# Nancy's Notions

# Free Pattern Instructions

# 5 Fat Quarters Placemat and Trivet Set

With just five fat quarters you can create four placemats and a coordinating trivet (or centerpiece)! Cut the fabrics identically, then reassemble into off-set log cabin "block mash-up" for placemats. Add your own coordinating fabrics for backing.

Approximate Finished Sizes: Four 15¼" x 19¼" placemats One 13¼" x 13¼" trivet

## Supplies Needed:

- Five Fat Quarters (approximately 18" x 21")
- 1% yd. backing fabric (44" wide)
- 21/8 yd. batting (18" wide No Shift Batting)
- · Coordinating all-purpose thread
- Optional: EZ Steam II 1/4" wide fusible web
- Optional: One 14" x 14" square each of Insulbrite and 100% cotton batting

# **Helpful Notions:**

- Rotary cutter, mat, and ruler
- Spray starch or starch alternative, such as Best Press
- 1/4" piecing foot, such as Little Foot® or Patchwork Foot
- · Point Turning Tool
- · Optional: Wonder Clips

### **Instructions:**

Read all instructions before beginning the projects. All seam allowances are ¼" unless otherwise stated.

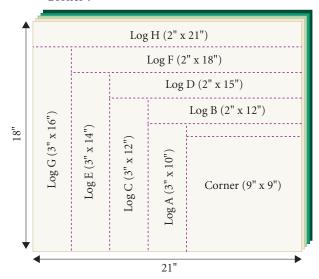
- 1. Prepare fat quarter fabrics:
  - Remove selvage edges from each fabric fat quarter.
  - Starch each fabric fat quarter well. Allow to dry completely. Press with a hot, dry iron, if needed, to smooth fabrics.

#### 2. Cut prepared fabrics:

- Trim each fat quarter to the same size (18" x 21").
- Stack the five fabrics, keeping all cut edges aligned.
- Cut Log Cabin "logs" as illustrated and noted below:
  - One set 2" x 21" logs cut from the upper edge of the stacked fabrics. Label as Log H.
  - One set 3" x 16" logs cut from the left edge of the stacked fabrics. Label as Log G.
  - One set 2" x 18" logs cut from the upper edge of the stacked fabrics. Label as Log F.
  - One set 3" x 14" logs cut from the left edge of the stacked fabrics. Label as Log E.
  - One set 2" x 15" logs cut from the upper edge of the stacked fabrics. Label as Log D.
  - One set 3" x 12" logs cut from the left edge of the stacked fabrics. Label as Log C.
  - One set 2" x 12" logs cut from the upper edge of the stacked fabrics. Label as Log B.

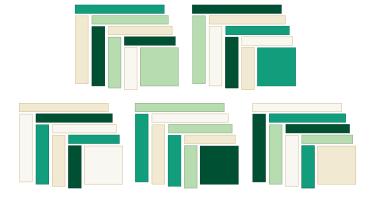


- One set 3" x 10" logs cut from the left edge of the stacked fabrics. Label as Log A.
- One set 9" x 9" squares for log cabin "base". Label as "Corner".

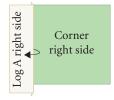


#### 3. Arrange five placemats:

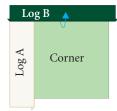
- Lay out each placemat, mixing up the colors/fabrics of the logs but keeping them in labeled, alphabetical order.
- Set aside the pieces of one placemat for the trivet.



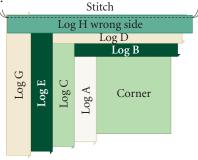
- 4. Assemble four placemat tops:
  - Add each log to the left and upper edges of the Corner Square in alphabetical order:
    - Add Log A: Align one long side of Log A to the left edge of Corner Square, right sides together. Stitch, press flat, and press the log away from Corner Square.



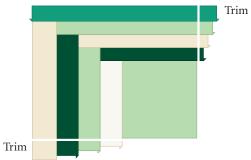
 Add Log B: Align end of Log B with upper left corner of attached Log A/Corner Square unit, right sides together.
Log B will extend beyond the right-hand edge of Corner Square. Stitch, press flat, and press log away from Corner unit.



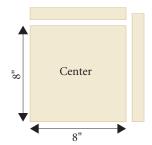
• Repeat process, adding all the logs through H to the placemat unit.



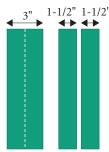
• Create three more placemats using the same method. Trim the extending log ends even and square with the Corner Square.



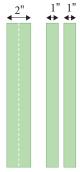
- 5. Create the Leftovers Trivet top from the remaining placemat pieces:
  - Trim the Corner square to 8" x 8", this will be the center block of the trivet top.



- Cut each log in half, lengthwise, keeping them in alphabetical order:
  - 3" wide logs are cut into two 1½" wide logs.



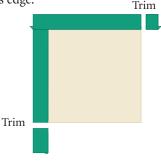
- 2" wide logs are cut into two 1" wide logs.



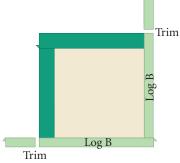
 Add the two A Logs to two adjacent sides of the center square.



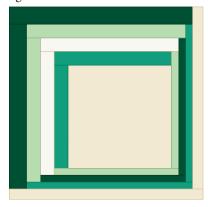
 After each log addition, press the seam flat, then toward the log. Trim excess log length even with the center square's edge.



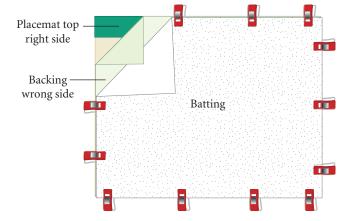
 Add the two B Logs to the next two adjacent sides of the center square.



 Continue adding logs, pressing, and trimming log ends until all logs are used.



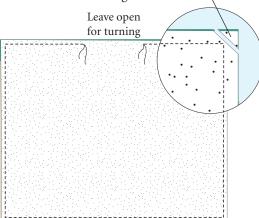
- 6. Layer, finish, and quilt the placemats and trivet:
  - Cut backing fabric:
    - Cut four rectangles the size of the placemat tops.
    - Cut one square the size of the trivet top.
  - Cut batting:
    - Cut four rectangles the size of the placemats.
    - Cut one square the size of the trivet.
  - Layer a placemat:
    - Place placemat top, right side up on a flat surface.
    - Position the backing over the placemat top, right sides together.
    - Align the batting with the layered placemat, matching all edges.
    - Pin or Wonder Clip the layers along all sides.



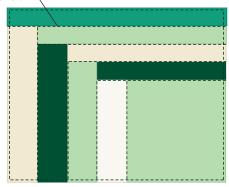
• Stitch along each placemat edge, pivoting at the corners, and leaving a 4"-6" opening for turning.

Note: Position the turning opening along a side that does not have any intersecting seams. The opening will be easier to close after turning.

• Clip each corner at a diagonal near the stitching, being careful not to cut through the stitches. \



- Turn each placemat or trivet to the right side, though the opening in the seam allowance. Use a Point Turner to gently shape each corner.
- · Press seamed edges.
- Hand stitch along the opening to close it.
- Or, place a strip of EZ Steam II along the inside seam allowance of the opening in the seam allowance. Fuse the opening shut.
- Stitch in the ditch or quilt as desired, securing all layers together.



- Optional: Topstitch approximately ¼" in from the outer edges.
- Repeat the process for remaining placemats and the trivet. Note: If a more heat resistant trivet is desired, add a layer of Insulbrite and use 100% cotton batting in the layering.