

silverland bakery

MADE WITH PURE INGREDIENTS SINCE 1983

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OA CHERRY [SUPERFRUIT] ♥

Size Natural Food Bar IW 24 CUT 3.1 ounce

Natural antioxidants and anti-inflammatory ingredients defend you from the elements. The addition of the super food turmeric to this bar, makes its effects even more spectacular.

Ingredients: dates, oats, walnuts, cherries.
ALLERGEN INFORMATION: Contains walnuts.
Manufactured on shared equipment and in a plant with wheat flour, dairy and/or dairy byproducts, eggs and/or egg products, peanuts, tree nuts (almonds, cashews, hazelnuts/filberts, macadamias, pecans, pistachios & walnuts), and soy and/or soy derivatives

Nutrition Facts

2.1 servings per piece

Serving Size 1.5 oz. (43g)

	Per serving		Per piece	
Calories	134		280	
	% DV*		% DV*	
Total Fat	4g	5%	8g	11%
Saturated Fat	0g	2%	1g	4%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	1mg	0%	3mg	0%
Total Carbohydrate	24g	9%	50g	18%
Dietary Fiber	3g	11%	6g	23%
Total Sugars	16g		32g	
Includes Added Sugars	0g	0%	0g	0%
Sugar Alcohol	0g		0g	
Protein	2g		5g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	16mg	1%	33mg	3%
Iron	1mg	3%	1mg	7%
Potassium	182mg	4%	380mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories is used for general nutrition advice.

Product Code Case: 0304924

Product Code Tray: N/A

UPC Code Case: 008208349241

UPC Code Tray: N/A

UPC Code Piece: 008208449249

Tray Net Weight: N/A

Tray Size: N/A

Pieces per Tray: N/A

Approx. Piece Weight: 3.12 ounce

Approx. Piece Size: 2.83 in. X 3 in.

Case Pack: 80 Pieces

Pieces per Case: 80

Case Dimensions: 18 in. X 13 in. X 3.5 in.

Case Cube: 0.47

Case Net Weight: 17.7 lbs

Case Gross Weight: 18.98 lbs

TI: 7

HI: 8

Frozen Shelf Life: 6 months