

A Pocket Hug

Because sometimes you want to give someone a little squeeze, even when you can't be there to do it yourself!

Tools

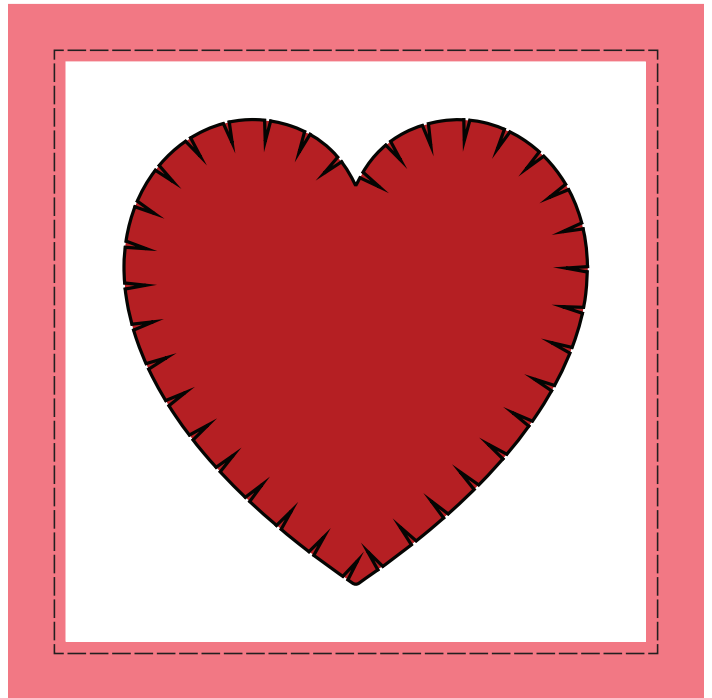
- Fabric scissors
- Quilting ruler
- Cutting board
- Sewing machine (or quilting needle if hand sewing)
- Coordinating cotton thread

Supplies

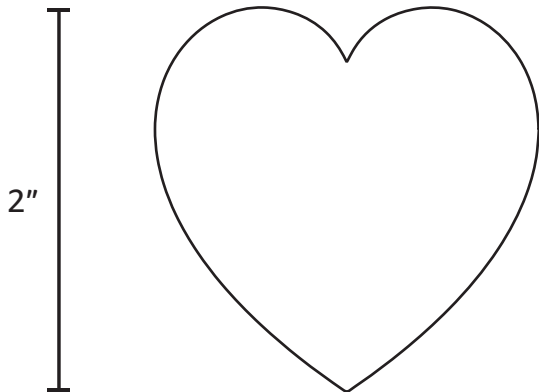
- 1x 3½" square of Pocket Hug Top fabric
- 1x 3½" square of Pocket Hug Back fabric
- 1x 2½" square of Pocket Hug Heart fabric
- 1x 1½" x 20" strip of Binding fabric
- 1x 4" square of batting*

Tip!

If you don't have any batting on hand try using a square of flannel or fleece instead!



Pocket Hug Heart Stencil



Watch Out!

Measure the 2" reference line after printing the stencil to make sure it's a match!

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Block Assembly

Step 1

Using the included stencil trace the heart onto your Pocket Hug Heart fabric. Carefully cut out the heart.

Step 2

Create a "sandwich" by layering your fabrics and batting in the following order:

- Pocket Hug Heart
- Pocket Hug Top fabric
- Batting square
- Pocket Heart Back fabric

Watch Out!

Make sure that all right sides of the fabric are facing out!

Tip!

You can use a small safety pin to help keep your fabrics together while finishing your block!

Step 3

Using either your sewing machine or a sharp quilting needle stitch around the outline of your heart securing all of the layers of your sandwich together.

Watch Out!

Make sure that your stitches remain on top of the Pocket Hug Heart fabric the entire way around to avoid any gaps in the fabric coming undone!

Finishing the Block

Step 1

Trim any excess from the edges of your sandwich so that the layers are even.

Step 2

Fold your 1 1/2" x 20" Binding fabric in half and iron flat.

Step 3

Bind your Pocket Hug using your favorite technique.