Allergies affect many but are underdiagnosed and undertreated. While about 7 in 10 respondents have experienced symptoms of environmental allergies, only about 3 in 10 have been diagnosed by a healthcare professional with allergic rhinitis or nasal allergies. While about 3 in 4 people see/talk to some type of HCP about their environmental allergies, less than 1 in 5 see an allergist.

Of those who report experiencing allergy symptoms:

- Almost half say that environmental allergies negatively impact their daily life.
- More than 3 in 5 have avoided activities because of their allergies, most commonly social gatherings.
- More than half report that allergies have affected their performance at work and/or school.

People who experience environmental allergies are not familiar with treatment options such as allergy immunotherapy (AIT).

- While more than half of respondents have never heard of AIT including sublingual immunotherapy tablets (SLIT-tablets) or subcutaneous immunotherapy (SCIT):
  - Nearly 7 out of 10 were interested in learning more about these options to treat their environmental allergies.
  - Over 3 in 4 reported to be very/somewhat interested in taking treatments for allergies at home rather than a doctor’s office.

Survey Methodology

This survey was conducted online within the United States by The Harris Poll in association with ALK-Abelló A/S and Green Room Communications from September 18-22, 2020 among 2,059 U.S. adults ages 18 and older, of whom, 1,518 have experienced symptoms of environmental allergies. This online survey is not based on a probability sample and therefore no estimate of theoretical sampling error can be calculated.