# Nancy's Notions Free Quilt Block Pattern 

## Block 3: Ohio Trail

Use one light and one dark fabric.


## Instructions:

Read instructions before beginning the project. All seam allowances are $1 / 4$ " unless otherwise stated.

1. Cut fabrics:

- Eight squares $2^{1 ⁄ 2} 2^{\prime \prime} \times 2 \not 1 / 2^{\prime \prime}$ (light) -A
- Eight squares $2 \not 1^{\prime \prime} 2^{\prime \prime} \times 2 \not 1^{\prime \prime} 2^{\prime \prime}$ (dark) - B
- Two square $51 / 4^{\prime \prime} \times 51 / 4^{\prime \prime}$ (light) - C
- Two square $51 / 4^{\prime \prime} \times 51 / 4^{\prime \prime}$ (dark) - D
- One square $412^{\prime \prime} \times 41 / 22^{\prime \prime}$ (dark) - E

2. Create 4-patch block:

- Sew two light A squares and two dark B squares together into a unit, as shown; press toward B. Sew the units together to create a 4-patch and press seam either open or one direction. Make four blocks.


3. Create hour glass blocks:

- Draw a diagonal line, corner to corner, on the wrong side of one light C square and place on one dark D square. Stitch $1 / 4^{\prime \prime}$ seam on each side of drawn line. Cut in half and press toward D. Make four half squares triangles.

- Draw a diagonal line, corner to corner, on the wrong side of one $\mathrm{C} / \mathrm{D}$ half square triangle made above and placed on second C/D with right sides together and opposite fabrics facing each other. Sew a $1 / 4$ " seam on each side of drawn line. Cut in half and press seam either open or to one side. Make 4 hour glass blocks.



## 4. Create block:

- Layout 4-patch, hourglass, and E squares, as shown. Sew into rows; press each row in opposite direction. Sew rows together (press seams open) to create the Ohio Trail block measuring $12^{1 / 2} 2^{\prime \prime}$ square.


