





Her Life in Flowers: Japan-based Israeli Artist Has an Unusual Way of Reflecting on Her Chronic Pain

SHAARETZ

In her first exhibition back home, Israeli artist and designer Mirit Weinstock combines delicate plants and nonperishable materials. In Japan, where she lives, people are surprised to hear she is a single mother

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represent the museum.

Othoniel created an installation of six ink-on-gold-leaf paintings commemorating the 30th anniversary of the construction of the $\,$ Louvre's glass pyramid. • Small in Japan: Why Israel decided to lower its profile at Expo

it's on the steps leading to the dais.

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'The exhibition delicately reveals my coping with the pains I've suffered over the years. Pain is a tricky thing. When you're in pain, it's the only thing you focus on. When it passes, you have no physical memory of it.' This story, showing the role of flowers in our lives, appears in the catalogue of the "My Life in Flowers" exhibition by artist and designer Mirit Weinstock. The exhibition is currently on display at the MUZA Eretz Israel Museum in Tel Aviv's Ramat Aviv neighborhood. The Haifa-born Weinstock, a resident of Tokyo and a practitioner of traditional Japanese arts and crafts, has been an expert on

"Without flowers, our lives are poorer, and they keep us company in our happiest moments – at births, weddings and birthdays – and

at our toughest moments, when we're mourning. We don't dare die

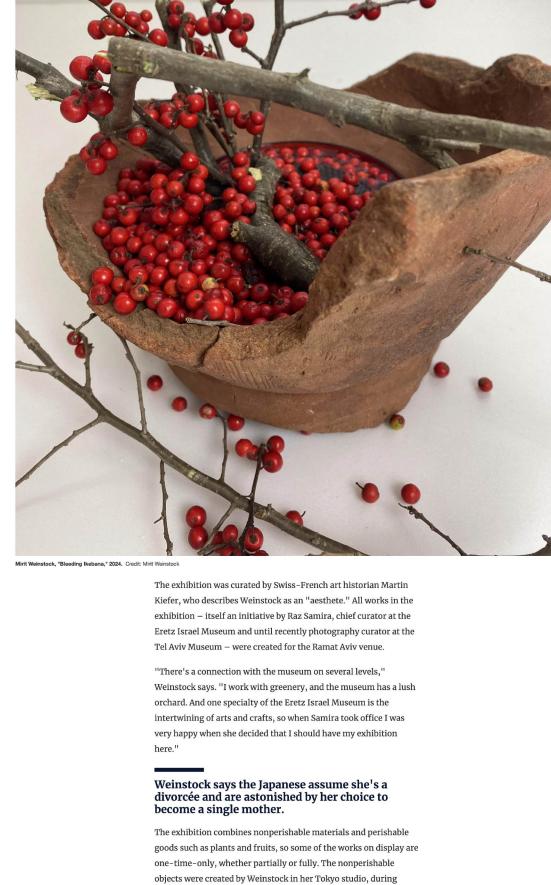
"After $\underline{\text{October 7}}$, something else clicked. I couldn't find words to express the pain, and I realized that there was another layer to flowers, when they allowed me to express emotions."

For years, Weinstock has been suffering from the pain associated with endometriosis, a chronic condition of the female reproductive system for which diagnosis and treatment fall notoriously

At that moment she found red-currant branches for sale, bought

without them.

them and went back to the studio. Weinstock formed a flower arrangement by cutting and bending the branches in the best ikebana tradition. She put the branches and berries in an ancient, broken ceramic jug she found at a flea market. A few days later, her arrangement was placed on a white table at the Israeli Embassy in Tokyo, alongside the two countries' flags. The $\,$ arrangement stood out from the huge array of wreaths and photos $% \left\{ \left\{ 1\right\} \right\} =\left\{ 1\right\} =\left\{ 1$ commemorating the October 7 massacre. Weinstock's work offered a minimalistic, heartrending look.



produce enigmatic objects. This makes it hard for the viewer to tell the natural from the artificial - what is made of metal, what is metal-coated, what is a product of her imagination and what was produced by nature.

visitors, a respite, a sense of intimacy."

residencies at the Japanese $\underline{\text{pottery village}}$ of Shigaraki, and at a factory that produces metal coatings. The work with the plants was $% \left(x\right) =\left(x\right) +\left(x\right)$

Even though the exhibition was influenced by October 7, Weinstock $\,$ stresses that she's an apolitical person. "The exhibition's contents are abstract," she says. "They're designed to give comfort to

In the museum's clean space, Weinstock creates a rare aesthetic experience that combines art, jewelry and product design to

done in Israel.



"In this exhibition, for the first time, I give expression to this pain. Today, when I'm suffering less, I realize how much energy I've invested in easing the pains and how much energy I've invested in keeping this pain private, to go out into the world without it being $% \left\{ \left(1\right) \right\} =\left\{ \left(1\right) \right\}$ seen, as if I'd covered it in a layer of gilded metal. "Other works aren't about pain, they're about other intimate $moments\ in\ my\ life\ -\ moments\ of\ longing,\ maturity,\ beauty,$ acceptance, yearning and my deep connection with Lilia. Every piece is a statue with a title expressing a personal moment in my life. In the exhibition, I try to express the fragility of life as it Weinstock was born in Haifa in 1977. She graduated from the Shenkar art college near Tel Aviv in 2002 and did her internship with fashion designers Alexander McQueen and $\underline{\text{Alber Elbaz}},$ an Israeli. She then established a jewelry and fashion brand, while also studying film, philosophy and art history at Tel Aviv University. She later earned a graduate degree at the Bezalel Academy of Arts and Design in Jerusalem. In addition to her collaborations in Japan, she has staged group and solo exhibitions in Toronto, Hong Kong, Paris and Milan. This is her first museum exhibition in Israel.

"The piece that's mainly about pain, 'Gold-Plated Pain,' doesn't necessarily focus on the actual physical pain but on attempts to live without letting this pain take over my life and myself. For years I've been suffering from strong chronic pains, but I haven't wanted these pains to define me, I haven't wanted to share them. Nobody

knew I had endometriosis or that I was in pain.

Weinstock arrived in Japan seven years ago to study traditional crafts. She discovered the ${\it washi}$ paper craft that she studied at the Ozu Washi center, which was established in the 1600s. Her connection with the center secured her a visa awarded only to people seeking a deep knowledge of Japanese culture. In recent years, she has fully transferred her jewelry business to Japan. Does your brand fit into the Japanese fashion world? "My brand was established in 2010 and has enjoyed success in the international market with dozens of stores selling it all over the world and articles in magazines like Vogue. My brand has also successfully entered the Japanese market and is being sold here to

Japanese crafts such as origami paper-folding and mizuhiki knottying, a kind of string used in Japanese packaging and decorations. When customers recognize my jewelry's connection to the local culture, they're full of appreciation and enthusiasm." Weinstock says the Japanese assume she's a divorcée and are astonished by her choice to become a single mother. Because of the war, have you experienced any boycotts as an Israeli? "The Japanese media leans toward the Palestinian side, but there are also a lot of efforts to show the Israeli side. In general, the

this day. Every piece of jewelry is handmade, and Japanese women

"I create my jewelry from materials not commonly associated with the world of jewelry, like an origami heart or bow ties tied with raffia. In recent years I've been creating jewelry inspired by

appreciate the precision and details.

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Japanese have had a strong pacifist sentiment since World War II and are against any kind of violence. "After October 7, there has been sympathy for Israel, and Japanese people were deeply shocked by Hamas' violence. But this was eventually replaced by opposition to and shock about Israel's violence in Gaza. On a personal level, most reactions $\mathrm{I}^{\prime}\mathrm{ve}$ encountered have tried to be empathic." Click the alert icon to follow topics:

Five years ago, the Louvre gave artist Jean Michel Othoniel a daunting task: Roam the halls in search of flower images among the institution's 38,000 works of art. Then select one flower to The artist chose a red-pink rose from one of the paintings in the Marie de' Medici Cycle, the 24 paintings by Peter Paul Rubens commissioned by Marie de' Medici, widow of King Henry IV of France. The flower isn't prominent in this painting of a wedding; Following up on the Flemish master's early-17th-century piece,

onate in nature.' Credit Noam Levinge

flowers for a while now. Six years ago she began studying the ikebana flower-arrangement craft at a Buddhist temple. "Over the years, I've come to understand the role of flowers in our lives. They're our best friends," she says in an interview that began at the exhibition and continued by video when she returned $\underline{\mathsf{to}}$



























