



INSTRUCTIONS:

1. Create pleats on both pieces. Fold bottom pleat notch to top pleat notch, pin in place. When all pleats are pinned, stitch in place just shy of the seam allowance. This will hold the pleats in place until the seam is sewn.
2. On one of the pieces, place edge of elastic/tie at the top and bottom of first and third pleat. Tack in place.
3. Match both pieces right sides together and pin.
4. Sew from one of the top notches, all the way around the mask, stopping at the second top notch. Leave an opening at the top for a filter to be installed.
5. Clip each corner.
6. Turn mask inside out and press.
7. Topstitch 1/4" from edge at sides.

If using elastic, cut 2 pieces 6"-7" long. The elastic pieces will create a loop to be pulled around and behind the ear.
 If using ties. Cut 4 pieces 18"-20" long and between 1 1/4" - 1 1/2" wide (straight grain or crossgrain preferred. Bias cut will stretch while wearing). Lengthwise, fold raw edges to meet at the center. Fold again to enclose. Topstitch to seal edge. Place one end of each tie at each corner (same as elastic).

**1/2" SEAM ALLOWANCE
ALL AROUND**

CUT 2 PIECES

**IT'S PREFERABLE THAT EACH PIECE BE DIFFERENT SO THE WEARER CAN BE AWARE OF WHICH SIDE THEY HAVE BEEN WEARING TOWARD THE PATIENTS, SO THEY DON'T ACCIDENTALLY PUT THAT SIDE TOWARD THEIR FACE IF THEY HAVE REMOVED THE MASK.
SUGGESTION: CUT 1 PIECE PRINT, AND CUT 1 PIECE SOLID.**