

## <sup>3</sup><sup>N</sup><sup>1</sup><sup>T</sup><sup>H</sup><sup>E</sup><sub>L</sub></sub> ZEPPOLE, ITALIAN **DESSERT PASTRY**

35 minutes Serves 8 - 10

4

Meal Difficulty

## COOKING DIRECTIONS

Pre-heat vegetable oil to 350 degrees in a 12" iron skillet.

Combine the wet ingredients. In a separate bowl sift together the dry ingredients. Using a rubber spatula, stir the wet into the dry until fully combined and a thick batter is formed without any dry flour remaining. Let the batter rest for 10 minutes in the refrigerator before using.

Using a 1 oz ice cream scoop (or a spoon), scoop small 3 dollops of dough into the preheated oil. Fry until golden brown, rotating often, until a cake tester comes out clean.

Drain on to paper towels. Dust with a generous amount of powdered sugar. Serve with your favorite condiment, such as preserves, jelly, or jam. At melfi's we serve with Luxardo Cherries. Enjoy.

## **INGREDIENTS**

- 1.5 c all purpose flour
- 1 tbsp baking powder
- 1 tbsp granulated sugar
- 1 tiny pinch of salt
- 3 eggs, beaten
- 12 oz whole milk ricotta cheese
- 1/2 tsp vanilla extract

powdered sugar for dusting, as needed