Nancy's Notions

Free Pattern Instructions

5 Fat Quarters Table Runner

Fat Quarters are irresistibly collectible! You can purchase one, two, or several bundled in beautifully displayed packs and in nearly every imaginable color and print. They are smaller pieces of fabric (approximately 18" x 20-21") that are affordable and easily used in any number of projects; quilting, crafting, sewing, and embroidery.

The 5 Fat Quarters Table Runner top really uses just five fat quarters and the inspiration of a tile floor. The extra-long length uses every bit of the fat quarters, keeping fabric waste to a minimum. If it's too long for your table, simply divide it in half for two table runners; one for you and one for a friend.

Approximate finished size: 18" x 83"

Supplies Needed:

- Five Fat Quarters (18" x 21" rectangles)
- ½ yd. binding fabric
- 11/8 yds. backing fabric
- 1½ yds. batting
- · Coordinating all-purpose sewing thread

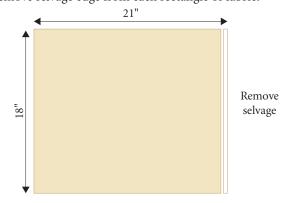
Helpful Notions:

- Spray starch, or starch alternative, such as Best Press™ Starch Alternative
- · Rotary cutter, mat, and ruler
- ¼" piecing foot, such as Little Foot® or Patchwork Foot
- Erasable fabric marking pen or pencil
- · Size 1 curved basting pins
- · Wonder Clips

Instructions:

Read all instructions before beginning the project. All seam allowances are ¼", unless otherwise stated.

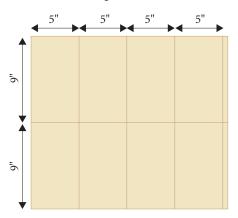
- 1. Prepare and cut fat quarters:
 - Remove selvage edge from each rectangle of fabric.



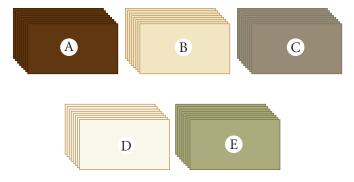
Starch fabrics.



• Cut each fat quarter into eight 5" x 9" rectangles. You will have a total of 40 rectangles.



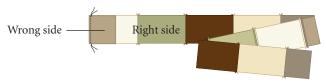
• Stack like rectangles together, arrange them in a pleasing order, balancing placement of lights and darks. Label the stacks, in order, A–E.



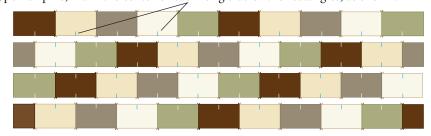
- 2. Assemble table runner top:
 - Lay out the rectangles in four long rows, following the illustration below.
 - Trim 4½" off the extending portions of the row ends.



- Stitch each row of rectangles, right sides together, meeting short ends.
- Stitch the partial blocks to the opposite end of the row where it was cut from.



- Press seams flat, then press open or to one side.
- Add alignment markings to all rows.
 - Using marking pen or pins, mark the center of each long side of the rectangles, as shown.



- Stitch the first two rows together:
 - Align long edges, right sides together, matching a vertical seam to a mark.
 - Pin layers together and then stitch the two rows together.



- Press seam flat, then to one side.
- Add remaining two rows, matching vertical seams to marks as detailed above.
- Square opposite short ends of table runner top.
- Optional: Split the long table runner into two shorter table runners.

3. Complete table runner:

- Cut six 2½" wide strips from binding fabric.
- · Layer, quilt and bind the table runner using your favorite techniques.



Optional: Split into two table runners