

NUTRITIONAL VALUES

ONLY ALL NATURAL INGREDIENTS

POPGELATO

calories: 149-200
calories from fat: 55-100
total fat: 6-11 g
total carbohydrates: 16-20 g
dietary fiber: 0-1 g
sugar: 14-18 g
protein: 6-9 g

TOPPINGS

calories: 30-70
calories from fat: 15-50
total fat: 2-10 g
total carbohydrates: 2-15 g
dietary fiber: 1-5 g
sugar: 1-15 g
protein: 1-5 g

serving size: 83g (1 pop)

* flavors are subject to availability

POPSORBETTO

calories: 70-84
calories from fat: 0
total fat: 0 g
total carbohydrates: 18-21 g
dietary fiber: 1-2 g
sugar: 12-18 g
protein: 0 g

DIPPINGS

calories: 30-80
calories from fat: 20-70
total fat: 2-10 g
total carbohydrates: 2-10 g
dietary fiber: 0 g
sugar: 2-15 g
protein: 1 g

POPYOGURT

calories: 102-104
calories from fat: 10-19
total fat: 1-2 g
total carbohydrates: 20-23 g
dietary fiber: 1-2 g
sugar: 19-22 g
protein: 1-2 g

GELATOSHAKE

calories: 700-800
calories from fat: 400-500
total fat: 45-75 g
total carbohydrates: 25-75 g
dietary fiber: 1-5 g
sugar: 25-50 g
protein: 15-25 g

serving size: 454g (1 shake)

made with all-natural ingredients