay flat. End the stitching by passing the needle through the yo-yo to the quarter marking adjacent to the whipstitched connection.



- Align needle with a quarter marking on a yo-yo (becomes second in Row 2) and connect the two yo-yo edges with two or three whipstitches, stitched next to each other. End the stitching by passing the needle through the second yo-yo to the lower quarter marking adjacent to the whipstitched connection and connect fourth yo-yo of Row 1 with second of Row 2.
- Connect the two yo-yo edges (Rows 1 and 2) with two or three whipstitches, stitched next to each other. End the stitching by passing the needle through the second yo-yo to the quarter marking adjacent to the whipstitched connection.



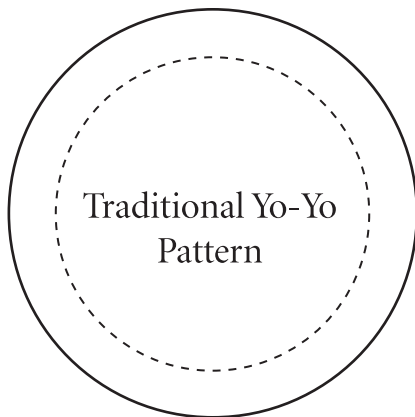
- Attach the third yo-yo in Row 2 in the same manner detailed above. Continue following steps above to complete Row 2.



- Continue adding each yo-yo, and attaching each to the corresponding yo-yo in the previous row until scarf has reached the desired length.



\* When scarf is completed remove markings, as needed.



### Alignment Guide

