# Nancy's Notions Free Quilt Block Pattern 

## Block 1: Jacob's Ladder

Use one light and one dark fabric.


## Instructions:

Read instructions before beginning the project. All seam allowances are $1 / 4$ " unless otherwise stated.

1. Cut fabrics:

- Ten squares $2^{1 ⁄ 2} 2^{\prime \prime} \times 2^{1 ⁄ 2} 2^{\prime \prime}$ (light) - A
- Ten squares $2^{1 ⁄ 2} 2^{\prime \prime} \times 2^{1 ⁄ 2} 2^{\prime \prime}$ (dark) - B
- Two squares $47 / 8^{\prime \prime} \times 47 / 8^{\prime \prime}$ (light) - C
- Two squares $47 / 8^{\prime \prime} \times 47 / 8^{\prime \prime}$ (dark) - D

2. Create 4-patch block:

- Sew two light A squares and two dark B squares together into a unit, as shown; press toward dark. Sew the units together to create a 4-patch and press seam either open or one direction. Make five blocks.


3. Create half square triangle blocks:

- Draw a diagonal line, corner to corner, on wrong side of one light C square and place it on one dark D square; pin in place. Stitch a $1 / 4$ " seam on each side of the drawn line. Cut in half and press half square triangle toward D. Make four blocks.



## 4. Create block:

- Layout 4-patch and half square triangles, as shown. Sew into rows; press each row in opposite direction. Sew rows together (press seams open) to create the Jacob's Ladder block measuring $12^{1} / 2$ " square.


