

MODERN LUXURY

BOSTON COMMON

CREATURES OF HABIT

Local Luminaries Share Their
Healthy Hacks

+

SPRING REFRESH

The Fashion, Facials &
More You Need Now to Start the
Season Feeling Fabulous

SETTING *the* TONE

RILEY KEOUGH'S PERFECT HARMONY



LIFE SPECTACULAR

**BAHA
MAR**
NASSAU, BAHAMAS
BAHAMAR.COM



Set on a pristine white sand beach, Baha Mar perfectly balances an array of spectacular experiences with luxurious relaxation in the pure Caribbean sunshine. Exquisite dining experiences from world-renowned chefs, lush tropical pools, The Bahamas' top golf course, and our new 15-acre luxury water park Baha Bay await you.



A LUXURY OF CHOICE

GRAND | HYATT
BAHA MAR

SLS
BAHA MAR

ROSEWOOD
BAHA MAR



Looking good from the outside can help you feel confident. I love these 14K yellow gold rings with white diamonds and pink sapphires from Talia Don Designs. taliadondesigns.com

FEELING WELL-THY

Your health is your greatest wealth! And we have got your health and wellness covered throughout this issue. It's time to get moving as we escaped a frigid, snowy winter here in Boston and the streets are starting to buzz again. The days are longer, the Red Sox are back in action, and the excitement of the marathon is just around the corner (good luck, Debbie Collins)! With health and wellness in mind, I am very excited to announce that *Boston Common* will be a proud sponsor of the BCRF Hot Pink Party once again. It takes place at the Omni Boston Hotel at the Seaport on April 28—and this year is bound to be a blast! This, in combination with its fundraising efforts for breast cancer research, makes this event an annual must. Be sure to head to their website (bostonhotpinkparty.com) to get tickets before they sell out.

Aside from our wellness content within,

you'll also find the Luxury Real Estate Industry Leaders special section inside. As the season changes, the real estate market also starts to heat up this time of year in Boston, and we are excited to feature and celebrate some of the best real estate leaders in the market! Thank you to Cheryl Richards for helping us bring this section to life!

Enjoy the issue—I know I am!

Carin C. Keane
Market President & Group Publisher
ckeane@modernluxury.com
Instagram: [@bostoncommag](https://www.instagram.com/bostoncommag);
[@momontherunway](https://www.instagram.com/momontherunway)

LETTER FROM THE EDITOR



BEING WELL

Anyone who knows me is aware of my pure obsession with wellness. I'm always looking for the best treatments and products to keep in my regimen and am decently consistent with staying physically fit. This year, I had the unexpected blessing of becoming a foster parent to my fiancé's little brother. With that came many gifts, and challenges, which included an enhanced need for self-care. I won't go into too much detail, but to say that it was a challenge is an understatement, and having time for myself was rare. And for a while, that's how it persisted. But as you can probably expect, burnout came quickly, which made me realize the importance of both physical and mental health within my wellness regimen. Doing a mask while folding laundry just didn't do it anymore. It didn't fill my cup. This led me back to journaling, starting therapy and also just finding grace for myself. I had to say no to events in order to make time for self-care, which, as a recovering perfectionist, killed me. But I did it anyway and became much better for it. Fast-forward to today, and I am stronger than I've ever been. The boundaries that I set for myself when I was a foster parent carried over into my regular

life, which has led to much healthier day-to-day habits and weekly check-ins with myself. My wellness is probably the most robust and flourishing part of my life—and it's all thanks to challenges that made me reflect upon my previous routines and relationship with myself.

Headed into this issue, this theme of wellness is reflected upon. Within our feature, we checked in with some of our favorite health and wellness gurus on their favorite ways to stay on track. Of course, you'll find a rainbow of treatments and exercise programs inside, but we've also looked at the theme from a different perspective by chatting with Dava Muramatsu from Beacon Hill's coveted MATSU boutique.

In all, I know you'll enjoy this issue—and before I leave you to explore, here's a few of my favorite products that keep me going.

Antonia DePace

Antonia DePace
Editor-in-Chief
adepace@modernluxury.com
Instagram: @bostoncommag;
@antonaldepape



Clockwise from top: Hatch Restore, hatch.com; Ilia Beauty Fullest volumizing mascara, iliabeauty.com; Youth to the People Superberry Dream cleansing balm, youthtothepeople.com; Revela Hair Revival serum, getreveala.com; Solaana MD Healthy Base Layer, solaanamd.com.



PHOTOGRAPH BY CASEY ROBINSON. HAIR BY LOTUS HAIR AND SKIN STUDIO, MAKEUP BY JKO BEAUTY. ALL OTHER PHOTOS COURTESY OF BRANDS

WILLIAM RAVEIS

Worldwide Awards & Recognition



Our reputation as a leader in luxury is unrivaled. Global industry experts at Luxury Lifestyle Awards have named William Raveis among the elite Top 100 Real Estate Brokers and Developers of the World for 2022. Everywhere, from Nice to Naples, Greenwich to Greece, people recognize our luxury brand and luxury personal service from agents who deliver best-in-class experiences.

Voted #1 Luxury Broker by Luxury Portfolio International®, our global reach connects us to the widest audience of high-net-worth buyers across the world. Our partnership with Leading Real Estate Companies of the World® gives agents access to an international network of nearly 140,000 real estate professionals and over 550 luxury brokerages across 70 countries.

Please call for a confidential consultation. We'd love to talk with you.

#1 Family-Owned Real Estate Company in Florida and the Northeast
145+ Offices | 4,500+ Sales Associates | 8 States - CT, FL, MA, ME, NH, NY, RI, VT



Official Real Estate Company
of the Boston Red Sox



| RAVEIS.COM |

617.266.5200 | BACK BAY 617.426.8333 | SOUTH END

For a deeper
look inside
the issue,
please scan
the QR code.



ON THE COVER
Riley Keough

Photographed by
Nathaniel Goldberg



PHOTO COURTESY OF TRUNK ARCHIVE

Table of Contents

30



42

1
LETTER FROM THE PUBLISHER

2
LETTER FROM THE EDITOR

16
THE LIST

DISPATCH

19
Spotlight
BVLGARI's Serpenti celebrates 75 years of magical metamorphosis.

24
Now In Boston
Treat yourself this month with these fun and rejuvenating activities in Boston—you deserve it!

30
Agenda

Mark your calendars for a jam-packed month of dancing at the Citizens Bank Opera House, exploring artwork with the MEA and more.

32
On the Scene
The Boston Harbor Hotel's annual Wine & Food Festival kicked off in style, while Magellan Jets opened its first private terminal.

36
Trendwatch
Keep things casual and cool with these athletic-inspired pieces.

38
Style
Grounded fashion is making a movement for the better thanks to MATSU in Beacon Hill.

40
Shop
Brooke Torres is taking running to a whole new level for women—redefining the sport through footwear.



42
Beauty
From sleep serums to morning scrubs, we rounded up the best of the bunch with an eye on the clock.

44
Well-Being
Whether to assist with better sleep or intermittent fasting, we rounded up the top picks to keep you looking and feeling fabulous.

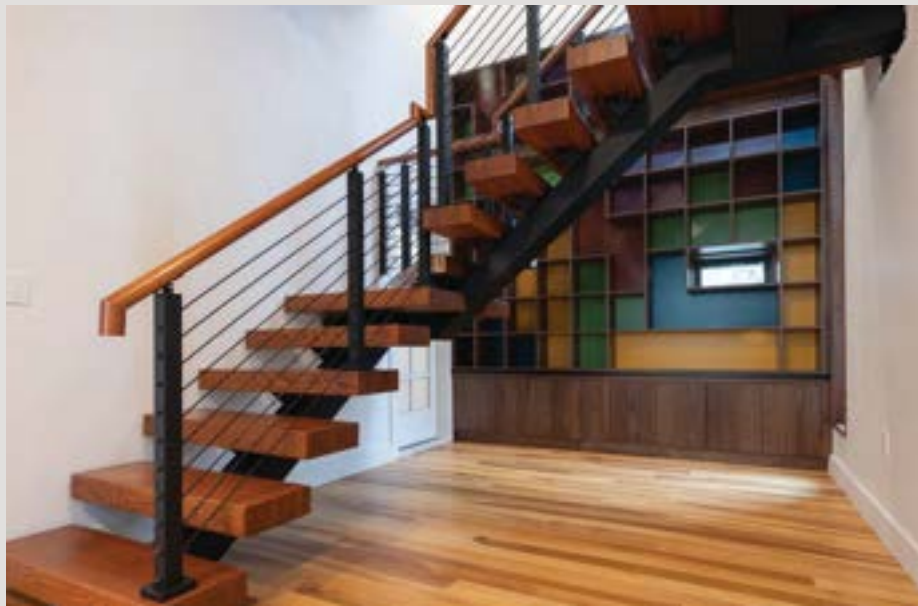
CLOCKWISE FROM TOP LEFT: PHOTOS COURTESY OF BRAND; BOSTON ATHLETIC ASSOCIATION; THE KIMPTON MARLOWE HOTEL





NEDC: *Architects Who Build*

Lifting Spirits with Spaces since 2005!



We intentionally design
and craft sustainable
luxury homes to increase
owner health, happiness
and wellbeing.

**BRING US
YOUR DREAMS!**



617.708.0676 • NEDESIGNBUILD.COM
dave@nedesignbuild.com • @nedesignconstruction



Table of Contents

53

46

Itinerary

Meet Boston's Martha J. Sheridan shares her recommendations for the best outdoor activities in the city.

48

Bookshelf

Bestselling author Hank Phillippi Ryan dishes on her newest thriller novel, *The House Guest*.

50

Eat

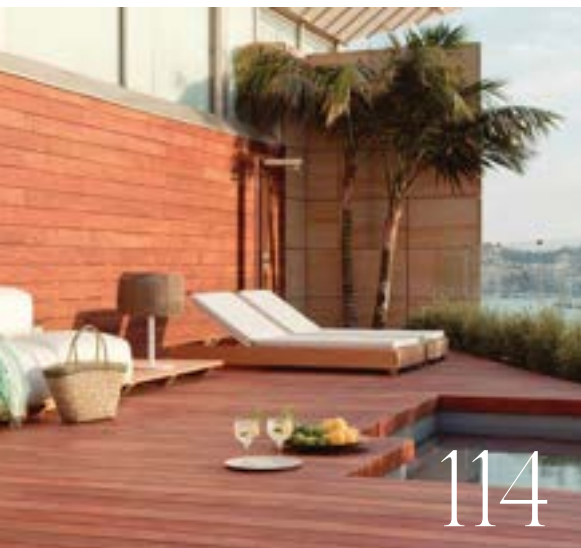
Davio's founder Steve DiFillippo chats about eating healthy while dining out, as well as the restaurant's Awaken180 menu.

RETREAT

53

Spotlight

Fashion darling Alice Temperley unveils an interiors collection with The Romo Group—making the ultimate maximalist match made in heaven.



54

On the Market

Escape to these beautiful homes located throughout Massachusetts.

58

Design Details

From velvet seating to stone accents, this South End home is all about textural details.

REVIVE

107

Spotlight

A new Colorado wellness retreat harnesses the healing power of trekking in nature, clean eating and daily massage to catalyze a full mind-body reset.

110

Wellness

Offering top-tier wellness programming in a lush desert oasis, Sensei Porcupine Creek balances health and decadence in equal measure.

114

Jet Set

As the only five-star property on the island of Ibiza, Ibiza Gran Hotel dazzles with new offerings and a spectacular VIP experience.



116

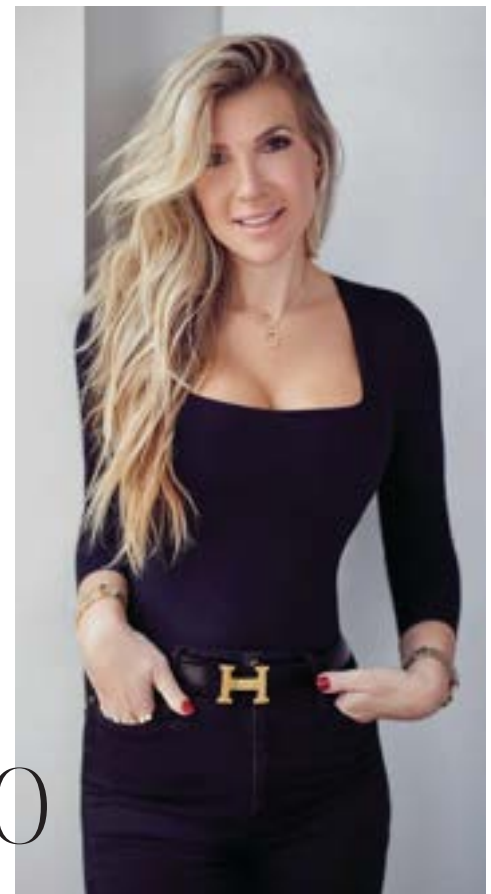
THE GUIDE

Try these seven scalp treatments for healthy hair, and peruse the best local cannabis products.

120

LOOK WHO'S TALKING

From hairstylist to salon owner, Jana Rago's name has been a fixture on Newbury Street for 25 years.



FROM TOP RIGHT, PHOTOS: COURTESY OF BRAND; BY ERIC LEVIN, EILEIN STUDIOS; COURTESY OF BRAND/COP

120

Separate Ways: Conversations About Divorce with Gabrielle Clemens, JD, LLM CDFA, AEP

See how Gabrielle Clemens counsels her clients on Divorce Financial Planning.

Gabrielle Clemens, JD, LLM, is a Managing Director, Certified Divorce Financial Analyst (CDFA) and Wealth Advisor at RBC Wealth Management—U.S. Clemens joined the financial services industry after working as both a divorce and estate planning attorney with an emphasis on tax. Her practice is dedicated to working with individuals who are navigating through the short and long-term financial challenges that accompany divorce.

Dear Gabrielle,

Since my husband has served me with divorce papers, I have been on an emotional roller-coaster. My husband has been the breadwinner of my family since the birth of our children, and I am worried about what will happen to my finances moving forward. What do you recommend I do to remain levelheaded during this time of uncertainty? —CEV, *Reverse*

Dear CEV,

Divorce is an emotional, highly charged life transition that often leads to rash and unwise decisions. Here are some definite dos and don'ts when it comes to your finances:

- Do prepare a financial plan and budget to help guide you until your divorce is final.
- Do review monthly bank and financial statements and make copies for your attorney.
- Do review all tax returns that have been filed jointly or separately and make sure all taxes have been paid to date.
- Do get help from a financial advisor, especially if you don't currently have the skills and energy to do this on your own.
- Don't make large purchases or create additional debt that might later cause financial hardship.
- Don't quit your job or move out of the house before consulting your financial advisor and attorney.
- Don't transfer or give away assets that are owned jointly.

Dear Gabrielle,

As someone who never imagined getting a divorce, I am left absent of a prenup. I am lost and confused on where to begin managing my finances. What are some large-scale topics I should be considering as I start going through my divorce from the grassroots up? —GGT, *North Reading*

Dear GGT,

Without a prenup, there are several big questions that will surface right away. If a couple can agree on these areas, it can help expedite the matter and save on attorney fees. Please consider the following:

- If children are in the picture, what are your wishes regarding custody, visitation, child support, health care and education funding?
- Do you have adult children expecting support for weddings or help with the purchase of a first home? How are funds set aside for this type of commitment?
- Do you earn enough money to adequately support yourself, or should alimony be considered?
- What and where are all the financial assets and how are they titled? Which assets do you want, and which are you willing to let your spouse keep? Make sure you have an asset inventory and understand the value of each asset.
- Are there retirement plans for each spouse?
- Is there enough money to pay any outstanding debt on whatever assets you keep?



Photography by Cheryl Richards

- How do you feel about the family home? Do you feel strongly about living there, or should it be sold or allotted to your spouse?
- Are there separate or personal assets of each spouse, including trust funds and inheritances? How does state law affect the impact of separate or inherited assets when determining alimony or the division of property?

Dear Gabrielle,

I am in my 60s going through a divorce without clear vision on what will happen to my finances. As I am working toward a divorce settlement, I find myself scattered on where to laser my focus. What topics should I be keeping an eye on? —JMR, *Winthrop*

Dear JMR,

In a gray divorce, there are often additional financial considerations that may be overlooked. Being aware of these considerations will help you think comprehensively about your settlement. Here are some of the areas you should always consider:

- Taxes
- Insurance
- Retirement Assets
- Employer Stock Options
- Estate Matters

RBC Wealth Management, a division of RBC Capital Markets, LLC, registered investment adviser and Member FINRA/NYSE/SIPC.

Neither RBC Wealth Management nor its financial advisors provide legal advice. All decisions regarding the legal implications of your investments should be made in connection with your independent legal advisor.

Features

70

FEATURE

62

Creatures of Habit

From mindfulness apps to diet hacks, Boston's grounded gurus have a wealth of wellness knowledge to share.

CELEB

70

Setting the Tone

Multihyphenate Riley Keough hits all the high notes this season with a standout performance as the spellbinding star of *Daisy Jones & the Six*—proving beyond a doubt she is so much more than rock 'n' roll royalty.

FASHION

76

Heat Wave

Accented with bold accessories to take you from day to night, these splashworthy swim looks are sure to steam up the season.



ON THE COVER
Riley Keough

Photographed by
Nathaniel Goldberg

WOODSTOCK INN & RESORT

VERMONT'S MOST BEAUTIFUL ADDRESS



“With a legacy that’s deeply rooted in the Woodstock community, the Inn is cherished for its preservation of New England history, heritage, and elegance.”

At the Woodstock Inn & Resort, authentic New England craftsmanship greets guests at every turn, seamlessly combining a charming overnight and culinary experience with elegant and personalized touches. Set against the quaint village of Woodstock and Vermont’s only national park, the Marsh-Billings-Rockefeller National Historical Park, the Resort is a year-round destination wrapped in luxury and history.

Throughout the Inn, historic details are blended with modern conveniences for today’s travelers. Touched by the legacy of Laurance Rockefeller, the Inn’s guest rooms and suites express his love of nature and historic preservation with unique decor that exudes the essence of Vermont. Resort chefs use local ingredients and produce harvested from the Resort’s own organic garden, crafting menus that change with the seasons for the Inn’s two distinct restaurants and seasonal dining locations.

Rediscover your spirit of adventure with over 30 activities to enjoy! Explore trail networks for hiking, biking, snowshoeing, and Nordic skiing. Fly-fish Vermont’s clear waters with Orvis-endorsed guides or golf the championship 18-hole course that winds along lush hillsides. Play tennis and find all things fitness at the Athletic Club with classes and personal trainers. In the winter, ski and snowboard the historic alpine slopes of Saskaadena Six, a perfect place to learn on beginner trails or cruise the legendary steepes. At the Activity Center, play lawn games or enjoy a ride through the picturesque village of Woodstock on the complimentary cruiser bikes. When it’s time to relax, take a walk down the welcoming main street and peruse the local boutiques, galleries, and shops. Enjoy a cocktail or friendly conversation in one of the Inn’s inviting outdoor or indoor spaces and embrace the changing seasons with organic products and treatments inspired by Vermont at the world-class Spa. From family vacations to romantic stays, Vermont’s most beautiful address offers something luxurious for everyone.



CONTACT US

14 THE GREEN, WOODSTOCK, VERMONT 05091 | 866.634.0889 | WOODSTOCKINN.COM | EMAIL@WOODSTOCKINN.COM

MODERN LUXURY

BOSTON COMMON

ANTONIA DEPACE

Editor-in-Chief

EDITORIAL

Managing Editor MADISON DUDDY

Editorial Operations Director ELA SATHERN

National Travel Editor J.P. ANDERSON

National Entertainment Editor JASMIN ROSEMBERG

Vice President of Social Content STEPHANIE APESSOS

Senior Copy Editors ANNA DUNN, JULIA STEINER

Contributing Editors LAURA ECKSTEIN JONES, ALLISON MITCHELL

Contributing Writers KIRA BARRETT, HELEN OLSSON, IJFKE RIDGLEY

Editorial Interns CAROLINE DALTON, JORDAN MANSON, JULIA MORLINO

FASHION

VP Creative/Fashion Director JAMES AGUIAR

Fashion Director of Custom Publishing &

Branded Content FAYE POWER VANDE VREDE

CREATIVE

Design Director NATASHA BROOMHALL

Deputy Design Director MELISSA MILLER

Senior Art Director CHRISTOPHER LYNCH

Senior Photo Retoucher LESLIE BAYLY

Photo Editor LISA BADER

Contributing Photographers & Stylists NATHANIEL GOLDBERG, GABRIELA LANGONE,

MICHAEL J. LEE, BEN WATTS

MIKE PALLAD
President

PHEBE WAHL
*Executive Vice President
of Editorial*

WAYNE STRAYHORN
Chief Financial Officer

ALAN KLEIN
*President, Group Publisher
Custom Content*

JIM THOMPSON
Chief Digital Officer

ASHLEY HERD
General Counsel

MODERN LUXURY

LEW DICKEY
Chairman

JOHN DICKEY
Vice Chairman

JOHN AMATO
*Chairman of
Executive Committee*

MICHAEL DICKEY
Chief Executive Officer



For a list of upcoming events that you don't want to miss, please visit: mlbostoncommon.com

2023 © DM LUXURY, LLC. ALL RIGHTS RESERVED. MODERN LUXURY® IS A REGISTERED TRADEMARK OF DM LUXURY, LLC.



TALIA DON
FINE JEWELRY



Sensational Summer Elegance

Newton, MA
BY APPOINTMENT ONLY
617.331.0025 | TALIADONDESIGNS.COM

FOLLOW US ON INSTAGRAM: TaliaDonDesigns
FACEBOOK: Jewelry by Talia Don Designs

BOSTON COMMON

CARIN KEANE
Market President & Group Publisher

ADVERTISING SALES & STRATEGY

Vice President, Strategy EMILY KNOTT
Director, Strategy MERCEDES LEGUIZAMON
Coordinator, Strategy GINA VOLTURNO
Senior Advertising Director SHANNON PASTUSZAK
Advertising Director CARLY RUBIN
Senior Account Executives ELLIE BENSON, JEAN ROBERTS,
ALICIA RUSSO
Director of Sponsorship Sales TESS WOODS
Sales & Marketing Coordinator COURTNEY SIMON

MARKETING

Senior Vice President, Integrated Marketing & Content, Lux Studio
CINDY HATCHER
Senior Director, Lux Studio JESSICA DAILEY
Senior Director, Corporate Marketing LESLIE RIMBOECK
Editor, Marketing Content KACIE WHITMAN
Senior Director, South Florida Marketing & Events
DANIELLE DODDS
Senior Director, Western Marketing & Events
HEATHER GOLDBERG

Director, New York Marketing & Events ERICA BOOKSTAVER
Director, Philadelphia Marketing & Events NICHOLE MAURER
Manager, Chicago Marketing & Events GIA TUMMILLO
Manager, Western Marketing & Events INNA DELANEY
Coordinator, Atlanta Marketing & Events BAILEY CLEMONS
Coordinator, DC Marketing & Events MARISA PAZIK
Coordinator, Dallas Marketing & Events JENNIFER MILLER
Coordinator, Houston Marketing & Events BAILEY SHERMAN
Coordinator, South Florida Marketing & Events MIKAYLA MENKES
Coordinator, Western Marketing & Events KINSEY NABORS
Coordinator, Boston Marketing & Sales COURTNEY SIMON

DIGITAL MEDIA

Senior Vice President, Digital Content DENISE WARNER
Senior Vice President, Digital MELISSA TURQMAN
Senior Vice President, Digital Sales MIKE MIRANDA
Vice President, Ad Operations PHIL GOODSTEIN
Digital Reporting & Analytics Manager CHARLI SONE
Ad Operations Coordinator MEHA PARIKH
Assistant Editor KAT BEIN
Senior Digital Editor, Miami SARAH FINKEL
Digital Staff Editor LINDSAY GARBACIK
Hub Editor, Las Vegas DANICA STOCKTON
Hub Editor, Los Angeles HALEY BOSSELMAN
Hub Editor, New York CHANDLER PRESSON
Hub Editor, San Francisco KYRIE SISMAET

HUMAN RESOURCES

Human Resources Director CHLOE INGRAM

PRODUCTION & CREATIVE SERVICES

Vice President of Production AMBER BERDIN
Production Manager JESSICA ZAYLA
Creative Services Manager MARY AHERN
Director of Print Media Planning ERIC HOMINICK
Senior Account Coordinators INESA PERIHANA,
LAUREN SCHMIDT, SKYLAR SEITZ, SOPHIE VICK
Account Coordinators MALEEHA FAROOQ, TY FLOYD,
KINLEY KEMP, MARISSA KLAKIS, AVA LIKINS,
FILSAN OLHAYE, MIA RANDELL, DESIRAE SMITH,
KAMRYN THOMAS, KAYLA WILLIAMS
Digital Systems Coordinators ISABELLA HUNTER,
MELANIE MEDRANO
Social Ad Coordinator SYDNEY TAYLOR
Senior Special Sections Coordinator CAITLYN BRYANT
Special Sections Coordinators CAROLINE CRANE,
KELA MONTGOMERY, LAURYN TILLIS
Designers GENE BOUCHELION, NYA CEPHUS,
STEVE JORDAN, STEPHEN WIEDL, DILLON YOTHERS
Digital Marketing Designers NINA ARAGON, LAUREN BROWN
Associate Production Manager KARI COMPEAN

PRINTING & PREPRESS

Vice President of Operations SEAN BERTRAM

CIRCULATION & DISTRIBUTION

Vice President, Audience Development MARIA BLONDEAUX
Distribution Operations Manager KIMBERLY CHANG
Fulfillment Operations Coordinator CASANDRA PIERCE
Market Research Manager CHAD HARWOOD
Assistant National Distribution Manager FAE DUKES COMPTON
National Distribution Coordinator ALYSHA PRESS

TECHNOLOGY

Director of MIS RICHARD WILSON
Vice President of IT SCOTT BROOKMAN

FINANCE

AP Manager RENAE BLAIR
Regional Finance Directors MICHAEL KOLEN,
TIERNEY WILCHER
Accounting Manager ALDAN O'NEILL
Billing Specialists DESTINY DUNBAR, FRANK WILLIAMS
Collection Managers CHRISTOPHER BEST,
TTHEARA DANIEL
Staff Accountant KIMBERLEY SCOT

MODERN LUXURY REGIONAL SALES OFFICES

ASPEN
970.710.7178
Contact: Alan Klein

ATLANTA
404.443.1180
Contact: Dianne Cagle-Heckert

BOSTON
617.266.3390
Contact: Carin Keane

CHICAGO
312.274.2500
Contact: Tom Conradi

DALLAS
214.647.5671
Contact: Blake Stephenson

THE HAMPTONS
631.283.7125
Contact: Lynn A. Scotti

HAWAII
808.384.7659
Contact: Alicia Michioka

HOUSTON
713.622.1116
Contact: Sarah Leftwich

LAS VEGAS
702.510.5591
Contact: Courtney Fuhrmann

LOS ANGELES
480.522.2200
Contact: Lauren Sturman

MIAMI
305.531.9970
Contact: Christie Rhodes

NEW YORK
212.582.4440
Contact: Lynn A. Scotti

ORANGE COUNTY & PALM SPRINGS
714.557.2700
Contact: Christopher Gialanella

PALM BEACH
561.440.6868
Contact: Elizabeth Humphreys

PHILADELPHIA
215.468.6670
Contact: John M. Colabelli

SAN DIEGO
858.366.9721
Contact: Ken Sr. Pierre

SAN FRANCISCO
415.307.4786
Contact: Autumn O'Keefe

SCOTTSDALE
480.522.2204
Contact: Heather Hernandez

SILICON VALLEY
310.903.2670
Contact: Sharyn Bires

WASHINGTON, DC
202.408.5665
Contact: Jessica Powers

MIKE PALLAD President	PHEBE WAHL Executive Vice President of Editorial	WAYNE STRAYHORN Chief Financial Officer	ALAN KLEIN President, Group Publisher Custom Content	JIM THOMPSON Chief Digital Officer	ASHLEY HERD General Counsel
--------------------------	--	--	--	---------------------------------------	--------------------------------

MODERN LUXURY

LEW DICKEY Chairman	JOHN DICKEY Vice Chairman	JOHN AMATO Chairman of Executive Committee	MICHAEL DICKEY Chief Executive Officer
------------------------	------------------------------	--	---

For a list of upcoming events that you don't want to miss, please visit: mlbostoncommon.com

2023©DM LUXURY, LLC. ALL RIGHTS RESERVED MODERN LUXURY® IS A REGISTERED TRADEMARK OF DM LUXURY, LLC



BRUNO ZUPAN

DISCOVER NEW WORK BY BRUNO ZUPAN AT GALERIE D'ORSAY
33 NEWBURY STREET, BOSTON, MA 02116 | INFO@GALERIE-DORSAY.COM | +1.617.266.8001

GALERIE D'ORSAY
WWW.GALERIE-DORSAY.COM

THE LIST

Jorge Alfaro	Tanner Houck	Kaleb Ort
Christian Arroyo	Kenley Jansen	James Paxton
Brayan Bello	Zack Kelly	Nick Pivetta
Richard Bleier	Corey Kluber	Rob Refsnyder
Ryan Brasier	Chris Martin	Joely Rodriguez
Triston Casas	Reese McGuire	Chris Sale
Yu Chang	Wyatt Mills	John Schreiber
Kutter Crawford	Adalberto Mondesi	Justin Turner
Bobby Dalbec	Chris Murphy	Enmanuel Valdez
Rafael Devers		Alex Verdugo
Jarren Duran		Garrett Whitlock
Adam Duvall		Josh Winckowski
Ryan Fitzgerald		Connor Wong
Kiké Hernández		Masataka Yoshida



BOSTON ARCHITECTURAL COLLEGE

CONTINUING EDUCATION

Ready to launch your new career path in design?

With Boston Architectural College's Continuing Education Program, you can take individual courses, or enroll in a full certificate program.

Either way, your online learning experience in continuing education will help you reach new heights!

Take the leap.



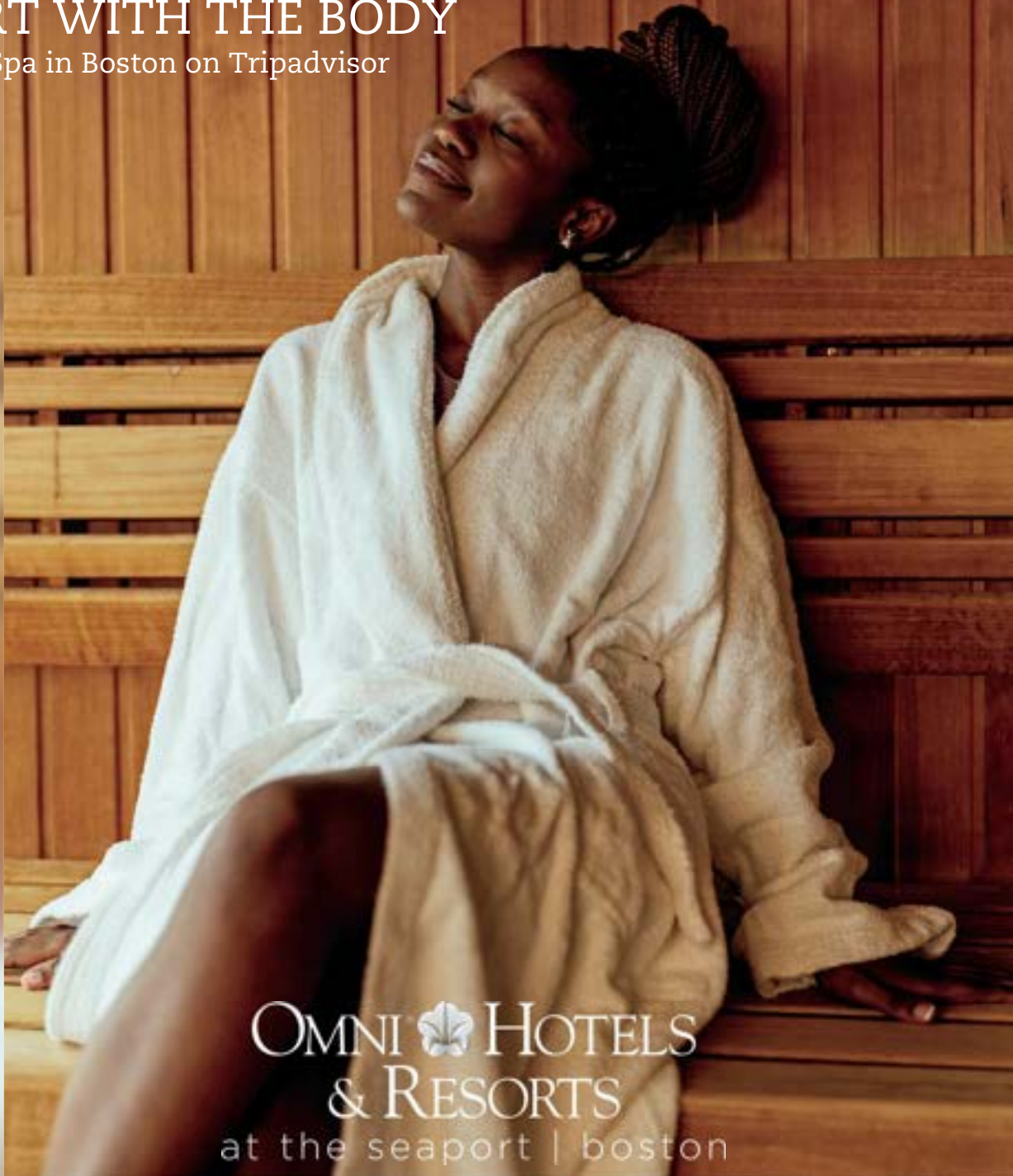
Learn More

breve spa

TO REJUVENATE THE SOUL...

START WITH THE BODY

#1 Spa in Boston on Tripadvisor



OMNI  HOTELS
& RESORTS

at the seaport | boston

Mention "Serenity" at booking for 20% off treatments Mon. - Thurs.
brevespa.com | 617-419-8070 | 450 Summer St., Boston Seaport

Beauty, Culture, Fashion, Taste

Dispatch

SNAKE CHARMER

BVLGARI's Serpenti celebrates 75 years of magical metamorphosis.

BY JAMES AGUIAR

There's a reason you may have seen so many snakes adorning the necks of Hollywood's A-list and the new guard of up-and-comers: BVLGARI's iconic Serpenti collection is having a major moment as the house celebrates its 75th anniversary. The sinuous shape was first seen on watches and jewelry in the 1940s. Through the decades, the motif began appearing on leather goods and has

CONTINUED...

BVLGARI Serpenti
18K rose gold
necklace set with
pavé diamonds on
the head and tail,
and black onyx eyes



Clockwise from left: The making of the BVLGARI Serpenti Collection; Serpenti Tubogas bracelet-watch in gold with rubies and diamonds, ca. 1960; Amanda Wellsh, 2017; Serpenti High Jewelry necklace in yellow gold set with one oval brilliant-cut diamond, 20 pear marquise step-cut emeralds and pavé-set diamonds.



CLOCKWISE FROM TOP LEFT: PHOTOS: BY MATTEO CARASSALE; COURTESY OF BRAND; BY GIAN PAOLO BARBIERI; BY ANTONIO BARRELLA.

...CONTINUED

since become a symbol of power and strength for those who wear it.

“For 75 years, BVLGARI has shown its audacious creativity, ingenious craftsmanship and modern spirit through its emblematic Serpenti creations inspired by the jewels of Cleopatra, in a Rome of more than 2,000

years ago. They convey endless tales, artistry and empowerment. It expanded the boundaries of jewelry, reflecting the spirit of confident women and entering the world of art through exciting creative collaborations. It was and is the ultimate BVLGARI icon of endless metamorphosis,” comments Jean-





Christophe Babin, CEO of the Bulgari Group.

While 75 years may seem like a long time, the snake has been around for centuries and is particularly seen throughout Greek and Roman mythology. And it's true the early incarnations of the 1940s displayed some of the most cutting-edge techniques

known, and the 1950s really began to show endless creativity by adding ruby, emerald or diamond eyes. By the 1960s, the motif was at the height of creative reinterpretation that still exists today. Indeed, it was during this period that the instantly famous Serpenti secret jewelry watches emerged—complete with a hidden dial protected by the ever-alert snake's head.

“Reinterpreting the Serpenti sign over and over without changing its identity is an



Clockwise from top right: BVLGARI Serpenti High Jewelry necklace in pink gold; the making of the Serpenti necklace in 18K pink gold; Serpenti High Jewelry bracelet in pink and white gold; Lidia Sforza Cesarini, Princess of Genzano, 1968.

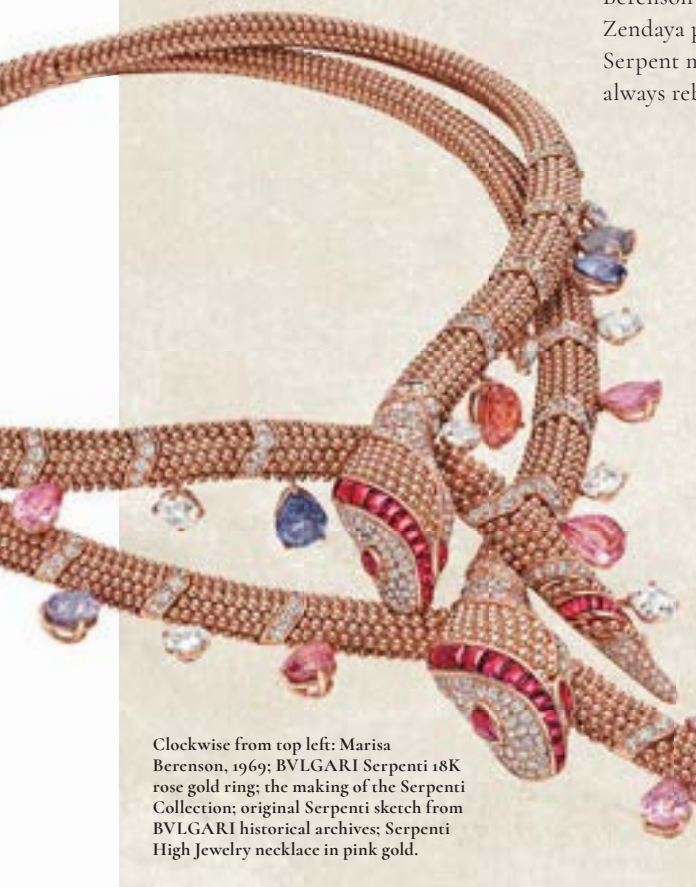


CLOCKWISE FROM TOP RIGHT: PHOTOS BY: ANTONIO BARRELLA; MATTEO CASASALE; ANTONIO BARRELLA; HENRY CLARKE



inspiring challenge,” says Lucia Silvestri, BVLGARI’s jewelry creative director. “It is this perfect balance between its heritage and creativity evolution that has made the icon truly timeless and always in step with the times.”

This continual metamorphosis reveals a timeless style as iconic as the talented women who have worn Serpenti through the years. The fact that it was lauded by the inimitable and legendary editor Diana Vreeland and has been seen on everyone from Elizabeth Taylor and Marisa Berenson to Naomi Campbell and Zendaya proves that while the Serpent may shed its skin, it is always reborn. ◦



Clockwise from top left: Marisa Berenson, 1969; BVLGARI Serpenti 18K rose gold ring; the making of the Serpenti Collection; original Serpenti sketch from BVLGARI historical archives; Serpenti High Jewelry necklace in pink gold.



CLOCKWISE FROM TOP LEFT: PHOTOS: BY GIAN PAOLO BARBERI; COURTESY OF BRAND; BY MATTEO CAKASSALE; COURTESY OF BRAND; BY ANTONIO BARRELLA

ANNA PETROPOULOS MD, FRCS
FACIAL PLASTIC SURGEON
SPECIALIZING IN NON-INVASIVE REJUVINATION

CENTER FOR
Classic Beauty

DISCOVER A NEW LEVEL OF YOUTH.



396 COMMONWEALTH AVE
BACK BAY - BOSTON MA



P: 617-865-6800
@centerforclassicbeauty



BREATH OF FRESH AIR

Treat yourself this month with these fun and rejuvenating activities in Boston—you deserve it!

BY JULIA MORLINO

SWEAT

World Health Day (April 7) is the perfect excuse for a mind and body reset. Thanks to Cambridge's Kimpton Marlowe Hotel (hotelmarlowe.com), guests can reboot with its exclusive wellness fitness program, led by five-time Olympic medalist Nastia Liukin. The 22-minute

guided workout video offers breathing exercises, warmups, step-by-step exercise movements and a cooldown. "We were inspired by Nastia because she's someone who travels often," says Joe Capalbo, Northeast director of operations and general manager. "She knows what it's like after a long flight, when you want to unwind, feel relaxed and reinvigorated." Follow along with Liukin from anywhere, whether that be the comfort of your guest room or the nearby Esplanade.



From left: Relax and unwind after a nice sweat in the Kimpton Marlowe Hotel rooms; work out like an Olympian with Nastia Liukin.



FROM LEFT, PHOTOS BY KELLY MARSHALL PHOTO; COURTESY OF THE KIMPTON MARLOWE HOTEL

PARTY

Kick off alfresco dining with a visit to the new and improved Rooftop at Revere (reverehotel.com) in Back Bay, reopening this month. The addition of an elevated kitchen gives way to an extensive rooftop menu, featuring large craft cocktails, frozen drinks and shareable bites with twists on Boston classics like local crab tostada and lobster finger rolls. “Summer 2023 experiences include a dedicated celebration menu for our private cabanas, live music and fresh new food and beverage menus,” says hotel general manager Bill Brodsky. “Local yogis will love the return of our popular rooftop yoga series with Lululemon Newbury— with the addition of a menu of local fresh juices and mimosas for post-savasana lounging.”



Suit Up

Although it feels like yesterday, wedding season is back in full swing, reminding gents yet again that formal suits, shirts and tuxedos are a necessity. Here to guide the groom, father-of-the-bride, best man or groomsmen to the perfect look is Cad & The Dandy (cadandthedandy.com). On April 26 and 27, the bespoke tailors, who have experience crafting garments for members of the royal family, are hosting a trunk show at the Four Seasons Hotel, One Dalton, where you can book appointments for suit or tuxedo measurements. “We treat every client as individuals with specific needs and desires to assure

they are getting a final garment that is truly unique and made specifically for them,” says United States Managing Director Steve Knorsch. To create that one-of-a-kind look, Cad & The Dandy customers can choose from a collection of fabrics, colors, linings and styles to personalize their dream fit.

From top: Rooftop at Revere's new private event space, The Lantern Lounge; find your perfect fit for weddings and beyond during one of U.K. brand Cad & The Dandy's pop-ups.

Honor

Watch in awe as the Paul Taylor Dance Company (paultaylordance.org) twirls across the stage this month at Boch Center Shubert Theatre. The American modern group, under the artistic direction of Michael Novak, is sure to wow while honoring its founder's legacy. Taylor's classic pieces are featured in the production along with new contemporary choreography by Amy Hall Garner, whose work is making its Boston premiere. "I love watching new choreographers expand the Taylor legacy with their unique stories, perspectives and vision," Novak says. "I believe in the poignancy and relevancy of interdisciplinary collaborations, and Amy Hall Garner's piece is just that."

Dancers John Harnage and Maria Ambrose

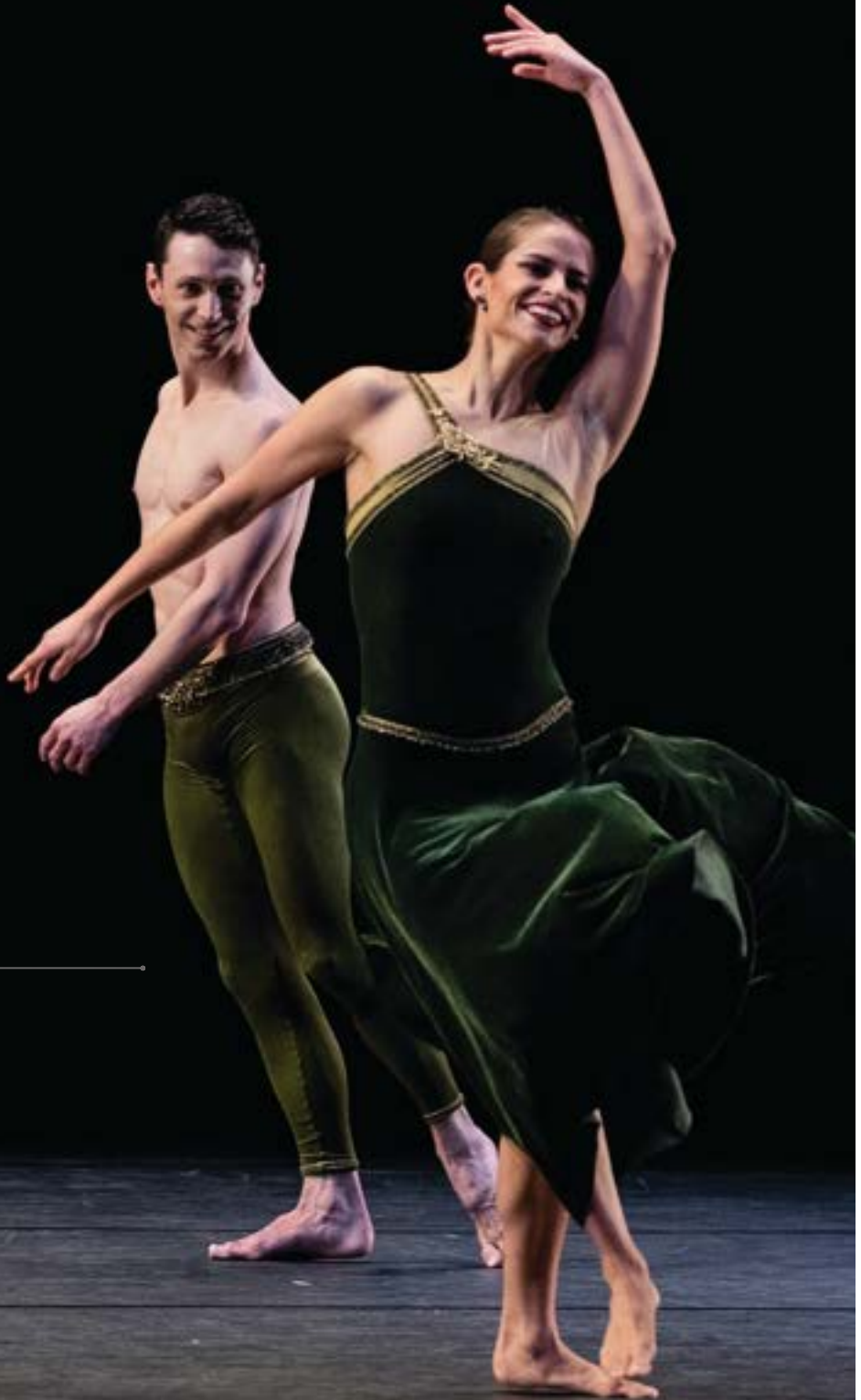


PHOTO BY RON THIELE

The science & art of eyelid surgery.

Trust your eyelids to an oculoplastic surgeon. With more than 15 years of experience and thousands of procedures on his record, Dr Glavas is a board-certified ophthalmologist with international clientele in Boston. Turn back time with the non-scar laser eyelid lift, the latest non-invasive treatments, and skin products to reduce fine lines and reduce lower lid bags.

glavas
Ioannis P. Glavas, MD
OPHTHALMIC PLASTIC SURGERY

Ioannis P. Glavas, MD

Board-certified Ophthalmologist
& Oculoplastic Surgeon



Boston

115 Newbury
Street, 5th Floor
Boston, MA
T: 617.262.0070

Beverly

100 Cummings
Center, #106-D
Beverly, MA
T: 978.712.8090



RELEASE

Training for the Boston Marathon is no small feat and can certainly take a toll on your body. In between runs, restore and heal your overworked muscles with The Spa at Mandarin Oriental, Boston's (mandarinoriental.com/boston) Runners' Revive massage treatment, launching this month. The effective deep-tissue massage is a saving grace for contestants, as it supports muscular and joint tension relief. "This treatment is intended to speed up muscular healing and whole-body recovery, putting runners on the path to optimal performance," notes Director of Spa and Wellness Debra Myers. "It's really wonderful for anyone who is highly active, as well as those experiencing muscular tension due to stress or physical demands."

In need of frequent wellness experiences like this one? Mandarin Oriental, Boston offers fitness memberships for full spa amenity and fitness access—think annual complimentary spa treatments, laundry service and more.

Unwind in one of the treatment rooms at The Spa at Mandarin Oriental, Boston.



From left: Frank McClelland dishes up sumptuous plates from his prix fixe dining experience; enjoy bites from the menu within the restaurant, which is draped in greenery and bathed in romantic lighting.



CELEBRATE

Delectable farm-to-table dinners without having to leave the city—what more could a foodie ask for? Frank McClelland's Apple Street Farm Supper Club (farmtofrank.com), a members-only prix fixe dining experience, takes over Frank Restaurant on the first Tuesday of every month to bring his organic Essex farm to Boston. "We come up with creative ways to get people to come together on nights they may not typically go out to eat," he says. Sign up for the club on the Frank website to try the season's freshest ingredients at the upcoming meeting on April 4. This month's theme is Alsace, McClelland's favorite region in France and a glorious food and wine destination—expect menu dishes of German and French influences paired with Alsatian wine.

CLOCKWISE FROM TOP: PHOTOS: COURTESY OF MANDARIN ORIENTAL, BOSTON; BY REAGAN BYRNE

Why are they the #1 team, year after year? It's no mystery.



 GAILROBERTSREALESTATE

Psst. Looking to buy or sell a home? Put Gail and Ed on the case. The team that delivers exceptional service for their clients every step of the way. That's why once again they've been named Coldwell Banker Realty's top small team, worldwide. Case closed. 617-844-2712 • gailroberts.com



GAIL ROBERTS, ED FEIJO & TEAM

APRIL

Mark your calendars for a jam-packed month of dancing at the Citizens Bank Opera House, exploring artwork with the MFA and more.

BY CAROLINE DALTON

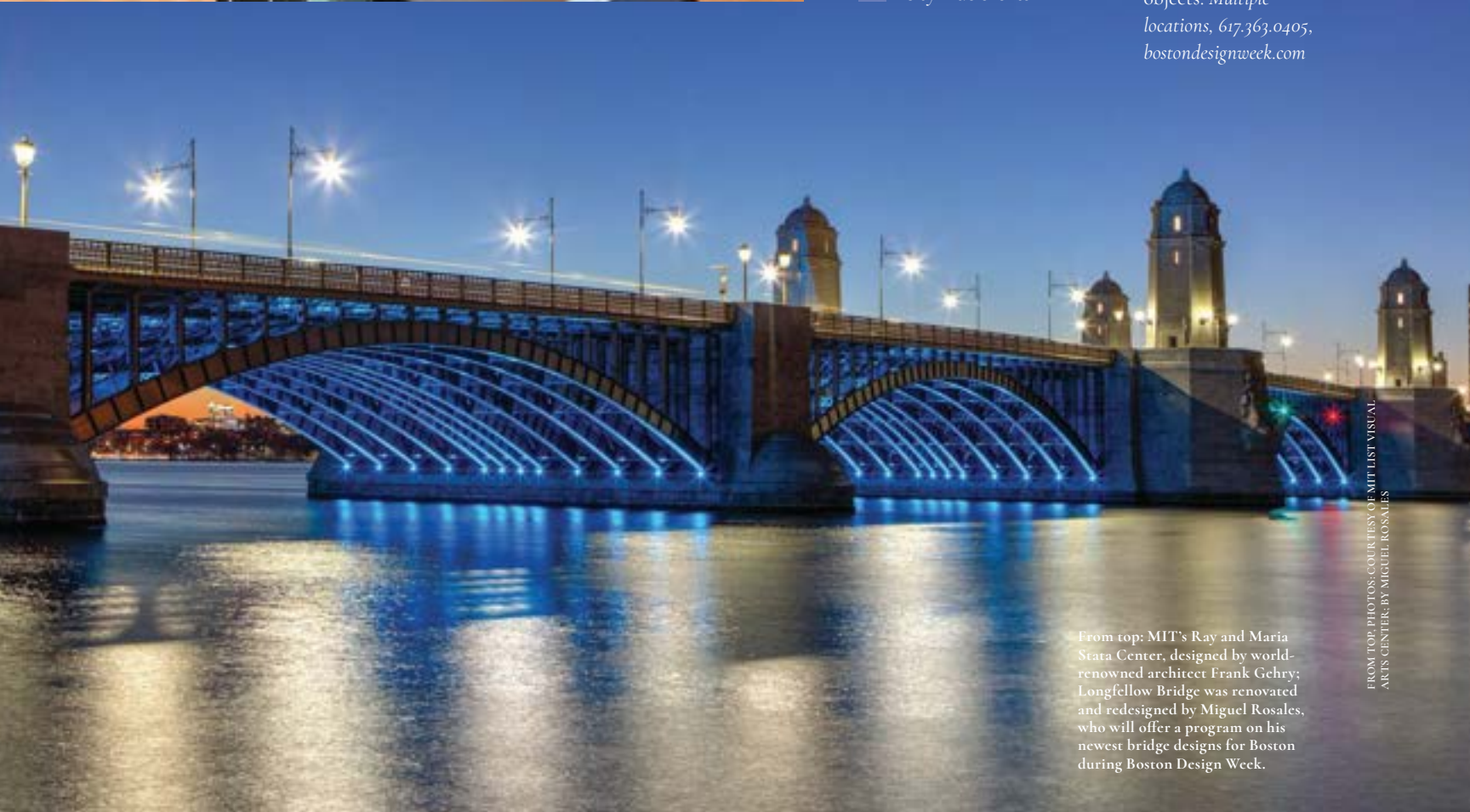


4/25-5/7

Boston Design Week

Explore the city's innovative and diverse design community as Boston Design Week returns for its 10th annual showcase—this year's theme, Design for Tomorrow, Today!, emphasizes progressive planning, as well as environmental and social impact. The 12-day festival is serving up citywide events

from some of Boston's top designers and organizations, including interior design, urban architecture, landscaping, furniture and more. Plus, this year features the debut of Discover Design Fair, an online show highlighting modern and other styles of furniture, decorative arts, ceramics and sculptural objects. *Multiple locations, 617.363.0405, bostondesignweek.com*



From top: MIT's Ray and Maria Stata Center, designed by world-renowned architect Frank Gehry; Longfellow Bridge was renovated and redesigned by Miguel Rosales, who will offer a program on his newest bridge designs for Boston during Boston Design Week.

Through 4/16**SMFA at Tufts: Archive and Autobiography**

Featuring the works of five students at the School of the Museum of Fine Arts at Tufts, the *SMFA at Tufts: Archive and Autobiography* exhibition explores the concept of the archive to see the ways in which it shapes the self, one's families, communities, history, politics and world-making. With a range of mediums from video to soft sculpture and painting, each artist presents unconventional archival forms to share a story. 465 Huntington Ave., 617.267.9300, mfa.org

4/6-16**Our Journey**

Let your curiosity wander with *Our Journey*, consisting of two perceptive ballets that contemplate the natural desire for human connection. Justin Peck's *Everywhere We Go* features nine segments with 25 dazzling dancers to a score by Grammy and Academy Award nominee Sufjan Stevens. The audience will also experience the debut of Nanine Linning's choreography to Claude Debussy's *La Mer* and choral work *Les Sirenes* performed by the Boston Ballet Orchestra and local women's group Lorelei Ensemble. 539 Washington St., 617.695.6955, bostonballet.org

4/13-18**Boston International Film Festival**

Returning for its 21st year, the Boston International Film Festival will screen over 80 short and feature films from more than 30 different countries this month. With an all-access VIP pass, guests can enjoy all five days of events, including red carpets, parties and

films—plus an opportunity to meet the stars at the opening night gala. 175 Tremont St., 617.729.8310, bostoniff.com

4/16**10 Years Stronger Benefit**

As Bostonians approach the 10th anniversary of the Boston Marathon bombings, honoring victims continues to be top of mind. Before cheering on your favorite runners during the marathon, join the Greg Hill Foundation and Zac Brown Band for an unforgettable night of music at MGM Music Hall at Fenway. A portion of the event's proceeds will go toward the Marathon Bombings Survivors Fund and The Greg Hill Foundation, funding future grants to cover the medical needs of survivors. 2 Lansdowne St., 978.930.9734, 10yearsstronger.org

4/16**An Afternoon With Itzhak Perlman**

Join 16-time Grammy Award-winning violinist Itzhak Perlman for a rendezvous at Symphony Hall. The Israeli American artist will share personal narratives, giving a glimpse into his childhood and the early years of his career. Along with stories, attendees will see archival photos and videos, and hear musical performances you can't witness anywhere else. 301 Massachusetts Ave., 617.482.2595, celebrityseries.org

4/17**The Boston Marathon**

Show your Boston pride and get ready to cheer on some of the world's best runners at the 127th Boston Marathon. Whether you choose to watch the start in

Hopkinton, the final stretch from the comfort of a Boylston café or the finish from Copley Square, this historical tradition is sure to muster up citywide pride. baa.org

4/18-30**My Fair Lady**

See the witty, highly praised classic *My Fair Lady* come to life at the Citizens Bank Opera House with Tony Award-winning director Bartlett Sher. The production follows Jonathan Grunert as Henry Higgins, a pompous phonetics professor, as he tries to turn a working-class Cockney girl into someone who can pass as a high-class member of society. 539 Washington St., broadwayinboston.com

4/27**Madrinas + Comadres Spring Series**

In celebration of Earth Day, Amplify Latinx is co-hosting a spring social honoring 10 Latinas for Women's History Month. While recognizing the honorees, guests can browse Uvida Shop. Expect to chat with owner Maria Vasco over charcuterie boards and wine from local shops while making environmentally friendly candles. 28 Atlantic Ave., 617.209.9709, amplifylatinx.com

4/27**Canon, Canyon, Cannon**

Curated by Porsha Olayiwola, Boston's poet laureate, this evening of performance calls on guests to consider canons, their personal canons and influences, and to respond to "canon" and its many meanings. The series seeks to explore depths of language,

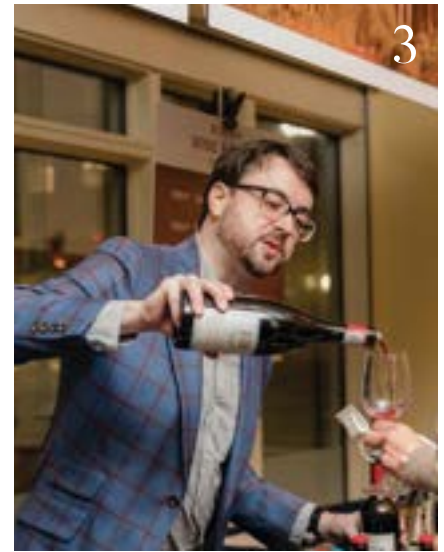
performance and the self while challenging traditional disciplinary boundaries. Acclaimed poets like Rachel McKibbens and Justice Ameer present in the mood of canyon or cannon while redefining literary and performance canon, bringing it into the present and future. 25 Evans Way, 617.278.5156, gardnermuseum.org

4/28**Boston Hot Pink Party**

Think pink this month as you join the Breast Cancer Research Foundation (BCRF) for its 17th annual Hot Pink Party at Omni Boston Hotel at the Seaport. While donning their most vibrant pinks, guests will enjoy live music, stunning decor and bites. Last year, the event raised a record-breaking \$2.1 million-plus to back New England-based breast cancer research, so who knows what 2023 will bring. 450 Summer St., 646.497.2635, bcrgbostonhotpink.org

4/30**Literary Lights**

It's that time of year again: Literary Lights is back for its 33rd annual dinner that honors exceptional writers at the Fairmont Copley Plaza. In addition to words from keynote speaker Jill Lepore, an award-winning author and staff writer at the *New Yorker*, the event will raise money to support the preservation of Boston Public Library's Special Collections. Alongside Lepore, other honorees include Alex Beam, Dave Eggers, Claudia Rankine, Heather Cox Richardson and Scott Turow. 138 St. James Ave., 617.536.3886, associatesbpl.org



BY THE GLASS

THE PARTY On Jan. 14, Boston Harbor Hotel kicked off its annual Wine & Food Festival with an unforgettable evening of sensational reds and whites. Upon arrival, attendees were greeted with sparkling Champagne flutes and every bite they could desire: overflowing dessert platters, fresh seafood, delectable charcuterie, rich pastas and more. **THE GUESTS** NBC 10's Priscilla Casper, WPRI 12's Ashley Erling and others savored glasses from wine vendors like Staglin Family Vineyard and Frog's Leap Winery. **THE PINNACLE** While sipping and swirling, guests danced to live music from the band Virtue and explored a photography display of the California wine country by Andy Katz.

BY JORDAN MANSON

(1) Franklin Altomare and chef Jason Jonilonis (2) Elizabeth Akeley and George Regan (3) Zach Catania (4) Tony Morello (5) A collection of wines were poured throughout the evening. (6) Brittany Di Capua, Priscilla Casper and Colton Bradford (7) An abundance of food was displayed to pair with sips.

PHOTOS COURTESY OF BOSTON HARBOR HOTEL

OVER 72% SOLD

YARDWORK
at the BRISTOL



TheBristolWellesley.com
617.962.9292

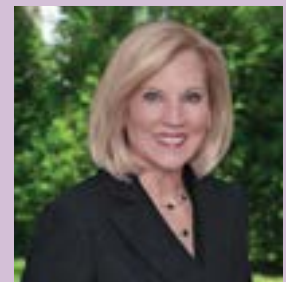


148 Weston Road
Wellesley, MA 02482

LIFE MADE EASY

LUXURY CONDOMINIUMS
FROM \$2,215,000

WELCOMING CONNOISSEURS OF
THE GOOD LIFE SPRING 2023



DEBI BENOIT
Senior Vice President





1



2



3

LET'S FLY AWAY

THE PARTY For 15 years, Magellan Jets has offered an exceptional private flying experience and continues to expand its travel empire with luxury at the forefront. On Jan. 20, the company welcomed media to celebrate the opening of its first private terminal at the region's largest general aviation airport, Laurence G. Hanscom Field, in Bedford. **THE GUESTS** Founder **Joshua Hebert** and co-founders **Anthony Tivnan** and **Greg Belezarian** welcomed guests like Modern Luxury's **Carin Keane** and **Ellie Benson** while sharing details about the momentous opening. **THE PINNACLE** Magellan Jets customers will enjoy red carpet service at the new terminal, including VIP parking, a private lounge with top-shelf spirits, an executive conference room and more.

BY CAROLINE DALTON



4



5

(1) Co-founder and President of Magellan Jets Anthony Tivnan (2) Kelly O'Shea, president and CEO of KOPR (3) Joshua Hebert, founder and CEO of Magellan Jets, with Tivnan and co-founder and Vice President Greg Belezarian (4) Ryan Foss, vice president of Flight Operations for Magellan Jets (5) John Amato, vice president of Aviation Consulting for Magellan Jets

PHOTOS BY JOHN J. HAMMANN PHOTOGRAPHY



THE SPIEGEL CENTER

ADVANCED FACIAL PLASTIC SURGERY & AESTHETICS

WORLD-LEADING INNOVATORS

FACELIFT | NECKLIFT | RHINOPLASTY

NON-INVASIVE SKIN TIGHTENING & REJUVENATION

335 BOYLSTON ST.
NEWTON, MA 02459

617.580.2382

DRSPIEGEL.COM

INFO@DRSPIEGEL.COM



SPRING SPORTS

Keep things casual and cool with these athletic-inspired pieces.

BY FAYE POWER VANDE VREDE



Products, clockwise from top left: Todd Snyder houndstooth full-zip bomber in Pine Cone, toddsnyder.com; Gucci 99 mm sport sunglasses, saks.com; Sparty & Rich Wellness Ivy crewneck in merlot and gold, sportyandrich.com; Tory Sport mercerized cotton printed polo, toryburch.com; Louis Vuitton Horizon light-up earphones, louisvuitton.com; Tory Sport logo Jacquard terry short, toryburch.com; Miu Miu sneaker, miumiu.com; Mallet London Hoxton 2.0 sneakers, mallet.com; Dior Maison fitness kit, dior.com; Wellbel hair, skin and nails supplement, wellbel.com; Sparty & Rich olive green bra and shorts, sportyandrich.com; Omega Speedmaster Super Racing Co-axial Master Chronometer Chronograph 44.25 mm watch, omega.com.

MODEL PHOTOS BY YOSHI MICHAELE; PRODUCT PHOTOS COURTESY OF BRANDS



A BEAUTIFUL SMILE

Cosmetic Dentistry | Comprehensive Dentistry | Veneers | Juvederm
Non-surgical Face lifts | Skin laser treatment | Botox & Fillers



CALL TODAY
(508) 255-0557

SCAN TO BOOK ↓



129 MA-28

West Harwich, MA 02671

Dr. Nadia Pokrovskaya

CapeDentistry.com | @capedentistry

55 Oak Road

North Eastham, MA 02651



THE ESSENCE OF STYLE

Grounded fashion is making a movement for the better thanks to MATSU in Beacon Hill.

BY ANTONIA DEPACE

The day that I planned to meet Dava Muramatsu at her boutique, co-owned with husband Masayuki Muramatsu, I chose to wear a hot-pink midi dress with tan heeled sandals. I kept my makeup simple, lips bare and hair in a styled high pony. I didn't realize it at the time, but something felt off—and it was Muramatsu who helped me to figure it out. Walking inside MATSU (matsu-

boston.com), the Charles Street jewel box immediately entranced me with dark green and black walls, layers of textures and scents triggering the five senses. Immediately, Muramatsu wanted to style me. And being the go-with-the-flow person that I am, I agreed. The result was much more than I ever could have imagined. She dressed me in a shirt and tulle skirt by Louiza Babouryan, giving me movement and a sense of serenity. A final touch was added with a

turquoise pendant and bracelet, as well as an emphasized recommendation to always wear some hue of lipstick. I was floored. I had never felt so grounded in my entire life—I was complete. My experience is like many others who walk into her store, and is the reason why Muramatsu is described as a light worker in fashion and creating elevated images for women. "I try to (gently) push women outside of a safe comfort zone because in doing so they become elated once they see their inner beauty. This is where the true core essence lies, and once that is tapped into, their heart begins to sing—a poetic transformation of sorts," the stylist explains. She does this by focusing on four major pillars to what she believes constructs the idea of wellness within fashion: beauty, balance, spirit and joy. There's two beliefs behind this. One, that looking good and the inner awareness of looking good on the outside will tap into your soul and automatically create happiness; and that having fun in self expression through clothing by layering, playing

with color and textures will create a very happy heart and improve your disposition, confidence level and outward persona. A variety of designers bring these conceptions to life: Italian knitwear from Serie Numerica, luxury essentials from Majestic Filatures, compelling printed scarves from Ottotredici, whisper-weight cashmere scarves also from Botto Giuseppe, handmade leather bags from Campomaggi, opulent feminine pieces from Louiza Babouryan, and healing gemstone jewelry designed by Muramatsu, known as Nymph Jewels. Dotted throughout are Japanese products including Proof of Guild, Kikatsu glassware and Takahashi handcrafted porcelain vessels. "Once I can influence one's spirit, their body language alters, their hearts open, their meridian channels allow for natural flow throughout the body as the chakras align. The result is a beautiful inner understanding of completeness," she says.

From top: Dava Muramatsu; a look inside the boutique.



PHOTOS BY BAO SONG



Modern New Construction in Weston

101BlackOak.com



COMPASS



Compass is a licensed real estate broker and abides by Equal Housing Opportunity laws. All material presented here is for informational purposes only. Information is compiled from sources deemed reliable but is subject to errors, omissions, changes in price, condition, sale, or withdrawal without notice. This is not intended to solicit property already listed. Photos may be virtually staged or digitally enhanced and may not reflect actual property conditions. compass.com

SPEED RACER

Brooke Torres is taking running to a whole new level for women—redefining the sport through footwear.

BY ANTONIA DEPACE



Did you know that a woman's foot anatomy is different from a man's?

While there are multiple differences, there are two major ones that come to mind: Our heels tend to be smaller and have a lower volume than men's. Of course, arches and toe area also differ, which can affect a variety of things, but most importantly our shoes. More specifically, running shoes. Local Brooke Torres noticed exactly this during her running journey, during which she tried countless brands and styles—none of which provided the correct fit or comfort. “I could not figure out the right running shoe for me, and I was doing all the things that you would typically do. I would try stuff on in stores; I would order things online. I was branching outside of running shoes too... I would try to run in weightlifting shoes or training shoes, because I really just wanted something that was comfortable for me,” she says. Fast-forward to 2021 and Torres ended up finding her perfect running shoe, but not in the way she thought. After three years of developing and testing, Torres launched her own women's shoe brand, called Hilma (join-hilma.com). While her original inspiration stemmed from running, the shoes are perfect for

anything active, whether it's walks in the park or marathons, and everything in between. Available in a few fun colorways (Stellar and Frozen Dew released last month with Sandstone and more launching late spring), the sneaker focuses on three different fits (1, 2 and 3) that look at characteristics like toe boxes, heel and midfoot fits. Each design is created around a different pattern, making each one unique. For example Fit 1, which is the narrowest version of the brand's shoe, has a smaller toe box, while Fit 2 has a larger toe box. Fit 3 features a higher-volume heel, midfoot and toe box. And unlike many other brands, which allow you to browse the website and pick any shoe, the experience all starts with a quiz. Results provide you with the best fit possible, leaving you with only one more decision: which color to rock. “The magic for us is we see that people have a favorite fit,” Torres, who favors a Fit 2, says. “Getting to hear people's stories about what they're doing and where they're going in the shoes has been really powerful.”

From left: Brooke Torres was inspired by her own running journey to start the brand; a new colorway, Stellar, adds something blue to any outfit.



PHOTOS COURTESY OF HILMA

When you're built around the clients you serve, you build a different kind of firm.

Everything we are, we became by focusing on the needs of our clients. The need for integrated financial and estate planning. The need for objective, client-customized investment advice. The need for forward-thinking trustee services, including access to New Hampshire's trust advantages. The need for a nimble, honest, and trustworthy partner for life. A fiduciary. Proudly independent for over 135 years. All to help you live the life you want to live. To learn more, contact Rick.Tyson@fiduciary-trust.com today.



FIDUCIARY™
TRUST

617.292.6799
www.fidtrustco.com

PERFECT TIMING

Your skin varies throughout the day, whether we are talking sebum or cell renewal. Enter circadian skincare—the flurry of luxurious launches offering a science-based approach to meet your skin's needs at specific times. “Similar to gut health, the skin needs to be continuously regulated to maintain a synchronized internal clock and be at optimal health. Skin is adaptive and composed of specific elements that regulate patterns 24 hours a day. When the circadian rhythm is balanced, the skin is transformed,” explains Kim Walls, co-founder and CEO of Furtuna Skin. From sleep serums to morning scrubs, we rounded up the best of the bunch with an eye on the clock.

BY PHEBE WAHL



Omorovicza Midnight Renewal is a retinal-powered night serum that optimizes its capacity to repair at night. omorovicza.com

The Orveda Overnight Skin Recovery masque boasts biotechnological seaweed extract to visibly minimize skin fatigue signs and skin's natural overnight water loss. saks.com



SUNRISE PHOTO BY OATAWA/ISTOCK; BACKGROUND PHOTO BY MALLERKAPSO/ISTOCK; PRODUCT PHOTOS COURTESY OF BRANDS



The Murad Retinal ReSculpt overnight treatment tackles major signs of advanced aging overnight. murad.com



Odacité Jojoba Pearls Daily Hydra-Exfoliant wakes up the skin each morning. odacite.com



Ranavat Restoring Moonseed treatment is a twice-weekly evening ritual to work overnight when skin repair is optimal. ranavat.com



Dr. Barbara Sturm's Super Anti-Aging night cream supports the skin's nocturnal renewal processes so you wake with max glow. drsturm.com

Furtuna Skin's cleansing oil balm supports the skin's homeostasis by balancing sebum levels and the skin's pH. furtunaskin.com



SUPPORTING CHARACTERS

OTO Sleep Drops,
us.otowellbeing.com

Ninety percent of American adults are not getting enough fruits and vegetables from their diet, according to a recent CDC study. "I would always advise getting nutrients from a well-rounded diet first and foremost, but the truth is, it's nearly impossible to get all of the daily nutrients we need from our modern diets," says Jules Miller, founder and CEO of The Nue Co. Thankfully, a wide array of supplements are on offer these days to fill in the gaps. Whether to assist with better sleep or intermittent fasting, we rounded up the best of the bunch to keep you looking and feeling fabulous. *BY PHEBE WAHL*



Juna Detox enzymes,
juna-world.com



Moon Juice Magnesi-Om Blue
Lemon Calm + L-theanine,
moonjuice.com



Typology Woman
Periodic serums,
us.typology.com



ALL PHOTOS COURTESY OF BRANDS



Dr. Barbara Sturm intermittent fasting supplement set, drsturm.com



LYMA supplements, lyma.life



Dr Smood Smart Meal, drsmood.com



Beauty Pie Green Me Up powder, beautypie.com



Elemis Pro-Collagen Skin Future supplements, qvc.com



SKINtamin, hairtamin.com



THE GREAT OUTDOORS

With Earth Day (April 22) looming, there's no better time to explore Mother Nature. Get your blood pumping with these open-air activities—all recommendations of Martha J. Sheridan, president and CEO of Meet Boston (meetboston.com).

BY MADISON DUDDY





From top: Get your heart rate up with a bike ride on the Esplanade; water sports on the Charles River are a great way to see the city from a new perspective.

Sail and Fish on Jamaica Pond

“Jamaica Pond is the largest standing body of water in the city’s Emerald Necklace. The boathouse provides facilities for rowing and sailing. Those with permits can also fish for trout and salmon, which are stocked in the pond every year.”

Go on a Bird Walk at Boston Nature Center and Wildlife Sanctuary

“This is a hidden gem in the Mattapan neighborhood of Boston. Learn from Audubon Society experts and observe local birds as you walk and spend time outdoors.”

Bike, Run or Walk on the Harborwalk

“Prefer ocean views to river views? The Boston Harborwalk runs a whopping 43 miles along the Boston shoreline, offering a look at many of Boston’s diverse neighborhoods along the way. It stretches from the Neponset River in lower Dorchester to Constitution Beach in East Boston via Charlestown, the North End, Downtown, Seaport, South Boston and Dorchester.”



Activities on the Boston Harbor Islands

“There are 34 islands and peninsulas that make up Boston Harbor Islands National and State Park. Hop on a ferry and hike around Spectacle Island, Peddocks Island, Georges Island or Thompson Island. You can even reserve a camping spot on Peddocks if you’d like to make a weekend of it. Boating and swimming are also an option come summer!”

Bike, Run or Walk on the Esplanade

“Spring is the most amazing time for getting active on the Esplanade as the trees blossom in their myriad hues. There is plenty of space to walk, run, bike or even rollerblade or skate.”

Enjoy the Walking Paths of Arnold Arboretum

“The arboretum in Jamaica Plain is 265 acres and has more than 15,000 species of plants, trees, shrubs and vines. There are plenty of walking paths to take in the flora and fauna.”

Kayak, Canoe or Paddleboard on the Charles River

“See the Boston skyline from the water! I recommend Paddle Boston to rent from, and you can also take lessons. The Charles River is of course iconic, but you can also visit Paddle Boston on the Mystic River in Somerville and Medford, and the Moody Street Dam in Waltham, which is in the Lakes District of the Charles that has very little current.”

Golfing at Granite Links in Quincy

“For the golf enthusiast, Granite Links offers 27 holes with spectacular views of the Boston skyline. Make sure to stay for sunset!”

Walk the Hills in Beacon Hill

“It’s not called Beacon Hill for nothing. You’ll get a workout in as you traverse the ups and downs of this neighborhood. Have your camera handy for beautiful nooks and crannies and gorgeous homes.” ◦



From top: From April 28 to 30, Ryan will be the guest of honor at Maryland's annual Malice Domestic—a revered, international convention of mystery authors and readers; this month, see the author at South End's Piano Craft Gallery on the 12th and Millbury Women's Club Ladies Night Out on the 14th for book signings, Q&As and more.



MIND GAMES

When describing her newest thriller novel, *The House Guest* (Forge, us.macmillan.com), bestselling author Hank Phillippi Ryan (hankphillippiryan.com) chose her words carefully: greed, divorce, betrayal, female empowerment and revenge. Here, the Boston-based novelist shares a taste of what readers can expect from this recently released psychological thriller.

BY MADISON DUDDY

What was the inspiration for *The House Guest*? Years ago, an acquaintance of mine was happily married, and every morning she would go off to her high-powered job, waving goodbye to her husband, who was off to his equally high-powered job. And she was very happy... until the police arrived at the door. It turned out her husband had never gone to work. Every day he had been home doing nefarious illegal things on the computer, and my acquaintance had no idea. So I wondered how well do we really know the person whose pillow is next to ours?

What can readers expect from this book? *The House Guest* is the story of a happily married woman, Alyssa Macallen, whose affluent and influential (and manipulative?) husband Bill suddenly walks out on her. And when the FBI arrives at the door, Alyssa knows she really needs a friend. Putting it this way: In a shocking divorce, you can't always get what you want. But sometimes you get what you deserve. What can readers expect? *Gaslight* meets *Thelma & Louise* meets *Strangers on a Train*. But remember—the author may be gaslighting you too.

How does the book keep readers on the edge of their seats? This is two powerful women, facing off in a high-stakes, psychological cat-and-mouse game to prove their truth about a devastating financial betrayal. But which character is the cat? And which character is the mouse?

What do you love most about *The House Guest*? As with all my novels, the ending has to be gorgeously satisfying, with all the loose ends tied up... And sometimes, I worry that I have written a mystery that I cannot solve! When I figured out the end of *The House Guest*, I was by myself in my study. I was so thrilled with it that I stood up and applauded (and then I sat down, of course, very embarrassing).

What sets *The House Guest* apart from your other novels? *The House Guest*, unlike many of my novels, is one point of view in a linear timeline. No multiple timelines or multiple points of view. Just a fast, page-turning beginning, twisty propulsive middle and crackerjack of an ending, if I do say so myself.

MODLUX.RENT

Luxury Brands for Rent

UNLIMITED LOOKS FOR LESS

ModLux.Rent is a subscription rental service that gives you access to hundreds of looks for one flat fee. Fill your closet with the latest styles from designers like Derek Lam, Vince, b&ash, Scotch & Soda, The Kooples, Saloni, FARM Rio, Kobi Halperin, Acler, Saylor and Yigal Azrouel.



START YOUR FREE 30 DAY TRIAL TODAY

EATING WELL

Davio's Founder Steve DiFillippo chats about eating healthy while dining out, as well as the restaurant's Awaken180 menu.

BY ANTONIA DEPACE

Maybe it's a tried-and-true favorite or a spot that you've been dying to check out, but no matter the reason, dining out is always a good plan—especially with all of the tantalizing options to choose from. And while a savory truffle pasta or A5 wagyu might be top of mind, it's always important to keep health in mind, especially when sticking to a diet plan. Enter Steve DiFillippo, founder of Davio's (davios.com). "My big thing about eating in restaurants is you need to simplify what you're eating," he explains. This comes down to dressings, sauces and proteins. Here, DiFillippo dives deeper into the topic.

What are your tips for eating healthy while eating out?

You really want to eat clean. Stay away from sugar. Eat as clean as you can. For salads, the dressings are just terrible in restaurants. You have

to be careful with salad dressing. The other thing is portion control. I mean, do you really need to eat a 14-ounce steak? Do you really need a 16-ounce ribeye? You don't.

Tell me more about the inspiration behind the Awaken180 menu.

I went to the [Awaken180 Weightloss] program. I met [founder] Paige [Lopez]. She came to me and said, 'We'd love to have you be a spokesperson and do commercials.' And I said, 'Well, let me see how I do first, and I'm not doing any commercials unless I know. Let me just try it right.' ... I got so blown away by it because I thought being a chef I knew what to eat and what not to eat. [There were] so many things that I was eating wrong. I got hit in the head. And then I started going out to eat, and they'd hardly have any vegetables. Everywhere I

went, it was like no, no, no. I said, 'OK, we're going to do this ourselves.' So you have to ask for the 180 menu. There's some nights where six, seven or eight tables have a 180 menu and they're not even on 180. They just want to eat healthier because they know it's a safe menu. They know there's no cheese, there's no carbs, there's no sugar. The menu is vegetables and protein.

Does the Awaken180 menu correlate with the Davio's food that we all know and love?

We meet a few times a year and we look at the menu. We've updated the menu quite a bit over the years. And it's basically just the teachings of Awaken180—no sugar, no carbs, portion control, mostly vegetables. [For example,] what we did is we took the Davio's chicken and created a chicken with vegetables.



From top: Steve DiFillippo; the tuna tartare from the Awaken180 menu.

SIZZLING TIPS

Instead of traditional salad dressings, ask for oil and vinegar for a lighter take.

Ask for sauces on the side so you can control your own portions.

Repeat after us: Everything in moderation.

PHOTOS BY BRIANNA MOORE





Artists above (from left): Campbell La Pun, Brendan Murphy & Hunt Slonem



DTR MODERN GALLERIES
167 Newbury Street, Boston
dtrmodern.com | 617.424.9700

Nantucket Season Opens May 18th !

38 Centre Street, Nantucket
nantucket@dtrmodern.com
508.901.5730

ADDITIONAL GALLERY ARTISTS: Basquiat, Banksy, Bochner, Chagall, Dali, De La Nuez, Halim Flowers, Haring, Hirst, Clarence James, La Pun, Lagemann, Lichtenstein, Longo, Matisse, Miro, Mr. Brainwash, Murakami, Picasso, Ruscha, Slonem, Sultan, Warhol & Wesselmann



Sophisticated. Social. Stylish.

Avery Bar.
Your Preferred Downtown Cocktail Destination.

Tuesday - Saturday
4pm - 11pm
Craft Cocktails & Small Plates



10 Avery Street
Boston, Massachusetts 02111

www.averybar.com

Design, Home, Realty

Fashion darling Alice Temperley unveils an interiors collection with The Romo Group—making the ultimate maximalist match made in heaven.

Retreat



ALICE'S WONDERLAND “There’s something for everyone in the collection—from the ‘neutral’ leopard, which goes with absolutely everything, [to] the bolder prints that are evocative and heady,” says founder and creative director of Temperley London (temperleylondon.com) Alice Temperley of her debut fabrics, wallcoverings and accessories collection launched this spring in collaboration with The Romo Group (romo.com). The mashup of two British brands is a maximalist match made in heaven as expressed through bohemian wallcoverings, opulent velvets, satins and weaves—with plenty of haberdashery trims, key tassels and passementerie brush fringe to adorn and embellish. “Each design can stand alone or be layered together to create depth and atmosphere in a room,” says Temperley. “It was like being a child in a sweet shop, seeing all these beautiful fabrics and intricate details that had been carefully hand-stitched,” shares Emily Mould, director of design and excellence at The Romo Group. “There were a couple of designs that instantly stood out to me, the Euphoria monkey print being one of them; I could just see it being a perfect fit for the Romo customer.” *BY PHEBE WAHL*

VISIONS OF GRANDEUR

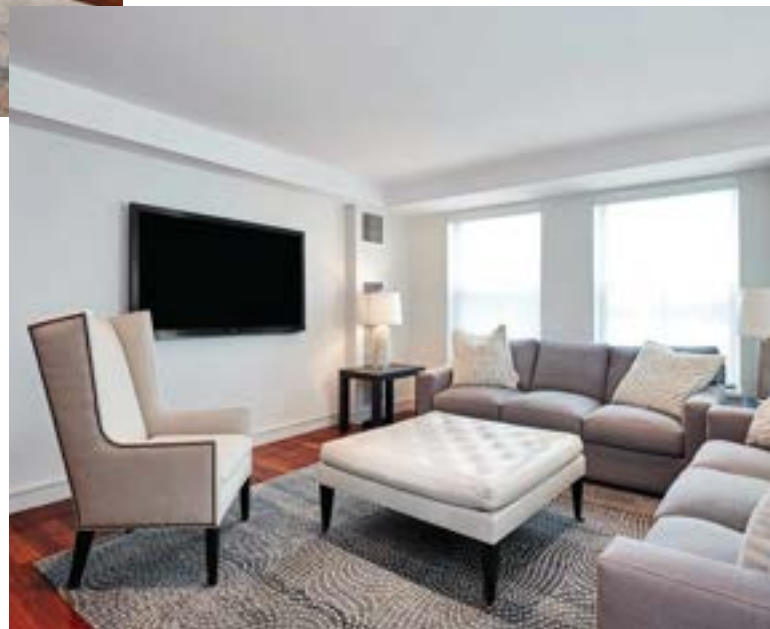
Escape to these beautiful homes located throughout Massachusetts. From sumptuous penthouses to historic houses, they are all the epitome of luxury, style and comfort.

BY KIRA BARRETT



ON THE WATERFRONT

Head to the Residences at Battery Wharf for a waterside condo lover's dream. There stands Unit 3505, with a large open floor plan, private deck and stunning views of the Boston Harbor. A cozy kitchen with high-end appliances and functional bar looks out onto the expansive living and dining rooms. Walking across the hardwood floors and down the hall, find three sizable bedrooms and 2 ½ baths, complete with his and her sinks and deep luxurious bathtubs. "This turnkey home was owner occupied and features custom built-out closets and blinds, as well as a deeded storage locker," says listing agent Haley Cutter. Open since 2008, the residences span across three buildings and are home to 104 luxury condos and a 150-room boutique hotel. "The Battery Wharf lifestyle offers owners the perfect waterfront enclave, a short stroll from major Boston attractions including TD Garden, the North End, the Seaport and Financial District," Cutter adds. Included amenities come in the form of a gym, spa, valet parking, room service and 24/7 concierge—plus being a stone's throw away from hundreds of restaurants and cafes. \$3,095,000, 3 Battery Wharf, Unit 3505, Haley Cutter, 774.240.9174, compass.com



Clockwise from top left: Host the best dinner parties from the dining room, featuring views of the harbor; the exterior of the Residences at Battery Wharf; sunlight shines through in the living room.

PHOTOS BY NAKIN OUN



Floor-to-ceiling windows give homeowners endless natural light at 346 Congress St., Unit 701.

VIEWS FOR DAYS

Upon entering Unit 701 at 346 Congress St., you are struck by the profusion of natural light that floods through the massive floor-to-ceiling windows lining the home. “Penthouse 701 is one of the most visually stunning units in this building,” says listing agent Joseph Barka. This is proven with a variety of elements, but especially through the 1,000-plus-square-foot private terrace that offers breathtaking views of the city. “The multiple glass sliders can be opened and the private terrace transforms into an extension of the living space,” adds Barka. Back inside, the 1,438-square-foot condo features open-concept living space, including a living, dining and kitchen area, complete with a built-in bar and high-end appliances. An eco-gas fireplace in the living room provides toasty evenings on chilly nights, while custom walnut built-ins and a walk-in closet in the primary suite promise ample storage. *Price upon request, 346 Congress St., Unit 701, Joseph Barka, 617.784.8760, barkarealestate.com*

SKY HIGH

Not many properties provide residents with style, comfort and sophistication, but for Penthouse 606 on 566 Columbus Ave., these three qualities are a given. This three-bed, 2 ½-bath luxury condo is lined with floor-to-ceiling windows overlooking the cityscape. The interior, designed by award-winning Wolf in Sheep Design, is modern in style with warm accents. The open-concept floor plan features a state-of-the-art kitchen that looks out onto the dining and living room, complete with a gas fireplace. Miele appliances, Caesarstone countertops, oversized slab backsplash and custom two-toned cabinetry add to the aesthetic. Down the hall, find a glass-enclosed study, three expansive bedrooms and 2 ½ luxurious bathrooms—and a private terrace with direct access to a private roof deck. As for its location? “Located in the South End in the most vibrant section of Columbus Avenue... there’s an extraordinary boutique and restaurant scene, parks and playgrounds, and endless architectural charm,” says listing agent Ricardo Rodriguez. *\$3,250,000, 566 Columbus Ave., Penthouse 606, Ricardo Rodriguez, 617.796.6084, residencesat566.com*



A private roof deck ups the ante for alfresco dining and entertaining.



From top: Soaring high ceilings provide ample sunshine thanks to skylights; the exterior of the home impresses with lush landscaping and a stately aesthetic.

CLASSIC COLONIAL

Located in the picturesque town of Wellesley, 111 Livingston Road offers elegant charm mixed with modern-day sophistication on 1.4 acres overlooking the Charles River. The five-bed, seven-bath house boasts an enviable stone and shingle exterior thanks to sought-after architect Patrick Ahearn. Stepping inside, the abode only continues to wow with a grand foyer that leads into the spacious living room, cozy library, formal dining room and a kitchen equipped with high-end appliances and a built-in island. Tall, vaulted ceilings are featured throughout. “[On the first floor, a] spiral stairway [leads to the second floor

with an] office space [and] spectacular workout room that opens up to a deck with views of the Charles River,” says listing agent Debi Benoit. Head to the second floor to see the expansive primary suite, which comes with his and her walk-in closets and a luxurious soaking bathtub. The second floor also boasts an elegant en suite bedroom, a second bedroom and separate bathroom. A cozy sitting area with built-in bookshelves is situated at the top of the stairs. Two more bedrooms and bathrooms exist on the third floor, perfect for guests or a growing family. \$4,250,000, 111 Livingston Road, Wellesley, Debi Benoit, 617.962.9292, gibsonsothebysrealty.com

HISTORIC HAVEN

Nestled in the secluded neighborhood of Fisher Hill, this charming six-bedroom, eight-bath Brookline home has been beautifully restored, while its architectural and historic exterior has been kept intact. The first floor is home to a sizable kitchen and family room. The kitchen is complete with chef-grade appliances and a wet bar that opens up to a covered porch and rear terrace, perfect for enjoying your morning coffee. Upstairs on the second and third floors, you will find six bedrooms, a cozy study and a sitting room. The primary suite is equipped with a walk-in closet and beautifully finished bathroom

with a spacious bathtub, shower and his and her sinks. Downstairs, access the finished lower level through a private entrance featuring French doors, a home gym, full bathroom and spacious recreational room with a bar, perfect for entertaining guests. The property also boasts an oversized two-car garage and charming back garden. As for its location in Fisher Hill? “Minutes to schools, parks, shopping and public transportation, it is an urban suburban gem,” says listing agent Jayne Friedberg. \$5,250,000, 102 Dean Road, Brookline, Jayne Friedberg, 617.731.2447, coldwellbankerluxury.com ◊



PHOTOS BY JACK VATCHER

CHIC

party carts



MADE FOR CELEBRATING

Styled for that smashing gala or a small backyard affair- our carts instantly elevate any gathering and will certainly be the unforgettable element at your next event!

CHICPARTYCARTS.COM



SOLEAMOUR

soleamour.com

Follow us on instagram @soleamour

ANDOVER
8 Main Street
978.409.1541

WINCHESTER
17 Thompson Street
781.721.5300

FEAST FOR THE SENSES

From velvet seating to stone accents, this South End home is all about textural details. *BY MADISON DUDDY // PHOTOGRAPHED BY MICHAEL J. LEE*



The primary bedroom's centerpiece is a CB2 Andes Acacia king bed.

THE PROJECT

A five-story brownstone was in need of transitional renovation for one couple and their two baby boys.

THE CLIENTS

Hailing from New York, the client loved South End's quaint community feel and brownstones, much like Brooklyn's row houses. After finding their new home in the Victorian neighborhood, midcentury modern details, with an updated twist, were a must. To bring their vision to life, interior designer Elizabeth

Georgantas (livegeorgantas.com) utilized textures and warm materials without using a lot of color. "Layering on the walls and on the pieces of furniture created this really enveloping warm space," she says.

THE GOALS

Keeping in mind the home's vertical living layout, Georgantas knew that creating a cohesive design from one floor to the next was a must. "It's a challenge to balance the difference between having the spaces each be their own, and, at the same time, having each of



From top: The living area boasts a Poliform Mondrian sectional and Disc coffee table from Danish Design Store; the breakfast nook is bathed in natural light.

those spaces connected,” the designer notes. To ensure this, Georgantas tied green and gray undertones with textures throughout the 4,424-square-foot home.

DETAILS, DETAILS

Past the entrance to the five-bed, five-full- and two-half-bath home, find an open living and dining area. Here, Georgantas employed neutral tones in the light-filled space while adding various textures and eye-catching pieces for a chic yet warm environment. Nearby, white oak cabinets line the kitchen, effortlessly wrapping into a breakfast nook of the same material. “Between the amount of storage they got out of the breakfast area, usability and the ability to put their seating in that space, it was worth every dime,” says Georgantas of the nook. “It makes the kitchen.” Similar to the island’s white Caesarstone, the designer chose a white Eero Saarinen Tulip table from Chairish (chairish.com) for the dinette. Whether the family chooses to dine in the cozy alcove or spacious island, black chairs offer a dark contrast to the bright details. Adjacent to the nook, Georgantas chose glass shelves to serve as a coffee station and glassware display. Steps away, the living room’s

textural details give the space a separate yet connected feel to the kitchen. A built-in, housing the fireplace, shelves for books and TV, intertwines the kitchen cabinet wood with black Piatto Caesarstone. Adding to the warm elements is a brass-and-glass custom bar that resembles the kitchen coffee station. For textural details, the designer focused on pieces with a tactile softness, including a cream rug from The Rug Company (therugcompany.com) and forest green velvet stools from Ferm Living (fermliving.com). To explore the primary suite, follow the staircase, lined with a JD Staron (jdstaron.com) runner. In this space, the clients stepped just outside of their comfort zone with a dark floral wallpaper by Ellie Cashman Design (elliecashmandesign.com)—and the risk paid off. Neutral curtains and a white Bastian shag rug from One Kings Lane (onekingslane.com) offset the dark accent wall, which features green and amber glass light fixtures from Jube (ylighting.com) hanging on either side.

THE CHALLENGES

Of all the home's spaces, a 6-inch-deep storage space in the mudroom was the designer's biggest challenge. In addition to outerwear, the unit had to fit a stroller at the bottom, while visually blending into the entrance. "It was a huge design challenge, but one of my most favorite things I've ever done," Georgantas shares.

THE RESULT

"They were very pleased," she says. "They became friends, which has been amazing." ◦



DESIGN DETAILS

TYPE

Single-family home

INTERIOR DESIGNER AND DEVELOPMENT

Georgantas Design + Development
livegeorgantas.com

ARCHITECT

Embarc
embarcdesign.com

RESOURCES
Danish Design Store

Coffee table and side chair, living room
danishdesignstore.com

Gabriel Scott

Chandelier, dining room
gabrielscott.com

Minotti

Lounge chair and ottoman, office
minottibyddc.com

Urban Electric

Chandelier, office
Sconce, powder room
urbanelectric.com

Clockwise from top: The kitchen houses DWR Nerd stools from Danish Design Store and Burke Angle Shade pendants over the island; the guest bath's Mini Moderns wallcovering features cassette tapes; Nobilis' Rockefeller wallpaper wraps the powder room.



G | **GIBLEES**

GIBLEES HAS OVER 11,000 SQUARE FEET OF WORLD FAMOUS BRANDS
CASUAL | CUSTOM | SEMI-CUSTOM | ALTERATIONS COMPLETED IN STORE

85 ANDOVER STREET, RT. 114, DANVERS 978.774.4080 giblees.com



MODLUX.RENT

Luxury Brands for Rent

**UNLIMITED LOOKS
FOR LESS**

ModLux.Rent is a subscription rental service that gives you access to hundreds of looks for one flat fee. Fill your closet with the latest styles from designers like Derek Lam, Vince, b&ash, Scotch & Soda, The Kooples, Saloni, FARM Rio, Kobi Halperin, Acler, Saylor and Yigal Azrouel.



START YOUR FREE 30 DAY TRIAL TODAY

Creatures of Habit

FROM MINDFULNESS APPS TO DIET HACKS, BOSTON'S GROUNDED GURUS
HAVE A WEALTH OF WELLNESS KNOWLEDGE TO SHARE.

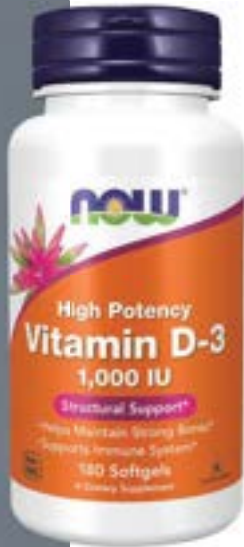
BY THE EDITORS



JESSICA FRACALOSSO

Founder of The Handle Bar
handlebarcycling.com

Ten years ago, a 25-year-old Jessica Fracalossi opened her first Handle Bar cycling studio in South Boston. Now, the brand boasts eight locations and this winter merged with local spin studio Turnstyle, transforming three of its locations into The Handle Bar. But the fitness instructor and mom hasn't stopped there, launching a revolutionary class that offers beat-based cycling with strength training. Who knows what this wellness expert will bring Bostonians next?



BREAKFAST:

Protein shake—I love Arbonne's pea protein in vanilla with banana and a heaping scoop of peanut butter.

WAKE-UP TIME:

4:45AM

ESCAPE:

The Grass Rides at Appleton Farms with my dog, Brett (yellow Lab and a very good boy!)

WEAKNESS:

McDonald's

UNIFORM:

Leggings, crew neck, fresh sneakers

HOTEL:

The Verb

WORKOUT:

The Handle Bar's new workout, Cycle & Strength!

SUPPLEMENTS:

Protein, collagen, biotin, D, C, melatonin

WELLNESS APP:

Calm

WORKOUT SHOES:

Nike, Tiem, bare feet—whatever works

WORKOUT OUTFIT:

Alo, Booty by Brabants, Free People

WORKOUT PLAYLIST:

RapCaviar

BEST ADVICE:

Put one foot in front of the other and make decisions with your values first, then you always know you're doing what's true to you, regardless of outcome.

STREAMING NOW:

After Life with Ricky Gervais

DINNER:

Fish tacos at Tavern in the Square North Station, which is right around the corner from our North Station Handle Bar studio

SOULMATE:

My hubby and bestie, Sean Frac (Fracalossi)

BEDTIME:

8:30PM

THEME SONG TO YOUR LIFE:

'Clearest Blue' by CHVRCHES

GYM BAG:

Ogee bronzer stick, Drunk Elephant protein polypeptide cream, Fenty highlighter

ZODIAC:

Libra

Clockwise from top: Ogee Sculpted face stick in Amber, ogee.com; a view from Appleton Farms Grass Rides in Hamilton, thetrustees.org; inside the backstage trailer at The Verb, theverbhotel.com; fish tacos from Tavern in the Square, taverninthesquare.com; Now vitamin D-3, nowfoods.com.

GIANNE DOHERTY

*Co-Founder of Organic Bath Co.
and The WELL Summit
organicbath.co, wellsummit.com*

Clean ingredients, hearty meals and signature red lipstick are at the heart of Gianne Doherty's wellness regime. But the expert also brings wellness into her entrepreneurial lifestyle. Think leading conference series WELL Summit and clean skin- and bodycare company Organic Bath Co. (which plans on launching a lotion late spring).





Clockwise from top left:
 APL TechLoom Wave
 running shoe in soft pink/
 bleached pink/melange,
 athleticpropulsionlabs.com;
 Lake Champlain Chocolates
 milk chocolate bar,
 lakechamplainchocolates.com;
 Organic Bath Co. Naked skin
 cream, organicbath.co; Organic
 Bath Co. Enhance facial
 oil, organicbath.co; Kindle
 Paperwhite, amazon.com.



BREAKFAST:

Skyr yogurt

WAKE-UP TIME:

8AM

DIET:

Balanced

ESCAPE:

Bravo TV

WEAKNESS:

Milk chocolate

UNIFORM:

Wrap dress paired with
my signature red lipstick

WORKOUT:

Weights

LAST MEAL:

My mom's famous
Belizian rice and beans
and stewed chicken

SUPPLEMENTS:

Collagen and vegan protein

WELLNESS APP:

Ovia Health

MENTOR:

Tiffany R. Warren, EVP,
chief diversity and inclusion
officer at Sony Music Group

WORKOUT SHOES:

APL

WORKOUT OUTFIT:

Booty by Brabants or Athleta

WORKOUT PLAYLIST:

JLo

WORKOUT BUDDY:

My fiancé

BEST ADVICE:

Do what you can, where you
are with what you have.

PHILANTHROPY:

Education

MANTRA:

Be grateful.

STREAMING NOW:

The Last of Us

DINNER:

Spicy ramen

SOULMATE:

My fiancé

BEDTIME:

Midnight

ON MY NIGHTSTAND:

Books and Enhance face oil

THEME SONG

TO YOUR LIFE:

'I want to Dance
With Somebody' by
Whitney Houston

GYM BAG:

Water bottle

3 DESERT ISLAND

ESSENTIALS:

My eyeglasses, Kindle,
Organic Bath Co. skin cream

ZODIAC:

Leo

DAVID BERGERON

Chief Operating Officer at
EverybodyFights
everybodyfights.com

With eight locations across the country (including Seaport, Boston's Financial District and Saugus), EverybodyFights is bringing luxury boxing to everyone from professionals to amateurs. At the helm is COO David Bergeron, a true health and wellness expert with nearly a decade at the company and years of fitness industry experience. Join him for a blood-pumping workout at the studio—he's sure to ignite your inner fight.



Clockwise from top: A view of Cliff House Maine, cliffhousemaine.com; Oura Gen3 Horizon in rose gold, ouraring.com; Bergeron prefers eggs over easy for breakfast; a kettlebell circuit workout is always great for a good sweat; the tranquility of the early morning hours provides Bergeron with an escape from reality.

BREAKFAST:

Eggs over easy on hash

WAKE-UP TIME:

4AM

DOPPELGÄNGER:

Channing Tatum

NEMESIS:

Vegetables

ESCAPE:

Sunrise

WEAKNESS:

Good love song

UNIFORM:

For all occasions,

Rhone and Lululemon

HOTEL:

Cliff House

WORKOUT:

Kettlebell circuit

SUPPLEMENTS:

None. Food is everything.

WELLNESS APP:

Oura Ring

MENTOR:

Albert Jacobs

WORKOUT SHOES:

NoBull

WORKOUT PLAYLIST:

FitRadio

BEST ADVICE:

Your depth of your character should be shown by your actions, not by your mouth.

PHILANTHROPY:

Community-driven efforts that help to support those who are unable to support themselves and organizations that give 100% of raised funds to their cause

MANTRA:

Positive action combined with positive thinking results in success.

DINNER:

Meat and potatoes

SOULMATE:

Lindsay

BEDTIME:

9:30PM

ON MY NIGHTSTAND:

Endure by Cameron

Hanes

THEME SONG

TO YOUR LIFE:

'Till I Collapse'

GYM BAG:

Slides, coffee cup,

headphones, clothes

3 DESERT ISLAND

ESSENTIALS:

Knife, flint and steel,

space blanket

ZODIAC:

Pisces/Aries

CLOCKWISE FROM TOP, PHOTOS: COURTESY OF CLIFF HOUSE MAINE; COURTESY OF OURA; BY VITALI PETRUSHENKO/ISTOCK; BY SERALOS/GETTY IMAGES/ISTOCK; BY ISTOCK



PORTRAIT BY DINA K



CHRISTINA GALLARDO

Freelance Makeup Artist and Director of Marketing & Advertising for G2O Spa + Salon
g2ospasalon.com, makeupbychristinag.com

Christina Gallardo has been making the city's elite look and feel their best for the past 15 years as a professional makeup artist—not to mention through a menu of treatments that just can't be beat at G2O (a HydraFacial scalp treatment is new on the menu this month, as well as a swoonworthy mini makeup and hair makeover activation for Mother's Day in May). But now, wellness is front and center more than ever before for the beauty expert and new mom.

Clockwise from top left: Nike Free Metcon 4, nike.com; Gymshark Adapt Animal leggings and sports bra, gymshark.com; MegaFood women's One Daily multivitamin, megafood.com; Saatva silk eye mask, saatva.com.



BREAKFAST:

Two eggs, half an avocado, Ezekiel flax English muffin, fruit

WAKE-UP TIME:

6:30AM

DOPPELGÄNGER:

Ever since I was a little girl, people have told me Paula Abdul. Young Paula Abdul.

NEMESIS:

Time... there's never enough in the day.

ESCAPE:

A good workout

WEAKNESS:

Dark chocolate

WORKOUT:

Weight training, with some boxing and the Stair Master mixed in

SUPPLEMENTS:

MegaFood women's One Daily, turmeric and ginger; Nordic Complete Omega, Vital Proteins Beauty collagen, Amazing Grass Detox & Digest greens blend

WELLNESS APP:

Strong Like A Mother, EWG Healthy Living

WORKOUT SHOES:

Nike Free Metcon

WORKOUT OUTFIT:

Gymshark

WORKOUT BUDDY:

BeccaOne Checca

PHILANTHROPY:

Supporting minority and women-owned businesses

MANTRA:

Progress over perfection

SOULMATE:

My husband

BEDTIME:

11PM

ON MY NIGHTSTAND:

Laneige sleeping mask, SkinFix Hand Repair cream, Saatva sleeping mask, the baby monitor

ZODIAC:

Team Libra! All about balance.





SETTING THE TONE

MULTIHYPHENATE **RIEY KEOUGH**
HITS ALL THE HIGH NOTES THIS SEASON WITH A
STANDOUT PERFORMANCE AS THE SPELLBINDING
STAR OF *DAISY JONES & THE SIX*—PROVING
BEYOND A DOUBT SHE IS SO MUCH MORE THAN
ROCK 'N' ROLL ROYALTY.

BY **PHEBE WAHL**
PHOTOGRAPHED BY **NATHANIEL GOLDBERG**

FAME

is a funny thing. It can cause some to crumble under the punishing pressure while others can remain the graceful and grounded epicenter of a storm no matter what chaos swirls around them. This year's breakout superstar Riley Keough is clearly the latter.

Often described as shy and reserved, the eldest grandchild of Elvis Presley inherited not only the family's good looks, but an abundance of talent to spare. "I did love to perform as a child, but I was actually much more interested in being behind the camera," shares Keough of her early years, spent in L.A., at her family's Graceland estate in Memphis and in Hawaii. "I would make films and movies and was very interested in directing, but I did like performing. I liked doing theater and was drawn to any chance I had to do something that had to do with movies or plays." Although it sounds like a cliché, there is no other way to describe how she dazzles on screen—much in the same way her grandfather captivated the world with his undeniable charisma.

Born in Santa Monica to parents Danny Keough and Lisa Marie Presley, Keough made her big-screen debut in *The Runaways*, followed by a variety of notable roles, including *Mad Max: Fury Road*, *The Girlfriend Experience*, *Zola* and *The Devil All the Time*. Yet it is through her recent breakout role in *Daisy Jones & the Six* that Keough's brilliant star has become so blindingly obvious.

The Amazon Studios series follows the rise of rock band Daisy Jones and The Six through their roller coaster journey navigating the music scene in the 1970s. The binge-worthy series based on Taylor Jenkins Reid's buzzy novel of the same name is produced by Reese Witherspoon's Hello Sunshine. The show stars Keough as Daisy Jones, the lead singer, and Sam Claflin as Billy Dunne, the lead guitarist. Both battle inner demons, addiction and an undeniable attraction to each other. Keough shares that the title and script quickly grabbed her attention. "Because I love music, and I love the '70s," she explains. "I love the aesthetic of the '70s, and I was really interested from just that little bit of information. Then I read the book and discovered this incredible female character, and from there I met Hello Sunshine, and everything just seemed to align in a way that made me really excited."

Like her grandfather, known for meticulously perfecting his craft, Keough deeply researched the role. "I watched a lot of interviews and live performances from everybody I could find in that era, from Stevie Nicks to Joni Mitchell to Cher to Led Zeppelin to Jimi Hendrix," says Keough. "I wouldn't say that Daisy was specifically inspired by one artist, but I certainly watched a lot of interview footage to help her energy and spirit to feel of that era."

As you can imagine, the fashion is equally epic. The costume designer for the series, Denise Wingate, knew the world well. "Having traveled as a stylist for The Bangles for a year,

“

I WATCHED A LOT OF INTERVIEWS AND LIVE PERFORMANCES FROM EVERYBODY I COULD FIND IN THAT ERA, FROM STEVIE NICKS TO JONI MITCHELL TO CHER TO LED ZEPPELIN TO JIMI HENDRIX.”





I felt I had an insider's perspective on the music side of the story. The producers really wanted the show to look realistic, and I felt I could bring that," says Wingate. "I had individual boards and did different research for each character," she says, sharing that she carefully sourced the looks from a variety of places, including vintage shops and flea markets, as well as custom pieces—even reaching out to Melody Sabatasso (who had once made jumpsuits for Elvis) to craft some pieces. "For Daisy, I was inspired by early Linda Ronstadt, Cher (in her Gregg Allman years) and definitely Stevie Nicks, who was such a fashion icon."

And the music? Well, this is once again where those one-in-a-million superstar genes shine. I still want to go back and listen to the soundtrack weeks later, as the music in the series is genuinely that good—so good that there will be an actual album released based on the fictional album *Aurora*. Songwriting contributions from luminaries like Phoebe Bridgers, Jackson Browne and Marcus Mumford were coordinated by lead producer and songwriter Blake Mills. Yet, much like Reid's prose, Keough's vocals give it all life. "I took a lot of singing lessons [because] I hadn't sung prior to this show," she shares. "We were put into 'Band Camp,' which is what they called it, at Sound City in the Valley in Los Angeles, which is a really historic studio that a lot of people recorded albums at, so it was a big deal that we got to rehearse there. We did that for many months, and that was probably our biggest rehearsal, period."

Author Taylor Jenkins Reid is known for her complex characters, and in *Daisy Jones & the Six*, you see her thoughtful portrayal of addiction and how the psychological traumas of childhood that inform us come to life. "I think that Taylor did such a good job at researching what that looked like in that era, and there wasn't as much awareness of things like addiction during that time," Keough explains. "We actually met with a guy who came in and explained what the thoughts were about addiction in the '70s and how it was and wasn't thought of, and that was really helpful. So, I think it was fairly accurate in terms of the awareness around addiction at the time."

As challenging as those moments were to create on-screen, Keough says the stadium shows were the most intense. "The most challenging scenes were all the musical stadium shows. We shot them in the same couple weeks in New Orleans at night. So, we were doing concerts basically from 7PM to 7AM every night for two weeks, and that was really physically demanding," she shares.

Up next, Keough is shooting a series for Hulu called *Under the Bridge*, about a young teen who goes out to join friends at a party and never returns home. "This is my first time producing a series, which has been a really incredible experience," she shares of the project.

No doubt, her star power is sure to shine both in front of and behind the camera as she captivates even seasoned industry insiders like Hello Sunshine founder Reese Witherspoon. "Riley is simply a force of nature in this show," says Witherspoon. "She took months to develop the character from the inside out. Training vocally, practicing with the band every week for months, building Daisy Jones as a character. The bravado of a woman who is her own muse, the passion for living on the edge, and the heartbreak of being deeply in love with an unavailable man. All of it. She brought it all to life, and so gloriously." We couldn't agree more. ◦

“

THE MOST CHALLENGING SCENES WERE ALL THE MUSICAL STADIUM SHOWS. WE SHOT THEM IN THE SAME COUPLE WEEKS IN NEW ORLEANS AT NIGHT. SO, WE WERE DOING CONCERTS BASICALLY FROM 7PM TO 7AM EVERY NIGHT FOR TWO WEEKS, AND THAT WAS REALLY PHYSICALLY DEMANDING.”

ACCENTED WITH BOLD ACCESSORIES
TO TAKE YOU FROM DAY TO NIGHT,
THESE SPLASH-WORTHY SWIM LOOKS
ARE SURE TO STEAM UP THE SEASON.

HEAT

PHOTOGRAPHED BY BEN WATTS / STYLED BY GABRIELA LANGONE
SHOT ON LOCATION AT MAYFAIR HOUSE HOTEL & GARDEN, COCONUT GROVE, FLA.

WANTS



Shondel Brasilia dress
in Tutti Frutti, shondel.
com.au; Léa The Label
swim top and bottom,
leathelabel.com; The Vit
Sophia crystal earrings,
thevitjewelry.com;
Ray Griffiths pearl
multi-strand bracelet and
classic oval Crownwork
link bracelet,
raygriffiths.com.



L'ca The Label Monroe one-piece in Bianco, leathelabel.com; Ray Griffiths bracelets, raygriffiths.com; The Vit Olivia matte earrings, thevitjewelry.com; Bowen NYC Zinnia and Lilium rings, bowennyc.com; Garrett Leight sunglasses, garrettleight.eu.



Valentino dress and shoes,
valentino.com; Jane Win necklaces
and earrings, janewin.com;
Vanessa Mooney The Brooklyn
bikini top, vanessamooney.com;
KBH Jewels KBH x GAB Linked
Up ankler, kbhjewels.com.



Louis Vuitton swimsuit,
us.louisvuitton.com;
Tommy Bahama shirt,
tommybahama.com;
Bottega Veneta sunglasses,
bottegaparisi.com;
Gianvito Rossi Bijoux
heels, gianvitorossi.com;
vintage bag.


Missoni ensemble,
missoni.com;
The Vit Dua Mirror
Bijoux earrings,
thevitjewelry.com; Ray
Griffiths classic oval
Crownwork link bracelet
and medium Crownwork
charm bracelet,
raygriffiths.com; Bowen
NYC Zinnia and Lilium
rings, bowennyc.com;
KBH Jewels KBH x GAB
diamond-cut body chain,
kbhjewels.com.





Dsquaredz swimsuit,
dsquaredz.com; KBH
Jewels KBH x GAB
diamond-cut body
chain, kbhjewels.com;
Ramona Albert The
Shell hoop earrings XXL,
ramonaalbert.shop;
Shoshanna pants,
shoshanna.com.

STYLE ASSISTANT: KAY REINER; PHOTO ASSISTANT: JEFF SUTERA



Louis Vuitton ensemble,
us.louisvuitton.com; Ray
Griffiths varisete necklace
and pearl multistrand
earrings, raygriffiths.com.

Hair by Gina Simone

Makeup by Natasha Smec

Model: Rossy Herrera

BOSTON
**HOT
PINK**
PARTY

DON'T MISS
**BOSTON'S
HOTTEST
NIGHT**
OF THE YEAR

Friday, April 28

NEW LOCATION

**Omni Boston Hotel
at the Seaport**

6:00 p.m.

For more information and
to purchase tickets, please visit

BCRFBostonHotPink.org

or call **646-497-2635**

HONORING

Andrea Brooks

with the

Carolyn Lynch

Humanitarian Award

SPECIAL PERFORMANCE BY

ALOE BLACC

Singer, Songwriter, Activist

AFTER PARTY FEATURING

**GRANDMASTER
FLASH**

*Luxury
Real Estate
Industry
Leaders*

WRITTEN BY
DAVIAH KASTEN

PHOTOGRAPHY BY
CHERYL RICHARDS PHOTOGRAPHY

The Private Brokerage at Compass

BRIAN DOUGHERTY
PARTNER

NICK ROBERT
PARTNER

Brian Dougherty and Nick Robert, partners at The Private Brokerage at Compass, are accomplishing all that they set out to do. "To say we are living our dreams would be an understatement!" says Brian. Having been together for more than 17 years, Brian and Nick discovered a shared interest in real estate, design and development on their very first date. "We also acknowledged that we both wanted to have a family one day. Our incredible son turns 5 this summer and we're able to do what we love everyday—run a boutique brokerage group within Compass while also developing special properties throughout the region!" adds Nick.

Living on the water in Cohasset, the pair have a private office and showroom on Main Street, but that isn't their only area of expertise. "We've developed a reputation for working with clients all throughout the region. Our model is unique in that we don't just work in one town." explains Nick. "From townhouses on Louisburg Square to coastal estates in Chatham, we've been retained to handle some of the more significant sales and buyer searches across Greater Boston."

With sales volume consistently qualifying them to be in the top 1% of agents in the United States, Brian and Nick are more focused on the faces behind the numbers. "Listing \$18 million homes is special, but the most meaningful part of our career has been developing relationships with families and helping multiple generations with their diverse real estate needs." says Brian. "From a family's primary home in Dover, to the kid's first apartment in the South End, we stay with the relationship and provide consistent and trusted counsel. It's very personal and rewarding."

Leading them to success is a strong moral compass. "We work hard and have had some lucky breaks, but our success comes down to a focus on "right and wrong" with all of our decision making. Doing the right thing for our clients and our family is at the core of every decision we make." The pair agrees, "We've thus developed a reputation with clients and our broker colleagues as being extremely trustworthy and loyal."

The Private Brokerage team is growing with new agent opportunities and several custom homes this year for the development side of the business.





126 Newbury Street, Boston, MA 02025
617.217.1842, compassprivatebrokerage.com, brianandnick.com

PHOTOGRAPHY BY CHERYL RICHARDS

Freitas Monteforte Group – COMPASS

JAMES MONTEFORTE
VICE PRESIDENT, REALTOR®

LIVIA FREITAS MONTEFORTE
BROKER

Recognized by the WSJ Real Trends rankings two years in a row as being in the top 1.5% of Realtors nationwide, Livia Monteforte continues to set herself apart from the competition. Originally opening her own realty group in 2005, Livia joined COMPASS in 2020. Now as Broker and Vice President of the Freitas Monteforte Group with COMPASS, she leads a team of ten extraordinary agents, including her husband, James Monteforte, in helping clients to find their perfect homes. Livia explains, "Assisting others in finding their next home is a privilege and a pleasure. I truly value the process of representing my clients in such a complex transaction."

Although Livia followed a lifelong interest in architecture and design and combined it with her knowledge to build her career in real estate, James had a different career path. As the owner of a successful golf range netting installation company, he transitioned to real estate after marrying Livia. "I have a background in property investing and got myself started when I was only 20 years old, but we like to joke that I became a realtor through osmosis." laughs James.

Believing that referrals and repeat clients are one of the greatest career highlights, the couple pride themselves on their excellent customer service, and when working with Livia and James, you are guaranteed a certain level of professionalism. Livia begins, "Each client receives our commitment of knowledge, honesty, integrity, and expertise throughout the process." James continues, saying "We pride ourselves on offering superior personal service before, during, and after your transaction. Let us earn your trust, your business and most importantly your friendship."

Servicing the areas of Upper and Mid Cape, the team believes the market will continue trending upwards. "We are a stunning destination market of unique homes in a spectacular setting. Truly one of the most beautiful locations in the world!" Livia continues, saying "Real estate is a process of elimination and finding your next home should be an enjoyable experience. The time to act is now!"

Next on the horizon for Freitas Monteforte Group are several incredible beach homes that will be on the market soon.



FREITAS MONTEFORTE GROUP MASCOT: ELMO THE REALTOR DOG



1 Locust Street, Falmouth, MA 02540; 4 Wianno Ave, Osterville, MA 02655
508.274.6185, 508.648.2015 (mobile), compassoncapecod.com, livia@compass.com, james.monteforte@compass.com



126 Newbury Street, Boston
508.776.6636, compass.com/agants/jessica-witter

PHOTOGRAPHY BY CHERYL RICHARDS



Joan & Jessica Witter

**WITTER & WITTER
VICE PRESIDENTS**

Founded on the principle that all clients should be treated like family whether buying or selling a home, mother and daughter team, Joan and Jessica Witter of Compass, ensure that they are always doing what is in the best interest of the client. "Whether that client is a first time home buyer, purchasing a luxury second home or downsizing to an easier lifestyle," says Joan, "at the end of the day there is nothing more exciting than fulfilling someone's dream of home ownership."

As local residents themselves, the duo provide extensive knowledge of the area they serve. "It's the small town feel within the large city, the cultural diversity of each of Boston's neighborhoods, and so much to do and experience." Jessica exclaims. "When you drive over the bridge, you know you have arrived somewhere special- where you can let your hair down!" adds Joan.

Joan, voted Massachusetts Realtor of the year in 2013, has been a top producing agent for over 20 years. As she joins forces with her daughter, the two are building an empire in the world of real estate. Witter and Witter are capitalizing on a niche market and providing services for those looking for a home both on Cape Cod and in Boston. By streamlining the process and making it possible to work with only one team for all purchases, Witter and Witter again demonstrate that putting their clients first, is their first priority.

As their business continues to grow, so does their team. "We are fortunate to have built a team of seven dynamic women that all bring something different to the table," explains Joan. "We work together as a collective group." The tight knit group at Witter and Witter work not just for their clients, but for the community as well, keeping their philanthropic efforts at the forefront of what they do. Together, they offer this advice to those just starting out. "Do what you are passionate about. If you love your job and giving to others, you will succeed."

Debi Benoit

**GIBSON SOTHEBY'S
INTERNATIONAL REALTY
SENIOR VICE PRESIDENT**

For fifteen consecutive years, Debi Benoit has been ranked the #1 Realtor in Wellesley. She has been named the #1 Realtor in Massachusetts five times and has been ranked within the top 100 brokers at Sotheby's International Realty. With so many accolades to her name, it comes as no surprise that Benoit has also earned the title of Senior Vice President with Gibson Sotheby's International Realty. With over \$2 billion in career sales, and unmatched expertise, Benoit focuses her attention on Wellesley. "Although I serve surrounding communities very well, Wellesley is my first priority. From single family homes to condominiums, I specialize in it all."

Having an early career in interior design, Benoit felt the next natural progression was a career in real estate; it was a perfect fit. "The most gratifying experience has been my transition into real estate," Benoit begins. "The longevity of my career, all of my number one stats throughout the years, opening my own company—and then the acquisition of that company with Sothebys, have all been crowning moments in my career. I could not be happier"

Citing her work ethic for much of her success, Benoit explains, "I work 24-hours a day, 7-days a week. My clients are my main priority and they know that. Buying or selling a home is an emotional experience, and clients need to feel fully supported and have the ability to strategize through the process." Benoit leaves a lasting impression on her clients. Believing that we are approaching a more stable market and will soon have more inventory to choose from, Benoit's outlook is extremely positive for 2023.



54 Central Street, Wellesley, MA 02482
617.962.9292, debi.benoit@gibsonsir.com



Michael L. Carucci

GIBSON SOTHEBY'S INTERNATIONAL REALTY EXECUTIVE VICE PRESIDENT

Inspired by the architectural charm of Boston, Michael Carucci began his career in real estate more than thirty years ago. With over \$2 billion in career sales and ranked within the top 50 agents nationally for Sotheby's International Realty, he remains one of the most respected realtors in Boston. As the Executive Vice President for Gibson Sotheby's International Realty and a Global Real Estate Advisor, Carucci focuses primarily on the Boston Proper area, while often working throughout the country with his extensive clientele.

Along with his impressive knowledge of the market, offering the most comprehensive customer service as well as white glove concierge services have made Carucci a highly sought after realtor. "There is no greater measure of success than client satisfaction," begins Carucci. "Our mantra is that our job starts at the closing." Continuing to set record prices for his client's homes, Carucci explains his success.

"We never take our growth for granted and we continue to build our base of satisfied high net worth c-suite clients, one transaction at a time." He continues, "Your home typically represents the largest investment you will make in a lifetime, and you should treat it as such."

With involvement in many different charitable organizations throughout the community, Carucci believes strongly in philanthropic efforts. "Giving back and being grateful is the recipe to a successful life." As an additional testament to his views on gratitude and joyfulness, Carucci has recently added a new member to the team-his dog, Leonardo. "The results have been astounding! Leonardo works for cookies, and both my team and clients are more than happy to oblige!" With several exclusive offerings and a client centered approach, Carucci remains at the top of the field.

277 Dartmouth Street, Suite 3, Boston, MA 02116
617.901.7600, gibsonsothebysrealty.com, michaelcarucci.com
michael.carucci@gibsonsir.com

Shereen Berlin

COLDWELL BANKER WELLESLEY REAL ESTATE AGENT

A top producing agent and top 2% producing agent Internationally for Coldwell Banker, Shereen Berlin has become a trusted expert within the world of real estate. As an agent with Coldwell Banker Wellesley, the number one real estate office in Wellesley for 32 consecutive years, she has secured her place in an ever expanding field. Crediting her husband as her number one supporter and her father as inspiration for her career, Shereen explains, "My Dad is my role model. He focused on investing in real estate and built a successful rental business for himself. I call him daily to discuss highlights of the day and how I was able to help my clients. His advice is consistent: guide clients with honesty, integrity, knowledge, true heart and compassion."

Shereen's love of Boston is evident in every transaction. "We have world renown educational institutions, culture, history, culinary experiences, nearby ski and beach destinations. We have it all!" Shereen says joyfully. With the robust market in Boston and the surrounding suburbs, Shereen believes that there are currently tremendous opportunities for both buyers and sellers alike. Serving Wellesley, Newton, Needham, Wayland, Greater Metro Boston/Back Bay, and the North Shore, Shereen's clients are sure to find what it is that they're looking for when making their real estate dreams come true.

Known for her exuberance in helping clients and love for her career, Shereen goes above and beyond. "I am extremely detail oriented and responsive, seven days a week. My goal every day is to impress my clients with a carefully curated real estate experience. Clients many times tell me they feel they are the only ones I am working with, and that is the ultimate sign of superior customer service."



71 Central Street, Wellesley, MA 02482
617.799.8150, homesbyshereen.com

Arianna Brown McQuade

COMPASS
VICE PRESIDENT

Fascinated by all areas of real estate, Arianna Brown felt a natural pull to a career as a realtor. Arianna explains the driving forces behind her expanding business. "First, it's about creating relationships with my clients in order to best understand their needs and wants and working to help them find what they are looking for. Financially, I help clients create wealth and opportunity through informed real estate transactions. Arianna also has a passion for the visual aspect of real estate – understanding space, how to use it, what can be done to upgrade it effectively and how her clients will build and grow their lives within it."

Focusing her area of expertise on the neighborhoods within the city of Boston as well as the suburbs that directly border the city for the last 13 years, Brown offers advice to anyone looking to buy or sell. "Be strategic and start early." Brown explains, "Regardless if you are a seller or buyer, starting the process as early as you can will achieve the most desired results. By starting early, you can make confident and informed decisions."

Arianna is confident in helping her clients understand real estate as a strategic investment moving forward. "Now is the time to invest in real assets. Real estate is a smart investment decision for anyone looking to find a stable place to create wealth by generating passive income." Finding value within the market, staying on top of the trends and continuing her education within the field, Brown is poised to remain a dominant force in the industry.

126 Newbury Street, 2nd Floor, Boston, MA 02116
ariannabrownrealestate.com, 617.549.4207

100 Shawmut Sales Team

KRISTY GANONG

LIYUAN BAI

ALEXANDRIA CORNELIO

CREIGN CARR

**SALES & MARKETING:
ADVISORS LIVING NEW DEVELOPMENTS
DEVELOPER: DAVIS**

Perched above the charm of the South End, with spectacular views of the Boston skyline, an exquisite collection of new condominium residences awaits. Thoughtfully designed to blend historic charm and contemporary architecture seamlessly, the 138 luxury homes located at 100 Shawmut are composed of elegant design elements, expanses of glass and generous private balconies for entertaining, gardening, or just relaxing. Located in the historic South End, 100 Shawmut Avenue has everything one could possibly want in a home. With more than twenty parks hidden amongst streets lined with blooming flowers and beautiful greenery, locally owned restaurants and specialty shops, the South End also boasts a thriving art community. Just minutes away from Back Bay and Seaport, 100 Shawmut offers a desirable central location. With a full-service, 24-hour concierge in the lobby, someone will always be ready to greet you upon your return home. Through the stunning pass-through fireplace, a suite of spaces designed for resident entertainment and leisure await. Amenities include a private dining room with entertaining kitchen, billiards room, multiple outdoor terraces, a rooftop sky lounge, children's playroom, fitness center, pet spa, and highly coveted private parking. Each thoughtfully designed penthouse residence celebrates light-filled interiors that balance clean lines with subtle details and rich materials, with high ceilings and white oak wood floors. The kitchen's Calacatta Gold countertops and state-of-the-art Gaggenau appliances create a place where elegant design meets utility. The result is full-service luxury living at the intersection of historic charm, contemporary design, and an epicurean backdrop. At over 75% sold and priced from \$769,900 and up, a varied collection of home styles are available. For more information, contact the 100 sales team today.



**100 Shawmut Avenue, Boston, MA 02118
855.242.2930, sales@100shawmut.com**



Felicia Captain

**COLDWELL BANKER
REAL ESTATE BROKER**

Starting her real estate business in 2010 upon returning from living abroad in Egypt and London, Felicia Captain transitioned away from her career as a former trial attorney and became a broker with Coldwell Banker. "Moving from law to the real estate industry seemed a natural segue given my negotiating and people skills," says Captain. "Success in the courtroom meant attention to every detail relevant to the case I was trying. I apply the same to all of my real estate transactions so sellers and buyers feel confident about their decisions. I am dedicated to representing my clients' interests by providing an exceptional level of service with professionalism and honesty."

For Captain, her clients are the highlight of her career. "I truly enjoy the human aspect of the industry—meeting new people, hearing their stories and helping them sell their home or find their place in the world." Captain explains, "I make it a point to stay in touch with my clients and love hearing about the milestones in their lives."

Earning a spot on the top 100 list in the Coldwell Banker network in New England every year since 2020, Captain continuously surpasses her previous level of sales. Captain says, "I am grateful that my clients entrust me with their real estate transactions so I can achieve this level of sales." Recently named International President's Elite Top 2% of Agents Internationally with Coldwell Banker and a Certified Global Luxury specialist, Captain continues to dominate the field.

71 Central Street, Wellesley MA 02482
781.775.9925, feliciacaptain.com, felicia.captain@nemoves.com

Beyond Boston Properties of Compass

LISA CURLETT
MANAGING DIRECTOR

MAURA DOLAN
MANAGING DIRECTOR

TRICIA PARMELE
MANAGING DIRECTOR

For Lisa Curlett, Maura Dolan and Tricia Parmele, Managing Directors at Beyond Boston Properties of Compass, real estate was not a first career. "Before our real estate careers, we were all accomplished business women," says Dolan. "Our love of all things home and interior design coupled with our business acumen and innate desire to help people and give back to our communities is what drew us into the business. Real estate brings all of those important elements together."

Believing that a realtor must be well rounded, the team at Beyond Boston Properties cites creativity, flexibility, determination and compassion as necessary qualities that they all possess. "In this market, we have to be creative to uncover inventory, write offers that will win properties for our buyers and strategically prepare our sellers to shine," explains Parmele. "We are a real team of 3 top producing, principal Agents. We each have different strengths and talents, and our clients benefit from our cohesive collaboration and the unique value we provide to their process—individually and as a team. We work smartly and tirelessly to achieve the best possible outcome for our clients. Real estate is highly personal, and we understand how important 'home' is."

Offering advice to current and potential clients, Curlett says, "For those looking to purchase a home, remember that there is no perfect house, even those that sell for \$10 million. For sellers, price your house so that buyers focus on the strengths of your property and not its objections." Beyond Boston Properties sell in all "Metrowest" towns, including Wellesley, Weston, Needham, Newton, Dover, Sudbury, Wayland and beyond. The team continues to grow and expand their business every year and are grateful to be acknowledged for their hard work.



L-R: MAURA DOLAN, TRICIA PARMELE, LISA CURLETT

161 Linden Street, Suite 102, Wellesley, MA 02482
617.383.7810, beyondbostonproperties.com



Ryan Glass

**GIBSON SOTHEBY'S
INTERNATIONAL REALTY
VICE PRESIDENT**

Real estate has been a passion for Ryan Glass since childhood. "As a kid, my mom used to drag me to open houses. She always loved to look at real estate. As a result, it became a hobby for me, too," shares Glass. Now a Vice President with Gibson Sotheby's International Realty, it's no surprise that Glass entered the career of real estate at a young age. "I started in 2008 at 20 years old. I put my first property under contract before I could legally drink. I remember finding it comical that I couldn't buy a bottle of champagne for the closing gift."

Citing his own experiences with real estate as a major component of his success, Glass shares his knowledge with his clients. "I've bought and sold multiple primary residences. I've done renovation projects and bought investment properties," he begins. "I am able to connect with my clients and coach them on how to begin building wealth through real estate by sharing my own personal strategies." Glass prides himself on honesty, for better or worse. "I never hold back my opinion. Most importantly, I tell them to trust their gut. Your gut doesn't lie."

Glass has consecutively ranked in the top 1.5% of all 1.6 million real estate agents nationwide. Glass has welcomed the shift in the housing market and is having more fun with his business than ever before. "The slowdown has allowed me to focus more on business development and expansion. It's been nice having time to reconnect with old friends, past clients, and actually be able to business plan again. I'm excited for the future and think 2023 will be my best year yet."

556 Tremont Street, Boston, MA 02118
617.721.2143, ryanjglass.com



L-R: AYSE GURDAL, CAROL KELLY, SHANNAH FRANCKUM

Carol Kelly

COMPASS
THE CAROL KELLY TEAM
SENIOR VICE PRESIDENT

After pursuing higher education at Mt. Holyoke College, Carol Kelly was left feeling slightly unsure of what to do next. "I had a Bachelor of Arts degree in French but was lost when it came to deciding how to apply that to a specific career," Kelly begins. "I had a friend I greatly admired who had a very successful career as a real estate broker in Cambridge. She was my inspiration, and I've never regretted my decision to get into the business." Fast forward 40 years later, Kelly is now the head of The Carol Kelly Team at Compass in Cambridge. Kelly is as passionate about her career as the day she first began. "I still love what I do!"

Focusing on luxury homes in Cambridge and the surrounding towns, Kelly believes the market will remain relatively stable. "Cambridge continues to be its own market with consistent resilience due to its university base and strong roots in the biotech, pharma and science industries." Kelly explains further, "It is still a seller's market in this area. For buyers, increased interest rates have slowed things a bit, but there are still so many options available."

Speaking to clients, Kelly offers this advice. "For our buyers: Listen to your gut when searching for a new home, as it will speak loudly when the perfect home appears!

For our sellers: Always make sure to keep home repairs current and know that the money you invest on the upkeep of your home will never let you down when it comes to selling."

Citing a career highlight, Kelly and her team recently had a single family listing at 35 Prentiss Street in Cambridge that sold for \$925,000 over the asking price.

1100 Massachusetts Avenue, Cambridge, MA 02138
617.784.2892 (Ayse), 617.835.5008 (Carol), 617.686.9996 (Shannah), thecarolkellyteam.com

PHOTOGRAPHY BY CHERYL RICHARDS



Joni Shore

**DOUGLAS ELLIMAN REAL ESTATE
THE JONI SHORE GROUP
LICENSED REALTOR®**

With over 36 years of experience and more than \$600 million in sales, Joni Shore is one of the industry's most respected names. Combining forces with Douglas Elliman Real Estate, Joni and her team at the Joni Shore Group amplify their collective expertise with the company's impressive resources and global reach. Joni explains, "We are excited to benefit from the powerhouse firm's first-class resources in public relations, technology and marketing to best serve our clients. Our team's success is a combination of our wealth of experience, intimate knowledge of the markets, and most importantly trust, as we always consider our clients' best interests."

As a Boston native and lifelong resident, Joni's interest in real estate was sparked by buying and selling numerous properties to raise her family in, before ultimately designing her own custom home in Weston. Now utilizing her extensive knowledge of the areas to assist her clients in the process of finding their perfect home, Joni offers top-tier service to buyers and sellers. As part of her individualized and highly personal approach, Joni prioritizes truly getting to know her clients through listening, asking questions, learning and understanding their objectives. Joni says, "My team and I believe that establishing trust and open communication is the first step toward reaching the end goal of finding a buyer their dream home or helping a seller get their best price."

Together with her hardworking and talented team comprised of her son, Jon Shore, Morgan Guthrie, Stacy Rubin and Douglas Nahigian, Joni intends to continue growing her and the team's business and serving the Boston community. The Joni Shore Group has several very exciting projects in the pipeline!

**40 Central Street, Wellesley, MA 02482
O: 781.472.1099, M: 781.888.2389, joni.shore@elliman.com**

Lara O'Rourke & Chelsea Robinson

**GIBSON SOTHEBY'S
INTERNATIONAL REALTY
THE LARA & CHELSEA COLLABORATIVE
SENIOR VICE PRESIDENTS**

With sales totaling an astounding \$217 million in 2020 and \$235 million in 2021, Lara O'Rourke and Chelsea Robinson continue to shatter records. As Senior Vice Presidents at Gibson Sotheby's International Realty and Principals of The Lara & Chelsea Collaborative, the team understands how to remain at the top of their field. "We continue to build a higher standard of excellence and we know what it takes to succeed in every market," says Chelsea. "Connection is our key."

"Our collaborative is built on connection," continues Lara. "Connections with our clients and connections within the brokerage community. The relationships we have cultivated over the years are the core of our foundation and our network is constantly growing." The team prides themselves on values such as integrity and responsiveness, ensuring their clients' receive individualized attention while also being presented with data driven knowledge and total understanding of the real estate process.

Recently named Top 100 Agent/Teams worldwide for Sotheby's International Realty, Lara and Chelsea were honored in New York City this past Fall. "It's been one of our biggest career highlights," they explain. "It's truly an incredible experience to be recognized for work that you're so passionate about."

Their top producing team includes Rikki Conley, a luxury specialist for Boston & Metro West, Meaghan Gay, a powerhouse in the suburban market and Sneha Patel, a rising star in the Metro West. The team is off to a stellar start with \$60M in closed and pending sales in the first nine weeks of 2023.



54 Central Street Wellesley MA 02482

617.852.7018, gibsonsothebysrealty.com, tlcc@gibsonsir.com, [@thelarachelseacollaborative](https://www.instagram.com/thelarachelseacollaborative)



Armando Petruzziello

**NORTHERN LIGHTS
DEVELOPMENT & LYX GROUP
OWNER, PRESIDENT**

Armando Petruzziello watched his childhood home be built from the ground up and knew instantly what his life's work would be. "When I turned 18, I started my own electrical company. I noticed that builders designed all of their houses to look and feel the same." Setting out on a personal mission to redefine the word "luxury" in the greater Boston Area, Petruzziello is now the Founder and Managing Partner of LYX Group and Northern Lights Development.

Through tenacity and grit, Petruzziello has built his own success. "I always do what I say and say what I do. No matter what it takes, I will find a way." Petruzziello continues, "I strive to be the best version of myself and deliver above expectations. No request is too big. If you can fall in love with the location, then any house you can dream of, we can bring to life."

Like many, Petruzziello has lost friends and family members to addiction. "I had to do something about it. We opened Charles River Recovery in Weston. It's a 110 bed substance use disorder treatment facility. Knowing that we are now providing the highest level of care for those in need is most definitely one of the greatest highlights of my career. Nothing brings me greater joy than to give back."

Continuing to push the boundaries in the luxury market, Petruzziello plans to open another 80-bed treatment facility, a brand new boutique hotel in the heart of Boston, two gated communities and two high-end condominiums, The Bristol Wellesley and The Bristol Waban. Petruzziello adds, "I wouldn't be where I am today without the full support of my amazing wife and three children. They give me the energy I need to keep pushing forward."

555 High Street, Westwood, MA 02090
781.312.8137, northernlightsdev.com, LYXgroup.com

Elena Price

**COLDWELL BANKER
BROKER ASSOCIATE**

For over twenty consecutive years, Elena Price, Broker Associate at Coldwell Banker, has been named the top listing and selling agent in her office. She has been ranked in the top 4 in New England for Coldwell Banker out of 4000 agents, and has been the top agent in the town of Westwood for over 20 years. Says Price, "Maintaining consistency in my career throughout the past 30 years has been amongst my greatest and most meaningful highlights, and speaks to the relationships with clients and other professionals that I've maintained over that time."

Having grown up with parents that were heavily involved in real estate, Price never questioned her interest in the field. "I watched my parents buy, sell, renovate and lease homes throughout my life, so real estate just came very naturally to me." Utilizing her knowledge gained through many changing real estate markets over the years and applying it to the market of today, Price finds it necessary to constantly monitor the economy and other external factors that could affect values. "For my business it is also important to remain informed of the advances in technology and strategies that enhance what I can do for my clients." Price explains. "I always want to make sure that they are comfortable and happy with all that is done throughout the process."

Residing in Westwood, just outside of Boston, Price has an understanding of the market that only a local would know. "Luckily, our area has always maintained a strong level of continuous activity due to what our area offers due to the many opportunities in various industries. We are fortunate to have highly sought after and respected schools as well. We are thriving!"



692 High Street, Westwood, MA 02090
508.577.9128, elenaprice.com

PHOTOGRAPHY BY CHERYL RICHARDS

Nao Rouhana

**ROUHANA REAL ESTATE
EXP REALTY
REAL ESTATE CONSULTANT**

With over 14 years of experience, Nao Rouhana specializes in both residential and commercial real estate. As a real estate consultant with Rouhana Real Estate and Exp Realty, Nao focuses her residential expertise on Boston, Cambridge and Brookline while expanding her reach for the commercial sector. A transplant to Massachusetts, Nao uses her objectivity as an advantage for helping her clients to buy and sell. "Since I didn't grow up here, I am completely detached from any personal feelings or sentimentality regarding property or location. Together with my clients, we look at facts and make informed decisions."

Treating her clients with respect and appreciation, Nao lays the foundation for expectations. "I tell my clients that they should be patient but bold when making a decision. It will pay off. Hiring the right real estate professional and building your team for your success is important."

Nao is no stranger to building a team, as many of her referrals come from those within the field. "Lenders, attorneys, and financial advisors know that I have a detailed, oriented, efficient and hands-on approach to the transaction. I know what my clients are looking for, and where they need to position their business in order to grow their company successfully," explains Nao. "I usually identify a location within 1-2 months. They like to say, 'If you talk to Nao, you will find a location now!'"

Nao is currently working with a globally renowned restaurant group from Japan, and operators of a major senior home care service group to identify their first U.S. locations.

1 Beacon Street, 15th Floor, Boston, MA 02108
617.372.7221, naorouhana.exprealty.com

Chrissie Lawrence Betsy Kessler

RUTLEDGE PROPERTIES BROKERS, OWNERS

For Chrissie Lawrence and Betsy Kessler, the Owners of Rutledge Properties, real estate wasn't their first calling. Lawrence explains, "Neither of us thought about real estate early in our careers. It became the logical choice after we'd each built our sales and marketing skills."

Now, both Lawrence and Kessler are consistently in the Top 10 selling agents in Wellesley and Rutledge Properties has been named the longest lasting and most successful Boutique Real Estate Office in the competitive Wellesley market. "As offices have expanded and contracted over the years, we have resisted the siren song of big corporate buyers and stayed true to our roots as a small, locally owned family business, with strong personal ties to Wellesley." Says Kessler, "We think this is at the core of what sets us apart."

With strong work ethic and values, the duo has remained aligned and focused. Putting their clients first, Lawrence offers "We sweat the details so that our clients don't have to. Moving is hard and we strive to ensure our clients encounter the minimum amount of stress in a situation that is, by definition, stressful." Kessler continues, "Buying and selling requires a huge time commitment from clients, and having a realtor that you can trust deeply to look out for your best interests is of the utmost importance!"

Although inventory is still low, both Lawrence and Kessler predict a strong market outlook for 2023 – and they're hiring! "We're a small but mighty company and the only boutique firm left in Wellesley. If you're an agent looking to work in a collaborative setting — give us a call."



572 Washington Street, Wellesley, MA 02482
781.235.4663, rutledgeproperties.com

Health, Leisure, Travel, Wellness

Telluride's San Juan Mountains are the glorious natural backdrop for a week of wellness.

Revive

A JOURNEY OF INTENTION

A new Colorado wellness retreat harnesses the healing power of trekking in nature, clean eating and daily massage to catalyze a full mind-body reset. *BY HELEN OLSSON*

A deck of meditation cards, a palm stone and a small spray bottle of palo santo, a holy wood known to cleanse away negative energy, sit on a custom concrete tray on my hotel bed. A tiny card instructs me to mist the air and

find a comfortable position. I fold myself into a lotus position on the meditation cushion, spritz—and begin to breathe deeply. *Ommm.*

It's the first in a series of nighttime rituals at Reset Telluride

(resettelluride.com), a new ultra-luxury retreat set in Colorado's rugged San Juan Mountains. One night, the ritual features an elixir of turmeric golden milk; another night, handcrafted bath salts designed by Reset's **CONTINUED...**



...CONTINUED master aromatherapist invite a muscle-soothing bedtime soak.

My muscles do need soothing. In six days at Reset, I log 35 miles on the trail with 7,561 vertical feet. Launched in spring 2022, Reset combines daily mountain treks with massages, yoga, meditation, body movement and deliciously clean eating. There are sound baths and tea ceremonies, hyperbaric chambers and plant-based plates. The intensive four- and six-day experiences are a blissful blend of wellness and indulgent self-care that promises to be life-altering. “Reset will have a big impact on folks,” says Dylan Bates, who co-founded Reset with Telluride local Holli Owen. “It can be stressed-out executives, people going through life transitions, someone who’s battling cancer. Everyone resets differently.” Ten years ago, Bates, a hard-charging executive, found himself out of work-life balance and 40 pounds overweight. He spent a week at The Ranch Malibu in California. “I needed to get off the hamster wheel,” he says. The experience was rejuvenating and gave him an idea. “I thought I could do something similar but with more service touch points,” he says. “We want you to feel 100% taken care of so you can optimize your reset.”

Home base for the week is Madeline,



Clockwise from top left: Guests can opt for fly-fishing; plates are healthy and scrumptious; Himalayan bath salts; self-care means daily massage; yoga helps you reset and restore.

Auberge Resorts Collection, a swanky oasis in Telluride’s Mountain Village. Reset occupies its own floor, with meals served in a custom suite. On the desk in my room, a metal box scribed with topo lines invites me to stow my cellphone for the duration. “Disconnect to reconnect,” a small note reads. Our group quickly falls into a dreamy routine: Days start with yoga or meditation in Reset’s private wellness center, followed by a nutrient-dense breakfast—think gluten-free granola with housemade cashew milk paired with carrot-turmeric juice. Led by AMGA-certified mountain guides, our morning treks range from 4 to 8 miles. On day two, we hike to Bridal Veil. At 365 feet, it’s the tallest free-fall waterfall in Colorado. The treks are an immersion in nature that push us physically, but chatting on the trail is also therapeutic. “Hiking’s bilateral stimulation of the body helps us process our emotions,” Leona Waller, one of Reset’s guides, tells me. “When you walk and talk, you’re not in your own head.” After the treks, lunch is either at the trailhead or back at Madeline, where our Reset

concierge pours a warm foot bath, adding restorative salts, fresh herbs and a healing crystal for good measure. We sit, soak and sip chlorophyll water, letting the trail dirt and any lingering stress wash away. After lunch, it’s back to the wellness center for flow yoga or functional fitness. The ultimate indulgence is the daily in-room massage. “Massage is critical to the success of the program,” Bates says. “It allows your body to recover quickly after walking all those miles on the trail.” I can tell you, it is divine.

A typical dinner: wood ear mushroom chili with local quinoa topped with cashew ricotta and microgreens. And while Reset’s private chef uses no refined sugar in the menu, the meal is punctuated by a single chocolate-orange truffle containing anandamide, a molecule known to boost a feeling of well-being. “There is medicine in the pure bliss of the moment,” Bates says. “It’s healing.”

On the final day, we set out toward Lizard Head, an eroded 400-foot rock spire. It’s time to turn off the trail chatter; and, for the first half-hour, our guide sends us down the trail solo. Tuning in to the warble of birds and the smell of pine gives me time to be grateful for a week dedicated to self-care. Inner peace and purpose may just be found on a trail that winds past wild irises, the soundtrack of thundering falls in the background. o



PHOTOS COURTESY OF RESET TELLURIDE

EVERYBODYFIGHTS



TRAIN • BAGS • ROAD • MITTS

JOIN THE FIGHT

EVERYBODYFIGHTS.COM

Sign up today and get a week of free classes!
Learn more at help@everybodyfights.com



SALON

EVAMICHELLE

ASK THE EXPERTS

Should We Clarify?

We believe clarifying the hair helps maintain vitality in your hair. We recommend that all guests, not just those having color, clarify their hair at least once a week at home. This will keep your hair clean and healthy removing product build up and environmental pollution. Blondes stay sharper, reds last longer and brunettes appear brighter.

Are they all the same?

Not all clarifying shampoos are created equal. In 2015, we created the Eva Michelle Clarifying Shampoo, a gentle, paraben free, low pH formula that is uniquely designed to protect hair from environmental exposure and stress, while ridding it of impurities such as unwanted metallic ions, pollution, dirt, grease and grime, that can build up on hair over time. For a deep cleansing, come experience an Eva Michelle Clarifying Treatment Service.



Eva Michelle
Clarifying Shampoo



Meet @evamustafai
@michellelee.styles




37 NEWBURY STREET, 4th FL • BOSTON, MA 02116
617.262.8118 • WWW.SALONEVAMICHELLE.COM
@SalonEM_Boston salonevamichelle

SECRET GARDEN

Offering top-tier wellness programming in a lush desert oasis, Sensei Porcupine Creek balances health and decadence in equal measure.

BY LAURA ECKSTEIN JONES



From top: Located near Palm Springs in Rancho Mirage, Sensei Porcupine Creek boasts a stay-all-day pool and incredible views of the Santa Rosa Mountains; the light and bright yoga pavilion is surrounded by nature.



I wasn't quite sure what to expect from Sensei Porcupine Creek (sensei.com), the new luxury wellness retreat that recently opened in Rancho Mirage, Calif. About a year ago, I was fortunate enough to experience Sensei Lana'i, A Four Seasons Resort in Hawaii. I loved the lush grounds and the evidence-backed wellness program focused on the brand's move, nourish and rest tenets, and was curious to see how the first stand-alone retreat by Sensei compared.

After a two-hour-ish drive from Los Angeles, I pass through the resort gates—and by a colorful installation by Robert Indiana—and am immediately struck by the abundance of colorful foliage, something that echoes the resort's Lanai counterpart. Sensei Porcupine Creek truly feels like an oasis in the desert, and backed by the Santa Rosa Mountains, a powerful sense of tranquility pervades.

Spread across 230 acres—Sensei co-founder Larry Ellison's private estate, transformed—

FROM TOP, PHOTOS BY CHRIS SIMPSON; NOAH WEBB

CONTINUED...



PARTY *in the* PARK

ANNUAL LUNCHEON SUPPORTING
THE EMERALD NECKLACE PARKS

PLEASE JOIN US

Wednesday, May 17, 2023

11:00AM

Franklin Park, Boston

Secure your sponsorship or tickets now
www.emeraldnecklace.org/party-in-the-park





Clockwise from top left: Stress-melting spa treatments include everything from customized facials to a four-handed massage with ayurvedic shirodhara; a dreamy shower in the spa's private garden treatment room; there are 10 Estate rooms on property, along with four casitas and eight villas.

...CONTINUED the resort is anchored by the art-filled Estate House, which houses the lobby and Sensei by Nobu restaurant. There's a pristine, lagoon-like pool; spa gardens; yoga and fitness pavilions; a tennis court that many elite pros have practiced on; and a private 18-hole golf course beset with lakes and waterfalls. Both the tennis and golf facilities were formerly invite-only, but now are open to resort guests. Accommodations—there are 22—range from peaceful rooms to private villas.

As at Sensei Lanai, my Sensei guide works closely with me to determine my move, nourish and rest goals. One of the

things I appreciate about Sensei is that the experience continues long after checkout—your guide is there to help keep you on your desired path. There are six different well-being packages offered, from introductory programs to in-depth, data-driven sports performance ones—wellness immersion on your own terms, if you will.

Beyond the active—classes, rounds of golf, hikes and private tennis lessons—there's plenty of opportunity to relax and indulge. The spa offers a few treatments exclusive to Sensei Porcupine Creek, including a desert herb poultice and oil massage, and a sports recovery experience that incorporates myofascial release, neuromuscular therapy, stretching and more. I loved the Calming Body Cocoon, a deeply relaxing full-body treatment involving melted candle wax that put me in a stress-free state of total bliss.

The food is also incredible. A collaboration between renowned chef Nobu Matsuhisa and Sensei co-founder Dr. David Agus, Sensei by Nobu—open to hotel guests only—delivers fresh, delicious food that activates the senses. I especially enjoyed my



time at the sushi bar, where the chefs created dishes based on my preferences, but also surprised me with things I wouldn't normally try.

Sensei Porcupine Creek stands out for a variety of reasons, and from the moment I arrived to now, several weeks later, I can look back and understand what those are with clarity. This is a first-class resort that masterfully weaves wellness into an uberluxe resort setting. Similar to Sensei Lanai, it offers a true escape, but you don't have to cross an ocean to receive the benefits. Best of all, the personalized boutique feel—no doubt due to having just 22 keys—touches every aspect. From the supportive guides and the caring staff to the carefully curated itineraries and the out-of-this-world food, the resort caters to you. What can be better than that? ◉

CLOCKWISE FROM TOP LEFT: PHOTOS BY: NOAH WEBB; CHRIS SIMPSON; NOAH WEBB/ALL PHOTOS COURTESY OF SENSEI PORCUPINE CREEK



MODERN LUXURY

TOP 4 LIVE THE GOOD LIFE



1 THE FUTURE OF FAT DESTRUCTION

Say goodbye to unwanted fat with EON Luxe™ at Dream Spa Medical - the revolutionary body contouring treatment that uses touchless robotic technology to achieve permanent fat reduction. In clinical trials, EON had zero non-responders and an average fat loss of 20%. Dream Spa Medical takes it a step further with EON Luxe™, a signature treatment that combines EON with VelaShape to tighten skin and enhance results. Get summer ready with EON Luxe™. dreamspamedical.com

4 THE SPIEGEL CENTER, NEWTON, MA

Did you know that one of the top destinations for plastic surgery is right in our backyard? The Spiegel Center draws a worldwide celebrity clientele for Extended Deep Plane Facelift, Rhinoplasty, Neck Lift, Eyelid surgery, and the most precise non-surgical aesthetic treatments. Drs. Onir and Jeffrey Spiegel are the powerhouse couple offering these advanced techniques. And, you can get there without flying in! drspiegel.com, 617.566.3223

THE HOTTEST PRODUCTS, EXCLUSIVE EVENTS AND SPECIAL OPPORTUNITIES FROM OUR PARTNERS.



3 #1 FOR FIVE STRAIGHT YEARS

Gail Roberts, Ed Feijo & Team were just named Coldwell Banker Realty's top small team, worldwide. Again. How do they do it year after year? Simple. When you put clients first, you come in first too. Gail and Ed have always operated that way, delivering exceptional service and round the clock dedication. Buying or selling? Give them a call—they'll take good care of you. gailroberts.com, 617.844.2712

2 LUXURY REAL ESTATE SPECIALISTS

Are you looking to sell and find your next home? Look no further. The Nikki Martin Team ranks consistently amongst the top 20 teams in Massachusetts at Compass. By offering strategic marketing plans for sellers and creative solutions for buyers to navigate today's market, the Nikki Martin Team will guide you home. As a luxury real estate leader, Nikki has nearly 40 years of experience and continues to guide home buyers and sellers from Boston to Beverly and beyond. For More Information nikkimartinsells.com, 781.710.1440



THE SPAIN EVENT

As the original five-star property on the island of Ibiza—with the first Michelin-starred restaurant—Ibiza Gran Hotel dazzles with new offerings and a spectacular VIP experience.

BY ALLISON MITCHELL

Sprawled across just 220 square miles in the Mediterranean Sea, Ibiza shines as the crown jewel of Spain's Balearic Islands, the third-largest in the archipelago behind Mallorca and Minorca. While

Ibiza Gran Hotel's Superior Pool Suite includes its own private terrace and infinity-edge pool.

ALL PHOTOS COURTESY OF IBIZA GRAN HOTEL

the hot spot may be best known as a paradise for partygoers, where nightclubs pump out electronic dance music from dusk till dawn, the Spanish treasure is equally enticing for travelers seeking a luxury escape.

Book a trip between April and October, when the weather swings between the mid-70s to 80s, to enjoy Spain's beloved summer season, and stay at Ibiza Gran Hotel (ibizagranhotel.com), an enchanting property in Talamanca independently owned by a local family. As the first five-star hotel, with the only casino on the island, the contemporary 189-room property recently welcomed Club Chinois, an Asian-inspired luxury nightclub; ASAL, led by two-Michelin-starred chef Mario Sandoval; and Zuma Ibiza, the popular izakaya-style Japanese restaurant with stateside locations in Boston, Las Vegas, Miami and New York.

Those fresh concepts are in good company as they join the hotel's culinary showstopper La Gaia by Óscar Molina, the first hotel restaurant on the island to earn a coveted Michelin star. The flagship concept invites gourmands on a gastronomic adventure through its impressive 10- to 14-course tasting menus, which highlight ingredients sourced from throughout the island. During our visit, Molina himself led us through the incredible 14-course Posidonia menu, where appetizers are crafted in the bar and lounge area, before the main event begins at your designated table. Paired wines and Champagne flowed until nearly 2AM as fresh oysters, sea bass ceviche, grilled Mediterranean lobster, Balearic black pork and Ibizan lamb were presented in exquisite style. (Yes, the Spaniards love their late-night meals, with dinner typically beginning between 9 and 11PM.)

While the island's cuisine is reason



Clockwise from top: Guest rooms offer direct views of Ibiza's Dalt Vila; enjoy hair and nail services at Open Beauty at Open Spa; two pools ensure plenty of time in the sun; the sea bass ceviche at La Gaia by Óscar Molina arrives in a bowl crafted by Maria B. Ceramics.

alone to visit—we recommend off-property reservations at the waterfront Sa Punta Restaurant, Calma Restaurant and wine tasting at Can Rich—its retail offerings have recently been elevated thanks to the nearby Marina Ibiza. The waterfront collection of shops—where LOEWE, Gucci, Louis Vuitton, Dior and more are churning out Ibiza-exclusive designs—are paired with epic views of megayachts and Dalt Vila, a UNESCO World Heritage Site. Known as Ibiza's Old Town, Dalt Vila charms with narrow streets of ivy-covered buildings that are home to unique shops and eateries—get your diamond fix at Rabat or dress like a local with apparel from Charo Ibiza.



And since a visit to Ibiza wouldn't be complete without some revelry, head to the popular Pacha nightclub—located directly across from Ibiza Gran Hotel—or attend the world-renowned cabaret show at Lío, which takes dinner and dancing to a whole new level. Just be sure to book a treatment the next morning at the hotel's 14,000-square-foot Open Spa to recover in style. Yes, a grand time awaits from start to finish. *Vamos!* ◊





At Brookline's HC Studio, all treatments begin with an in-depth consultation.

LET YOUR HAIR DOWN

A healthy 'do begins at the roots, and these seven scalp treatments are sure to do the trick.

BY CAROLINE DALTON

116
MODERN LUXURY

Hairpothecary Scalp Exfoliant, HC Studio

With the idea that hair is your most valuable accessory, HC Studio specializes in customized hair and scalp treatments leaving clients' hair feeling beautiful, healthy and happy. For shiny and lustrous locks, look no further than the Hairpothecary Scalp Exfoliant. Using a CBD-infused formula containing rich vitamins, omega 3, 6 and 9, and 21 amino acids, the treatment aids in producing collagen and elastin

while purifying the scalp and stimulating hair growth. The result is a healthy scalp environment and smooth, shiny strands. *30 Station St., Brookline, 617.713.3636, hcstudioinc.com*

Painless PRP Therapy, Medi Tresse

Medi Tresse knows that hair loss doesn't only affect men. Not only do founder Dr. Mary Wendel and her team of practitioners help women through the emotions surrounding hair loss, but they also provide clinically proven solutions: Think customized rejuvenation treatments and preventative options like a scalp detox using a high-pressure exfoliation device. Their newest treatment, Painless PRP therapy, uses platelet rich plasma with concentrations of the patient's own platelets to stimulate new hair growth. *Multiple locations, 774.314.3900, meditresse.com*

Hydrafacial Keravive Treatment, Peak Image Med Spa

Believe it or not, Hydrafacials are for more than younger-looking skin—they can also hydrate and clean your scalp. Peak Image Med Spa's three-step Hydrafacial Keravive Treatment is a must-try, using Hydrafacial Vortex technology to cleanse and exfoliate, and Keravive Peptide Complex infused with growth factors to nourish the roots. The third step—the Hydrafacial Keravive Peptide Complex spray—goes home with you to enhance the treatment. *225 W. Squantum St., Ste. 300, 781.261.6122, peakimagemedspa.com*

Hair Strengthening and Anti-Loss Scalp Management, SKA Beauty Cafe

If hair loss is your main concern, book the Hair Strengthening and

Anti-Loss Scalp Management to increase follicle production. Using microstimulating *Buddleja davidii* plant stem cells to produce follicles from the root, and denisplax (a complex made from legumes), this treatment extends the hair growth cycle when done once every two weeks. *36 Essex St., 617.338.9222, skabos.com*

Aveda Scalp Treatment, Soma Salon and Spa

Treat the scalp to this facial-like treatment inspired by ancient ayurvedic practices. This treatment cleanses, exfoliates and stimulates the scalp, removes excess sebum and buildup, and refreshes and hydrates the area to promote healthy, shiny hair. *471 Artisan Way, 617.628.7662, somaaveda.com*

Hair Restoration Microneedling Treatment, Vega Vitality

Using platelet-rich plasma (PRP) and ACell injections, this treatment helps to hinder hair loss and generate new growth. Combining these injections is the ideal way to repair damaged hair in a safe and natural way. *Multiple locations, 617.658.3421, vegavitality.com*

Sodashi Scalp Mud Massage, The Wellness Floor at One Dalton

The best beauty treatments are au naturel—even mud. Deeply condition your dried-out hair with The Wellness Floor at One Dalton's Sodashi Scalp Mud Massage. While antioxidant-rich rosemary and rosewood boost cell regeneration and circulation, jojoba, shea butter and macadamia oil nourish each strand. The results? Soft, glossy and manageable hair. *1 Dalton St., 617.936.4703, fourseasons.com/onedalton*



From top: Sit back, relax and allow Boston's top experts to revitalize your scalp and hair; say goodbye to hair loss after a visit to SKA Beauty Cafe.

HIGH NOTE

Check out these local cannabis brands offering unmatched products from gourmet edibles to THC-infused sips, self-care products and beyond.

BY MADISON DUDDY

INSA

From luscious truffles to drops and handmade European chocolate, Insa's (insa.com) edibles are like no others. As flavors like cherry cheesecake and double caramel sea salt melt in your mouth, a wave of calm from cannabis-infused treats washes over you. But THC sweets are just one offering from the Massachusetts-based cannabis grower and retailer. Just last month, it released *Tablits*—

fast-acting pills made with plant-derived antioxidants, serotonin-boosters, sleep encouragers and other natural ingredients. The new release is available in six blends of cannabinoids and botanicals for any effect you desire: the dopamine-boosting Joy, energizing Amped, soothing Mellow, melatonin-filled G'Night, anti-inflammatory Relief and aphrodisiac-packed Flirty. See where the mood takes you.



LEVIA

Sit back, sip and feel daily stresses melt away with Levia's (levia.buzz) cannabis-infused seltzers and water-soluble tinctures. The refreshment's combination of natural flavors and THC, with zero calories or sugar, comes in a variety of tasty blends: raspberry-lime sativa, lemon-lime hybrid and jam berry indica. But Levia doesn't stop there—the brand is always adding new seasonal sips. Released last month for spring, the limited-edition Key lime pie seltzer is a sweet treat, designed to make one feel inspired and alert with a citrusy and vanilla punch—just be sure to stock up before this specialty spring offering is gone.



HIGHTIDE

Margarita lovers, this one's for you. Sip your favorite flavors from classic to watermelon and Diablo spicy margarita without the hangover, thanks to HighTide's (drinkthetide.com) alcohol-free cannabis cocktails. Created in Hingham last year by Josh Grab and Shea Coakley, these canned, ready-to-drink bevys are all about offering a tasty option for social cannabis consumption. The colorful cans look like any alcoholic seltzer, but pack a THC and adaptogen punch, along with ingredients like agave, jalapeno, lime, citrus and watermelon.



PRIMABEE

After suffering a serious golf injury, Chatham local Paul Borde discovered CBD. Amazed by the results, he and his partner Stephen Crane set out to found Primabee (primabee.com). Their goal? To create a socially and environmentally conscious cannabis company that offers organic and vegan CBD products for people and pets. The brand focuses on improved sleep and anxiety and pain relief with a variety of edibles, bath balms, topicals, lotions and dog treats. In March, Primabee added a new product to its lineup: a 9,000-milligram CBD tincture. Made from United States-grown hemp, premium broad-spectrum CBD and THC, the fast-acting tincture utilizes all available phytocannabinoids to create a strong and effective product for humans and furry friends.

PROFOUND NATURALS

Many products include CBD to aid sleep and alleviate pain and anxiety, but what about the hundreds of other beneficial cannabinoids found in the hemp plant and its smoke? Profound Naturals (profoundnaturals.com) uses the Real Isolates team's patented extraction method Smokenol to manufacture hemp-derived topicals and tinctures—the only commercially available product of its kind that provides relief incomparable to other products. And each tincture, body butter, MOVE stick and extra-strength roll is made from all-natural ingredients. Hemp seed oil, MCT oil, distilled hemp smoke extract, refined coconut oil and beeswax are just a few of the elements that make these products powerful. ◦

MOVIN' ON UP

From hairstylist to salon owner, Jana Rago's name has been a fixture on Newbury Street for 25 years.

BY ANTONIA DEPACE

It's been four years since celebrity and VIP hairstylist Jana Rago opened her Newbury Street salon—but she's not stopping there. This spring, clients of the coveted beauty destination can look forward to finding Jana Rago Studios (janaragostudios.com) farther up on the renowned shopping district in Boston, along with an expansion of her team. Plus, brand-new stylist Richard DiGianni will be joining her team, which includes Kelsey Norling and Katarina Geezil. "I started off small, and then [on] our one-year anniversary we had to close because of COVID. And then we opened back up again three months later, and we could only take one or two clients at a time. ... And then we just started getting busy," says Rago, who styled the famous locks of Kendall Jenner, the Hadid sisters and more. Of course, clients can expect the same quality service at

the new salon, plus even more advanced styles and trends thanks to classes that Rago is setting up for her team to stay updated on the most modern methods of cutting. "You constantly have to keep up with education and keep up with trends and be ahead of the trends," she explains. For this season, this means a variety of things, like shorter bobs and returning to the forever loved side part. "The wet, undone look is very in," she adds. When it comes to styling, elaborate updos are back (French twist, anyone?). For color, we're moving into warmer, richer blondes and leaving ashier hues behind—plus, face-framing highlights. All of these looks, and more, will be achieved with the utmost beauty in mind at the salon. But even then, there's so much more to the hairstylist's business. As one of the first women-owned salons in Boston, marking four years is more important than ever.



PHOTO BY ERIC LEVIN, ELEVIN STUDIOS

RANKED "BEST" IN BOSTON IN RESIDENT SATISFACTION 8 YEARS IN A ROW

SMART LIVING *at its* BEST



We are proud to be ranked 52 of 128,000 properties in the U.S. ORA Power Rankings

Beautifully designed 1 and 2 bedroom apartments ■ LEED Gold Certified; eco conscious design
Over 28,000 SF of free amenity space (Outdoor pool with sundeck, fireplace, TV and grill, 3,300 SF fitness center and yoga studio and group classes, 2 private meeting rooms, lounge area and billiards room) ■ Smoke-free environment ■ Pet friendly - indoor pet relief suite
Jaho Coffee & Tea, Boston's own artisan coffee bar & roaster

THE KENSINGTON

SMART APARTMENT LIVING

KENSINGTONBOSTON.COM | 888.875.1192 | 665 WASHINGTON STREET BOSTON MA 02111





FENDI
ROMA